# Aetna Student Health<sup>SM</sup> Plan Design and Benefits Summary OA Managed Choice POS

# University of San Diego

Policy Year: 2022 - 2023 Policy Number: 474959

www.aetnastudenthealth.com

(866) 746-6590







Disclaimer: These rates and benefits are pending approval by the California Department of Insurance and can change. If they change, we will update this information.

This is a brief description of the Student Health Plan. The plan is available for University of San Diego students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

#### UNIVERSITY OF SAN DIEGO STUDENT HEALTH CENTER

**Patient Care Hours** Monday, Tuesday, Thursday & Friday 8:30 a.m. to 4:30 p.m.

Patient Care Hours during Fall and Spring semesters:

Wednesday Mornings: 8:30 a.m. to 11:00 a.m.

Wednesday afternoon and evenings: 1:30 p.m. to 6:30 p.m.

Note: Closed from 11:00 a.m. to 1:30 p.m. for Dept. Staff Meeting.

#### **Immunization and Laboratory Clinic Hours**

Monday, Tuesday, Thursday, Friday 9:00 a.m. to 3:00 p.m. Wednesday 9:00 a.m. to 11:00 a.m. and 1:30 p.m. to 5:00 p.m.

#### **Outpatient Medical Care**

The Policy Deductible will be waived for a student when treatment is rendered at the Student Health Center (SHC) or Counseling Center or when referred to a Preferred Provider by the SHC or Counseling Center. Waiver provision is not applicable during Winter, Spring, and Summer breaks.

Quality, accessible and convenient outpatient medical care is provided for acute illnesses, minor injuries, preventive care and medical problems. A physician, nurse practitioner, and/or physician assistant and registered nurses are on duty during operating hours.

In order to minimize patient waiting time, students are strongly encouraged to schedule appointments in advance. Patients without appointments will be triaged by the registered nurse, who will determine whether the patient should be seen that day or scheduled for the next day. Please note that patients who arrive more than 10 minutes late for appointments may need to reschedule their appointment for another day.

All currently registered undergraduate, graduate, law and paralegal students who have paid the health fee are eligible for services at the USD Student Health Center. All non-students (i.e. visiting scholars) are not eligible to utilize the services of the Wellness units and are therefore not eligible to waive the Preferred Care Deductible

Most services are provided free of charge, and modest fees to cover costs are required for medications, immunizations and certain physical exams and labs. Payment is due at the time of service at the Student Health Center. Patients may pay with *check, CampusCash, AMERICAN EXPRESS* or *VISA/Mastercard*. (Cash is not accepted).

SHC Summer and Intersession: Monday – Friday, 10:00 a.m. to 3:00 p.m.

**SHC Location: Maher Hall 140** For additional information regarding services provided at the Student Health Center visit: <a href="https://www.sandiego.edu/health-center/">https://www.sandiego.edu/health-center/</a> In case of emergency, call **911** or Public Safety Dispatch at **(619) 260-7777** or go directly to an emergency care facility.

For non-emergency situations please visit or call the University of San Diego Student Health Center at:

5998 Alcalá Park Maher Hall 140 San Diego, CA 92110 (619) 260-4595

#### **Coverage Period for Students**

Students: Coverage for students enrolled for the Annual term will become effective at 12:01 AM on August 01, 2022 and will terminate at 11:59 PM on July 31, 2023.

Spring Semester students: Coverage for all insured students enrolled for the Spring Semester, will become effective at 12:01 AM on February 1st, 2023, and will terminate at 11:59 PM on July 31, 2023.

#### **Rates**

The rates below are inclusive of any fees that may be assessed by Gallagher Student Health.

#### **Student Plan Cost**

	Annual	Spring
Student	\$3,876.00	\$1,922.10

#### **Student Coverage**

#### Eligibility

All full-time **Domestic** students are automatically enrolled in the Student Health Insurance Plan at registration. If you are currently insured by a plan that provides comparable coverage, you may waive coverage under the Student Health Insurance Plan.

