

MOUNT HOLYOKE.

2022/2023 Student Health Insurance Plan (SHIP)
Frequently Asked Questions



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Getting Started

Q Where can I learn about the Student Health Insurance Plan (SHIP)?

A Go to www.gallagherstudent.com/mountholyoke

Q How do I log in?

A

1. Go to www.gallagherstudent.com/mountholyoke.
2. Under “Profile”, enter your email address and click LOG IN.
3. **First Time Users:** An email from Gallagher Student Health will be sent to your student email with a temporary password. Click on the link provided in the email and insert the temporary password. (If you did not receive a temporary password, you can choose the ‘Forgot your password?’ option on the login page).

Enrolling in my SHIP

Q Am I eligible for student health insurance?

A All regular, full-time, MAT, and fellow students are eligible for the SHIP. Students entering Mount Holyoke for the first time must be registered for classes, have assigned housing and must have arrived on campus to be considered eligible for the SHIP. Insurance must be purchased by paying the premium or by signing up for the semester payment plan. If the eligibility requirements are not met, the only obligation is to refund the premium.

International students are enrolled on a mandatory basis.

Students on an approved Medical Leave of Absence, who have been previously insured under this Plan for at least one year prior to the approved Medical Leave, are eligible to enroll in this insurance Plan for a maximum of two consecutive semesters.

Once you meet eligibility for the first 31 days from the effective date of your Plan, you are enrolled for the remainder of the coverage period. Home-study, correspondence and online courses do not fulfill this requirement

Q How do I enroll?

A

1. Go to www.gallagherstudent.com/mountholyoke.
2. Login under ‘Profile’.
3. Click the ‘Enroll’ button under ‘Plan Summary’.
4. Complete and submit the form by following the instructions.
5. Enrollment confirmation email will be sent.

Q How do I enroll my dependents?

- A
1. Go to www.gallagherstudent.com/mountholyoke.
 2. Login under 'Profile'.
 3. Click the "Enroll" button under "Plan Summary".
 4. Follow the instructions to complete the form and enroll your "Dependent Spouse/Partner" and/or "Dependent Children".
 5. Save a copy of your reference number.

Q Once enrolled, can I cancel? Get a refund?

- A Once you are enrolled in SHIP, you will remain enrolled for that coverage period. However, if you're enrolled in annual coverage, you may only request coverage termination (and a pro-rated premium refund/credit) in the following situations:
1. You're entering the armed forces.
 2. You will not be enrolled at school for the spring semester for any reason. Your status will be confirmed with your school.
 3. You became eligible and enrolled in a subsidized health insurance plan through the Massachusetts Health Connector or in MassHealth (excluding MassHealth, Health Safety Net or the Children's Medical Security Plan). Your coverage must begin on or before the start of the spring health insurance coverage period (not academic spring semester). Your request to terminate coverage needs to be submitted to Gallagher Student Health & Special Risk no later than the last day of fall coverage.

Q Can I enroll my eligible dependents?

- A Yes, you can enroll your eligible dependent(s) by going to www.gallagherstudent.com/mountholyoke. After logging in under "Profile", click the "Enroll" button under "Plan Summary".

Note: You must purchase dependent insurance for the same coverage period as your own coverage; it can't be for a longer or shorter period than your own. For example, if you enroll for fall coverage, your dependents need to be enrolled for fall coverage; you wouldn't be able to enroll them for annual coverage. If you enroll for fall coverage and do not enroll your dependents at that time, you cannot enroll your dependents unless a qualifying event occurs.

Q Can I enroll my dependents outside of the open enrollment period?

- A You can add eligible dependent(s) if one of these qualifying events occurs:
- You get married
 - You have a child

- You get divorced
- Your dependent enters the country for the first time
- Your dependent loses coverage under another insurance plan

In such cases, you must submit a Dependent Petition to Add form with supporting documentation and payment to Gallagher Student Health & Special Risk within 60 days of the qualifying event. If approved, coverage for your dependents will start on the date of the qualifying event. Your premium will be pro-rated. Requests received after 60 days will not be processed.

Note: Once your dependent is enrolled, you can't terminate dependent coverage unless you lose your Student Health Insurance eligibility.

Waiving the SHIP Coverage

Q Am I eligible to waive?

