Aetna Student Health
Plan Design and Benefits
Summary
Preferred Provider
Organization (PPO)



# **Whittier College**

Policy Year: 2023–2024 Policy Number: 175452

https://www.aetnastudenthealth.com

(877) 480-4161





This is a brief description of the Student Health Plan. The plan is available for Whittier College students and their eligible dependents. The plan is insured by Aetna Health and Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com">https://www.aetnastudenthealth.com</a>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

#### Who is eligible?

All full-time undergraduates enrolled in 9 or more units are automatically enrolled in and billed for the Student Health Insurance Plan, unless proof of comparable coverage is furnished.

All international students are automatically enrolled in this insurance plan on a mandatory basis.

You must actively attend classes for at least the first 31 days after your policy begins. Home-study, correspondence, and online courses do not fulfill this requirement.

#### **Dependent Coverage Eligibility**

Covered students may also enroll their lawful spouse, domestic partner (same-sex, opposite sex), and dependent children up to the age of 26.

To enroll the dependent(s) of a covered student, please do the following:

- 1. Visit https://www.gallagherstudent.com/whittier
- 2. Login using your credentials (Gallagher would have sent you a temporary password in mid-June)
- 3. Once logged in, select the 2023-2024 Whittier College Student Health Insurance Plan in the Coverage Options box
- 4. Select the Enroll button in the Plan Summary box.

The Enrollment form will let you actively enroll your dependents and yourself at the same time. Dependent enrollment applications will not be accepted after the enrollment deadline, unless there is a significant life change that directly affects their insurance coverage. An example of a significant life change would be loss of health coverage under another health plan. If you have any difficulty enrolling our dependents, please contact Gallagher Customer Service at (844) 745-6593.

#### **Coverage Dates and Rates**

Coverage for all insured students [and eligible dependents] will become effective at 12:01 AM on the Coverage Start Date indicated below, and will terminate at 11:59 PM on the Coverage End Date indicated. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Certificate of Coverage.

Coverage Period	Coverage Start Date	Coverage End Date	Deadline
Annual	08/01/2023	07/31/2024	09/01/2023
Spring/Summer	01/01/2024	07/31/2024	02/01/2024

#### **Rates**

Rates include premium payable to Aetna Life Insurance Company, as well as administrative fees payable to Gallagher Student Health and Whittier College.

Coverage Period	Student	Spouse	One Child	Two or More Children	Spouse + Two or More Children
Annual	\$1,448.00	\$1,448.00	\$1,448.00	\$2,896.00	\$4,344.00
Spring/Summer	\$843.00	\$843.00	\$843.00	1,686.00	\$2,529.00

#### **Enrollment**

#### Student Enrollment

- 1. Go to www.gallagherstudent.com/whittier
- 2. Login under 'Profile'
- 3. Click on the 'Enroll' button under 'Plan Summary'
- 4. Complete and submit the form by following the instructions
- 5. Enrollment confirmation email will be sent

#### **Dependent Enrollment**

- 1. Go to www.gallagherstudent.com/whittier
- 2. Follow the login Instructions.
- 3. Click "Enroll".
- 4. Follow the instructions to complete the form. Enroll your Dependent Spouse/Partner and/or Dependent Children. You may enroll your dependents and yourself in one transaction.

#### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### **Precertification**

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. If you do not precertify when required, up to a \$500 penalty for each type of eligible health service that was not precertified. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

#### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

#### **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

#### **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to https://www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
You have to meet your policy year d	eductible before this plan pays for benefits	5.
Student	\$250 per policy year	\$600 per policy year
Spouse	\$250 per policy year	\$600 per policy year
Each Child	\$250 per policy year	\$600 per policy year
Family	None	None
Policy year deductible waiver		

#### Policy year deductible waiver

The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness, Physician, specialist including Consultants Office visits, Pediatric Dental services, Walk-in clinic visits, Mental Health and Substance Abuse Outpatient Office Visits, Pediatric Vision Care, Adult routine vision exams, and Outpatient Prescription Drugs
- In-network care and out-of-network care for Hospital Emergency Room and Well newborn nursery care

#### Individual

This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.

