

# BENEFITS AT A GLANCE

STUDENT HEALTH INSURANCE PLAN | PLAN YEAR 2023/2024

#### **DESIGNED EXCLUSIVELY FOR THE STUDENTS OF:**

## **MITCHELL COLLEGE**

New London, CT ("the Policyholder")

## **UNDERWRITTEN BY:**

Wellfleet Insurance Company | Fort Wayne, IN

("the Company")

Policy Number: WI2324CTSHIP54 Group Number: ST1028SH Effective: 8/<u>15/2023 - 8/14/2024</u>

### **ADMINISTERED BY:**



CTSHIP54 06.09.23

## Welcome Students...

We are pleased to provide you with this summary of the 2023 – 2024 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. This is only a brief description of the coverage(s) available under Certificate form CT SHIP Cert (2023). The Certificate will contain reductions, limitations, exclusions, and termination provisions. Full details of coverage are contained in the Certificate. If there are any conflicts between this document and the Certificate, the Certificate shall govern in all cases.

"Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at <u>www.wellfleetstudent.com</u>.

This is not an insurance Policy and your receipt of this document does not constitute the insurance or delivery of a policy of insurance. Any provisions of the Policy, as described in this Summary, that may be in conflict with the laws of the state where the school is located will be administered to conform with the requirements of that state's laws, including those relating to mandated benefits.

The information contained in this Summary is accurate at the time of publication but may change in accordance with state and federal insurance regulations during the course of the Policy year. The most current version of this document will be posted online at the website listed on the cover. In the case of a discrepancy between two versions of the Summary, the most recent will apply.

# **Important Contact Information & Resources**



## **Contact Us**

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711

## **Plan Administration**

Enrollment, Eligibility, & Waivers Gallagher Student 500 Victory Road Quincy, MA 02171 (877) 300-3544 www.gallagherstudent.com/Mitchell

#### Benefits, Claim Status, & ID Cards

Wellfleet Group, LLC PO Box 15369 Springfield, Massachusetts 01115-5369 (877) 657-5030, TTY 711 www.wellfleetstudent.com Monday–Thursday, 8:30 a.m. to 7:00 p.m. Eastern Time Friday, 9:00 a.m. to 5:00 p.m. Eastern Time

#### Claims

Cigna OAP PO Box 188061 Chattanooga, Tennessee 37422-8061 Electronic Payor ID: 62308



## **PPO Network**



Cigna Open Access Plus (OAP) www.mycigna.com



## **Pharmacy Benefits Manager**

For information about the Wellfleet Rx/ESI Prescription Drug Program, please visit www.wellfleetstudent.com.

Your plan includes Wellfleet Rx – offering over 40 generics at a \$0 copay. Please ask your health care provider to review our formulary to see if these medications are right for you. Click here <u>http://wellfleetrx.com/students/formularies/</u> for more information.

Member Pharmacy Help (877) 640-7940



## **Student Health Center**

ONSITE CLINIC YARNALL CENTER, 2<sup>ND</sup> FLOOR (860) 701-5195



For further information about your plan please use the QR code below.



## **Table of Contents**

١	Welcome Students	2
I	mportant Contact & Resources	3
	General Information	5
	Am I Eligible?	5
	How Do I Waive/Enroll?	5
	Effective Dates & Costs	6
F	Plan Benefits	6
E	Exclusions and Limitations	18
	Value Added Services	22

# **General Information**

## **Am I Eligible**

All students will be automatically enrolled in and billed for the Student Health Insurance Plan on a waiver participation basis unless proof of comparable coverage is received by the published deadline.

Insured Students who are enrolled in the Student Health Insurance Plan may also enroll their eligible dependents for the same term of coverage as the Insured Student

#### Dependents

Insured Students who are enrolled in the Student Health Plan may also enroll their eligible Dependents.

Dependents are eligible.

## How Do I Waive/Enroll?

#### To Waive Coverage or Enroll Dependents:

- 1. Visit www.gallagherstudent.com/Mitchell
- Under 'Profile', click on LOG IN. First Time Users: You will need to complete the registration form.
- Under 'Plan Summary', click on the green "ENROLL" or yellow "WAIVE" button.
- 4. Follow the instructions to complete the respective form. Click 'Submit' to complete the process.
  - a If enrolling, you will receive a confirmation email.

b. If waiving the insurance, have your current health insurance ID card ready, as you will need this information in order to complete the waiver form. You will receive an email with a reference number; please note and keep this information for your records

The deadline to waive/enroll for Annual coverage is 09/15/2023.