All **International and English Language Academy** students are automatically enrolled in this insurance plan at registration and the premium for coverage is added to their tuition billing, unless proof of comparable coverage is furnished. In addition, all degree-seeking international students on visas that permit full-time study, degree-seeking international students on J-1 student visas, Visiting scholars and researchers on J-1 visas are eligible to enroll in the Student Health Insurance Plan.

Home study, correspondence, Internet classes, and television (TV) courses, do not fulfill the eligibility requirement that the student actively attend classes. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

#### **Enrollment**

Any eligible student who wants to be enrolled in the Student Health Insurance Plan can elect to actively enroll in the plan by completing and submitting an enrollment form and are encouraged to do so by the deadline. Immediately upon submitting the Enrollment Form, you will receive a reference number indicating the form has been successfully submitted

#### **Enrollment Process/Procedure**

- Go to <u>www.gallagherstudent.com/USD</u>.
- Login using your MySanDiego account and password
- Click the green 'Enroll' button under 'Plan Summary'.
- Follow the instructions to complete the form.
- Save a copy of your reference number.

#### **Waiver Process/Procedure**

Any student who is currently enrolled in a health insurance plan that meets the University's waiver requirements and that will be in effect until **July 31st, 2023** can elect to waive the University of San Diego Student Health Insurance Plan. Recognizing a student's health insurance coverage may change, at the beginning of each academic year students will be asked to provide proof of comparable coverage in order to waive the Student Health Insurance Plan. To document proof of comparable coverage, an online waiver form must be completed and submitted by the deadline.

#### **Waiver Process & Criteria**

#### **Waive**

- Go to www.gallagherstudent.com/USD.
- Login using your MySanDiego account and password
- Click the yellow 'Waive' button under 'Plan Summary'.
- Follow the instructions to complete the form.
- Save a copy of your reference number. This number only confirms submission, not approval of your form.

Immediately upon submitting the Waiver Form, you will receive a reference number indicating that the form has been successfully submitted. The online process is the only accepted process for waiving coverage. The University of San Diego reserves the right to audit and subsequently reject a waiver request. If it is determined that a student waived coverage with a health insurance plan that was not comparable coverage, the student will be automatically enrolled in the Student Health Insurance Plan, effective the date that the determination was made and there will be no pro-rata of premium.

Students can only waive the Student Health Insurance Plan if they are enrolled in an insurance plan that meets the University's waiver requirements. This means the policy must:

- Be in effect throughout the semester and renewable for continuous coverage
- Have an unlimited policy maximum
- Include outpatient care (doctor visits, outpatient surgery, etc.)
- Include inpatient and outpatient hospital services
- Have \$25,000 Repatriation and \$50,000 Medical Evacuation coverage (required for International Students)
- Services should include but are not limited to:
  - o Preventive and non-urgent care
  - o Emergency care
  - o Surgical care
  - Lab work & Diagnostic Testing, X-Rays
  - Physical therapy
  - Chiropractic care
  - Prescription drugs
  - Mental health and substance abuse treatment

In the event students waive the Student Health Insurance Plan and then loses current coverage due to a qualifying event, (i.e., parent loss of coverage or the maximum age limit available is attained), students have the right to petition to add coverage within **31 days** of the qualifying event. If the petition is received within **31 days** of the qualifying event, there will be no break in coverage. For petitions received after the **31 days**, the effective date of coverage will be the date that the petition is received at Gallagher Student Health. If approved, the premium will be prorated.

#### **Enrollment & Waiver Deadline**

#### **Enrollment & Waiver Deadline**

Annual	Spring
September 14, 2022	February 08, 2023

If premium is received after the effective date, coverage will be made effective the date the correct premium is received by Gallagher Student Health & Special Risk. Enrollment forms will be accepted up until 30 days of the requested coverage period. Premium is not prorated. **Exception**: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, upon written request received by Aetna within 90 days of withdrawal from school.

#### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not pre-certify when required, up to a \$500 penalty for each type of eligible health service that was not pre-certified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

#### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

# **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

## **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
You have to meet your policy year deductible before this plan pays for benefits.		
<b>Student</b> \$300 per policy year \$600 per policy year		
Policy year deductible waiver		

The policy year deductible is waived for all of the following eligible health services:

- In-Network Care for Preventive Care Expense benefits, Physician and specialist services office visits,
  Consultant services office visits, Walk-in clinic visits, Urgent care, Pediatric Dental Benefits, Outpatient mental
  disorders treatment office visits, Outpatient substance abuse office visits, and Outpatient prescription drugs,
  Services for which a referral for the condition is provided by the Student Health Center, and all services
  rendered by the Student Health Center
- In-Network and Out-of-Network care for Pediatric Vision Benefits and Well newborn nursery care

Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$7,900 per policy year	\$12,700 per policy year
Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit  No copayment or policy year deductible applies	65% (of the recognized charge) per visit
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.	
Covered persons age 22 and over: Maximum visits per policy year	1 visit	
Preventive care immunizations	•	
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	

Eligible health services	In-network coverage	Out-of-network coverage
Routine gynecological exams (includ	ling Pap smears and cytology tests)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit  No copayment or policy year	65% (of the recognized charge) per visit
	deductible applies	
Maximum visits per policy year		risit
Preventive screening and counseling		
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs,	100% (of the negotiated charge) per visit  No copayment or policy year	65% (of the recognized charge) per visit
Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	deductible applies	
Stress management counseling office visits	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Chronic condition counseling office visits	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Routine cancer screenings	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum:	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>	
Lung cancer screening maximums	1 screening every 12 months*	
Prenatal and postpartum care services -Preventive care services only (includes participation in the	100% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
California Prenatal Screening Program)	No copayment or policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Lactation support and counseling	100% (of the negotiated charge) per	65% (of the recognized charge) per
services	visit	visit
	No copayment or policy year	
	deductible applies	
Breast pump supplies and	100% (of the negotiated charge) per	65% (of the recognized charge) per
accessories	item	item
	No copayment or policy year	
	deductible applies	
Family planning services – female co	ontraceptives	
Female contraceptive counseling	100% (of the negotiated charge) per	65% (of the recognized charge) per
services	visit	visit
office visit		
	No copayment or policy year	
	deductible applies	
Female contraceptive prescription	100% (of the negotiated charge) per	65% (of the recognized charge) per
drugs and devices provided,	item	item
administered, or removed, by a		
provider during an office visit	No copayment or policy year	
For each 20 day symply on 12	deductible applies	
For each 30 day supply or 12		
month supply	1000/ (af the reaction of about a)	
Female Voluntary sterilization- Inpatient & Outpatient provider	100% (of the negotiated charge)	65% (of the recognized charge)
services	No copayment or policy year	
Sel Vices	deductible applies	
The following are not covered under		
_	this benefit. :hat are only "reviewed" by the FDA and r	not "approved" by the FDA
Any contraceptive methods	inat are only reviewed by the road and r	iot approved by the rbA
Physicians and other health professi	ionals	
Physician, specialist including	\$20 copayment then the plan pays	65% (of the recognized charge) per
Consultants Office visits (non-	100% (of the balance of the	visit
surgical/non-preventive care by a	negotiated charge) per visit	
physician and specialist) (includes	3	
telemedicine consultations)	No policy year deductible applies	
Allergy testing and treatment		·
Allergy testing & Allergy injections	80% (of the negotiated charge)	65% (of the recognized charge)
treatment including Allergy sera	(	(1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
and extracts administered via		
injection performed at a physician's		
or specialist's office		
•	•	

Eligible health services	In-network coverage	Out-of-network coverage
Physician and specialist surgical services		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	65% (of the recognized charge)

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- Services of another physician for the administration of a local anesthetic

