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# Aetna Student Health<sup>SM</sup> Plan Design and Benefits Summary

**OA Managed Choice POS** 

# University of San Diego

Policy Year: 2020 - 2021 Policy Number: 474959

www.aetnastudenthealth.com

1-866-746-6590





This is a brief description of the Student Health Plan. The plan is available for University of San Diego students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at **www.aetnastudenthealth.com**. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

#### UNIVERSITY OF SAN DIEGO STUDENT HEALTH CENTER

Patient Care Hours Monday, Tuesday, Thursday & Friday 8:30 a.m. to 4:30 p.m.

**Patient Care Hours** during Fall and Spring semesters:

Wednesday Mornings: 8:30 a.m. to 11:00 a.m.

Wednesday afternoon and evenings: 1:30 p.m. to 6:30 p.m.

Note: Closed from 11:00 a.m. to 1:30 p.m. for Dept. Staff Meeting.

# **Immunization and Laboratory Clinic Hours**

Monday, Tuesday, Thursday, Friday 9:00 a.m. to 3:00 p.m. Wednesday 9:00 a.m. to 11:00 a.m. and 1:30 p.m. to 5:00 p.m.

# **Outpatient Medical Care**

The Policy Deductible will be waived for a student when treatment is rendered at the Student Health Center (SHC) or Counseling Center or when referred to a Preferred Provider by the SHC or Counseling Center. Waiver provision is not applicable during Winter, Spring, and Summer breaks.

Quality, accessible and convenient outpatient medical care is provided for acute illnesses, minor injuries, preventive care and medical problems. A physician, nurse practitioner, and/or physician assistant and registered nurses are on duty during operating hours.

In order to minimize patient waiting time, students are strongly encouraged to schedule appointments in advance. Patients without appointments will be triaged by the registered nurse, who will determine whether the patient should be seen that day or scheduled for the next day. Please note that patients who arrive more than 10 minutes late for appointments may need to reschedule their appointment for another day.

All currently registered undergraduate, graduate, law and paralegal students who have paid the health fee are eligible for services at the USD Student Health Center. All non-students (i.e. visiting scholars) are not eligible to utilize the services of the Wellness units and are therefore not eligible to waive the Preferred Care Deductible

Most services are provided free of charge, and modest fees to cover costs are required for medications, immunizations and certain physical exams and labs. Payment is due at the time of service at the Student Health Center. Patients may pay with check, CampusCash, AMERICAN EXPRESS or VISA/Mastercard. (Cash is not accepted).

**SHC Summer and Intersession:** Monday – Friday, 10:00 a.m. to 3:00 p.m.

SHC Location: Maher Hall 140 For additional information regarding services provided at the Student Health Center visit: https://www.sandiego.edu/health-center/ In case of emergency, call 911 or Public Safety Dispatch at (619) 260-7777 or go directly to an emergency care facility. For nonemergency situations please visit or call the University of San Diego Student Health Center at:

5998 Alcalá Park Maher Hall 140 San Diego, CA 92110 (619) 260-4595

# **Coverage Periods International Students**

Students: Coverage for all insured students enrolled for the Fall Semester, will become effective at 12:01 AM on August 01, 2020 and will terminate at 11:59 PM on July 31, 2021.

New Spring Semester students: Coverage for all insured students enrolled for the Spring Semester, will become effective at 12:01 AM on January 1, 2021, and will terminate at 11:59 PM on July 31, 2021.

# **Coverage Periods Domestic Students**

Students: Coverage for all insured students enrolled for the Fall Semester, will become effective at 12:01 AM on August 15, 2020 and will terminate at 11:59 PM on August 14, 2021.

New Spring Semester students: Coverage for all insured students enrolled for the Spring Semester, will become effective at 12:01 AM on January 1, 2021, and will terminate at 11:59 PM on July 31, 2021.

#### Rates

The rates below are inclusive of any fees that may be assessed by Gallagher Student Health.

# **International Student Plan Cost**

	Annual	Fall Term	Spring Term
Student	\$3,132	\$1,566	\$1,566

#### **Domestic Student Plan Cost**

	Annual	Fall Term	Spring Term
Student	\$3,132	\$1,193	\$1,939

# **Student Coverage**

# **Eligibility**

All full-time **Domestic** students are automatically enrolled in the Student Health Insurance Plan at registration. If you are currently insured by a plan that provides comparable coverage, you may waive coverage under the Student Health Insurance Plan.

All International and English Language Academy students are automatically enrolled in this insurance plan at registration and the premium for coverage is added to their tuition billing, unless proof of comparable coverage is furnished. In addition, all degree-seeking international students on visas that permit full-time study, degree-seeking international students on F-1 student visas, International exchange students on J-1 student visas, Visiting scholars and researchers on J-1 visas are eligible to enroll in the Student Health Insurance Plan.

Home study, correspondence, Internet classes, and television (TV) courses, do not fulfill the eligibility requirement that the student actively attend classes. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

#### **Enrollment**

Any **Domestic Student** who is currently enrolled in a health insurance plan of comparable coverage that will be in effect until August 14, 2020 can elect to waive the University of San Diego Student Health Insurance Plan. Recognizing that health coverage may change, at the beginning of each academic year students will be asked to provide proof of comparable coverage in order to waive the Student Health Insurance Plan.