## **Effective Dates & Costs**

All time periods begin at 12:00 A.M. local time and end at 11:59 P.M. local time at the Policyholder's address.			
Coverage Start Date	Coverage End Date	Waiver Deadline Date/ Dependent Enrollment Deadline Date	
08/15/2023	08/14/2024	09/15/2023	
01/04/2024	08/14/2024	02/01/2024	
	Coverage Start Date 08/15/2023	Coverage Start Date     Coverage End Date       08/15/2023     08/14/2024	

Plan Costs for Students and their Dependents			
	Annual Spring/Summer		
Student*	\$2,646	\$1,619	
Spouse*	\$2,646	\$1,619	
Each Child*	\$2,646	\$1,619	
3 or more Children*	\$5,292	\$3,238	

\*The above plan costs include an administrative service fee. The plan costs for Dependents are in addition to the plan costs for student.

## **Plan Benefits**

UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE (IF APPLICABLE) WILL ALWAYS APPLY.

Pre-Certification required for Inpatient Services Care, selected Outpatient Services, and Outpatient Surgery. For a complete list of these services, see the Plan Certificate.

When You receive Emergency Services, or certain non-emergency Treatment by an Out-of-Network Provider at an In-Network Hospital or Ambulatory Surgical Center, You are protected from Surprise Billing. Refer to the Preferred Provider Organization provision in the How The Plan Works And Description Of Benefits section for additional information.

# **Key Plan Benefits**

BENEFIT	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Policy Year Deductible Individual	\$250	\$500
to satisfy the In-Network Deduc	ed Medical Expenses that is applied to the O tible. Cost sharing You incur for Covered Me applied to satisfy the Out-of-Network Provid	
Out-of-Pocket Maximum Individual Family *Combined In-Network and Out-of-Network	\$6,350 \$12,700	
Cost sharing You incur for Covered Medical Expenses that is applied to the Out-of-Network Provider Out-of-Pocket Maximum will be applied to satisfy the In-Network Provider Out-of-Pocket Maximum and cost sharing You incur for Covered Medical Expenses that is applied to the In-Network Provider Out-of-Pocket Maximum will be applied to satisfy the Out-of-Network Provider Out-of-Pocket Maximum. *The combined amount will never exceed the federal maximum.		
Coinsurance	80% of the Negotiated Charge (NC) for Covered Medical Expenses	50% of the Usual and Customary (U&C) Charge for Covered Medical Expenses
Preventive Services	100% of the (NC) Deductible Waived	50% of the (U&C) Charge Deductible, Coinsurance and any Copayment are applicable
Physician Office Visits including specialist and consultant visits *Check below for additional copayments if applicable	\$40 Copayment per visit then the plan pays 100% of the (NC) for Covered Medical Expenses Deductible Waived	50% of (U&C) Charge after Deductible for Covered Medical Expenses
Emergency Services in an emergency department for Emergency Medical Conditions.	\$175 Copayment per visit after Deductible then the plan pays 100% of the (NC) for Covered Medical Expenses Copayment waived if admitted	Paid the same as In-Network Provider subject to (U&C) Charge.
Urgent Care Centers for non- life-threatening conditions	80% of the (NC) after Deductible for Covered Medical Expenses	50% of (U&C) Charge after Deductible for Covered Medical Expenses

## **Schedule of Benefits**

THE COVERED MEDICAL EXPENSE FOR AN ISSUED CERTIFICATE WILL BE:

- 1. THOSE LISTED IN THE COVERED MEDICAL EXPENSES PROVISION;
- 2. ACCORDING TO THE FOLLOWING SCHEDULE OF BENEFITS; AND
- 3. DETERMINED BY WHETHER THE SERVICE OR TREATMENT IS PROVIDED BY AN IN-NETWORK OR OUT-OF-NETWORK PROVIDER.
- 4. UNLESS OTHERWISE SPECIFIED BELOW THE MEDICAL PLAN DEDUCTIBLE WILL ALWAYS APPLY.
- 5. UNLESS SPECIFIED BELOW, ANY APPLICABLE COPAYMENTS ARE APPLIED AFTER DEDUCTIBLE IS MET.
- 6. UNLESS OTHERWISE SPECIFIED BELOW, ANY DAY OR VISIT LIMITS WILL BE APPLIED TO IN-NETWORK AND OUT-OF-NETWORK COMBINED.

