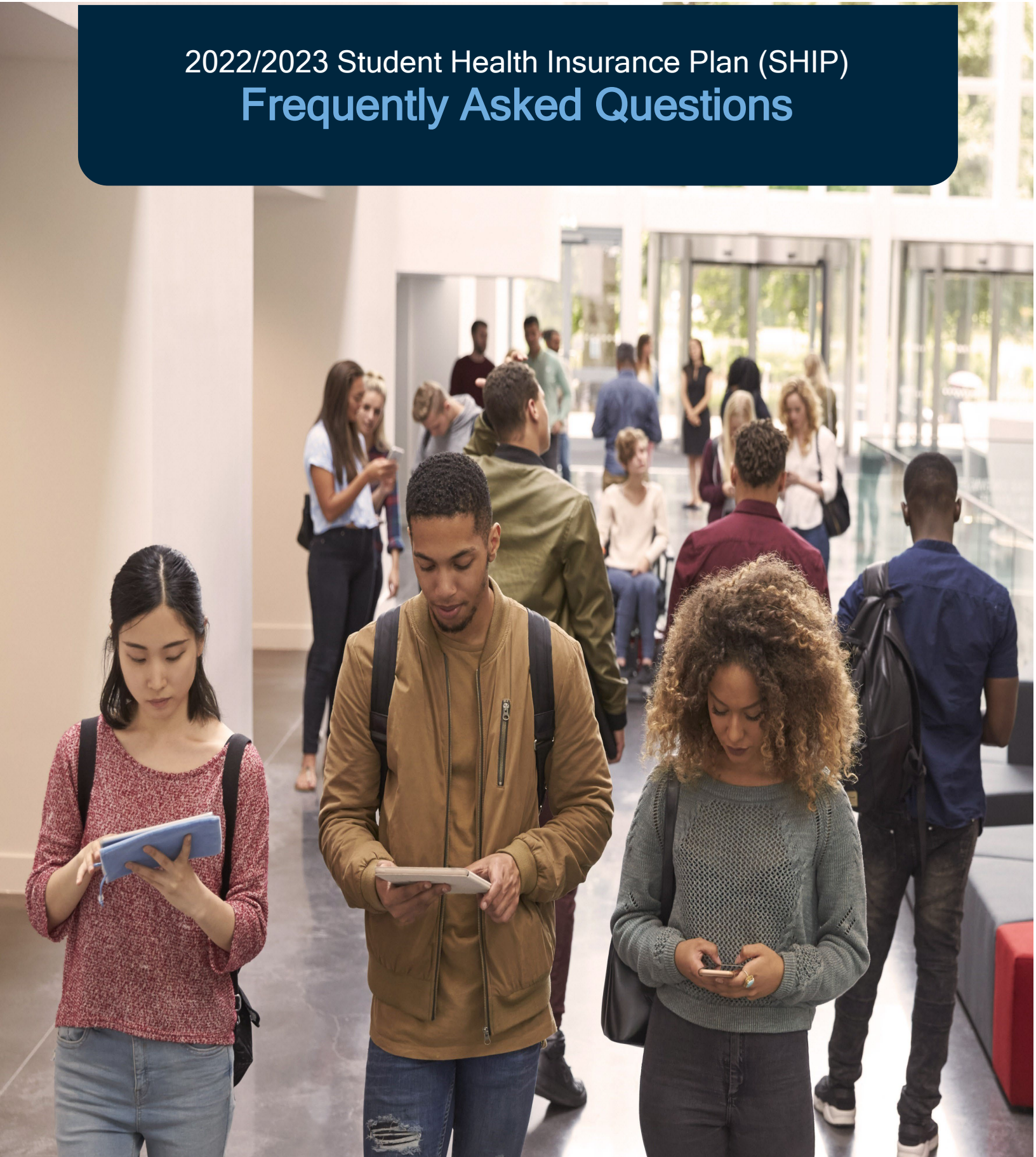




# GRINNELL COLLEGE

## 2022/2023 Student Health Insurance Plan (SHIP) Frequently Asked Questions



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## Getting Started

### Where can I learn about the Student Health Insurance Plan (SHIP)?

Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)

### How do I log in?

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Under "Profile", enter your Grinnell email address and click LOG IN

## ENROLLING IN MY SHIP

### Am I eligible for student health insurance?

All full-time undergraduate domestic and international students are automatically enrolled in and billed for the plan unless a waiver is submitted and approved. Once you meet eligibility for the first 31 days from the effective date of your Plan, you are enrolled for the remainder of the coverage period. *Home-study, correspondence and online courses do not fulfill this requirement.*

### How do I enroll?

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Login under 'Profile'.
3. Click on the 'Enroll' button under 'Plan Summary'.
4. Complete and submit the form by following the instructions.
5. Enrollment confirmation email will be sent

### How do I enroll my dependents?

This plan does not offer coverage for your dependents.