- 1. Go to www.gallagherstudent.com/USD.
- 2. Login using your MySanDiego account and password
- 3. Click the green 'Enroll' button under 'Plan Summary'.
- 4. Follow the instructions to complete the form.
- 5. Save a copy of your reference number.

#### Waiver Process/Procedure

To document proof of comparable coverage, an online waiver form must be completed and submitted by the deadline.

#### **Waiver Process & Criteria**

### Waive

- 1. Go to www.gallagherstudent.com/USD.
- 2. Login using your MySanDiego account and password
- 3. Click the yellow 'Waive' button under 'Plan Summary'.
- 4. Follow the instructions to complete the form.
- 5. Save a copy of your reference number. This number only confirms submission, not approval of your form.

Immediately upon submitting the Waiver Form, you will receive a reference number indicating that the form has been successfully submitted. Print this reference number for your records. The online process is the only accepted process for waiving coverage. The University of San Diego reserves the right to audit and subsequently reject a waiver request. If it is determined that a student waived coverage with a health insurance plan that was not comparable coverage, the student will be automatically enrolled in the International Student Health Insurance Plan, effective the date that the determination was made and there will be no pro-rata of premium.

Students can only waive the Student Health Insurance Plan if they are enrolled in an insurance plan of comparable coverage. This means the policy must:

- Be in effect throughout the semester and renewable for continuous coverage
- Have an unlimited policy maximum
- Include outpatient care (doctor visits, outpatient surgery, etc.)
- Include inpatient and outpatient hospital services
- Have \$25,000 Repatriation and \$50,000 Medical Evacuation coverage (required for International Students)
- Services should include but are not limited to:
  - o Preventive and non-urgent care
  - o Emergency care
  - Surgical care
  - Lab work & Diagnostic Testing, X-Rays
  - Physical therapy
  - o Chiropractic care
  - o Prescription drugs
  - Mental health and substance abuse treatment

In the event students waive the Student Health Insurance Plan and then loses current coverage due to a qualifying event, (i.e. parent loss of coverage or the maximum age limit available is attained), students have the right to petition to add coverage within **31 days** of the qualifying event. If the petition is received within 31 days of the qualifying event, there will be no break in coverage. For petitions received after the 31 days, the effective date of coverage will be the date that the petition is received at Gallagher Student Health. If approved, the premium will not be prorated.

#### **Waiver Deadline**

#### **Waiver Deadline**

Annual	Spring
September 14, 2020	February 03, 2021

**Domestic Students** - If premium is received after the effective date, coverage will be made effective the date the correct premium is received by Gallagher Student Health & Special Risk. Enrollment forms will be accepted up until 30 days of the requested coverage period. Premium is not prorated. **Exception**: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, upon written request received by Aetna within 90 days of withdrawal from school.

# **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

#### **Precertification**

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your in-network physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, there is a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

# **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

# Written notification of precertification decisions

We will provide a written notification to you and your physician of the precertification decision, within:

- 5 business days for a non-urgent requests
- 72 hours for urgent requests
- 30 days for retrospective requests

If your **precertified** services are approved, the approval is valid for 60 days as long as you remain enrolled in the plan.

If precertification determines that the stay or outpatient services and supplies are not covered benefits, the notification will explain why and how you can appeal our decision. You or your provider may request a review of the precertification decision. See the When you disagree -claim decisions and appeals procedures section of Certificate of Coverage.

You do not need **precertification** for the following inpatient **stays**:

- Following a mastectomy and/or lymph node dissection (your **physician** will determine the length of your **stay**)
- Pregnancy related stay following the delivery of a baby that is less than 48 hours for a normal vaginal delivery or a 96 hour stay for delivery by caesarean section

# What if you don't obtain the required precertification?

If you don't obtain the required **precertification**:

- There may be a benefit penalty.
- Any benefit penalty incurred will not count toward your policy year deductibles or maximum out-of-pocket limits.

# **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

# **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to

# www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

# **OA Managed Choice POS**

Policy year deductible	In-network coverage	Out-of-network coverage		
You have to meet your policy yea	r deductible before this plan pays for	benefits.		
Student	\$300 per policy year	\$600 per policy year		
Policy year deductible waive	er			
<ul> <li>The policy year deductible is waived for all of the following eligible health services:         <ul> <li>In-Network Care for Preventive Care Expense benefits, Physician and specialist services office visits, Consultant services office visits, Walk-in clinic visits, Urgent care, Pediatric Dental Benefits, Outpatient mental disorders treatment office visits, Outpatient substance abuse office visits, and Outpatient prescription drugs, Services for which a referral for the condition is provided by the Student Health Center, and all services rendered by the Student Health Center</li> <li>In-Network and Out-of-Network care for Pediatric Vision Benefits, Well newborn nursery care</li> </ul> </li> </ul>				
Maximum out-of-pocket limit per policy year				
Student	\$7,900 per policy year	\$12,700 per policy year		