A To be eligible to waive your SHIP, you must be currently enrolled in a health insurance plan that meets your school's waiver requirements. Waiver requirements include being enrolled in a health insurance plan that is fully-compliant with all provisions of the Affordable Care Act (ACA), requires you to have access to providers near campus and to have coverage for services beyond urgent and emergency services. Therefore, if you are enrolled in an out-of-state HMO, your coverage will likely be limited—or not available—outside of your HMO's service area and will not meet your school's waiver requirements.

Q What should I know before waiving?

A Before waiving coverage, review your current policy and then consider these questions:

- Is your plan fully-compliant with the ACA? This means services should include, but aren't limited to:
 - Preventive and non-urgent care (this includes most immunizations)
 - Prescription drugs
 - Emergency care
 - Mental health and substance abuse treatment
 - Surgical care
 - Inpatient and outpatient hospitalization
 - Lab work
 - Diagnostic x-rays
 - Physical therapy and Chiropractic Care
 - Immediate coverage for pre-existing conditions
 - No annual maximum benefits

- Does your plan's provider network have doctors and hospitals near campus?
- If you plan to travel elsewhere during the course of the year, does your coverage also extend to these areas?
- Is the annual cost of your SHIP less expensive than the deductible of your private plan? The cost of being added as a dependent to your parents' plan? Be sure to compare deductibles and total out-of-pocket costs, not just the annual premium.
- Does your current plan call for administrative pre-requirements, pre-certification, or primary-care physician referrals? Keep in mind that physician referrals may delay your access to treatment.
- Are you an international student? If so, you won't be able to waive coverage.

If you don't complete a waiver form by the published deadline, you will be automatically enrolled in and billed for your SHIP.

If you decide to waive coverage, you won't have another opportunity to enroll in SHIP until the following plan year unless you experience a qualifying event.

- For more information about the ACA, visit: <https://www.hhs.gov/healthcare/about-the-aca/index.htm>

Q What is comparable coverage?

A Comparable coverage means your health insurance plan needs to meet your school's waiver requirements, which may include being fully-compliant with all provisions of the Affordable Care Act (ACA). See "What should I know before Waiving?"

Non-comparable health plans include:

- Those that only provide emergency services
- International plans (includes plans not filed in the US)
- Travel insurance plans
- Health care sharing plans (includes Christian Ministries & Liberty Health Share)
- Out-of-state Medicaid plans
- Out-of-State HMOs or EPOs
- Plans from insurance companies not located within the United States
- Prescription discount plans

Q How do I waive health insurance coverage?

- A
1. Go to www.gallagherstudent.com/mountholyoke.
 2. Login under 'Profile'.
 3. Click the "Waive" button under "Plan Summary".
 4. Follow the instructions to complete the form.
 5. A reference number will be emailed upon submission; however final determination may take 24-48 hours.

Q Will you audit or verify my waiver request?

- A Yes, we will audit or verify your waiver request. This is to make sure your insurance plan will cover you when you're at school. Here's how our waiver review process works:
- We check the insurance company information you entered on your form to make sure it's accurate and that your coverage is active.
 - We verify most waiver requests within 1-2 business days.
 - Once we verify your coverage, we'll email you at the address you provided on your form to let you know if your waiver request was approved or denied. If we deny your request, we'll tell you why. We'll also guide you should you wish to revise and resubmit your form and supporting documentation.

Q Can I edit my form after I've submitted it?

- A Yes, if it's before your waiver/enrollment deadline of August 31, 2022.
1. Go to www.gallagherstudent.com/mountholyoke.
 2. Login under 'Profile'.
 3. Navigate to "Account Details".
 4. Click "Edit Waiver".
 5. Update the form as needed.
 6. Click "Update & Submit".
- NOTE:** You can edit your waiver up to 5 times.

You may not edit your form after August 31, 2022.

Q Can I rescind my form after I've submitted it?

- A Yes, only if it's before your waiver/enrollment deadline of August 31, 2022.
1. Go to www.gallagherstudent.com/mountholyoke.
 2. Login under 'Profile'.
 3. Navigate to "Account Details".
 4. Select "[Click here to rescind your waiver](#)".
 5. Click "Rescind My Waiver".