BENEFITS FOR COVERED	IN-NETWORK	OUT-OF-NETWORK
INJURY/SICKNESS	INPATIENT SERVICES	
Hospital Care Includes Hospital Room and Board Expenses and Hospital Miscellaneous Expenses.	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Subject to Semi-Private room rate unless intensive care unit is required.		
Room and Board includes intensive care.		
Pre-Certification Required		
Preadmission Testing	Cost sharing based on facility where service	is rendered
Physician's Visits while Confined	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Skilled Nursing Facility Benefit Pre-Certification Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit Pre-Certification Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Inpatient Rehabilitation Facility Expense Benefit Maximum days per Policy Year	90	90
Registered Nurse Services for private duty nursing while Confined	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Physical Therapy while Confined (inpatient)	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses

<b>MENTAL HEALTH DISORDER AND SUBSTANCE USE DISORDER BENEFITS</b> In accordance with the federal Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), the cost sharing requirements, day or visit limits, and any Pre-certification requirements that apply to a Mental Health Disorder and Substance Use Disorder will be no			
more restrictive than those that apply to me	edical and surgical benefits for any other Cove	ered Sickness.	
Inpatient Mental Health Disorder and Substance Use Disorder Benefit	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Pre-Certification Required			
Outpatient Mental Health Disorder and Substance Use Disorder Benefit			
Physician's Office Visits including, but not limited to, Physician visits; individual and group therapy; medication management	\$40 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
	Deductible Waived		
All Other Outpatient Services including, but not limited to, Intensive Outpatient Programs (IOP); partial hospitalization; Electronic Convulsive Therapy (ECT); Repetitive Transcranial Magnetic Stimulation (rTMS); Psychiatric and Neuro Psychiatric testing	80% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses	
Mental Health Wellness Exams limited to	Paid at 100% of the Negotiated Charge	Paid at 100% of Usual and Customary	
2 exams per Policy Year		Charge	
Pre-Certification is not Required	Deductible Waived if applicable	Deductible waived if applicable	
	PROFESSIONAL AND OUTPATIENT SERVICES		
Surgical Expenses			
Inpatient Surgery includes:			
Pre-Certification Required			
Surgeon Services	80% of the Negotiated Charge after	50% of Usual and Customary Charge after	
Anesthetist	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses	
Assistant Surgeon Outpatient Surgery includes: Pre-Certification Required			
For Surgeon Services, Assistant Surgeon, and Anesthetist charges. This also includes outpatient miscellaneous– expenses for services & supplies, such as cost of operating room, therapeutic services, oxygen, oxygen tent, and blood & plasma charges.	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses	

Organ Transplant Surgery travel and lodging expenses limited to: Lodging 10 nights up to the average standard room rate (assumes double occupancy). Meals- 2 meals per person a day up to a 10 day maximum while at the transplant facility. Pre-Certification Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Bone Marrow Testing Benefit	Based on site of service not to exceed 20% of Actual Charge for Covered Medical Expenses Deductible Waived	Based on site of service not to exceed 20% of Actual Charge for Covered Medical Expenses Deductible Waived
Reconstructive Surgery Pre-Certification Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Other Professional Services		
Gender Affirming Treatment Benefit Pre-Certification Required	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Home Health Care Expenses Pre-Certification Required This benefit is not subject to the plan Deductible.	80% of the Negotiated Charge for Covered Medical Expenses	80% of Usual and Customary Charge for Covered Medical Expenses
Hospice Care Coverage	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Maximum Hospice Care days per Policy Year	60	60
Maximum Social Services visits per lifetime	6 visits	6 visits
Maximum Bereavement visits per lifetime	2 visits	2 visits
Office Visits		
Physician's Office Visits including Specialists/Consultants	\$40 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses

Telemedicine or Telehealth Services	\$40 Copayment per visit then the plan	50% of Usual and Customary Charge after
	pays 100% of the Negotiated Charge for	Deductible for Covered Medical Expenses
	Covered Medical Expenses	
	Deductible Waived	
Allergy Testing and Treatment, including	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
injections performed at a Physician's or specialists office	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Chiropractic Care Benefit	\$40 Copayment per visit after Deductible	50% of Usual and Customary Charge after
	then the plan pays 100% of the	Deductible for Covered Medical Expenses
	Negotiated Charge for Covered Medical	
	Expenses	
Chiropractic Care Benefit Maximum visits	30	30
per Policy Year		
Tuberculosis screening (TB), Titers,	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
QuantiFERON B tests including shots	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
(other than covered under Preventive		
Services)		
EMERGENCY	SERVICES, AMBULANCE AND NON-EMERGE	NCY SERVICES
Emergency Services in an emergency	\$175 Copayment per visit after Deductible	Paid the same as In-Network Provider
department for Emergency Medical	then the plan pays 100% of the	subject to Usual and Customary Charge.
Conditions.	Negotiated Charge for Covered Medical	
	Expenses	
	Copayment waived if admitted	
Urgent Care Centers for non-life-	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
threatening conditions	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Emergency Ambulance Service ground	80% of the Negotiated Charge after	Paid the same as In-Network Provider
and/or air, water transportation	Deductible for Covered Medical Expenses	subject to Usual and Customary Charge.
Non-Emergency Ambulance Expenses	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
ground and/or air (fixed wing) transportation	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required for non-		
emergency air Ambulance (fixed wing)		
	STIC LABORATORY, TESTING AND IMAGING	
Diagnostic Imaging Services Pre-Certification Required	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
CT Scan, MRI and/or PET Scans	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
CT Scan, MRI and/or PET Scans Pre-Certification Required	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
CT Scan, MRI and/or PET Scans	Deductible for Covered Medical Expenses 80% of the Negotiated Charge for Covered	Deductible for Covered Medical Expenses 50% of Usual and Customary Charge after
CT Scan, MRI and/or PET Scans Pre-Certification Required	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses

Chemotherapy and Radiation Therapy	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required		
Infusion Therapy	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
interapy	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required		
•	EHABILITATION AND HABILITATION THERAPI	ES
Cardiac Rehabilitation	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pulmonary Rehabilitation	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Rehabilitation Therapy including, Physical	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
Therapy, and Occupational Therapy and	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Speech Therapy		
Rehabilitation Therapy Maximum Visits	40	40
for each therapy per Policy Year for		
Physical Therapy, Occupational Therapy		
and Speech Therapy		
Combined with Habilitation Services		
Therapy		
The Maximum Visits do not apply to		
Rehabilitation Therapy for a Mental		
Health Disorder or Substance Use		
Disorder.		
Habilitation Services including, Physical	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
Therapy, and Occupational Therapy and	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Speech Therapy		
Habilitation Services	40	40
Maximum Visits for each therapy per		
Policy Year for Physical Therapy,		
Occupational Therapy and Speech		
Therapy		
Combined with Rehabilitation Therapy		
The Maximum Visits do not apply to		
Habilitation Services for a Mental Health		
Disorder or Substance Use Disorder.		
	OTHER SERVICES AND SUPPLIES	
Covered Clinical Trials	Same as any other Covered Sickness	E0% of Lloyal and Customers Charge of the
Diabetic Services and Supplies (including	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
equipment and training)	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Refer to the Prescription Drug provision		
for diabetic supplies covered under the		
Prescription Drug benefit.		

Dialysis Treatment	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Durable Medical Equipment	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Pre-Certification Required		
Enteral Formulas and Nutritional Supplements	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
(Treatment of Inherited Metabolic		
Diseases including cystic fibrosis and		
Medically Necessary Specialized Formulas)		
See the Prescription Drug section of this		
Schedule when purchased at a pharmacy.		
Hearing Aids Limited to 1 pair of hearing aids per 24 month period	Paid the same as Durable Medical Equipment	nt
Infertility Treatment	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required		
Maternity Benefit	Same as any other Covered Sickness	
Prosthetic and Orthotic Devices	80% of the Negotiated Charge after	50% of Usual and Customary Charge after
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses
Pre-Certification Required		
Lyme Disease	Same as any other Covered Sickness subject	t to the limits described in the benefit
Mobile Field Hospital	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Student Health Center/Infirmary Expense Benefit	\$10 Copayment per visit then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	
Sports Accident Expense Benefit - incurred as the result of the play or practice of club sports	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses
Non-emergency Care While Traveling Outside of the United States	50% of Actual Charge after Deductible for Covered Medical Expenses Subject to \$10,000 maximum per Policy Year	
Medical Evacuation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived	
Repatriation Expense	100% of Actual Charge for Covered Medical Expenses Deductible Waived	