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams	5	J
Performed at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.	
Maximum visits per policy year age 22 and over	1ν	risit
Preventive care immunizat	ions	
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.	
Routine gynecological exar	ns (including Pap smears and cy	tology tests)
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Maximum visits per policy year	1 visit	
Preventive screening and c	ounseling services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Obesity/Healthy Diet maximum per policy year (Applies to covered persons age 22 and older)	26 visits (10 visits will be allowed under the plan for healthy diet counseling provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease)	
Genetic risk counseling for breast and ovarian cancer counseling office visits  This insurance Plan provides coverage for the screening, diagnosis, and treatment of breast cancer.	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Misuse of Alcohol maximum per policy year  Tobacco Products Counseling maximum per policy year  Depression screening maximum per policy year  STI maximum per policy year	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>	
Routine cancer screenings	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Maximums	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>	
Lung cancer screening maximums	1 screenings every 12 months	
Stress Management	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Chronic Conditions	100% (of the negotiated charge) per visit.  No copayment or policy year deductible applies	65% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Stress Management and Chronic Conditions maximum	1 visit	
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
(includes participation in the California Prenatal Screening Program)	No copayment or policy year deductible applies	
Lactation support and counseling services	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Breast pump supplies and accessories	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Female contraceptive prescription drugs and devices	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
Coverage includes up to a 12- month supply of FDA-approved prescription contraceptives.	No copayment or policy year deductible applies	
Female voluntary sterilization- Inpatient & Outpatient provider services	100% (of the negotiated charge) per visit.	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage			
	Physicians and other health professionals				
Physician, specialist including Consultants Office visits (non-surgical/non-preventive care by a physician and specialist) includes	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter	65% (of the recognized charge) per visit			
telemedicine consultations)	No policy year deductible applies				
Allergy testing and treatme	ent				
Allergy testing & Allergy injections treatment, including Allergy sera and extracts administered via injection performed at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.			
Physician and specialist - su	urgical services				
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	65% (of the recognized charge)			
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit			
Alternatives to physician o	ffice visits				
Walk-in clinic visits (non-emergency visit)	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter  No policy year deductible applies	65% (of the recognized charge) per visit			

Eligible health services	In-network coverage	Out-of-network coverage		
Hospital and other facility care				
Inpatient hospital (room and board) and other miscellaneous services and supplies)	80% (of the negotiated charge) per admission	65% (of the recognized charge) per admission		
Includes birthing center facility charges				
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit		
Alternatives to hospital sta	nys			
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit		
Home health Care	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit		
Hospice-Inpatient	80% (of the negotiated charge) per admission	65% (of the recognized charge) per admission		
Hospice-Outpatient	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit		
Skilled nursing facility- Inpatient	80% (of the negotiated charge) per admission	65% (of the recognized charge) per admission		

Eligible health services	In-network coverage	Out-of-network coverage
Hospital emergency room	\$150 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit thereafter	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

# Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

Urgent Care	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter	65% (of the recognized charge) per visit
	No policy year deductible applies	
Non-urgent use of urgent care provider	Not covered	Not covered

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric dental care (Limited	to covered persons through the end o	of the month in which the person
turns age 19.		
Type A services	100% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	70% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Type C services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Dental emergency treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Specific Conditions		•
Diabetic services and supplies (including equipment and training)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Adult dental care for dental injuries	80% (of the negotiated charge) per visit	80% (of the recognized charge) per visit
Maternity care		
Maternity care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
First Postnatal Visit	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Well newborn nursery care in	80% (of the negotiated charge)	65% (of the recognized charge)
a hospital or birthing center	per visit	per visit
	No policy year deductible applies	No policy year deductible applies
Family planning services -		The period of th
Voluntary sterilization for	80% (of the negotiated charge)	65% (of the recognized charge)
males-surgical services		
Reversal of voluntary	80% (of the negotiated charge)	65% (of the recognized charge)
sterilization Abortion physician or	80% (of the negotiated charge)	65% (of the recognized charge)
specialist surgical services	80% (of the negotiated charge)	65% (of the recognized charge)
Gender reassignment (sex	change) treatment	
Inpatient hospital	Follows the In-network cost-share	Follows the Out-of-network cost-
(room and board) and other	for Mental Health Inpatient	share for Mental Health Inpatient
miscellaneous services and supplies)		
Inpatient physician or	Follows the In-network cost-share	Follows the Out-of-network cost-
specialist surgical services	for Mental Health Inpatient	share for Mental Health Inpatient
	services	services
Outpatient physician or	Follows the In-network cost-share	Follows the Out-of-network cost-
specialist surgical services	for Mental Health Other Outpatient services	share for Mental Health Other Outpatient services
Outpatient gender	Follows the In-network cost-share	Follows the Out-of-network cost-
reassignment surgery	for Mental Health office visits	share for Mental Health office visits
specialist office visits (includes		
telemedicine)	Follows the In-network cost-share	Fallows the Out of potyonic sort
Outpatient gender dysphoria mental health office visits	for Mental Health office visits	Follows the Out-of-network cost- share for Mental Health office visits
(includes telemedicine)		3.13.13.13.13.13.13.13.13.13.13.13.13.13
Hormone therapy	Follows the In-network cost-share	Follows the Out-of-network cost-
	for Mental Health Other Outpatient	share for Mental Health Other
Speech thoragy	services Follows the In-network cost-share	Outpatient services Follows the Out-of-network cost-
Speech therapy	for Mental Health Other Outpatient	share for Mental Health Other
	services	Outpatient services
Autism spectrum disorder		
Autism spectrum disorder	Covered according to the type of	Covered according to the type of
treatment, diagnosis and testing and Applied behavior	benefit and the place where the service is received.	benefit and the place where the service is received.
analysis	service is received.	Service is received.