NOTE: Once waiver is rescinded, this action cannot be reversed.

You may not edit your form after August 31, 2022.

Q If I waive, but then lose my coverage, can I enroll in SHIP?

A If you waive SHIP and then lose coverage under that plan, you need to go to www.gallagherstudent.com/mountholyoke. Login under “Profile”, Navigate to “Plan Details”, click on “Enroll- Qualifying Life Event”, complete the online form, and upload the required supporting document such as birth certificate for a newborn, marriage certificate, or loss of coverage letter from your prior health insurance company showing the last day of coverage. Make sure you read the form carefully as it contains very specific information on the Qualifying Life Event process. Qualifying events include:

- Reaching the age limit of another health insurance plan
- Loss of health insurance through marriage or divorce
- Involuntary loss of coverage from another health insurance plan

If your enrollment in SHIP is on a voluntary basis, there is no option for the Qualifying Life Event process if you lose coverage with your current health insurance plan.

Q May I use one of my state's health insurance plans to waive my SHIP?

A If you live in the state where you are attending school and bought insurance through your state’s marketplace, you may be able to waive your SHIP. Please review these plans carefully. Many of them will have a deductible greater than that of your SHIP. This will increase your out-of-pocket costs. Also, many of these plans are HMOs with restrictive provider networks. Look at its provider network to be sure that you’ll have In-Network providers near your campus.

International students are enrolled on a mandatory basis.

About My Benefits

Q What do my benefits include?

A. Your SHIP is fully compliant with the Affordable Care Act (ACA) and all other federal and state mandates. It pays for a wide range of medical services, including hospital room and board, inpatient and outpatient surgical procedures, labs and x-rays, chemotherapy and radiation, inpatient and outpatient mental health services, physician office visits, consultant visits, ambulance, emergency care and prescription drugs. I

It covers preventive care services at no cost when you use In-Network providers. This includes routine physicals and examinations, screenings, GYN examinations and most immunizations.

It pays for 100% of your medical fees when you use In-Network providers. This is the advantage to using in-network providers. When you use Out-of-Network providers the coinsurance is less which means your potential out-of-pocket costs are more. You will also be responsible for paying any deductibles and applicable office visit and prescription drug copayments.

- It has a \$150 per member, per policy year deductible for In-Network services and a \$300 per member, per policy year deductible for Out-of-Network services.
- It has a \$25 copayment for office visits, not subject to the deductible and does not apply to outpatient mental health.
- Prescription drugs are covered for a 30-day supply after:
 - a \$15 copay for a Tier-1 drug,
 - a \$30 copay for a Tier-2 drug,
 - a \$50 copay for a Tier-3 drug,
 - and 30% co-insurance for a Tier-4 drug.

Note: in some cases, prescription drugs may have a supply or quantity limit or require your doctor to get a Prior Authorization before you can pick-up your prescription. You can see review your plans' pharmacy list or formulary by visiting your school's page at www.gallagherstudent.com/mountholyoke.

Q How can I get more information about my plan?

A Go to www.gallagherstudent.com/mountholyoke.

Q Do I need a referral from my school's Health Services to see an off-campus health provider?

A No, a referral is not required with the Student Blue Plan, but there are many benefits to first seeking care or advice from the Mount Holyoke Health Center. The Mount Holyoke Health Center nursing and clinician staff provides services for a full range of primary care services, both urgent, routine, follow up, and preventive care. They refer to specialists for evaluation and treatment for situations and conditions that are outside the primary care scope of practice, i.e., ADD and ADHD evaluation and management, orthopedics, neurology, cardiology, x-ray, etc. The Mount Holyoke College Health Center is available to all Mount Holyoke students whether or not they are enrolled in the Student Blue Plan.

Q How much does my student health insurance cost?

A See chart below

	Annual (08/15/2022 – 08/14/2023)	Spring/Summer (01/15/2023 – 08/14/2023)
Enrollment/Waiver Deadline	August 31, 2022	January 13, 2023
Student	\$2,674	\$1,539
One Dependent	\$2,424	\$1,414
All Dependents	\$9,690	\$5,653

Q Have changes been made to this year’s plan?