Outpatient surgery performed at a	80% (of the negotiated charge) per	65% (of the recognized charge) per
physician's or specialist's office or	visit	visit
outpatient department of a		
hospital or surgery center by a		
surgeon (includes anesthetist and		
surgical assistant expenses)		

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Alternatives to physician office visit	Alternatives to physician office visits		
Walk-in clinic visits	\$20 copayment then the plan pays	65% (of the recognized charge) per	
(non-emergency visit)	100% (of the balance of the	visit	
	negotiated charge) per visit		
	No policy year deductible applies		
Hospital and other facility care			
Inpatient hospital (room and	80% (of the negotiated charge) per	65% (of the recognized charge) per	
board) and other	admission	admission	
miscellaneous services and			
supplies)			
Includes birthing center facility			
charges			
Preadmission testing	Covered according to the type of	Covered according to the type of	
	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
In-hospital non-surgical physician	80% (of the negotiated charge) per	65% (of the recognized charge) per	
services	visit	visit	
Alternatives to hospital stays			
Outpatient surgery (facility	80% (of the negotiated charge) per	65% (of the recognized charge) per	
charges) performed in the	visit	visit	
outpatient department of a			
hospital or surgery center			

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the Hospital care facility charges benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Eligible health services	In-network coverage	Out-of-network coverage
Home health Care	80% (of the negotiated charge) per	65% (of the recognized charge) per
	visit	visit

#### The following are not covered under this benefit:

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	80% (of the negotiated charge) per admission	65% (of the recognized charge) per admission
Hospice-Outpatient	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit

# The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

Skilled nursing facility-	80% (of the negotiated charge) per	65% (of the recognized charge) per
Inpatient	admission	admission
Hospital emergency room	\$150 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

#### Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room.
   If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied
  to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to
  other covered benefits under the plan cannot be applied to the hospital emergency room

- copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

 Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Eligible health services	In-network coverage	Out-of-network coverage
Urgent care	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	65% (of the recognized charge) per visit
	No policy year deductible applies	
Non-urgent use of an urgent care provider	Not covered	Not covered

#### The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.		
Type A services	100% (of the negotiated charge) per visit	70% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Type C services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Orthodontic services	100% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
	No copayment or deductible applies	
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

#### Pediatric dental care exclusions

- Asynchronous dental treatment
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery,
  personalization or characterization of dentures or other services and supplies which improve alter or enhance
  appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter
  the appearance of teeth; whether or not for psychological or emotional reasons. Facings on molar crowns and
  pontics will always be considered cosmetic.

- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be medically necessary mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary
  - Treatment by other than a dental provider

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-	benefit and the place where the	benefit and the place where the
routine foot care treatment	service is received.	service is received.

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
  - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural	80% (of the negotiated charge)	80% (of the recognized charge)
teeth		

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

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Eligible health services	In-network coverage	Out-of-network coverage	
Temporomandibular joint	Covered according to the type of	Covered according to the type of	
dysfunction (TMJ) and	benefit and the place where the	benefit and the place where the	
craniomandibular joint dysfunction	service is received.	service is received.	
(CMJ) treatment			
Blood and body fluid	Covered according to the type of	Covered according to the type of	
exposure	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
The following are not covered under	r this benefit:		
Services and supplies provided	for the treatment of an illness that results	from your clinical related injury as	
these are covered elsewhere in	the student policy		
Clinical trial (routine patient	Covered according to the type of	Covered according to the type of	
costs)	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
The following are not covered under	this benefit:		
Services and supplies related to	data collection and record-keeping that i	s solely needed due to the clinical trial	
(i.e. protocol-induced costs)		•	
Services and supplies provided	by the trial sponsor without charge to you	ı	
The experimental intervention	itself (except medically necessary Categor	ry B investigational devices and	
promising experimental and inv	estigational interventions for terminal illr	nesses in certain clinical trials in	
accordance with Aetna's claim	policies)		
Dermatological treatment	Covered according to the type of	Covered according to the type of	
	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
The following are not covered under	this benefit:		
Cosmetic treatment and proced	dures		
Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of	
services	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
Obesity surgery-travel and lodging			
Maximum benefit payable for	\$130	\$130	
travel expenses for each round trip			
– three round trips covered (one			
pre-surgical visit, the surgery and			
one follow-up visit)			

