

2022/2023 Student Health Insurance Plan (SHIP)  
**Frequently Asked Questions**



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## Getting Started

**Q** Where can I learn about the Student Health Insurance Plan (SHIP)?

A Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu) .

**Q** How do I log in?

A 1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).  
2. Under 'Profile', enter your School email address and click on **LOG IN**.

**First Time Users:** You will need to complete the registration form by clicking on **SIGN UP**.

## Enrolling in my SHIP

**Q** Am I eligible for student health insurance?

- All full-time undergraduate students will be **automatically enrolled in**, and billed for the Annual coverage period of the Student Health Insurance Plan (SHIP) by the University's Business Office. If a waiver is submitted and approved by the waiver deadline, the SHIP premium charge will be removed from the student's account.
- All on-campus graduate students are eligible to enroll on a voluntary basis.

Once you meet eligibility for the first 31 days from the effective date of your Plan, you are enrolled for the remainder of the coverage period. Home study, correspondence and online courses do not fulfill this requirement

**Q** How do I enroll?

**To pro-actively enroll, please see the Undergraduate Student Enroll option below.**

1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu)
2. Login under 'Profile'.
3. Click on the 'Enroll' button under 'Plan Summary'.
4. Complete and submit the form by following the instructions.
5. Enrollment confirmation email will be sent

**Q** How do I enroll my dependents?

Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).

1. Follow the login Instructions.
2. Click on the 'Enroll' button under 'Plan Summary'.

3. Follow the instructions to complete the form to enter and enroll your “Dependent Spouse/Partner” and/or “Dependent Children”.

You must purchase dependent insurance for the same coverage period as your own coverage; it can't be for a longer or shorter period than your own. For example, if you enroll for fall coverage, your dependents need to be enrolled for fall coverage; you wouldn't be able to enroll them for annual coverage. If you enroll for fall coverage and do not enroll your dependents at that time, you cannot enroll your dependents unless a qualifying event occurs.

**NOTE:** If enrolling a dependent for the first time in SHIP, documentation needs to be uploaded at the time of submission. For example a marriage certificate for Dependent Spouse or Birth Certificate for Dependent Child.

**Q Once enrolled, can I cancel? Get a refund?**

A Yes, you can request to terminate the remainder of the coverage (and receive a pro-rated premium refund) in the following situation:

1. You are entering the armed forces.

**Waiving the SHIP Coverage**

**Q Am I eligible, and required to waive?**

A As a full time undergraduate student at the University, to be eligible to waive your SHIP, you must be currently enrolled in a health insurance plan that meets your school's waiver requirements. Waiver requirements include being enrolled in a health insurance plan that is fully-compliant with all provisions of the Affordable Care Act (ACA), requires you to have access to providers near campus and to have coverage for services beyond urgent and emergency services. Therefore, if you are enrolled in an out-of-state HMO, your coverage will likely be limited—or not available—outside of your HMO's service area and will not meet your school's waiver requirements.

**Q What should I know before waiving?**

A Before waiving coverage, review your current policy and then consider these questions:

- Is your plan fully-compliant with the ACA? This means services should include, but aren't limited to:
  - Preventive and non-urgent care (this includes most immunizations)
  - Prescription drugs
  - Emergency care

- Mental health and substance abuse treatment
  - Surgical care
  - Inpatient and outpatient hospitalization
  - Lab work
  - Diagnostic x-rays
  - Physical therapy and Chiropractic Care
  - Immediate coverage for pre-existing conditions
  - No annual maximum benefits
- Does your plan's provider network have doctors and hospitals near campus and around the Hampton Roads, Virginia area?
  - If you plan to travel elsewhere during the course of the year, does your coverage also extend to these areas outside of Hampton Roads, Virginia?
  - Is the annual cost of your SHIP less expensive than the deductible of your private plan? The cost of being added as a dependent to your parents' plan? Be sure to compare deductibles and total out-of-pocket costs, not just the annual premium.
  - Does your current plan call for administrative pre-requirements, pre-certification, or primary-care physician referrals? Keep in mind that physician referrals may delay your access to treatment.

If you don't complete a waiver form by the published deadline, you will be automatically enrolled in and billed for your SHIP.

If you decide to waive coverage, you won't have another opportunity to enroll in SHIP until the following plan year unless you experience a qualifying event.

- For more information about the ACA, visit: <https://www.hhs.gov/healthcare/about-the-aca/index.htm>

**Q What is comparable coverage?**

A Comparable coverage means your health insurance plan needs to meet your school's waiver requirements, which may include being fully-compliant with all provisions of the Affordable Care Act (ACA). See "What should I know before Waiving?"

