

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	All <u>plan</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In- <u>Network Provider:</u> \$5,550 / individual <u>Out-of-Network Provider:</u> \$6,850 / individual	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. Cigna PPO at <u>www.mycigna.com</u> or call 1- 877-657-5030 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	10% coinsurance	20% coinsurance	none	
lf you visit a health		10% coinsurance	20% coinsurance	none	
care <u>provider's</u> office or clinic	<u>Specialist</u> visit	Chiropractic Care: 10% <u>coinsurance</u>	Chiropractic Care: 20% <u>coinsurance</u>	Chiropractic Care: Pre-Certification required.	
	Preventive care/screening/ immunization	No charge	20% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u>	20% coinsurance	Pre-Certification required but not for Laboratory Procedures.	
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	20% coinsurance	Pre-Certification required.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.wellfleetstudent.c om	Tier 1 (Generic drugs)	\$10 <u>copay</u> /prescription	20% coinsurance	Your benefit is limited to a 30 day supply. For package sizes that exceed a 30-day supply, see the "Retail Pharmacy Supply Limits" section in the Certificate.	
	Tier 2 (Preferred brand drugs)	\$20 <u>copay</u> /prescription	20% <u>coinsurance</u>	Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be received within 90 days.	
	Tier 3 (Non-preferred brand drugs)	\$20 <u>copay</u> /prescription	20% <u>coinsurance</u>	No <u>cost sharing</u> applies to Affordable Care Act (ACA) <u>Preventive Care</u> medications filled at a participating <u>network</u> pharmacy and Zero Cost Medications.	
	Specialty drugs	\$20 <u>copay</u> /prescription	20% <u>coinsurance</u>	Your benefit is limited to a 30 day supply. For package sizes that exceed a 30-day supply, see the "Retail Pharmacy Supply Limits" section in the Certificate. <u>Out-of-Network Provider</u> benefits are provided on a reimbursement basis. Claim forms must be received within 90 days.	

Common Medical Services You May What You Will Pay		ı Will Pay	Limitationa Evantiona 8 Other Important	
Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u>	20% coinsurance	none
5,	Physician/surgeon fees	10% <u>coinsurance</u>	20% coinsurance	Pre-Certification Required.
	Emergency room care	10% <u>coinsurance</u>	Paid the same as In-Network Provider subject to Usual and Customary Charge.	Benefits will be payable for services received in a hospital emergency department or independent freestanding emergency department.
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	Paid the same as In-Network Provider subject to Usual and Customary Charge.	Including ground and/or air, water transportation.
	Urgent care	10% <u>coinsurance</u>	20% coinsurance	Treatment for non-life-threatening conditions.
If you have a hospital	Facility fee (e.g., hospital room)	10% <u>coinsurance</u>	20% <u>coinsurance</u>	Subject to Semi-Private room rate unless intensive care unit is required. Pre-Certification required.
stay	Physician/surgeon fees	10% coinsurance	20% coinsurance	Pre-Certification required.
lf you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visits: 10% <u>coinsurance</u> Outpatient Services, other than office visits: 10% <u>coinsurance</u>	Office visits: 20% <u>coinsurance</u> Outpatient Services, other than office visits: 20% <u>coinsurance</u>	Office Visits include but are not limited to: physician visits, individual and group therapy, medication management. Outpatient Services, other than office visits, include but are not limited to the following: Intensive Outpatient Programs(IOP); Partial Hospitalization, Electronic Convulsive Therapy(ECT), Repetitive Transcranial Magnetic Stimulation (rTMS); Psychiatric and Neuro Psychiatric testing. <u>Pre-Certification</u> required except for office visits
	Inpatient services	10% <u>coinsurance</u>	20% coinsurance	Pre-certification required.