Eligible health services	In-network coverage	Out-of-network coverage
Maximum benefit payable for travel expenses per companion for each round trip – two round trips covered (the surgery and one follow-up visit)	\$130	\$130
Maximum benefit payable for lodging expenses per patient and companion for the pre-surgical and follow-up visits	\$100 per day up to two days	\$100 per day up to two days
Maximum benefit payable for lodging expenses per companion for surgery stay	\$100 per day up to four days	\$100 per day up to four days

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or
  treat obesity, including morbid obesity except as described above and in the Eligible health services and
  exclusions Preventive care and wellness section, including preventive services for obesity screening and
  weight management interventions. This is regardless of the existence of other medical conditions. Examples of
  these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

Maternity care that is not	Covered according to the type of	Covered according to the type of
considered preventive care	benefit and the place where the	benefit and the place where the
(includes delivery and postpartum	service is received.	service is received.
care services in a hospital or		
birthing center)		
Well newborn nursery	80% (of the negotiated charge)	65% (of the recognized charge)
care in a hospital or		
birthing center	No policy year deductible applies	No policy year deductible applies
Family planning services – other		
Voluntary sterilization	80% (of the negotiated charge)	65% (of the recognized charge)
for males-surgical services		
Reversal of voluntary sterilization	80% (of the negotiated charge)	65% (of the recognized charge)
Abortion	80% (of the negotiated charge)	65% (of the recognized charge)
Gender affirming treatment		
Surgical, hormone replacement	Covered according to the Behavioral	Covered according to the Behavioral
therapy, and counseling treatment	health section	health section
Mental Health & Substance Abuse Treatment		
Coverage provided under the same to	erms, conditions as any other illness.	
Inpatient hospital	80% (of the negotiated charge) per	65% (of the recognized charge) per
(room and board and other	admission	admission
miscellaneous hospital		
services and supplies)		

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient office visits	\$20 copayment then the plan pays	65% (of the recognized charge) per
(includes telemedicine	100% (of the balance of the	visit
consultations)	negotiated charge) per visit	
	No policy year deductible applies	
Other outpatient treatment	80% (of the negotiated charge) per	65% (of the recognized charge) per
(includes skilled behavioral health	visit	visit
services in the home)		
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage
		(Includes providers who are otherwise
		part of Aetna's network but are non-
		IOE providers)
Transplant services		
Inpatient and outpatient transplant	Covered according to the type of	Covered according to the type of
facility services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Inpatient and outpatient transplant	Covered according to the type of	Covered according to the type of
physician and specialist services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Transplant services-travel and	Covered	Covered
lodging		
Lifetime Maximum payable for	\$10,000	\$10,000
Travel and Lodging Expenses for		
any one transplant, including		
tandem transplants		
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per <b>IOE</b> patient		
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per companion		

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Treatment of infertility		
Basic infertility services Inpatient and outpatient care - basic infertility  Fertility preservation services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

# The following are not covered services under the infertility treatment benefit:

- Injectable **infertility** medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child

- where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
- Thawing of cryopreserved (frozen) eggs, embryos or sperm
- The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers

Out-of-network coverage

- The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
- Obtaining sperm from a person not covered under this plan for ART services