PEDIATRIC AND ADULT DENTAL AND VISION CARE			
Pediatric Dental Care Benefit (thru age 26 subject to the termination date provision)	See the Pediatric Dental Care Benefit description in the Certificate for further information.		
Preventive Dental Care Limited to 2 dental exams every 12 months	100% of Usual and Customary Charge for Covered Medical Expenses		
The benefit payable amount for the following services is different from the benefit payable amount for Preventive Dental Care:			
Emergency Dental	50% of Usual and Customary Charge for Covered Medical Expenses		
Routine Dental Care	50% of Usual and Customary Charge for Covered Medical Expenses		
Endodontic Services	50% of Usual and Customary Charge for Covered Medical Expenses		
Prosthodontic Services	50% of Usual and Customary Charge for Covered Medical Expenses		
Periodontic Services	50% of Usual and Customary Charge for Covered Medical Expenses		
Medically Necessary Orthodontic Care	50% of Usual and Customary Charge for Covered Medical Expenses		
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.			
Pediatric Vision Care Benefit (thru age 26 subject to the termination date provision)	100% of Usual and Customary Charge after Deductible for Covered Medical Expenses		
Limited to 1 vision examination per Policy Year and 1 pair of prescribed lenses and frames or contact lenses (in lieu of eyeglasses) per Policy Year			
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.			
Adult Vision Care (age 26 and older) Routine Eye Examination once every 12 months	80% of Usual and Customary Charge after Deductible for Covered Medical Expenses		
Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions			

Adult Vision Care	80% of the Negotiated Charge after	50% of Usual and Customary Charge after	
Annual retina exam for an existing	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses	
condition of the eye, such as glaucoma or			
diabetic retinopathy.			
Subject to the limits described in the			
benefit.			
	MISCELLANEOUS DENTAL SERVICES		
Accidental Injury Dental Treatment	80% of the Negotiated Charge after	50% of Usual and Customary Charge after	
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses	
Sickness Dental Expense Benefit	100% of the Negotiated Charge after	100% of Usual and Customary Charge	
	Deductible for Covered Medical Expenses	after Deductible for Covered Medical	
		Expenses	
Treatment for Temporomandibular Joint	80% of the Negotiated Charge after	50% of Usual and Customary Charge after	
(TMJ) Disorders	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses	
Hospital Dental Services Benefit	80% of the Negotiated Charge after	50% of Usual and Customary Charge after	
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses	
	PRESCRIPTION DRUGS		
Prescription Drugs Retail Pharmacy			

No cost sharing applies to ACA Preventive Care medications filled at a participating network pharmacy.

Your benefit is limited to a 30 day supply. Coverage for more than a 30 day supply only applies if the smallest package size exceeds a 30 day supply. See "Retail Pharmacy Supply Limits" section for more information.

TIER 1	\$5 Copayment then the plan pays 100% of	50% of Actual Charge for Covered Medical
(Including Enteral Formulas)	the Negotiated Charge for Covered	Expenses
For each fill up to a 30 day supply filled at	Medical Expenses	
a Retail pharmacy		Deductible Waived
	Deductible Waived	
Out-of-Network Provider benefits are		
provided on a reimbursement basis.		
Claim forms must be submitted to Us as		
soon as reasonably possible. Refer to		
Proof of Loss provision contained in the		
General Provisions.		
See the Enteral Formula and Nutritional		
Supplements section of this Schedule for		
supplements not purchased at a		
pharmacy.		
pharmacy.		
More than a 30 day supply but less than a	\$10 Copayment then the plan pays 100%	50% of Actual Charge for Covered Medical
61 day supply filled at a Retail pharmacy	of the Negotiated Charge for Covered	Expenses
	Medical Expenses	Expenses
		Deductible Waived
	Deductible Waived	

More than a 60 day supply filled at a Retail pharmacy	\$15 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
<ul> <li>TIER 2 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail pharmacy</li> <li>Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.</li> <li>See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.</li> </ul>	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy	\$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
More than a 60 day supply filled at a Retail pharmacy	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
TIER 3 (Including Enteral Formulas) For each fill up to a 30 day supply filled at a Retail Pharmacy Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions. See the Enteral Formula and Nutritional Supplements section of this Schedule for supplements not purchased at a pharmacy.	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived

More than a 30 day supply but less than a 61 day supply filled at a Retail pharmacy More than a 60 day supply filled at a	<ul> <li>\$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses</li> <li>Deductible Waived</li> <li>\$120 Copayment then the plan pays 100%</li> </ul>	50% of Actual Charge for Covered Medical Expenses Deductible Waived 50% of Actual Charge for Covered Medical
Retail pharmacy	of the Negotiated Charge for Covered Medical Expenses Deductible Waived	Expenses Deductible Waived
Specialty Prescription Drugs		
For each fill up to a 30 day supply Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as	\$40 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	Deductible waived	
More than a 30 day supply but less than a 61 day supply	\$80 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
More than a 60 day supply	\$120 Copayment then the plan pays 100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived	50% of Actual Charge for Covered Medical Expenses Deductible Waived
Zero Cost Drugs	1	1
Out-of-Network Provider benefits are provided on a reimbursement basis. Claim forms must be submitted to Us as	100% of the Negotiated Charge for Covered Medical Expenses	100% of Actual Charge for Covered Medical Expenses
soon as reasonably possible. Refer to Proof of Loss provision contained in the General Provisions.	Deductible Waived	Deductible Waived
Orally administered anti-cancer Prescription		
Benefit	Greater of: • Chemotherapy Benefit; or • Infusion Therapy Benefit	