Common Medical	n Medical Services You May What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Office visits	10% <u>coinsurance</u>	20% coinsurance	<u>Cost sharing</u> does not apply to certain <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e.
lf you are pregnant	Childbirth/delivery professional services	10% coinsurance	20% coinsurance	ultrasound). Up to 48 hours for normal vaginal delivery and 96 hours (not including the day of surgery) for a
	Childbirth/delivery facility services	10% <u>coinsurance</u>	20% coinsurance	caesarean section delivery unless the caesarean section delivery is the result of <u>Complications of</u> <u>Pregnancy</u> . <u>Pre-Certification</u> required for all inpatient maternity care after the initial 48/96 hours.
	Home health care	10% <u>coinsurance</u>	20% <u>coinsurance</u>	Pre-Certification required.
	Rehabilitation services	Inpatient Facility: 10% <u>coinsurance</u>	Inpatient Facility: 20% <u>coinsurance</u>	Inpatient Rehabilitation Facility: Pre-Certification is required.
<i>w</i>		Outpatient: 10% <u>coinsurance</u>	Outpatient: 20% <u>coinsurance</u>	Outpatient Includes Physical, Occupational, and Speech therapies. <u>Pre-Certification</u> required
If you need help recovering or have other special health needs	Habilitation services	10% coinsurance	20% coinsurance	Includes Physical, Occupational and Speech Therapies. <u>Pre-Certification</u> required
lieeus	Skilled nursing care	10% coinsurance	20% coinsurance	Pre-Certification required.
	Durable medical equipment	10% coinsurance	20% coinsurance	Pre-Certification is required for over \$500.
	Hospice services	10% <u>coinsurance</u>	20% coinsurance	Limited to 2 bereavement visits/lifetime
	Children's eye exam	No charge	No charge	To the end of the month when the Insured Person turns age 21. Limited to 1 visit per Policy Year.
lf your child needs dental or eye care	Children's glasses	No charge	No charge	To the end of the month when the Insured Person turns age 21. Limited to 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year.
	Children's dental check-up	No charge	No charge	Limited to 2 exams every 12 months to the end of the month in which the Insured Person turns age 21. For Preventive.

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.wellfleetstudent.com</u>.

### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT	Cover (Check your policy or plan document for more inform	ation and a list of any other <u>excluded services</u> .)	
<ul><li>Acupuncture</li><li>Cosmetic surgery</li><li>Dental care (Adult)</li></ul>	<ul><li>Hearing aids</li><li>Infertility treatment</li><li>Long-term care</li></ul>	<ul><li>Routine foot care</li><li>Weight loss programs</li></ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
<ul> <li>Bariatric surgery (<u>Pre-Certification</u> requ</li> <li>Chiropractic care (<u>Pre-Certification</u> requ</li> </ul>	,	<ul> <li>Private-duty nursing (While confined) (Outpatient, <u>Pre-Certification</u> is required)</li> <li>Routine eye care (Adult)</li> </ul>	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: https://dfr.vermont.gov/consumers/explore-insurance/health or contact Wellfleet Group, LLC toll free 1-877-657-5030. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: <u>https://dfr.vermont.gov/consumers/file-complaint/insurance</u>.

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (877) 657-5030. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (877) 657-5030. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (877) 657-5030. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (877) 657-5030.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

**PRA Disclosure Statement:** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a
hospital delivery)

\$0

10%

10% 10%

The <u>plan's</u> overall <u>deductible</u>
Specialist coinsurance
Hospital (facility) coinsurance
Other coinsurance

This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$10	
Coinsurance	\$1,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,370	

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like: <u>Primary care physician</u> office visits (including disease education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example. Les would neve	

in this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$400
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$620

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$0	
Specialist coinsurance	10%	
Hospital (facility) coinsurance	10%	
Other <u>coinsurance</u>	10%	
This EXAMPLE event includes services like:		

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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## In this example, Mia would pay:

\$0
\$10
\$300
\$0
\$310

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

#### NOTICE OF NON-DISCRIMINATION AND ACCESSIBIILITY REQUIREMENTS

The Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex stereotypes and gender identity. The Company does not exclude people or treat them worse because of their race, color, national origin, age, disability, or sex.