Non-comparable health plans include:

- Those that only provide emergency services
- International plans (includes plans not filed in the US)
- Travel insurance plans

- Health care sharing plans (includes Christian Ministries & Liberty Health Share)
- Out-of-state Medicaid plans
- Out-of-State HMOs or EPOs
- Plans from insurance companies not located within the United States
- Prescription discount plans

**Q How do I waive health insurance coverage?**

**Students can waive if your current insurance plan is comparable to SHIP**

- A
1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu)
  2. Follow the login Instructions.
  3. Click on “WAIVE” under ‘Plan Summary’.
  4. You will need your health insurance information.
  5. Follow the instructions to complete the form.
  6. A reference number will be emailed upon submission, however final determination may take 24-48 hours.

**Q Will you audit or verify my waiver request?**

- A Yes, we will audit or verify your waiver request. This is to make sure your insurance plan will cover you when you’re at school. Here’s how our waiver review process works:
- We check the insurance company information you entered on your form to make sure it is accurate and that your coverage is active.
  - We verify that your plan is acceptable in the Hampton Roads, VA service area.
  - We verify most waiver requests within 1-2 business days.
  - Once we verify your coverage, we’ll email you at the address you provided on your form to let you know if your waiver request was approved or denied. If we deny your request, we’ll tell you why. We will also guide you should you wish to revise and resubmit your form and supporting documentation.

**Q Can I edit my form after I've submitted it?**

- A Yes, if it's before your waiver/enrollment deadline of **September 9, 2022**
1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).
  2. Follow the login Instructions.
  3. Navigate to “Account Details”.
  4. Click “Edit Waiver”.
  5. Select the form you want to edit.
  6. Update the form as needed.
  7. Click “Update & Submit”.

You may not edit your form after **September 9, 2022**

**Q Can I rescind my form after I've submitted it?**

A Yes, only if it's before your waiver/enrollment deadline of **September 9, 2022**

1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).
2. Follow the login Instructions.
3. Navigate to "Account Details".
4. Click "Click here to rescind your waiver".

**NOTE:** You can edit your waiver up to 5 times.  
You may not edit your form after **September 9, 2022**

**Q If I waive, but then lose my coverage, can I enroll in SHIP?**

A If you waive SHIP and then lose coverage, you are able to enroll in the plan that you waived. Losing coverage is categorized as a Qualifying Life Event (QLE). Other QLE's are:

- Reaching the age limit of another health insurance plan
- Loss of health insurance through marriage or divorce
- Involuntary loss of coverage from another health insurance plan

To initiate the Qualifying Life Event process:

1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).
2. Follow the Login instructions.
3. Click on "Enroll-Qualifying Life Event"
4. Complete the online form, and upload the required supporting document such as the loss of coverage letter from your prior health insurance company showing your name and the last day of coverage.

**NOTE:** Do read the form carefully as it contains very specific information on the Qualifying Life Event process.

If your enrollment in SHIP is on a voluntary basis, there is no option for the Qualifying Life Event process if you lose coverage with your current health insurance plan.

**Q May I use one of my state's health insurance plans to waive my SHIP?**

A If you live in the state where you are attending school (State of Virginia) and bought insurance through your state's marketplace, you may be able to waive your SHIP. Please review these plans carefully. Many of them will have a higher deductible and copayments and lower coinsurance than that of your SHIP premium. This will



increase your out-of-pocket costs. Also, many of these plans are HMOs with restrictive provider networks. Look at the provider network to be sure that you'll have In-Network providers near your campus.

Are you an international student? If so, then purchasing a subsidized marketplace plan or the state's Medicaid plan may jeopardize your visa status.

## About My Benefits

### Q What do my benefits include?

- A. Your SHIP is fully compliant with the Affordable Care Act (ACA) and all other federal and Virginia State mandates. It pays for a wide range of medical services, including hospital room and board, inpatient and outpatient surgical procedures, labs and x-rays, chemotherapy and radiation, inpatient and outpatient mental health services, physician office visits, consultant visits, ambulance, emergency care and prescription drugs. It also covers intercollegiate sports injuries the same as any other Injury.

It covers preventive care services at no cost when you use In-Network providers. This includes routine physicals and examinations, screenings, GYN examinations and most immunizations.

It pays for 80% of your medical fees when you use In-Network providers. This is the advantage to using in-network providers. When you use Out-of-Network providers the coinsurance is 70% which is less and means your potential out-of-pocket costs are more. You will also be responsible for paying any coinsurance and applicable office visit and prescription drug copayments.