Diabetic Supplies (for prescription supplies	purchased at a pharmacy)			
Benefit	Paid the same as any other Retail Pharmacy Prescription Drug Fill except that the Insured Person's out-of-pocket costs shall not exceed the amounts below and the			
	deductible is waived:			
	<ul> <li>Covered insulin drugs will not exceed \$25 per each 30-day supply;</li> </ul>			
	_	exceed \$25 per each 30-day supply; and		
	exceed \$100 per 30-day supply reg	tic ketoacidosis devices will not cumulatively gardless of the number of devices dispensed levices can be prescribed and dispensed in a		
	The out-of-pocket caps described above on	ly apply when:		
	<ul> <li>Prescribed to the Insured by a prescribing practitioner; or</li> </ul>			
	• Prescribed and dispensed by a pha	rmacist once during a policy year		
	MANDATED BENEFITS			
Colorectal Cancer Screening	Same as any other Preventive Service			
Craniofacial Disorders Benefit	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses		
Early Intervention Services Benefit	100% of the Negotiated Charge for Covered Medical Expenses Deductible Waived if applicable	100% of Usual and Customary Charge for Covered Medical Expenses Deductible Waived if applicable		
Epidermolysis Bullosa Treatment Benefit	80% of the Negotiated Charge after	50% of Usual and Customary Charge after		
	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses		
Mammography, Breast and Ovarian Cancer Screening	Paid at 100% of the Negotiated Charge Deductible Waived if applicable	Paid at 100% of Usual and Customary Charge Deductible Waived if applicable		
Neuropsychological Testing Benefit for	80% of the Negotiated Charge after	50% of Usual and Customary Charge after		
dependent children diagnosed with cancer.	Deductible for Covered Medical Expenses	Deductible for Covered Medical Expenses		
Pre-Certification is not required				
Pain Management Benefit	80% of the Negotiated Charge after Deductible for Covered Medical Expenses	50% of Usual and Customary Charge after Deductible for Covered Medical Expenses		
Prostate Cancer Screening and Treatment	Same as any other Covered Sickness, unless	s considered a Preventive Service		
	Accidental Death and Dismemberment			
Principal Sum		\$10,000		

Loss must occur within 365 days of the date of a covered Accident.

Only one benefit will be payable under this provision, that providing the largest benefit, when more than one (1) Loss occurs as the result of any one (1) Accident. This benefit is payable in addition to any other benefits payable under this Certificate.

## **EXCLUSIONS AND LIMITATIONS**

**Exclusion Disclaimer**: Any exclusion in conflict with the Patient Protection and Affordable Care Act or any state-imposed requirements will be administered to comply with the requirements of the federal or state guideline, whichever is more favorable to You.

The Certificate does not cover Loss nor provide benefits for any of the following, except as otherwise provided by the benefits of the Certificate and as shown in the Schedule of Benefits.

## **General Exclusions**

- International Students Only Eligible expenses within Your Home Country or country of origin that would be payable or medical Treatment that is available under any governmental or national health plan for which You could be eligible.
- Treatment, service or supply which is not Medically Necessary for the diagnosis, care or Treatment of the Sickness or Injury involved. This applies even if they are prescribed, recommended or approved by the Student Health Center or by Your attending Physician or dentist.
- Medical services rendered by a provider employed for or contracted with the Policyholder, including team Physicians or trainers, except as specifically provided in the Schedule of Benefits or as part of the Student Health Center benefits provided by this plan.
- Professional services rendered by an Immediate Family Member or anyone who lives with You.
- Charges of an institution, health service or infirmary for whose services payment is not required in the absence of insurance or services covered by Student Health Fees.
- Any expenses in excess of Usual and Customary Charges except as provided in the Certificate.
- Treatment, services, supplies or facilities in a Hospital owned or operated by national government or any of its agencies, except when a charge is made which You are required to pay or by a Veteran's Administration.
- Services that are duplicated when provided by both a certified Nurse midwife and a Physician.
- Expenses payable under any prior policy which was in force for the person making the claim.
- Loss resulting from war or any act of war, whether declared or not, or Loss sustained while in the armed forces of any country or international authority.
- Injury sustained as the result of Your operation of a motor vehicle while not properly licensed to do so in the jurisdiction in which the motor vehicle Accident takes place.
- Expenses covered under any Workers' Compensation, occupational benefits plan, mandatory automobile no-fault plan, public assistance program or government plan, except Medicaid, subject to applicable law.
- Expenses incurred after:
  - The date insurance terminates as to an Insured Person, except as specified in the extension of benefits provision; and
  - The end of the Policy Year specified in the Policy.
- Elective Surgery or Elective Treatment unless such coverage is otherwise specifically covered under the Certificate.
- Participation in a riot, civil disorder or a felony, except when Injury occurs when the Insured Person has an elevated blood alcohol content or when under the influence of intoxicating liquor or any drug or both. Participation means to voluntarily take a part or share with others assembled together in some activity. Riot means a violent public disturbance of the peace by a number of persons assembled together.
- Custodial Care service and supplies, except when provided in connection with Extended Day Treatment Programs.
- Charges for hot or cold packs for personal use.
- Services of private duty Nurse except as provided in the Certificate.
- Expenses that are not recommended and approved by a Physician.
- Experimental or Investigative drugs, devices, Treatments or procedures unless otherwise covered under Covered Clinical Trials. See the Other Benefits section for more information.