In-network coverage

- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Eligible nealth services	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging	80% (of the negotiated charge) per	65% (of the recognized charge) per
services performed in the	visit	visit
outpatient department of a		
hospital or other facility		
Diagnostic lab work and	80% (of the negotiated charge) per	65% (of the recognized charge) per
radiological services performed in a	visit	visit
physician's office, the outpatient		
department of a hospital or other		
facility		
Outpatient Chemotherapy,	80% (of the negotiated charge) per	65% (of the recognized charge) per
Radiation & Respiratory Therapy	visit	visit
Outpatient infusion therapy	Covered according to the type of	Covered according to the type of
performed in a covered person's	benefit and the place where the	benefit and the place where the
home, physician's office, outpatient	service is received.	service is received.
department of a hospital or other		
facility		
The following are not covered under	this benefit:	
<ul> <li>Enteral nutrition</li> </ul>		
<ul> <li>Blood transfusions a</li> </ul>	nd blood products	
Outpatient physical, occupational,	80% (of the negotiated charge) per	65% (of the recognized charge) per
speech, and cognitive therapies	visit	visit
(including Cardiac and Pulmonary		
Therapy)		
Combined for short-term		
rehabilitation services and		
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		

habilitation therapy services

Eligible health services	In-network coverage	Out-of-network coverage
Acupuncture	80% (of the negotiated charge) per	65% (of the recognized charge) per
	visit	visit
The following are not covered unde	r this benefit:	
<ul> <li>Acupressure</li> </ul>		
Chiropractic services	80% (of the negotiated charge) per	65% (of the recognized charge) per
	visit	visit
Specialty prescription drugs	Covered according to the type of	Covered according to the type of
purchased and injected or infused	benefit or the place where the service	benefit or the place where the service
by your provider in an outpatient	is received.	is received.
setting		
Other services and supplies	•	
Emergency ground, air, and water	80% (of the negotiated charge) per	Paid the same in-network coverage
ambulance (includes non-	trip	
emergency ambulance)		
Durable medical and surgical	80% (of the negotiated charge) per	65% (of the recognized charge) per
equipment	item	item
The following are not covered under this benefit:		
• Whirlpools		

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Nutritional support	Covered according to the type of	Covered according to the type of
	benefit or the place where the service	benefit or the place where the
	is received.	service is received.

Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition

Cochlear implants	80% (of the negotiated charge) per	65% (of the recognized charge) per
	item	item
Prosthetic devices including contact	80% (of the negotiated charge) per	65% (of the recognized charge) per
lenses for aniridia & Orthotics	item	item

# The following are not covered under this benefit:

Services covered under any other benefit

Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace

Trusses, corsets, and other support items

Repair and replacement due to loss or misuse

Communication aids

Eligible health services	In-network coverage	Out-of-network coverage
Hearing Aid Exams		
Hearing exam	80% (of the negotiated charge) per visit	65% (of the recognized charge) per visit
Hearing aid exam maximum	One hearing exam every policy year	
The following are not covered under	this benefit:	
<ul> <li>Hearing exams given during a the overall hospital stay</li> </ul>	a stay in a hospital or other facility, excep	t those provided to newborns as part of
	ered persons through the end of the mor	nth in which the person turns age 19)
Performed by a legally qualified	100% (of the negotiated charge) per	70% (of the recognized charge) per
ophthalmologist or optometrist	visit	visit
(includes comprehensive low vision		
evaluations)	No policy year deductible applies	No policy year deductible applies
Low vision Maximum	One comprehensive low vision	on evaluation every five years
Fitting of contact Maximum	•	visit ,
Pediatric vision care services &	100% (of the negotiated charge) per	70% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No policy year deductible applies	No policy year deductible applies
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 1 year supply	
conventional prescription contact	Extended wear disposable: up to 1 year	supply
lenses & aphakic lenses prescribed	Non-disposable lenses: 1 year supply	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Maximum number of optical	One optical device	
devices per policy year		
*Important note: Refer to the Vision	care section in the certificate of coverage	e for the explanation of these vision care
supplies. As to coverage for prescript	ion lenses in a policy year, this benefit wi	Il cover either prescription lenses for
eyeglass frames or prescription conta	act lenses, but not both.	
The following are not covered under	this benefit:	
<ul> <li>Eyeglass frames, non-prescri</li> </ul>	ption lenses and non-prescription contac	t lenses that are for cosmetic purposes
Adult vision care Limited to covered	persons age 19 and over	
Adult routine vision exams	80% (of the negotiated charge) per	65% (of the recognized charge) per
(including refraction) Performed by	visit	visit
a legally qualified ophthalmologist		
or therapeutic optometrist, or any		
other providers acting within the		
scope of their license		
	I and the second se	I and the second