- It has a zero deductible for In-Network and Out-of-Network medical services.
- It has a \$25 copayment for office visits
- Prescription drugs are covered for a 30-day supply after:
  - \$5 copay for a generic drug
  - \$15 copay for a preferred brand name,
  - \$40 copay for a non-preferred brand name drug.

Note: in some cases, prescription drugs may have a supply or quantity limit or require your doctor to get a Prior Authorization before you can pick-up your prescription. You can see review your plans' pharmacy list or formulary by visiting your school's page at [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu).

### Q Do I need a referral from my school's Health Services to see an off-campus health provider?

- A No, you don't need a referral. However, it's a good idea to see your on-campus Health Center first since they can connect you with valuable on-campus services or refer you to providers. For more information, visit your school's Health Services website at: [www.hamptonu.edu/studentservices/health/index.cfm](http://www.hamptonu.edu/studentservices/health/index.cfm).

**Q How can I get more information about my plan?**

A Go to: [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu)

**Q How much does my student health insurance cost?**

A See chart below

	<b>Annual</b> <b>(8/2/2022– 8/1/2023)</b>	<b>Spring</b> <b>(1/1/2023-08/1/2023)</b>
<b>Undergraduate Student*</b>	\$1,325.00	\$787.00
<b>Graduate Student*</b>	\$1,325.00	\$787.00
<b>Spouse*</b>	\$1,325.00	\$787.00
<b>Each Child*</b>	\$1,325.00	\$787.00

\*the rates above include an administrative fee

**Q Have changes been made to this year’s plan?**

A Anthem Blue Cross Blue Shield is the new insurance carrier for the student health insurance plan. The plan design is closely duplicating the prior policy.

**Q How do I find a doctor?**

A 1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu) and click on “Find a Doctor”  
2. Log in by following the instructions.

**Q How do I find a pharmacy?**

A 1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu) and click on “Pharmacy Program”  
2. Log in by following the instructions.

**Q Does my SHIP plan include dental and/or vision insurance?**

A If you're 18 or younger, SHIP provides preventive dental and vision benefits as required by the Affordable Care Act. The same is true for your eligible and enrolled dependents. Refer to your SHP brochure or certificate of coverage for details.

For other dental and vision options, see “Are there other products and services available to me?”

**Q Am I still covered if I live off campus? While traveling? When studying abroad?**

A Yes, your plan covers you wherever you are. As long as you're enrolled in SHIP and paid the premium, you'll be covered. Your plan also provides you with 24 hour Worldwide Travel Assistance which includes services ranging from a lost passport to helping with emergency medical assistance or arranging for emergency medical evacuation or repatriation of remains. It's important to contact Geo Blue at **1-833-511-4763** before making arrangements on your own. Otherwise these services will not be covered. Visit the [Member Hub](#) and use Group Access Code: GTB9999ACM41 when registering

Other information about seeking medical care abroad:

- Always keep your SHIP ID card with you.
- Save a copy of the plan brochure and/or bookmark your student health website.
- If you get sick while abroad, you will likely need to pay for your care first and then will need to submit bills for reimbursement. Your covered expenses will likely be considered an out-of-network expense.
- Before you submit claims for reimbursement, have the itemized bill(s) translated into English. Also include a letter informing the claims administrator you already paid for the healthcare service and need to be reimbursed.
- Write your name, ID number, address and school name on your bill(s). This will help the claims company process your reimbursement request correctly and promptly.

**Q Am I still covered after I graduate?**

A You are covered under your SHIP until the end of the policy period for which you are enrolled in SHIP and have paid your premium. If you enrolled and paid for annual or spring/summer coverage and graduate in the spring, you will be covered until the end of the policy year. However, if you graduate at the end of the fall semester, your coverage will end at the end of that semester.

**Q How does the ACA affect my SHIP?**

A. Your SHIP fully complies with the ACA. Being ACA compliant means your plan offers essential health benefits which includes certain preventive services such as annual physical and gynecology exams and some immunizations. It also covers pre-existing conditions without any waiting period.

There is no longer a federal tax penalty for not having health insurance, but the mandate to have health insurance remains. There are some states that have kept a state tax penalty for not having health insurance as well as having additional insurance requirements.

If you are under the age of 26, you may be eligible to enroll as a dependent on your family's employer/group health insurance plan. Contact that plan for more information.