### Once enrolled, can I cancel? Get a refund?

Once you are enrolled in SHIP, you will remain enrolled in the plan for the full coverage period. **You have no option to terminate coverage** unless you enter the armed forces. In that case we will refund, or your student account will be credited, a pro-rated share of your premium. If you are an international student who is withdrawing or graduating from your school and returning to your home country, you may qualify for a refund of premium.

## WAIVING THE SHIP COVERAGE

### Am I eligible to waive?

To be eligible to waive your SHIP, you must be currently enrolled in a health insurance plan that meets your school's waiver requirements. Waiver requirements include being enrolled in a health insurance plan that is fully-compliant with all provisions of the Affordable Care Act (ACA), requires you to have access to providers near campus and to have coverage for services beyond urgent and emergency services. Therefore, if you are enrolled in an out-of-state HMO, your coverage will likely be limited—or not available—outside of your HMO's service area and will not meet your school's waiver requirements.

### What should I know before waiving?

Before waiving coverage, review your current policy and then consider these questions:

- Is your plan fully-compliant with the ACA? This means services should include, but aren't limited to:
  - Preventive and non-urgent care (this includes most immunizations)
  - Prescription drugs
  - Emergency care
  - Mental health and substance abuse treatment
  - Surgical care
  - Inpatient and outpatient hospitalization
  - Lab work
  - Diagnostic x-rays
  - Physical therapy and Chiropractic Care
  - Immediate coverage for pre-existing conditions
  - No annual maximum benefits
- Does your plan's provider network have doctors and hospitals near campus?
- If you plan to travel elsewhere during the course of the year, does your coverage also extend to these areas?
- Is the annual cost of your SHIP less expensive than the deductible of your private plan? The cost of being added as a dependent to your parents' plan? Be sure to compare deductibles and total out-of-pocket costs, not just the annual premium.
- Does your current plan call for administrative pre-requirements, pre-certification, or primary-care physician referrals? Keep in mind that physician referrals may delay your access to treatment.

- Are you an international student? If so, you won't be able to waive coverage.

If you do not complete an enrollment/waiver form by the published deadline, you will be automatically enrolled in and billed for your SHIP.

If you decide to waive coverage, you won't have another opportunity to enroll in SHIP until the following plan year unless you experience a qualifying event.

For more information about the ACA, visit: <https://www.hhs.gov/healthcare/about-the-aca/index.htm>

## What is comparable coverage?

Comparable coverage means your health insurance plan needs to meet your school's waiver requirements, which may include being fully-compliant with all provisions of the Affordable Care Act (ACA). See "What should I know before Waiving?"

Non-comparable health plans include:

- Those that only provide emergency services
- International plans (includes plans not filed in the US)
- Travel insurance plans
- Health care sharing plans (includes Christian Ministries & Liberty Health Share)
- Out-of-state Medicaid plans
- Out-of-State HMOs or EPOs
- Plans from insurance companies not located within the United States
- Prescription discount plans

## How do I waive health insurance coverage?

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Follow the login Instructions.
3. Click "Waive".
4. You will need your health insurance information.
5. Follow the instructions to complete the form.
6. A reference number will be emailed upon submission, however final determination may take 24-48 hours.

## Will you audit or verify my waiver request?

No, we will not verify the information provided on your waiver. It is your responsibility to review the SHIP material to be sure your health insurance plan meets your school's waiver requirements. However, if you are covered by an out-

of-state Medicaid plan, your request to waive may be denied as this plan will only cover you for emergency situations outside of the plan's service area. If you elect to waive, you will be responsible for any medical expenses you incur.

### **Can I edit my form after I have submitted it?**

Yes, if it is before your waiver/enrollment deadline of August 12, 2022

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
  2. Follow the login Instructions.
  3. Navigate to "Account Details".
  4. Click "Edit Waiver".
  5. Select the form you want to edit.
  6. Update the form as needed.
  7. Click "Update & Submit".
- NOTE:** You can edit your waiver up to 5 times.