- Routine harvesting and storage of stem cells from newborn cord blood, the purchase price of any organ or tissue, donor services if the recipient is not an Insured Person under this plan, or services for or related to the transplantation of animal or artificial organs or tissues.
- Loss incurred as the result of riding as a passenger or otherwise (including skydiving) in a vehicle or device for aerial
  navigation, except as a fare paying passenger in an aircraft operated by a scheduled airline maintaining regular
  published schedules on a regularly established route anywhere in the world.
- Non-chemical addictions.
- Non-physical, occupational, speech therapies (art, dance, etc.).
- Modifications made to dwellings.
- General fitness, exercise programs.
- Hypnosis.
- Rolfing.
- Biofeedback.
- Charges incurred for acupuncture, in any form, except to the extent provided in the Schedule of Benefits.
- Sleep Disorders, except for a sleep study performed in the Insured Person's home, the diagnosis, and Treatment of obstructive sleep apnea.
- Routine foot care, including the paring or removing of corns and calluses, or trimming of nails, unless these services are determined to be Medically Necessary because of Injury, infection or disease.

#### **Activities Related**

- Braces and appliances used as protective devices during a student's participation in sports. Replacement braces and appliances are not covered.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any professional sport.
- Loss resulting from playing, practicing, traveling to or from, or participating in, or conditioning for, any Intercollegiate sports for which benefits are paid under another Sports Accident policy issued to the Policyholder; or for which coverage is provided by the National Collegiate Athletic Association (NCAA), National Association of Intercollegiate Athletic (NAIA) or any other sports association.
- Racing or speed contests, skin diving or sky diving, mountaineering (where ropes or guides are customarily used), ultra-light aircraft, parasailing, sail planing, hang gliding, bungee jumping, travel in or on ATV's (all terrain or similar type vehicles).

#### Weight Management/Reduction

- Weight management. Weight reduction. Nutrition programs. This does not apply to nutritional counseling, or any
  screening or assessment specifically provided under the Preventive Services benefit, or otherwise specifically covered
  under the Certificate.
- Treatment for obesity. Surgery for removal of excess skin or fat.

#### **Family Planning**

- Infertility Treatment (male or female)-this includes but is not limited to (except as otherwise specifically covered under this Certificate):
  - Procreative counseling;
  - Premarital examinations;
  - o Genetic counseling and genetic testing;
  - o Impotence, organic or otherwise;
  - o Injectable infertility medication, including but not limited to menotropins, hCG and GnRH agonists;
  - Costs for an ovum donor or donor sperm;
  - Sperm storage costs;
  - Cryopreservation and storage of embryos;
  - Hysteroscopy;
  - Laparoscopy;
  - Laparotomy;

- Ovulation predictor kits;
- Reversal of tubal ligations;
- Reversal of vasectomies;
- Costs for and relating to surrogate motherhood (maternity services are covered for Insured Persons acting as surrogate mothers);
- o Cloning; or
- Medical and surgical procedures that are Experimental or Investigative, unless Our denial is overturned by an External Appeal Agent.
- Elective abortions.

#### Vision

- Expenses for radial keratotomy.
- Adult Vision unless specifically provided in the Certificate.
- Charges for office visit exam for the fitting of prescription contact lenses, duplicate spare eyeglasses, lenses or frames, non-prescription lenses or contact lenses that are for cosmetic purposes.

#### Dental

• Treatment to the teeth, including orthodontic braces and orthodontic appliances, unless otherwise covered under the Pediatric Dental Care Benefit.