1 visit

Includes fitting of prescription

Maximum visits per policy year

contact lenses

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

#### Adult vision care services and supplies

- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

#### **Outpatient prescription drugs**

You have to meet your prescription drug policy year deductible below before this plan pays for outpatient prescription drug benefits.

Student \$100 per policy year N/A

\*\*Note: When the plan includes both a medical policy year deductible and a separate outpatient prescription drug policy year deductible, the combined policy year deductible amounts for in-network coverage will not be more than \$7,350 per person per policy year.

# Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer

The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

# Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

#### Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at an innetwork pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC)
  contraceptive prescription drugs and devices. Related services and supplies needed to administer covered
  devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
Preferred Generic prescription drugs (including specialty drugs)		
For each fill up to a 30 day supply filled at a retail pharmacy	\$15 copayment per supply	Not Covered
	\$100 Prescription Drug Deductible	
	Applies	

Eligible health services	In-network coverage	Out-of-network coverage
More than a 30 day supply but less	\$37.50 copayment per supply	Not Covered
than a 90 day supply filled at a mail		
order pharmacy	\$100 Prescription Drug Deductible	
	Applies	
Preferred Brand-Name prescription of		
For each fill up to a 30 day supply	\$40 copayment per supply	Not Covered
filled at a retail pharmacy	Ć100 Bussaintisa Bussa Badastibla	
	\$100 Prescription Drug Deductible	
More than a 30 day supply but less	Applies \$100 copayment per supply	Not Covered
than a 90 day supply filled at a mail	3100 copayment per supply	Not covered
order pharmacy	\$100 Prescription Drug Deductible	
order pridimacy	Applies	
Non-Preferred Generic prescription of		
For each fill up to a 30 day supply	\$65 copayment per supply	Not Covered
filled at a retail pharmacy		
•	\$100 Prescription Drug Deductible	
	Applies	
More than a 30 day supply but less	\$162.50 copayment per supply	Not Covered
than a 90 day supply filled at a mail		
order pharmacy	\$100 Prescription Drug Deductible	
	Applies	
Non-Preferred Brand-Name prescript		Taxa a
For each fill up to a 30 day supply	\$65 copayment per supply	Not Covered
filled at a retail pharmacy	\$100 Prescription Drug Deductible	
	Applies	
More than a 30 day supply but less	\$162.50 copayment per supply	Not Covered
than a 90 day supply filled at a mail	y102.30 copayment per suppry	Not covered
order pharmacy	\$100 Prescription Drug Deductible	
•	Applies	
Contraceptives (birth control)		
For each fill up to a 12 month supply	100% (of the [negotiated charge)	Not Covered
of generic and OTC drugs and		
devices filled at a retail pharmacy	No policy year deductible applies	
For each fill up to a 12 month supply	Paid according to the type of drug	Not Covered
of brand name prescription drugs	per the schedule of benefits, above	
and devices filled at a retail		
pharmacy Orally administered anti-cancer	100% (of the negotiated charge per	Not Covered
prescription drugs- For each fill up	prescription or refill	Not covered
to a 30 day supply filled at a retail	prescription of remi	
is a so day supply linea at a lettill		
pharmacy	No copayment or policy year	

Eligible health services	In-network coverage	Out-of-network coverage
Preventive care drugs and	100% (of the negotiated charge per	Not Covered
supplements filled at a retail	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and	
	frequency guidelines in the recommendations of the United States Preventive	
	Services Task Force.	
Tabassa sassation prosprintion and	100% (of the pagetisted shares nor	Not Covered
Tobacco cessation prescription and	100% (of the negotiated charge per	Not Covered
over-the-counter drugs (Preventive care)-Tobacco cessation	prescription or refill	
prescription drugs and OTC drugs	No copayment or policy year	
filled at a pharmacy	deductible applies	
illed at a pharmacy		
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and	
	frequency guidelines in the recommendations of the United States Preventive	
	Services Task Force.	