Maximum out-of-pocket limits			
	In-network coverage	Out-of-network coverage	
Student	\$6,850 per policy year	\$15,000 per policy year	
Spouse	\$6,850 per policy year	\$15,000 per policy year	
Each Child	\$6,850 per policy year	\$15,000 per policy year	
Family	\$13,700 per policy year	None	

Eligible health services	In-network coverage	Out-of-network coverage	
Routine physical exams			
Performed at a physician's office	100% (of the negotiated charge) per visit	Not Covered	
	No copayment or policy year deductible applies		
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provious supported by the American Academy of Resources and Services Administration §	Pediatrics/Bright Futures//Health	
Covered persons age 22 and over: Maximum visits per policy year	1 v	isit	
Preventive care immunizations			
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	Not Covered	
	No copayment or policy year deductible applies		
Maximums	Subject to any age limits provided for in supported by Advisory Committee on In for Disease Control and Prevention		
Routine gynecological exams (include	ling Pap smears and cytology tests)		
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit	Not Covered	
	No copayment or policy year deductible applies		
Maximum visits per policy year	1 visit		
Preventive screening and counseling	g services		
Preventive screening and counseling services for Obesity and/or healthy diet counseling,	100% (of the negotiated charge) per visit	Not Covered	
Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	No copayment or policy year deductible applies		
Stress management counseling office visits	100% (of the negotiated charge) per visit	Not Covered	
	No copayment or policy year deductible applies		
Chronic condition counseling office visits	100% (of the negotiated charge) per visit	Not Covered	
	No copayment or policy year deductible applies		

Eligible health services	In-network coverage	Out-of-network coverage	
Routine cancer screenings	100% (of the negotiated charge) per	Not Covered	
	visit		
	No consumption will		
	No copayment or policy year		
Maximum:	deductible applies  Subject to any age; family history; and	fraguancy guidalinas as sat farth in the	
iviaxiiiuiii.	most current:	frequency guidennes as set forth in the	
	• Evidence-based items that have in e	effect a rating of A or B in the current	
	recommendations of the United States Preventive Services Task Force; and		
	The comprehensive guidelines supported by the Health Resources and		
	Services Administration.		
Lung cancer screening maximums	1 screening ev	very 12 months*	
Prenatal and postpartum care	100% (of the negotiated charge) per	Not Covered	
services -Preventive care services	visit		
only (includes participation in the			
California Prenatal Screening	No copayment or policy year		
Program)	deductible applies		
Lactation support and counseling	100% (of the negotiated charge) per	Not Covered	
services	visit		
	No consument or policy year		
	No copayment or policy year deductible applies		
Breast pump supplies and	100% (of the negotiated charge) per	Not Covered	
accessories	item	Not covered	
	No copayment or policy year		
	deductible applies		
Family planning services – female c			
Female contraceptive counseling	100% (of the negotiated charge) per	Not Covered	
services office visit	visit		
office visit	No copayment or policy year		
	deductible applies		
Female contraceptive prescription	100% (of the negotiated charge) per	Not Covered	
drugs and devices provided,	item		
administered, or removed, by a			
provider during an office visit	No copayment or policy year		
	deductible applies		
For each 30 day supply or 12			
month supply			
Female Voluntary sterilization-	100% (of the negotiated charge)	60% (of the recognized charge)	
Inpatient & Outpatient provider			
services	No copayment or policy year		
	deductible applies		
The following are not covered unde			
<ul> <li>Any contraceptive meth</li> </ul>	ods that are only "reviewed" by the FDA	and not "approved" by the FDA	