Eligible health services	In-network coverage		Out-of-networ	k coverage
Mental Health & Substance	Abuse Treatment			
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	80% (of the negotiated cha per admission	rge)	65% (of the recog per admission	gnized charge)
Outpatient office visits (includes telemedicine consultations)	\$20 copayment then the pl 100% (of the balance of the negotiated charge) per visit thereafter  No policy year deductible a	e t	65% (of the recog per visit	gnized charge)
Other outpatient treatment (includes Partial hospitalization and Intensive Outpatient Program)	80% (of the negotiated cha visit	rge) per	65% (of the recog per visit	gnized charge)
Eligible health services	In-network coverage Network (IOE facility)		ork coverage k (Non-IOE )	Out-of- network coverage
Transplant services Inpatient and outpatient facility services  Transplant services Inpatient and outpatient physician and	Covered according to the type of benefit and the place where the service is received.  Covered according to the type of benefit and the place where the service is received.			
specialist services  Transplant services-travel and lodging	Covered	Covered Covered		Covered
Lifetime Maximum Travel and Lodging Expenses for any one transplant	\$10,000	\$10,000		\$10,000
Maximum Lodging Expenses per <b>IOE</b> patient	\$50 per night	\$50 per	night	\$50 per night
Maximum Lodging Expenses per companion	\$50 per night	\$50 per	night	\$50 per night

Eligible health services	In-network coverage	Out-of-network coverage
Basic infertility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Specific therapies and tests	5	
Outpatient diagnostic testi	ng	
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Acupuncture therapy	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Chiropractic services	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Other services and supplies	s	
Emergency ground, air, and water ambulance	80% (of the negotiated charge) per trip	Paid the same in-network coverage
(includes non-emergency ambulance)		
Durable medical and surgical equipment	80% (of the negotiated charge) per item	65% (of the recognized charge) per item
Enteral formulas and nutritional supplements	80% (of the negotiated charge) per item	65% (of the recognized charge) per item
Prosthetic Devices & Orthotics	80% (of the negotiated charge) per item	65% (of the recognized charge) per item
Hearing aid exams	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
<b>Pediatric vision care</b> (Limite person turns age 19)	ed to covered persons through the	end of the month in which the
Pediatric routine vision exams (including refraction)- Performed by a legally qualified ophthalmologist or	100% (of the negotiated charge) per visit No policy year deductible applies	70% (of the recognized charge) per visit No policy year deductible applies
optometrist Includes comprehensive low vision evaluations Includes visit for fitting of contact lenses		
Maximum visits per policy year	1 visit	
Low vision Maximum Fitting of contact Maximum	One comprehensive low vision evaluation every policy year 1 visit	
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or	100% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
prescription contact lenses	No policy year deductible applies	No policy year deductible applies

Eligible health services	In-network coverage Out-of-network coverage	
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: 1 year supply	
conventional prescription	Extended wear disposable: 1 year supply	
contact lenses & aphakic	Non-disposable lenses: 1 year supply	
lenses prescribed after		
cataract surgery)		

\*Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies. As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both. Coverage does not include the office visit for the fitting of prescription contact lenses.

not include the office visit for the fitting of prescription contact lenses.		
Vision Care-Limited to cove	red persons age 19 and over	
Adult routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or optometrist	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Maximum visits per policy year	1 V	risit

Outpatient prescription di		
Outpatient prescription drugs		
You have to meet your prescription drug policy year deductible below before this plan pays for outpatient prescription drug benefits.		
Student	/A	
, , ,	/A	

\*\*Note: When the plan includes both a medical policy year deductible and a separate outpatient prescription drug policy year deductible, the combined policy year deductible amounts for in-network coverage will not be more than \$7,350 per person per policy year.

# Copayment/coinsurance waiver for risk reducing breast cancer

The outpatient prescription drug and policy year deductible and the prescription copayment will not apply to risk reducing breast cancer prescription drugs when obtained at a in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

# Copayment waiver for tobacco cessation prescription and over-the-counter drugs

The outpatient prescription drug and policy year deductible and the prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Your policy year deductible and outpatient prescription drug policy year deductible and any prescription drug copayment will apply after those two regimens per policy year have been exhausted.

# **Copayment waiver for contraceptives**

The outpatient prescription drug and policy year deductible and the prescription drug copayment will not apply to female contraceptive methods when obtained at a in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brand-name prescription drug or device for that method paid at 100%.

The outpatient prescription drug and policy year deductible and the prescription drug copayment continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at a in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Generic prescription drugs	Generic prescription drugs (including specialty drugs)		
For each fill up to a 30 day supply filled at a retail pharmacy	\$15 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$37.50 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
Preferred brand-name pres	scription drugs (including specialty	/ drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$30 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$75 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
Non-preferred brand-name	prescription drugs (including spe	cialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$50 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$125 copayment per supply \$100 Prescription Drug Deductible Applies	Not Covered	
Eligible health services	In-network coverage	Out-of-network coverage	
Orally administered anticancer prescription drugs- For each fill up to a 30 day supply filled at a retail or mail order pharmacy	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Not Covered	
Preventive care drugs and supplements filled at a retail or mail order pharmacy  For each 30 day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Not Covered	
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% (of the negotiated charge) per prescription or refill  No copayment or policy year	Not Covered	
For each 30 day supply	deductible applies		

Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy  For each 30 day supply	100% (of the negotiated charge per prescription or refill  No copayment or policy year deductible applies	Not Covered
Maximums:	Coverage is permitted for two 90-day treatment regimens only.  Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a nonformulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's Pre-certification Department at 1-855-240-0535, faxing the request to 1-877-269-**9916**, or submitting the request in writing to:

**CVS Health** ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

#### **Exclusions**

#### Alternative health care

Services and supplies given by a **provider** for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faith-healing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### Armed forces

Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium to the policyholder.