A Yes. Here are the changes made for the 2022-2023 plan year:

- In-network out of pocket maximum increased from \$5,000 to \$6000 for individual and from \$10,000 to \$12,000 for family
- Out-of-network out of pocket maximum increased from \$10,000 to \$12,000 for individual and from \$20,000 to \$24,000 for family
- In-network office visits/Specialist visits co-pay increased from \$10 per visit to \$25 per visit
- 30-days prescription co-pay for Tier 4 changed from \$100 to 30% co-insurance; Tier 5 added at a 30% co-insurance
- Mail Order prescription co-pay for Tier 4 changed from \$200 to 30% co-insurance; Tier 5 added at 30% co-insurance

Q How do I find a doctor?

A Go to www.gallagherstudent.com/mountholyoke and click on “Find a Doctor” at the bottom of the page.

Q How do I find a pharmacy?

A Go to www.gallagherstudent.com/mountholyoke and click on “Pharmacy Program” at the bottom of the page.

Q Does my SHIP plan include dental and/or vision insurance?

A If you’re 18 or younger, SHIP provides preventive dental and vision benefits as required by the Affordable Care Act. The same is true for your eligible and enrolled dependents. Refer to your SHP brochure or certificate of coverage for details.

For other dental and vision options, see “Are there other products and services available to me?”

Q Am I still covered if I live off campus? While traveling? When studying abroad?

A Yes, your plan covers you wherever you are. As long as you're enrolled in SHIP and paid the premium, you'll be covered. Your plan also provides you with 24 hour Worldwide Travel Assistance which includes services ranging from a lost passport to helping with emergency medical assistance or arranging for emergency medical evacuation or repatriation of remains. It's important to contact Gallagher Global / AXA Travel before making arrangements on your own. Otherwise these services will not be covered.

Other information about seeking medical care abroad:

- Always keep your SHIP ID card with you.
- Save a copy of the plan brochure and/or bookmark your student health website.
- If you get sick while abroad, you will likely need to pay for your care first and then need submit bills for reimbursement. Your covered expenses will likely be considered an out-of-network expense.
- Before you submit claims for reimbursement, have the itemized bill(s) translated into English. Also include a letter informing the claims administrator you already paid for the healthcare service and need to be reimbursed.
- Write your name, ID number, address and school name are on your bill(s). This will help the claims company process your reimbursement request correctly and promptly.

Q Am I still covered after I graduate?

A. You will be covered under your SHIP until the end of the policy period for which you are enrolled in SHIP and have paid your premium. If you enrolled and paid for the fall semester and graduate in December, you will be covered until the end of the fall semester coverage period. If you enrolled and paid for annual or spring/summer coverage and graduate in the spring, you will be covered until the end of the policy year. You won't be able to continue your coverage after your policy terminates.

Q How does the ACA affect my SHIP?

A Your SHIP fully complies with the ACA. Being ACA compliant means your plan offers essential health benefits which includes certain preventive services such as annual physical and gynecology exams and some immunizations. It also covers pre-existing conditions without any waiting period.

There is no longer a federal tax penalty for not having health insurance, but the mandate to have health insurance remains. There are some states that have kept a state tax penalty for not having health insurance as well as having additional insurance requirements.

If you are under the age of 26, you may be eligible to enroll as a dependent on your family's employer/group health insurance plan. Contact that plan for more information.

Q What other services available to me through my SHIP?

A The following services are included and complement your SHIP program:

- **Basix Dental Savings** — an exclusive network of providers provides discounts on dental services from routine care to major dental work and can save you 20% to 50% off the cost of dental care.
- **EyeMed Vision** — through this program you can receive discounted services for eye exams, glasses or contact lenses at participating EyeMed providers. You can use your EyeMed discounts as often as you like.
- **SilverCloud** – an online behavioral health platform that provides behavioral health care and support for enrolled students. The platform delivers clinically proven, evidenced-based content, programs and support for depression, anxiety. Stress, resilience and sleep programs, anytime, anywhere.

Q What other insurance products available to students?

