





# ACCESS TO BEHAVIORAL HEALTH SUPPORT WHEN IT'S NEEDED MOST

CareConnect from Wellfleet Student is an integrated behavioral health program offering student members easy access to licensed behavioral health clinicians 24/7/365 via telephone.

It works in sync with student health centers at Wellfleet client schools and Wellfleet Student health plans -- furthering our commitment to the Triple Aim and goal of empowering students to lead healthier lives.

# WHY CARECONNECT?

Getting access to and navigating behavioral health issues can be challenging for students. CareConnect provides students immediate access to licensed professionals to help manage mental health & substance abuse issues.

### **HOW DOES IT WORK?**

Students simply call the dedicated CareConnect phone line to be connected immediately with a counselor. They will provide in-the-moment support and determine the most clinicallyappropriate next step. This includes counseling, or referrals to the Student Health Center, medical provider, or emergency services.

# **CONCERNS COVERED**

Counselors can assist with: Drug Abuse and alcohol-related concerns, transition/adjustment issues, stress related to careers, cultural diversity issues, eating disorders and body concerns, anger management issues, suicidal/homicidal ideations, relationship problems, and more.

#### COORDINATION OF CARE

CareConnect works with the Student Health Center to coordinate your care as part of Wellfleet Student's effort to ensure you receive proper care. If referred to a medical provider, it will always be to one inside your Wellfleet Student network.





www.wellfleetstudent.com

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