#### **Breasts**

Services and supplies given by a **provider** for breast reduction or gynecomastia, except as medically necessary.

# Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the Eligible health services under your plan - Clinical trial therapies (experimental or *investigational*) section in the certificate

Refer to the When you disagree - claim decisions and appeals procedures section in the certificate for information on how to request an independent medical review from the California Department of Insurance for experimental or investigational treatment.

#### Cosmetic services and plastic surgery

Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body. Whether or not for psychological or emotional reasons. Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.

#### This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible or as described in the Eligible health services under your plan – Reconstructive surgery and supplies section.
- Coverage that may be provided under the Eligible health services under your plan -Gender reassignment (sex change) treatment section in the certificate.
- Any medically necessary treatment due to complications from cosmetic procedures.

#### **Custodial care**

Except for services provided under hospice care, skilled nursing care, or inpatient hospital benefits, assistance with activities of daily living (for example: walking, getting in and out of bed, bathing, dressing, feeding, toileting, and taking medicine).

# **Dermatological treatment**

• Cosmetic treatment and procedures

#### **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

This exclusion does not apply to the covered benefits provided in the Eligible health services under your plan –Adult dental care for cancer treatments and dental injuries benefit in the certificate.

# **Durable medical equipment (DME)**

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

# **Educational services**

- Any service or supply for education, training or retraining services or testing, except where described in the Eligible health services under your plan – Diabetic services and supplies (including equipment and training) section in the ertificate. This includes:
  - **Special Education**
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential **treatment facility** or otherwise licensed institution)
  - Job training
  - Job hardening programs

 Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

#### **Elective treatment or elective surgery**

Elective treatment or elective surgery except as specifically covered under the student policy and provided while the **student policy** is in effect

# **Enteral formulas and nutritional supplements**

Any food item, including infant formulas, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition, except as covered in the Eligible health services under your plan – Enteral formulas and nutritional supplements section in the certificate

#### **Examinations**

Any health or dental examinations that are not medically necessary and needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental or investigational**

Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the Eligible health services under your plan - Other services section in the certificate.

Refer to the When you disagree - claim decisions and appeals procedures section in the certificate for information on how to request an independent medical review from the California Department of Insurance for experimental or investigational treatment.

# **Emergency services and urgent care**

- Non-emergency services in a hospital emergency room facility
- Non-urgent care in an urgent care facility(at a non-hospital freestanding facility)

# Facility charges

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### **Felony**

Services and supplies that you receive as a result of an injury due to your commission of a felony

#### **Foot care**

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
  - Routine pedicure services, such as cutting of nails, corns and calluses when there is no **illness** or **injury** of the feet

This exclusion does not apply to diabetic shoes and inserts covered in the Eligible health services under your plan - Prosthetics and orthotic devices benefit.

# Gender reassignment (sex change) treatment

- **Cosmetic** services and supplies such as:
  - Rhinoplasty
  - Face-lifting
  - Lip enhancement
  - Facial bone reduction
  - Lepharoplasty
  - **Breast augmentation**
  - Liposuction of the waist (body contouring)
  - Hair removal (including electrolysis of face and neck)
  - Voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which are used in feminization
  - Chin implants, nose implants, and lip reduction, which are used to assist masculinization, are considered cosmetic

Any services that would be otherwise available to a covered person will be covered for those undergoing gender reassignment treatment.

# Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

- GCIT services received at a facility or with a provider that is not a GCIT-designated facility/provider
- All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity, referral and precertification requirements section in the certificate.

#### **Genetic care**

Any treatment, device, drug, service or supply to alter the body's genes, genetic makeup, or the expression of the body's genes except for the correction of congenital birth defects

# **Growth/Height care**

- A treatment, device, drug, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures, devices and growth hormones to stimulate growth

This exclusion does not apply to **medically necessary** growth/height care.

# Hearing aids and exams

The following services or supplies:

- A replacement of:
  - A hearing aid that is lost, stolen or broken
  - A hearing aid installed within the prior 24 month period
- Replacement parts or repairs for a hearing aid
- Batteries or cords
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist
- Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay
- Any tests, appliances and devices to:
  - Improve your hearing. This includes hearing aid batteries, amplifiers, and auxiliary equipment
  - Enhance other forms of communication to make up for hearing loss or devices that simulate speech

### Home health care

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

The maintenance therapy exclusion above does not apply to habilitative services that maintain or prevent deterioration or regression of function.

#### **Hospice care**

- Funeral arrangements
- Pastoral counseling
- Financial or legal counseling which includes estate planning and the drafting of a will

- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

This exclusion does not apply to hospice care services authorized by applicable state law.

# **Incidental surgeries**

 Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

# Medical supplies - outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Syringes
  - Blood or urine testing supplies
  - Other home test kits
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

This exclusion does not apply to any disposable supplies that are **covered benefits** in the *Eligible* health services under your plan -Durable medical equipment, Home health care, Hospice care, Diabetic services and supplies (including equipment and training) and Outpatient prescription *drug* benefits in the certificate.