#### Hearing

 Charges for hearing exams, hearing screening, and the fitting or repair or replacement of hearing aids or cochlear implants except as specifically provided in the Certificate.

#### Cosmetic

- Treatment of Acne unless Medically Necessary.
- Charges for hair growth or removal unless otherwise specifically covered under the Certificate.
- Surgery or related services for cosmetic purposes to improve appearance, except to restore bodily function or correct deformity resulting from disease, or trauma.

#### **Prescription Drugs**

- Any drug or medicine which does not, by federal or state law, require a prescription order, i.e., over-the-counter drugs, even if a prescription is written, except as specifically provided under Preventive Services or in the Prescription Drug Benefit section of this Certificate. Insulin and OTC preventive medications required under ACA are exempt from this exclusion;
- Drugs with over-the-counter equivalents except as specifically provided under Preventive Services;
- Allergy sera and extracts administered via injection;
- Vitamins, and minerals, except as specifically provided under Preventive Services;
- Food supplements, dietary supplements; except as specifically provided in the Certificate;
- Cosmetic drugs or medicines including, but not limited to, products that improve the appearance of wrinkles or other skin blemishes;
- Refills in excess of the number specified or dispensed after 1 year of date of the prescription;
- Drugs labeled, "Caution limited by federal law to Investigational use" or Experimental Drugs;
- Any drug or medicine purchased after coverage under the Certificate terminates;
- Any drug or medicine consumed or administered at the place where it is dispensed;
- If the FDA determines that the drug is: contraindicated for the Treatment of the condition for which the drug was prescribed; or Experimental for any reason;
- Prescription digital therapeutics;
- Bulk chemicals;
- Non-insulin syringes, surgical supplies, Durable Medical Equipment/medical devices, except as specifically provided in the Prescription Drug Benefit section of the Certificate;
- Repackaged products;

- Blood components except factors;
- Any drug or medicine for the purpose of weight control;
- Sexual enhancements drugs;
- Vision correction products.

# **VALUE ADDED SERVICES**

The following are not affiliated with Wellfleet Insurance Company and the services are not part of the Plan Underwritten by Wellfleet Insurance Company. These value-added options are provided by Wellfleet Student.

# **VISION DISCOUNT PROGRAM**

For Vision Discount Benefits please go to: www.wellfleetstudent.com

# **EMERGENCY MEDICAL AND TRAVEL ASSISTANCE**

Wellfleet Student provides access to a comprehensive program that will arrange emergency medical and travel assistance services, repatriation services and other travel assistance services when you are traveling. For general inquiries regarding the travel access assistance services coverage, please call Wellfleet Student at (877) 657-5030, TTY 711.

If you are traveling and need assistance in North America, call the Assistance Center toll-free at: (877) 305-1966 or if you are in a foreign country, call collect at: (715) 295-9311.

When you call, please provide your name, school name, the group number shown on your ID card, and a description of your situation. If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

## **How to Access Services**

If you require medical assistance or you need assistance with a non-medical situation, such as lost luggage, lost documents or other travel issues, follow these steps:

- Inside the U.S. and Canada: Dial toll-free (877) 305-1966
- Outside the U.S. and Canada:
  - a) Request an international operator.
  - b) Request the operator to place a collect call to the U.S. at +1 (715) 295-9311.

Please provide the following information when you call:

- Policy number or school name
- Nature of your call and/or emergency
- Current location
- Contact phone number and email address
- Secondary point of contact
- Date of birth

# **24 Hour Nurseline**

Students who enroll and maintain medical coverage in this insurance plan have access to the 24 Hour Nurseline. This 24-Hour Nurseline program provides:

- Phone-based, reliable health information in response to health concerns and questions; and
- Assistance in decisions on the appropriate level of care for an injury or sickness.

Appropriate care may include:

- self-care at home
- a call to a physician
- or a visit to the emergency room.

Calls are answered 24 hours a day, 365 days a year by experienced registered nurses who have been specifically trained to handle telephone health inquiries.

This program is not a substitute for doctor visits or emergency response systems. The Nurseline does not answer health plan benefit questions. Health benefit questions should be referred to the Plan Administrator. The 24 Hour Nurseline toll free number will be on the ID card.

(800) 634-7629



## 24/7 Behavioral Telehealth and Nurseline Access

CareConnect is an integrated behavioral health program offering students easy access to licensed behavioral health clinicians 24/7/365 via telephone (888) 857-5462.

Connect to a registered nurse within seconds, helping students manage their health on their terms through easy access.