Eligible health services	In-network coverage	Out-of-network coverage
Physicians and other health professi	onals	
Physician, specialist including	\$25 copayment then the plan pays	60% (of the recognized charge) per
Consultants Office visits (non-	100% (of the balance of the	visit
surgical/non-preventive care by a	negotiated charge) per visit	
physician and specialist) (includes		
telemedicine consultations)	No policy year deductible applies	
Allergy testing and treatment		
Allergy testing performed at a	80% (of the negotiated charge)	60% (of the recognized charge)
physician or specialist office		
Allergy injections treatment	80% (of the negotiated charge)	60% (of the recognized charge)
performed at a physician's, or		
specialist office [when you see the		
physician]		
Allergy sera and extracts	80% (of the negotiated charge)	60% (of the recognized charge)
administered via injection at a		
physician's or specialist's office		
Physician and specialist surgical serv	rices	
Inpatient surgery performed during	80% (of the negotiated charge)	60% (of the recognized charge)
your stay in a hospital or birthing		
center by a surgeon		
(includes anesthetist and surgical		
assistant expenses)		
The following are not covered under	this benefit:	
<ul> <li>The services of any other phy</li> </ul>	sician who helps the operating physicia	nn
<ul> <li>A stay in a hospital (Hospital</li> </ul>	stays are covered in the Eligible health s	services and exclusions – Hospital and
other facility care section)		
<ul> <li>Services of another physician</li> </ul>	for the administration of a local anesth	netic
Outpatient surgery performed at a	80% (of the negotiated charge) per	60% (of the recognized charge) per
ohysician's or specialist's office or	visit	visit
outpatient department of a		
nospital or surgery center by a		
surgeon (includes anesthetist and		
surgical assistant expenses)		

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Alternatives to physician office visits				
Walk-in clinic visits (non-emergency visit)	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit No policy year deductible applies	60% (of the recognized charge) per visit		

Eligible health services	In-network coverage	Out-of-network coverage		
Hospital and other facility care				
Inpatient hospital (room and board) and other miscellaneous services and supplies) Includes birthing center facility charges	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission		
Preadmission testing	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received		
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit		
Alternatives to hospital stays				
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit		

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

#### The following are not covered under this benefit:

- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present
- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Hospice-Inpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
	admission	admission
Hospice-Outpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

#### The following are not covered under this benefit:

- Funeral arrangements
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

Skilled nursing facility-	80% (of the negotiated charge) per	60% (of the recognized charge) per
Inpatient	admission	admission

Eligible health services	In-network coverage	Out-of-network coverage
Hospital emergency room	\$150 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
	No policy year deductible applies	
Non-emergency care in a hospital emergency room	Not covered	Not covered

#### Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room.
   If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be
  applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that
  applies to other covered benefits under the plan cannot be applied to the hospital emergency room
  copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

#### The following are not covered under this benefit:

 Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Urgent care	\$25 copayment then the plan pays 80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Non-urgent use of an urgent care provider	Not covered	Not covered

#### The following is not covered under this benefit:

Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)

Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.		
Type A services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Type C services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Orthodontic services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

#### Pediatric dental care exclusions

The following are not covered under this benefit:

- Asynchronous dental treatment
- Cosmetic services and supplies including:
  - Plastic surgery, reconstructive surgery, cosmetic surgery, personalization or characterization of dentures or other services and supplies which improve, alter or enhance appearance
  - Augmentation and vestibuloplasty, and other substances to protect, clean, whiten, bleach or alter the appearance of teeth, whether or not for psychological or emotional reasons
  - Facings on molar crowns and pontics will always be considered cosmetic
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be medically necessary), mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the Eligible health services and exclusions Specific conditions section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy

- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary
- Treatment by other than a dental provider

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-	benefit and the place where the	benefit and the place where the
routine foot care treatment	service is received.	service is received.

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies
  - Routine pedicure services, such as cutting of nails, corns and calluses when there is no illness or injury of the feet

Impacted wisdom teeth	80% (of the negotiated charge)	80% (of the recognized charge)
Accidental injury to sound natural	80% (of the negotiated charge)	80% (of the recognized charge)
teeth		

#### The following are not covered under this benefit:

- The care, filling, removal or replacement of teeth and treatment of diseases of the teeth
- Dental services related to the gums
- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- Dental implants

Temporomandibular joint dysfunction (TMJ) and craniomandibular joint dysfunction (CMJ) treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
The following are not covered under this benefit:		
Dental implants		
Blood and body fluid	Covered according to the type of	Covered according to the type of
exposure	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

#### The following are not covered under this benefit:

Services and supplies provided for the treatment of an illness that results from your clinical related injury as these are covered elsewhere in the student policy

Eligible health services	In-network coverage	Out-of-network coverage
Clinical trial (routine patient	Covered according to the type of	Covered according to the type of
costs)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

- Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs)
- Services and supplies provided by the trial sponsor without charge to you
- The experimental intervention itself (except medically necessary Category B investigational devices and