#### Motor vehicle accidents

Services and supplies given by a **provider** for **injuries** sustained from a motor vehicle accident but only when benefits have been paid under other automobile medical payment insurance.

### Non-medically necessary services and supplies

Services and supplies which are not **medically necessary** for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or approved by your physician, dental provider, or vision care provider. This exception does not apply to Preventive care and wellness benefits.

#### Obesity

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described in the Eligible health services under your plan – Preventive care and wellness section in the certificate, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

#### Organ removal

 Services and supplies given by a provider to remove an organ from your body for the purpose of selling the organ

# Other primary payer

 Payment for a portion of the charge that has been paid by Medicare or another party as the primary payer

# Outpatient prescription or non-prescription drugs and medicines

 Outpatient prescription drugs or non-prescription drugs and medicines provided free of charge to you by the **policyholder** 

# Pediatric dental care

- Any instruction for diet, plaque control and oral hygiene
- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons; except to the extent coverage is specifically provided in the Eliqible health services under your plan section in the certificate. Facings on molar crowns and pontics will always be considered **cosmetic**.
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces(that are determined not to be medically necessary mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion

- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services under your plan – Specific conditions section in the certificate.
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in the Eligible health services under your plan *Pediatric dental care* section in the certificate.
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication or analgesia (nitrous oxide)
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Replacement of teeth beyond the normal complement of 32
- Routine dental exams and other preventive services and supplies, except as specifically provided in the *Eligible health services under your plan*—*Pediatric dental care* section in the certificate.
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
- Treatment by other than a **dental provider**

#### Personal care, comfort or convenience items

• Any service or supply primarily for your convenience and personal comfort or that of a third party

# **Preventive care and wellness**

- Services for diagnosis or treatment of a suspected or identified illness or injury
- Non-preventive care exams given during your **stay** for medical care
- Psychiatric, psychological, personality or emotional testing or exams
- Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA
- Male contraceptive methods or devices, except as covered in the Eligible health services under your plan – Family planning services - other section in the certificate.
- The reversal of voluntary sterilization procedures, including any related follow-up care

# Private duty nursing (outpatient only)

#### School health services

- Services and supplies normally provided without charge by the **policyholder's**:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

# by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

# the policyholder.

# Services provided by a family member

 Services provided by a spouse, domestic partner, civil union partner, parent, child, stepchild, brother, sister, in-law or any household member

# Sexual dysfunction and enhancement

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory

This exclusion does not apply to prescription drugs prescribed for the treatment of sexual dysfunction/enhancement as covered under the Outpatient prescription drugs - Other services section in the Certificate.

# Sinus surgery

 Any services or supplies given by providers for non-medically necessary sinus surgery except for acute purulent sinusitis

#### Strength and performance

- Services, devices and supplies that are not **medically necessary**, such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

# Temporomandibular joint dysfunction treatment (TMJ) and craniomandibular joint dysfunction treatment (CMJ)

**Dental** implants

#### Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

# **Transplant services**

- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness
- Travel and lodging expenses

# Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

# Treatment of infertility

All charges associated with the treatment of infertility, except as described under the *Eligible health* services under your plan - Treatment of infertility - Basic infertility section in the certificate. This includes:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate, except for otherwise-covered benefits provided to a covered person who is a surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father.
  - Cryopreservation (freezing), storage or thawing of eggs, embryos or sperm, unless due to iatrogenic infertility.
  - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers.
  - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related.
  - Obtaining sperm from a person not covered under this plan for ART services.
- Home ovulation prediction kits or home pregnancy tests.
- The purchase of donor embryos, donor oocytes, or donor sperm.
- Reversal of voluntary sterilizations, including follow-up care.
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures.

- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery).
- ART services are not provided for out-of-network care.

#### **Vision Care**

Pediatric vision care services and supplies

Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

# Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

# Adult vision care services and supplies

Your plan does not cover adult vision care services and supplies, except as described in the Eligible health services under your plan – Other services section in the certificate.

- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a **hospital** or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

# Wilderness treatment programs

See Educational services within this section

# Exceptions and exclusions that apply to outpatient prescription drugs

# **Compounded prescriptions**

 Compound prescriptions containing bulk chemicals that have not been approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones

# **Cosmetic drugs**

Medications or preparations used for cosmetic purposes

Devices, products and appliances, unless medically necessary for the administration of a covered outpatient prescription drug.

Dietary supplements including medical foods. This does not apply to enteral and parenteral nutrition or FDA approved OTC drugs required by the USPSTF A and B recommendations list (e.g. aspirin, vitamin D, folic acid, and iron supplements) when prescribed by a physician

# **Drugs or medications**

- Which do not, by federal or state law, require a prescription order (i.e. over-thecounter (OTC) drugs), unless recommended by the United States Preventive Services Task Force. This exception does not apply to FDA approved OTC female contraceptive methods prescribed by a provider
- That is therapeutically equivalent or therapeutically alternative to a covered prescription drug including biosimilar (unless a medical exception is approved)
- That is therapeutically equivalent or therapeutically alternative to an over-the-counter (OTC) product (unless a medical exception is approved). Even if one drug or medication becomes available OTC, the prescription strengths of these drugs are still covered. The entire class of the **prescription drugs** will not be excluded in this case
- Not approved by the FDA
- For which the cost is covered by a federal, state, or government agency (for example: Medi-Cal or Veterans Administration)
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications

#### Duplicative drug therapy (e.g. two antihistamine drugs)

#### Immunizations related to travel or work

Immunizations related to travel or work unless recommended by the United States Preventive Services Task Force (USPSTF)

#### Infertility

Injectable prescription drugs used primarily for the treatment of infertility

#### **Prescription drugs:**

- Filled prior to the effective date or after the termination date of coverage under this plan.
- That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, the use of or intended use of which would be illegal, unethical, imprudent, abusive, not medically necessary, or otherwise

improper, and drugs obtained for use by anyone other than the person identified on the ID card.