# **Outpatient prescription drugs exclusions**

The following are not covered under the outpatient prescription drugs benefit:

Biological sera unless specified on the preferred drug guide

- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
  - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs, even if a prescription is written except as specifically provided above
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)

- That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies

Duplicative drug therapy (e.g. two antihistamine drugs) Immunizations related to travel or work

# Infertility

Injectable prescription drugs used primarily for the treatment of infertility

#### Injectables

- Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
- Needles and syringes, except for those used for insulin administration.
- Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the [preferred] drug guide.
  - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

#### **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

#### **General Exclusions**

#### Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Armed forces**

 Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

#### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
- Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
- Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
- Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

#### Clinical trial therapies (experimental or investigational)

• Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the certificate

#### Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section.

# **Court-ordered services and supplies**

Court-ordered testing or care unless medically necessary.

#### **Custodial care**

#### Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

#### **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

#### **Educational services**

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the Eligible health services and exclusions – Diabetic services and supplies (including equipment and training) section. This includes:
- Special education
- Remedial education
- Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution). This exclusion does not include therapy by a licensed provider for behavioral health services if provided on an outpatient basis as part of a wilderness treatment program.
- Job training
- Job hardening programs
- Educational services, schooling or any such related or similar program

#### Elective treatment or elective surgery

• Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

#### **Examinations**

- Any health or dental examinations needed:
- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

#### **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### Felony

• Services and supplies that you receive as a result of an injury due to your commission of a felony

## Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

- GCIT services received at a facility or with a provider that is not a GCIT-designated facility/provider.
- All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity* section.

#### **Genetic care**

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

#### Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

# **Hearing aids**

Any tests, appliances and devices to:

- Improve your hearing
- Enhance other forms of communication to make up for hearing loss or devices that simulate speech

#### **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

#### Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

#### Medical supplies - outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

#### Non-medically necessary services and supplies

Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions. This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or approved by your physician, dental provider, or vision care provider. This exception does not apply to *Preventive care and wellness* benefits.

#### Other primary payer

• Payment for a portion of the charge that **Medicare** or another party pays for as the primary payer

# Outpatient prescription or non-prescription drugs and medicines

Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

#### Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

#### Private duty nursing

#### **School health services**

- Services and supplies normally provided without charge by the policyholder's:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

#### by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

#### the policyholder.

# Services provided by a family member

 Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

#### Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
- Implants, devices or preparations to correct or enhance erectile function or sensitivity
- Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

#### Sinus surgery

• Any services or supplies given by **providers** for non-**medically necessary** sinus surgery except for acute purulent sinusitis

# Strength and performance

- Services, devices and supplies that are not medically necessary, such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

# Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

# Wilderness treatment programs

See *Educational services* within this section

The University of San Diego Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <a href="http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx">http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</a>.

# **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

#### **Nondiscrimination Notice**

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit <a href="https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california">https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california</a> for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: <a href="https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html">https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html</a>

## Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

#### Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

#### አጣርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

#### Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

#### Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyede gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

#### 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

# Farsi/فارسی

توجه: اگر به زیان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

#### Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

# ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહાયતા સેવા તમને નિ:શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

# Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

#### Igbo

Nrubama: O buru na j na asu Igbo, oru enyemaka asusu, n'efu, djiri gj. Kpoo 1-877-480-4161 (TTY: 711).

# 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

# Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

#### Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

#### **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

#### Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آب کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-480-480 پر کال کریں.

# Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

#### Yorùbá/Yoruba

Àkíyèsí: Bí o bá nso èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).