•	investigational interventions for termir	<i>o</i> ,
Dermatological treatment	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
The following are not covered unde	r this benefit:	
<ul> <li>Cosmetic treatment and pro</li> </ul>	cedures	
Obesity bariatric Surgery and services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Obesity surgery-travel and lodging		
Maximum benefit payable for travel expenses for each round trip – three round trips covered (one pre-surgical visit, the surgery and one follow-up visit)	\$130	\$130
Maximum benefit payable for travel expenses per companion for each round trip – two round trips covered (the surgery and one follow-up visit)	\$130	\$130
Maximum benefit payable for lodging expenses per patient and companion for the pre-surgical and follow-up visits	\$100 per day up to two days	\$100 per day up to two days
Maximum benefit payable for lodging expenses per companion for surgery stay	\$100 per day up to four days	\$100 per day up to four days

#### The following are not covered under this benefit:

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described above and in the Eligible health services and exclusions – Preventive care and wellness section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or

other forms of activity or		
Eligible health services	In-network coverage	Out-of-network coverage
Maternity care that is not considered preventive care (includes delivery and postpartum care services in a hospital or birthing center)	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
<u> </u>	this honofit	
<ul> <li>Any services and supplies relaperform deliveries</li> </ul>	ated to births that take place in the hom	e or in any other place not licensed to
Well newborn nursery care in a hospital or	80% (of the negotiated charge)	60% (of the recognized charge)
birthing center	No policy year deductible applies	No policy year deductible applies
Family planning services – other		
Voluntary sterilization for males-surgical services	80% (of the negotiated charge)	60% (of the recognized charge)
Abortion	100% (of the negotiated charge)	60% (of the recognized charge)
	No policy year deductible applies	
The following are not covered under	this benefit:	
<ul> <li>Reversal of voluntary ste</li> </ul>	erilization procedures, including related f	follow-up care
Gender affirming treatment		
Surgical, hormone replacement therapy, and counseling treatment	Covered according to the Behavioral health section	Covered according to the Behavioral health section
Mental Health & Substance Abuse T	l .	
Coverage provided under the same to		
Inpatient hospital (room and board and other miscellaneous hospital services and supplies)	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
Outpatient office visits (includes telemedicine consultations)	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit  No policy year deductible applies	60% (of the recognized charge) per visit
Other outpatient treatment (includes skilled behavioral health services in the home)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the	Covered according to the type of benefit and the place where the

	service is received.	service is received.
Transplant services-travel and	Covered	Covered
lodging		
Eligible health services	In-network coverage	Out-of-network coverage
Lifetime Maximum payable for	\$10,000	\$10,000
Travel and Lodging Expenses for		
any one transplant, including		
tandem transplants		
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per IOE patient		
Maximum payable for Lodging	\$50 per night	\$50 per night
Expenses per companion		

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Tuestus out of infautility		
Treatment of infertility		
Basic infertility services Inpatient and outpatient care - basic infertility	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Fertility preservation services		
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

#### The following are not covered under the **infertility** treatment benefit:

- Injectable infertility medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
  - Thawing of cryopreserved (frozen) eggs, sperm, or reproductive tissue
  - The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
  - The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
  - Obtaining sperm [from a person not covered under this plan for ART services
- Home ovulation prediction kits or home pregnancy tests
- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures

- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

services performed in the outpatient department of a hospital or other facility  Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility  Outpatient Chemotherapy, Radiation & Respiratory Therapy  Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility  The following are not covered under this benefit:  • Enteral nutrition • Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  Visit  Visit  Volt the negotiated charge) per visit  Visit  Covered according to the type of benefit and the place where the service is received.  Service is received.  Solw (of the negotiated charge) per visit  Visit  Voltanties of the negotiated charge) per visit  Visit  Covered according to the type of benefit and the place where the service is received.  Service is received.  Solw (of the negotiated charge) per visit  Visit	60% (of the recognized charge) per visit 60% (of the recognized charge) per visit 60% (of the recognized charge) per visit Covered according to the type of benefit and the place where the service is received.
services performed in the outpatient department of a hospital or other facility  Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility  Outpatient Chemotherapy, Radiation & Respiratory Therapy  Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility  The following are not covered under this benefit:  • Enteral nutrition • Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  80% (of the negotiated charge) per visit  Visit  Voit the negotiated charge) per visit  Visit  Voit the negotiated charge) per visit  Visit  Voit the negotiated charge)  Solve the negotiated charge) per visit  Visit  Voit the negotiated charge)  Voit the negotiated charge)  Solve the negotiated charge) per visit  Visit  Voit the negotiated charge)  Solve	of the recognized charge) per visit  60% (of the recognized charge) per visit  Covered according to the type of benefit and the place where the
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility  Outpatient Chemotherapy, Radiation & Respiratory Therapy  Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility  The following are not covered under this benefit:  • Enteral nutrition • Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  80% (of the negotiated charge) per visit  Covered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.  Sovered according to the type of benefit and the place where the service is received.	ovisit  60% (of the recognized charge) per visit  Covered according to the type of benefit and the place where the
Outpatient Chemotherapy, Radiation & Respiratory Therapy  Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility  The following are not covered under this benefit:  • Enteral nutrition • Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  80% (of the negotiated charge) per visit	Covered according to the type of benefit and the place where the
performed in a covered person's home, physician's office, outpatient department of a hospital or other facility  The following are not covered under this benefit:  • Enteral nutrition • Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  benefit and the place where the service is received.  service is received.  80% (of the negotiated charge) per visit	benefit and the place where the
Blood transfusions and blood products  Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  80% (of the negotiated charge) per definition therapy services  80% (of the negotiated charge) per definition therapy services	
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)  Combined for short-term rehabilitation services and habilitation therapy services  Acupuncture  80% (of the negotiated charge) per visit	
rehabilitation services and habilitation therapy services  Acupuncture 80% (of the negotiated charge) per 6	60% (of the recognized charge) per visit
Acupuncture 80% (of the negotiated charge) per 6	
	60% (of the recognized charge) per visit
The following are not covered under this benefit:  • Acupressure	
	60% (of the recognized charge) per visit
purchased and injected or infused benefit or the place where the service k	Covered according to the type of benefit or the place where the service is received.

Emergency ground, air, and water ambulance (includes non-emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical	80% (of the negotiated charge) per	60% (of the recognized charge) per
equipment	item	item

- Whirlpools
- Portable whirlpool pumps
- Sauna baths
- Massage devices
- Over bed tables
- Elevators
- Communication aids
- Vision aids
- Telephone alert systems
- Personal hygiene and convenience items such as air conditioners, humidifiers, hot tubs, or physical exercise equipment even if they are prescribed by a physician

Eligible health services	In-network coverage	Out-of-network coverage
Nutritional support	Covered according to the type of	Covered according to the type of
	benefit or the place where the service	benefit or the place where the
	is received.	service is received.
The following are not covered under this benefit:		
<ul> <li>Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins,</li> </ul>		
medical foods and other nutritional items, even if it is the sole source of nutrition		
Cochlear implants	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item

#### The following are not covered under this benefit:

Services covered under any other benefit

Prosthetic devices including contact | 80% (of the negotiated charge) per

- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace
- Trusses, corsets, and other support items
- Repair and replacement due to loss or misuse
- Communication aids

lenses for aniridia & Orthotics

Hearing Aid Exams		
Hearing exam	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit
Hearing aid exam maximum	One hearing exam every policy year	
The following are not covered under this benefit:		
<ul> <li>Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay</li> </ul>		
Hearing Aids	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item
Hearing aids maximum per ear	One hearing aid per ear every 36 month consecutive period	
The following are not covered under this benefit:		

60% (of the recognized charge) per

item

- A replacement of:
  - A hearing aid that is lost, stolen or broken
  - A hearing aid installed within the prior 60 month period
- Replacement parts or repairs for a hearing aid
- Batteries or cords
- Cochlear implants
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any ear or hearing exam performed by a physician who is not certified as an otolaryngologist or otologist