#### Refills

Refills dispensed more than one year from the date the latest **prescription** order was written

# Replacement of lost or stolen prescriptions

# We reserve the right to exclude:

- A manufacturer's product when a same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide.
- Any dosage or form of a drug when the same drug (that is, a drug with the same active ingredient or same therapeutic effect) is available in a different dosage or form on our preferred drug guide.

The University of San Diego Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

## **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

# **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call the number listed on your ID card at no cost.

# **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

## **Non-Discrimination**

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Aetna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

#### Aetna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - o Information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, PO Box 14462, Lexington, KY 40512, 1-800-648-7817, TTY 711, Fax 859-425-3379, CRCoordinator@aetna.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates.

English	To access language services at no cost to you, call the number on your ID card.
Albanian	Për shërbime përkthimi falas për ju, telefononi në numrin që gjendet në kartën tuaj të identitetit.
Amharic	የቋንቋ አንልግሎቶችን ያለክፍያ ለማግኘት፣ በመታወቂያዎት ላይ ያለውን ቁጥር ይደውሉ፡ ፡
Arabic	لحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك.
Armenian	Ձեր նախընտրած լեզվով ավվճար խորհրդատվություն ստանալու համար զանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հէրախոսահամարով
Bantu-Kirundi	Kugira uronke serivisi z'indimi ata kiguzi, hamagara inomero iri ku karangamuntu kawe
Bengali	আপনাকে বিনামূল্যে ভাষা পরিষেবা পেতে হলে আপনার পরিচয়পত্রে দেওয়া নম্বরে টেলিফোন করুন।
Burmese	သင့်အနေဖြင့် အခကြေးငွေ မပေးရပဲ ဘာသာစကားဂန်ဆောင်မှုများ ရရှိနိုင်ရန်၊ သင့် ID ကတ်ပေါ် တွင်ရှိသော ဖုန်းနံပတ်အား ခေါ် ဆိုပါ။
Catalan	Per accedir a serveis lingüístics sense cap cost per a vostè, telefoni al número indicat a la seva targeta d'identificació.
Cebuano	Aron maakses ang mga serbisyo sa lengguwahe nga wala kay bayran, tawagi ang numero nga anaa sa imong kard sa ID.
Chamorro	Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang i numiru gi iyo-mu kard aidentifikasion.
Cherokee	GYÐJ 50HAÐJ TOÐLOTJI É AFÐJ JCEGWJJ ÁY, OÞAHWOH ÐÐY JAÐJ HSAWP OÐT IÐ ÍHRÐJ CTYPT.
Chinese Traditional	如欲使用免費語言服務,請撥打您健康保險卡上所列的電話號碼
Choctaw	Anumpa tosholi i toksvli ya peh pilla ho ish i payahinla kvt chi holisso kallo iskitini holhtena takanli ma i payah
Chuukese	Ren omw kopwe angei aninisin eman chon awewei (ese kamé), kopwe kééri ewe nampa mei mak won noum ena katen ID
Cushitic-Oromo	Tajaajiiloota afaanii gatii bilisaa ati argaachuuf,lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.
Dutch	Voor gratis taaldiensten, bel het nummer op uw ziekteverzekeringskaart.
French	Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.
French Creole (Haitian)	Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.
German	Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.
Greek	Για πρόσβαση στις υπηρεσίες γλώσσας χωρίς χρέωση, καλέστε τον αριθμό στην κάρτα ασφάλισής σας.
Gujarati	તમારે ક્રોઇ પણ જાતના ખર્ચ વિના ભાષા સેવાઓ મેળવવા માટે, તમારા આઇડી કાર્ડ પર રહેલ નંબર પર કૉલ કરવો.