You may not edit your form after August 12, 2022

### **Can I rescind my form after I've submitted it?**

Yes, only if it is before your waiver/enrollment deadline of August 12, 2022

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Follow the login Instructions.
3. Navigate to "Account Details".
4. Click "[Click here to rescind your waiver](#)".
5. Click "Rescind My Waiver".

**NOTE:** Once waiver is rescinded, this action cannot be reversed.

You may not edit your form after August 12, 2022

### **May I use one of my state's health insurance plans to waive my SHIP?**

If you live in the state where you are attending school and bought insurance through your state's marketplace, you may be able to waive your SHIP. Please review these plans carefully. Many of them will have a higher deductible and copayments and lower coinsurance than that of your SHIP premium. This will increase your out-of-pocket costs.

Also, many of these plans are HMOs with restrictive provider networks. Look at the provider network to be sure that you'll have In-Network providers near your campus.

**NOTE:** Are you an international student? If so, then purchasing a subsidized marketplace plan or the state's Medicaid plan may jeopardize your visa status.

## **If I waive, but then lose my coverage, can I enroll in SHIP?**

If you waive SHIP and then lose coverage, you are able to enroll in the plan that you waived. Losing coverage is categorized as a Qualifying Life Event (QLE). Other QLE's are:

- Reaching the age limit of another health insurance plan
- Loss of health insurance through marriage or divorce
- Involuntary loss of coverage from another health insurance plan

To initiate the Qualifying Life Event process:

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Follow the Login instructions.
3. Click on "Enroll-Qualifying Life Event"
4. Complete the online form, and upload the required supporting document such as the loss of coverage letter from your prior health insurance company showing your name and the last day of coverage.

**NOTE:** Do read the form carefully as it contains very specific information on the Qualifying Life Event process.

If your enrollment in SHIP is on a voluntary basis, there is no option for the Qualifying Life Event process if you lose coverage with your current health insurance plan.

## **ABOUT MY BENEFITS**

### **What do my benefits include?**

Your SHIP is fully compliant with the Affordable Care Act (ACA) and all other federal and state mandates. It pays for a wide range of medical services, including hospital room and board, inpatient and outpatient surgical procedures, labs and x-rays, chemotherapy and radiation, inpatient and outpatient mental health services, physician office visits, consultant visits, ambulance, emergency care and prescription drugs.

It covers preventive care services at no cost when you use In-Network providers. This includes routine physicals and examinations, screenings, GYN examinations and most immunizations.

It pays for 90% of your medical fees when you use In-Network providers. This is the advantage to using in-network providers. When you use Out-of-Network providers the coinsurance is less which means your potential out-of-pocket costs are more. You will also be responsible for paying any deductibles and applicable office visit and prescription drug copayments.

- It has a \$150 [per Insured, per policy year] deductible for In-Network services and a \$350 [per Insured, per policy year deductible for Out-of-Network services.
- It has a \$10 copayment for office visits
- Prescription drugs are covered for a 30-day supply after a:
  - \$15 copay for a Tier-1 drug
  - \$30 copay for a Tier-2 drug,
  - \$30 copay for a Tier-3 drug.

Note: in some cases, prescription drugs may have a supply or quantity limit or require your doctor to get a Prior Authorization before you can pick-up your prescription. You can see review your plans' pharmacy list or formulary by visiting your school's page at [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)

### How can I get more information about my plan?

Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)

### Do I need a referral from my school's Health Services to see an off-campus health provider?

No, you do not need a referral. However, it's a good idea to see your on-campus Health Center first since they can connect you with valuable on-campus services or refer you to providers. For more information, visit your school's Health Services website at <https://www.grinnell.edu/about/offices-services/student-health>

Yes, you need a referral before you see an off-campus provider. Without one, your health benefits could be denied or reduced. To see how referrals works and any exceptions to the referral process, check out your SHIP brochure.

### How much does my student health insurance cost?

See chart below

	Annual Coverage Period (8/14/2022-08/13/2023)	Spring Coverage Period (1/1/2023-08/13/2023)
<b>Enrollment/Waiver Deadline</b>	<b>August 12, 2022</b>	<b>January 23, 2023</b>
<b>Student</b>	\$1870.00	\$1152.00



## How do I find a doctor?

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Scroll down to the bottom of the landing page.
3. Click on “Find a Doctor”.

## How do I find a pharmacy?

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Scroll down to the bottom of the landing page.
3. Click on “Pharmacy Program”.

## Does my SHIP plan include dental and/or vision insurance?

If you are 18 or younger, SHIP provides preventive dental and vision benefits as required by the Affordable Care Act. Refer to your SHIP brochure or certificate of coverage for details.