The Company provides free aids and services to people with disabilities to communicate effectively with us, such as:

- 1. Qualified sign language interpreters
- 2. Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose first language is not English when needed to communicate effectively with us, such as:

- 1. Interpreters
- 2. information translated into other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that Wellfleet Insurance Company has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Civil Rights Coordinator PO Box 15369 Springfield, MA 01115-5369 (413) 733-4540 civilcoordinator@wellfleetinsurance.com

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.isf">https://ocrportal.hhs.gov/ocr/portal/lobby.isf</a>, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue SW., Room 509F, HHH Building Washington, DC 20201 800-868-1019; 800-537-7697 (TDD) Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

The Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## LANGUAGE ASSISTANCE PROGRAM

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call (877) 657-5030.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al (877) 657-5030.

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請致電: (877) 657-5030.

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (Vietnamese), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi (877) 657-5030.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. (877) 657-5030번으로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog (Tagalog), may makukuha kang mga libreng serbisyo ng tulong sa wika. Mangyaring tumawag sa (877) 657-5030.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по номеру (877) 657-5030.

تنبيه: اذا تنك شدحت قيبر عا (Arabic)، نافت امدخة دعاسما التي غلا المي المحتم الله عناجما المحتم الله عاجر لا لاصتلاً ب 657-5030 (877).

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nan (877) 657-5030.

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le (877) 657-5030.

UWAGA: Jeżeli mówisz po polsku (Polish), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod numer (877) 657-5030.

ATENÇÃO: Se você fala português (Portuguese), contate o serviço de assistência de idiomas gratuito. Ligue para (877) 657-5030.

ATTENZIONE: in caso la lingua parlata sia l'italiano (Italian), sono disponibili servizi di assistenza linguistica gratuiti. Si prega di chiamare il numero (877) 657-5030.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie (877) 657-5030 an.

注意事項:日本語(Japanese)を話される場合、無料の言語支援サービスをご利用いただけます。(877) 657-5030 にお電話ください。

# **یسار ف**امشدن ابز رگا : بحتوج (Farsi) دباشد می امشد ارتیاخ در ن ایگار طور مجری نابز دادما ت امدخ ،ت اسر. 657-5030 (877) تماس بگیرید.

कृपा ध्या दाः याद आप ा**हंदा (Hindi)** भाषी हा तो आपके ालए भाषा सहायता सेवाएं।नःशुल् उपलब् हा। कृपा पर काल करा (877) 657-5030

CEEB TOOM: Yog koj hais Lus Hmoob (Hmong), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau (877) 657-5030.

ប្រយ័ត្នៈ ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ**(Khmer)** សេវាកម្មភាសាជំនួយឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ (877) 657-5030 ។

PAKDAAR: Nu saritaem ti **llocano (llocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti (877) 657-5030.

DÍÍ BAA'ÁKONÍNÍZIN: Diné (Navajo) bizaad bee yániłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shoodí kohjį' (877) 657-5030 hodíilnih.

OGOW: Haddii aad ku hadasho Soomaali (Somali), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac (877) 657-5030

# ગુજરાતી (Gujarati) ચુના: જો તમે જરાતી બોલતા હો, તો િનઃલ્કુ ભાષા સહાય સેવાઓ તમારા માટ ઉપલબ્ધ છ. ફોન કરો (877) 657-5030

λληνικά (Greek)ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε (877) 657-5030

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером (877) 657-5030

**አማርኛ (Amharic**) ማስታወሻ: የሚናንሩት ቋንቋ ኣማርኛ ከሆነ የትር*ጉ*ም እርዳታ ድርጅቶች፣ በነጻ ሊያማዝዎት ተዘ*ጋ*ጀተዋል፡ ወደ ሚከተለው ቁጥር ይደው(877) 657-5030

ਪੰਜਾਬੀ (Punjabi) ਧਆਨ ਿਦਓ: ਜੇ ਤੁਸ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤ ਭਾਸ਼ਾ ਿਵੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ (877) 657-5030

ພາສາລາວ (Lao) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ (877) 657-5030