A The following services are also available to students:

- **Personal property and Renters Insurance** are available to all students on a voluntary basis and covers you while on- or off-campus, at home, or abroad. All of your belongings including cell phones, laptops, clothing, books and much more are protected from accidental damage, theft, fire damage and water damage. For details, go to www.gallagherstudent.com/property to get a quote and enroll. Please visit www.gallagherstudent.com for complete details about additional insurance products and how to enroll.
- **Dental Insurance Plan through BCBS of Massachusetts is available** to all students to enroll in a voluntary dental plan at an additional cost. To enroll in a voluntary dental plan, go to www.gallagherstudent.com/mountholyoke and click on the “Dental Enrollment Form” link.

General Account Information

Q How do I obtain an ID Card?

A ID cards are available online through the MyBlue app available in the App Store or Google Play, usually 5-7 business days after your enrollment is processed by BCBS.

- You'll need your BCBS subscriber ID number to create your account (you do not need your social security number)
- Your BCBS subscriber ID number is available by:
 1. Go to www.gallagherstudent.com/mountholyoke.

2. Under “Profile”, enter your email address and click LOG IN.
3. Navigate to “Account Details” and click on Verification of Coverage letter. You will find your BCBMA subscriber ID# in the letter and will need the three-letter prefix that appears before it).
 - After downloading the MyBlue app to your phone, you must first “Create An Account”. It is this step where you will need to enter your BCBSMA subscriber ID#.
 - Once registered and signed into your account on the MyBlue app, click on the “Menu” icon in the top right-hand corner.
 - Click on “My Plan & Claims”.
 - Under “Plans & Benefits”, select “My Cards”.
 - You should now see an image of your BCBSMA insurance ID card and if you scroll down to the bottom of the page, you have an option to download an electronic copy of it.
 - If you have any difficulty while in the MyBlue app, please contact BCBSMA Member Services at 1-888-753-6615.

If you would like a hard copy ID card, log onto www.bluecrossma.com/myblue or call 1-800-253-5210.

Q How do I obtain a tax form?

A If the federal government requires reporting of health insurance coverage for 2021, tax forms will be mailed to the address on file by either the Insurance Carrier or the Claims Administrator. Please refer to the Important Contact Information Section of this document for further information.

Q How do I print my verification letter?

- A
1. Go to www.gallagherstudent.com/mountholyoke.
 2. Login under ‘Profile’.
 3. Navigate to “Account Details”.
 4. Click “Verification of Coverage”.

Q How do I change my address?

A Please contact your school to update your address. The school will then communicate the change to Gallagher and in turn we will communicate it to BCBSMA.

Q Who do I contact?

A See the guide below:

Answer Needed	Who To Contact	Contact Information
Enrollment, coverage, or service concerns ID cards	Gallagher Student Health & Special Risk	500 Victory Road Quincy, MA 02171 Website: www.gallagherstudent.com/mountholyoke , click the 'Customer Service' link
Benefits, claims, claims payments incurred & Tax forms	Blue Cross Blue Shield of Massachusetts	P.O. Box 9860630 Boston, MA 02298 Phone: 1-888-753-6615 Website: www.bluecrossma.com
Preferred Provider Network	Blue Cross Blue Care Elect PPO	Phone: 1-800-810-BLUE (2583) Website: www.gallagherstudent.com/mountholyoke , click "Find a Doctor"
Participating pharmacies	Express Scripts	Phone: 1-800-711-0917 Website: www.gallagherstudent.com/mountholyoke , click "Pharmacy Program"
Voluntary Dental	Dental Blue	Phone: 1-888-753-6615
Gallagher Student Health Complements (SHIP Plan Enhancements)	EyeMed (Discount Vision) Basix (Dental Savings) SilverCloud (Behavioral Health)	EyeMed Phone: 1-866-839-3633 Website: www.enrollwitheyemed.com Basix Phone: 1-888-274-9961 Websites: www.basixstudent.com Silvercloud Website: https://gsh.silvercloudhealth.com/signup/
Worldwide assistance services (medical evacuation and repatriation)	Chubb Travel Assistance Services	Toll-free within the United States: 1-312-935-9242 Collect from outside of the United States: 1-866-693-6873 Email: GallagherGlobalAssistance@ajg.com
Assistance Programs	Blue Care Nurse Advise Line & Health and Wellness Benefits	Phone: 1-888-247-BLUE (2583)

Answer Needed	Who To Contact	Contact Information
Telehealth services	Well Connection	Phone: 1-800-821-1388 Website: www.bluecrossma.com