For other dental and vision options, see “Are there other products and services available to me?”

## Am I still covered if I live off campus? While traveling? When studying abroad?

Yes, your plan covers you wherever you are. As long as you are enrolled in SHIP and paid the premium, you'll be covered. Your plan also provides you with 24 hour Worldwide Travel Assistance which includes services ranging from a lost passport to helping with emergency medical assistance or arranging for emergency medical evacuation or repatriation of remains. It is important to contact United Healthcare Global toll free: 1-800-527-0218 before making arrangements on your own. Otherwise these services will not be covered.

Other information about seeking medical care abroad:

- Always keep your SHIP ID card with you.
- Save a copy of the plan brochure and/or bookmark your student health website.
- If you get sick while abroad, you will likely need to pay for your care first and then need submit bills for reimbursement. Your covered expenses will likely be considered an out-of-network expense.
- Before you submit claims for reimbursement, have the itemized bill(s) translated into English. Also include a letter informing the claims administrator you already paid for the healthcare service and need to be reimbursed.

- Write your name, ID number, address and school name are on your bill(s). This will help the claims company process your reimbursement request correctly and promptly.

## Am I still covered after I graduate?

You will be covered under your SHIP until the end of the policy period for which you are enrolled in SHIP and have paid your premium. If you enrolled and paid for the fall semester and graduate in December, you will be covered until the end of the fall semester coverage period. If you enrolled and paid for annual or spring/summer coverage and graduate in the spring, you will be covered until the end of the policy year. You will not be able to continue your coverage after your policy terminates.

## GENERAL ACCOUNT INFORMATION

### How do I obtain an ID Card?

ID cards are usually available 5-7 business days after your enrollment is processed by UHCSR.

1. Go to [www.uhcsr.com](http://www.uhcsr.com) and click on 'Login to My Account'.
2. Click 'Create an Account' if you haven't created an account or 'Login' if you have one
3. Complete the registration form using your name, date of birth and student ID number.
4. Once logged in, you will have access to ID cards (online or by mail), Claim information, Explanation of Benefits (EOBs) and other plan-related information.

### How do I obtain a tax form?

If the federal government requires reporting of health insurance coverage for 2021, tax forms will be mailed to the address on file by either the Insurance Carrier or the Claims Administrator. Please refer to the Important Contact Information Section of this document for further information.

### How do I print my verification letter?

Verification Letters are usually available 5-7 business days after your eligibility is confirmed.

1. Go to [www.gallagherstudent.com/grinnell](http://www.gallagherstudent.com/grinnell)
2. Follow the login Instructions.

3. Navigate to “Account Details”.
4. Click “[Verification of Coverage](#)”.

## How do I change my address?

Please contact your school to update your address.

## CONTACT INFORMATION

### Who do I contact?

See the guide below:

Answer Needed	Who To Contact	Contact Information
Enrollment, coverage, or service concerns	Gallagher Student Health & Special Risk	500 Victory Road Quincy, MA 02171 Website: <a href="http://www.gallagherstudent.com/grinnell">www.gallagherstudent.com/grinnell</a> , click <a href="#">Help Center link</a>
ID cards, benefits, claims, claims payments incurred & Tax forms	United HealthCare Student Resources	P.O. Box 809025 Dallas, TX, 75380 Phone: 1-866-948-8472 Website: <a href="http://www.uhcsr.com">www.uhcsr.com</a>
Preferred Provider Network	United Healthcare Choice Plus	Phone: 1-855-828-7716 Website: <a href="http://www.gallagherstudent.com/Grinnell">www.gallagherstudent.com/Grinnell</a> click “Find a Doctor”
Participating pharmacies	United Network Pharmacy Network	Website: <a href="http://www.gallagherstudent.com/Grinnell">www.gallagherstudent.com/Grinnell</a> , click “Pharmacy Program”
Voluntary Dental	Ameritas	Phone: 1-855-672-3232
Worldwide assistance services (medical evacuation and repatriation)	United Healthcare Global	Toll-free within the United States: 1-800-527-0218 Collect from outside of the United States: 1-410-453-6330 Email: <a href="mailto:assistance@uhcglobal.com">assistance@uhcglobal.com</a>

<b>Answer Needed</b>	<b>Who To Contact</b>	<b>Contact Information</b>
Additional Student Assistance Programs	24/7 Nurse line or Student Assistance Program	1-877-862-1172
Telehealth services	Healthiest You	Phone: 1-855-870-5858