**Q What other insurance products available to students?**

A The following services are also available to students:

- **Personal property and Renters Insurance** are available to all students on a voluntary basis and covers you while on- or off-campus, at home, or abroad. All of your belongings including cell phones, laptops, clothing, books and much more are protected from accidental damage, theft, fire damage and water damage. For details, go to [www.gallagherstudent.com/property](http://www.gallagherstudent.com/property) to get a quote and enroll. Please visit [www.gallagherstudent.com](http://www.gallagherstudent.com) for complete details about additional insurance products and how to enroll.
- **Tuition Refund Insurance** is available to you on a voluntary basis at additional cost and can protect up to 100% of your education investment should a student need to withdraw for illness, injury, mental health disorder or an unexpected circumstance. Please visit [www.gallagherstudent.com](http://www.gallagherstudent.com) for complete details about additional insurance products and how to enroll.

**General Account Information**

**Q How do I obtain an ID Card?**

A ID cards are available and are online usually available 5-7 business days after your enrollment is processed by Anthem.

1. Go to <https://student.anthem.com/student/schools/hu>
2. Click 'Register Now' if you have not created an account or 'Login' if you have one.
  - You will need your Anthem ID number to proceed.
  - Newly enrolled students can find this in the welcome email received from Anthem when your enrollment has been processed.
3. You can also click on the [Sydney Health mobile app](#) with your student I.D.
4. Once you are logged in, check to make sure your ID card preference is set to 'digital.'
5. Once logged in, you will have access to ID cards, Claim information, EOBs and other plan-related information.

**Q How do I obtain a tax form?**

A If the federal government requires reporting of health insurance coverage for 2021, tax forms will be mailed to the address on file by the prior year's Insurance Carrier. Please refer to the Important Contact Information Section of this document for further information.

**Q How do I print my verification letter?**

A Verification Letters are usually available 5-7 business days after your eligibility is confirmed.

1. Go to [www.gallagherstudent.com/hamptonu](http://www.gallagherstudent.com/hamptonu)
2. Follow the login Instructions.
3. Navigate to “Account Details”.
4. Click “Verification of Coverage”.

**Q How do I change my address?**

A Please contact your school to update your address.

**Q Who do I contact?**

A See the guide below for Important Contact Information:

<b>Answer Needed</b>	<b>Who To Contact</b>	<b>Contact Information</b>
Enrollment, coverage, or Verification Letters	<b>Gallagher Student Health &amp; Special Risk</b>	500 Victory Road Quincy, MA 02171 Website: <a href="http://www.gallagherstudent.com/HamptonU">www.gallagherstudent.com/HamptonU</a> , click the 'Help Center' link
Benefits, claims, claims payments, and Tax forms	<b>Anthem BCBS</b>	Anthem Blue Cross and Blue Shield P.O. Box 27401 Richmond, VA 23279 1-800-888-2108 (toll-free) or visit their website, <a href="https://student.anthem.com/student/schools/hu">https://student.anthem.com/student/schools/hu</a>
In-Network providers	<b>Anthem BCBS Keycare PPO</b>	Phone: (844) 412-0752 Website: <a href="http://www.gallagherstudent.com/HamptonU">www.gallagherstudent.com/HamptonU</a> , click “Find a Doctor”
In-Network pharmacies	<b>IngenioRx</b>	Phone: 1-855-672-3232 Website: <a href="http://www.gallagherstudent.com/HamptonU">www.gallagherstudent.com/HamptonU</a> , click “Pharmacy Program”

<b>Answer Needed</b>	<b>Who To Contact</b>	<b>Contact Information</b>
Voluntary Dental and Voluntary Vision	<b>Ameritas Dental and Vision</b>	Phone: 1-855-672-3232 <a href="http://www.gallagherstudent.com/hampton">www.gallagherstudent.com/hampton</a> , click "Dental and Vision Enrollment"
Gallagher Student Health Plan Enhancements	<b>EyeMed (Discount Vision), Basix (Dental Savings) Silvercloud (Behavioral Health)</b>	EyeMed Phone: 1-866-839-3633 Website: <a href="http://www.enrollwitheyemed.com">www.enrollwitheyemed.com</a> Basix Phone: 1-888-274-9961 Website: <a href="http://www.basixstudent.com">www.basixstudent.com</a> Silvercloud Website: <a href="https://gsh.silvercloudhealth.com/signup/">https://gsh.silvercloudhealth.com/signup/</a>
Worldwide assistance services (medical evacuation and repatriation)	<b>Geo Blue</b>	Toll-free within the United States: 1-833-511-4763 Collect from outside of the United States: 1-715-295-9311 Website: <a href="https://www.geobluestudents.com/">https://www.geobluestudents.com/</a>
Telehealth services	Livehealth Online	Website: <a href="http://www.livehealthonline.com">www.livehealthonline.com</a> :