Hawaiian	No ka wala'au 'ana me ka lawelawe 'ōlelo e kahea aku i ka helu kelepona ma kāu kāleka ID. Kāki 'ole 'ia kēia kōkua nei.
Hindi	बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिए नंबर पर कॉल करें।
Hmong	Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.
Igbo	Inweta enyemaka asusu na akwughi ugwo obula, kpoo nomba no na kaadi njirimara gi
Ilocano	Tapno maakses dagiti serbisio ti pagsasao nga awanan ti bayadna, awagan ti numero nga adda ayan ti ID kardmo.
Indonesian	Untuk mengakses layanan bahasa tanpa dikenakan biaya, silakan hubungi nomor telepon di kartu asuransi Anda.
Italian	Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.
Japanese	無料の言語サービスは、IDカードにある番号にお電話ください。
Karen	လာတာ်ကမၤန္နာ်ကျိုာ်တာ်မၤစာၤအတာ်ဖံးတာ်မၤတဖ $>$ လာတအိ $>$ နီးအပ္ဒာလာနကာဘ $>$ ဟာ့ $>$ အီးအကီးတာ $>$ လီတဲ့စိနီ $>$ က်လာအအိ $>$ လာနခ $>$ ကီး $(ID)$ အလီးန္ $>$ တက္နာ်
Korean	무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.
Kru-Bassa	I nyuu kosna mahola ni language services ngui nsaa wogui wo, sebel i nsinga i ye ntilga i kat yong matibla
Kurdish	ق دەسپنیراگەیشتن به خزمهتگوزاری زمان بهبی تیچوون بق تق، پهیوهندی بکه به ژمارهی سهر ئای دی(ID) نارتی خقت.
Lao	ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໂທຫາເບີໂທຢູ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.
Marathi	आपल्याला कोणत्याही शुल्काशिवाय भाषा सेवांपर्यंत पोहोचण्यासाठी, आपल्या ID कार्डावरील क्रमांकावर फोन करा.
Marshallese	Ņan bōk jipañ kōn kajin ilo an ejjeļok wōņean ñan kwe, kwōn kallok nōṃba eo ilo kaat in ID eo aṃ.
Micronesian- Ponapean	Pwehn alehdi sawas en lokaia kan ni sohte pweipwei, koahlih nempe nan amhw doaropwe en ID.
Mon-Khmer, Cambodian	ដើម្បីទទួលបានសេវាកម្មភាសាដែលអភគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើបណ្ឌសម្គាល់ខ្លួនរបស់លោកអ្នក។
Navajo	T'áá ni nizaad k'ehjí bee níká a'doowoł doo bą́ą́h ílínígóó naaltsoos bee atah nílíįgo nanitinígíí bee néého'dólzinígíí béésh bee hane'í biká'ígíí áajį' hólne'.
Nepali	भाषासम्बन्धी सेवाहरूमाथि निःशुल्क पहुँच राख्न आफ्नो कार्डमा रहेको नम्बरमा कल गर्नुहोस्।
Nilotic-Dinka	Të koor yïn ran de wëër de thokic ke cïn wëu kor keek tënon yïn. Ke yïn col ran ye koc kuony në namba de abac tö në ID kard duön de tiït de nyin de panakim köu.
Norwegian	For tilgang til kostnadsfri språktjenester, ring nummeret på ID-kortet ditt.

Pennsylvanian- Dutch	Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.
Persian Farsi	برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید.
Polish	Aby uzyskać dostęp do bezpłatnych usług językowych, należy zadzwonić pod numer podany na karcie identyfikacyjnej.
Portuguese	Para aceder aos serviços linguísticos gratuitamente, ligue para o número indicado no seu cartão de identificação.
Punjabi	ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਪੰਜਾਬੀ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਫ਼ੋਨ ਕਰੋ।
Romanian	Pentru a accesa gratuit serviciile de limbă, apelați numărul de pe cardul de membru.
Russian	Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей идентификационной карте.
Samoan	Mō le mauaina o 'au'aunaga tau gagana e aunoa ma se totogi, vala'au le numera i luga o lau pepa ID.
Serbo-Croatian	Za besplatne prevodilačke usluge pozovite broj naveden na Vašoj identifikacionoj kartici.
Spanish	Para acceder a los servicios lingüísticos sin costo alguno, llame al número que figura en su tarjeta de identificación.
Sudanic Fulfulde	Heeßa a naasta nder ekkitol jaangirde woldeji walla yobugo, ewnu lamba je don windi ha do derowol maada.
Swahili	Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho.
Syriac-Assyrian	کی هینها دون خرد فرهندی دوندیها داره داره در ایمانی میامده میامده کرده کرده کرده کرده کرده به ایمانی در ایمانی در ایمانی در در ایمانی در در ایمانی
Tagalog	Upang ma-access ang mga serbisyo sa wika nang walang bayad, tawagan ang numero sa iyong ID card.
Telugu	భాష సేవలను మీకు ఖర్చు లేకుండా అందుకునేందుకు, మీ ఐడి కార్డుపై ఉన్న నంబరుకు కాల్ చేయండి.
Thai	หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีคำใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน
Tongan	Kapau 'oku ke fiema'u ta'etōtōngi 'a e ngaahi sēvesi kotoa pē he ngaahi lea kotoa, telefoni ki he fika 'oku hā atu 'i ho'o ID kaati.
Turkish	Dil hizmetlerine ücretsiz olarak erişmek için kimlik kartınızdaki numarayı arayın.
Ukrainian	Щоб безкоштовні отримати мовні послуги, задзвоніть за номером, вказаним на вашій ідентифікайній картці.
Urdu	لسانی خدمات تک مُفت رسائی کے لیے، اپنے بیمہ کے ID کارڈ پر درج نمبر پر کال کریں۔
Vietnamese	Để sử dụng các dịch vụ ngôn ngữ miễn phí, vui lòng gọi số điện thoại ghi trên thẻ ID của quý vị.
Yiddish	. ארטל. ID אייער ID צו באקומען שפראך סערוויסעס פריי פון אפצאל, רופט דעם נומער אויף אייער
Yoruba	Láti ráyèsí àwon işé èdè fún o lófèé, pe nómbà tó wà lórí káàdì ìdánimò re.