Eligible health services	In-network coverage	Out-of-network coverage
Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
evaluations)	No policy year deductible applies	
Low vision Maximum	One comprehensive low visio	n evaluation every five years
Fitting of contact Maximum	1 visit	
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item  No policy year deductible applies	60% (of the recognized charge) per item
Maximum number Per year: Eyeglass frames Prescription lenses Contact lenses (includes non- conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	One set of eyeglass frames One pair of prescription lenses Daily disposables: up to 1 year supply Extended wear disposable: up to 1 year Non-disposable lenses: 1 year supply	supply
Optical devices	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Maximum number of optical devices per policy year	One optical device	
*Important note: Refer to the Vision	care section in the certificate of coverage	e for the explanation of these vision
care supplies. As to coverage for pres	scription lenses in a policy year, this benef	fit will cover either prescription lenses
for eyeglass frames or prescription co	ontact lenses, but not both.	
The following are not covered under		
	ption lenses and non-prescription contac	t lenses that are for cosmetic purposes
Adult vision care Limited to covered		Lacrice and the second
Adult routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or therapeutic optometrist, or any other providers acting within the scope of their license	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit No policy year deductible applies	60% (of the recognized charge) per visit
Includes fitting of prescription		

contact lenses		
Maximum visits per policy year	1 visit	

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes Adult vision care services and supplies
- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		
Policy year deductible and copayment/coinsurance waiver for risk reducing breast cancer		
The policy year deductible and the per prescription copayment/coinsurance will not apply to risk reducing breast		
cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast		
cancer prescription drugs are paid at 100%.		

## Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at an in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

#### Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC)
  contraceptive prescription drugs and devices. Related services and supplies needed to administer covered
  devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Preferred Generic prescription drugs (including specialty drugs)		
For each fill up to a 30 day supply	\$25 copayment per supply then the	Not Covered
filled at a retail pharmacy	plan pays 100% (of the balance of the	
	negotiated charge)	

More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	No policy year deductible applies \$62.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Preferred Brand-Name prescription	drugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$45 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$112.50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	Not Covered
Non-Preferred Generic prescription		
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$150 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
Non-Preferred Brand-Name prescrip	ption drugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$150 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
Contraceptives (birth control)		
For each fill up to a 12 month supply of generic and OTC drugs and devices filled at a retail	100% (of the negotiated charge)  No policy year deductible applies	Not Covered
pharmacy	1.10 policy year acadecible applies	
For each fill up to a 12 month supply of brand name prescription drugs and devices filled at a retail	Paid according to the type of drug per the schedule of benefits, above	Not Covered
pharmacy	A brand name contraceptive is 100% (of the negotiated charge), No policy year deductible if there are no generic therapeutic equivalents.	

Eligible health services	In-network coverage	Out-of-network coverage
Orally administered anti-cancer prescription drugs- For each fill up	100% (of the negotiated charge)	Not Covered
to a 30 day supply filled at a retail pharmacy	No policy year deductible applies	
Preventive care drugs and	100% (of the negotiated charge per	Not Covered
supplements filled at a retail	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a	prescription or refill	
pharmacy		
Francis 20 days and	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage will be subject to any sex, age, medical condition, family history,	
	and frequency guidelines in the recommendations of the United States  Preventive Services Task Force.	
Tabana and Carana and Carana and		
Tobacco cessation prescription and over-the-counter drugs	100% (of the negotiated charge per	Not Covered
(Preventive care)-Tobacco	prescription or refill	
cessation prescription drugs and	No copayment or policy year	
OTC drugs filled at a pharmacy	deductible applies	
ore drugs filled at a pharmacy	deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age, medical condition, family history,	
	and frequency guidelines in the recommendations of the United States	
Outpotiont properties drugs evalue	Preventive Services Task Force.	

#### **Outpatient prescription drugs exclusions**

The following are not covered under the outpatient prescription drugs benefit:

- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
  - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs, even if a prescription is written except as specifically provided above
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)

- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our [precertification] and clinical policies]
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
  - Needles and syringes, except for those used for insulin administration.
  - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the [preferred] drug guide.
  - That are drugs obtained for use by anyone other than the person identified on the ID card.
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
- Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

## Generic prescription drug substitution

If you or your prescriber requests a covered brand-name prescription drug when a covered generic prescription drug equivalent is available, you will be responsible for the cost difference between the generic prescription drug and the brand-name prescription drug, plus the cost sharing that applies to the brand-name prescription drug.

The cost difference is not applied towards your policy year deductible or maximum out-of-pocket limit.

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

#### **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

#### **General Exclusions**

#### Alternative health care

 Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Armed forces**

Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in
the service of the armed forces of any country. When you enter the armed forces of any country, we will refund
any unearned pro-rata premium.

#### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) of the American Psychiatric Association:
  - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
  - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
  - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

#### Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

#### Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

#### Cosmetic services and plastic surgery

• Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the Eligible health services and exclusions Gender affirming treatment section.

#### **Court-ordered services and supplies**

Court-ordered testing or care unless medically necessary

#### **Custodial care**

Services and supplies meant to help you with activities of daily living or other personal needs.

Examples of these are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care [except in connection with hospice care], adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training
- For behavioral health (mental health treatment and substance use disorders treatment):
  - Services provided when you have reached the greatest level of function expected with the current level of care, for a specific diagnosis
  - Services given mainly to:
    - Maintain, not improve, a level of function
    - Provide a place free from conditions that could make your physical or mental state worse

#### **Dental care for adults**

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease

- False teeth
- Prosthetic restoration of dental implants
- Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

#### **Educational services**

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the
   Eligible health services and exclusions Diabetic services and supplies (including equipment and training)
   section. This includes:
  - Special education
  - Remedial education
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program

#### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

#### **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

#### **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### Felony

Services and supplies that you receive as a result of an injury due to your commission of a felony

#### Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity* section.

#### Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

#### **Growth/Height care**

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

#### **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

#### Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

#### Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

#### Non-U.S. citizen

Services and supplies received by a covered person (who is not a United States citizen) within the covered
person's home country but only if the home country has a socialized medicine program, except as covered in
the Eligible health services under your plan – Emergency services and urgent care section

#### Other primary payer

• Payment for a portion of the charge that **Medicare** or another party pays for as the primary payer

#### Outpatient prescription or non-prescription drugs and medicines

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
   Personal care, comfort or convenience items
  - Any service or supply primarily for your convenience and personal comfort or that of a third party

#### Private duty nursing

#### School health services

- Services and supplies normally provided without charge by the **policyholder's**:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

#### by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

#### the policyholder.

#### Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

#### Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Implants, devices or preparations to correct or enhance erectile function or sensitivity
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

#### **Sinus surgery**

• Any services or supplies given by **providers** for non-**medically necessary** sinus surgery except for acute purulent sinusitis

#### Strength and performance

- Services, devices and supplies that are not **medically necessary**, such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

#### Students in mental health field

 Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

#### **Telemedicine**

- Services given when you are not present at the same time as the provider
- Services including:
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

#### Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

The Whittier College Student Health Insurance Plan is underwritten by Aetna Life Insurance. Aetna Student Health is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

#### **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

#### **Nondiscrimination Notice**

Aetna does not discriminate on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, have questions about our non-discrimination policy, or have a discrimination-related concern that you would like to discuss, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you believe that Aetna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, religion, sex, marital status, gender, gender identity, sexual orientation, age, or disability, you can file a grievance with our Civil Rights Coordinator at:

- Address: P.O. Box 14462, Lexington, KY 40512 (HMO customers: P.O. Box 24030 Fresno, CA 93779)
- Email: CRCoordinator@aetna.com

Please visit <a href="https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california">https://www.aetna.com/individuals-families/member-rights-resources/complaints-grievances-appeals.html#california</a> for information about how to file a complaint or grievance with the California Department of Insurance or California Department of Managed Health Care (for HMO enrollees).

You can also file a discrimination complaint with the United States Department of Health and Human Services Office for Civil Rights if there is a concern of discrimination based on race, color, national origin, age, disability, or sex by following the instructions on the Department's website: <a href="https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html">https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html</a>

#### Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

#### Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

#### □□□/Amharic

#### Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-878-48-1 (رقم الهاتف النصى: 711).

#### Bàsɔɔ̀ Wùdù/Bassa

Dè dε nìà kε dyede gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔɔ̀-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaa. Đa **1-877-480-4161** (TTY: **711**).

#### 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161 (TTY: 711)。

Farsi/فارسي

توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711) 1-877-480-4161) تماس بگیرید.

#### Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

#### □□□□□□/Gujarati

#### Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

#### Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, dijri gi. Kpoo 1-877-480-4161 (TTY: 711).

#### 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161** (TTY: **711**)번으로 전화해 주십시오.

#### Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

#### Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

#### **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

#### Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 1-877-480-4161 پر کال کریں.

## Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

### Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún ọ. Pe 1-877-480-4161 (TTY: 711).