Coverage for: Individual and Family | Plan Type: PPO

Blue Care® Elect: Northeastern University Student Health Plan

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a **summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, see www.northeastern.edu/nushp. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at bluecrossma.com/sbcglossary or call 1-800-588-5508 to request a copy.

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Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 in-network; \$250 member out-of-network.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible</u> ?	Yes. Emergency room and emergency transportation.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For medical benefits, \$3,500 member / \$7,000 family innetwork; \$7,000 member / \$14,000 family out-of-network; and for prescription drug benefits, \$1,000 member / \$2,000 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See bluecrossma.com/findadoctor or call the Member Service number on your ID card for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 / visit at Fenway Health Center; \$25 / visit for other covered providers	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network
	Specialist visit	\$20 / visit at Fenway Health Center; \$25 / visit for other covered providers; \$25 / chiropractor visit; \$25 / acupuncture visit	20% coinsurance; 20% coinsurance / chiropractor visit; 20% coinsurance / acupuncture visit	Deductible applies first for out-of- network; limited to 12 acupuncture visits per calendar year
	Preventive care/screening/immunization	No charge	20% <u>coinsurance</u>	Deductible applies first for out-of- network; limited to age-based schedule and / or frequency. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> may be required
	Imaging (CT/PET scans, MRIs)	10% coinsurance	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> may be required

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at bluecrossma.com/medications	Generic drugs	\$5 / retail supply at Fenway Health Center; \$10 / retail supply at other covered pharmacies or \$30 / mail order supply	Not covered	Up to 30-day retail (90-day mail order) supply; cost share may be waived for certain covered drugs and supplies; pre-authorization required for certain drugs
	Preferred brand drugs	\$10 / retail supply at Fenway Health Center; \$20 / retail supply at other covered pharmacies or \$60 / mail order supply	Not covered	
	Non-preferred brand drugs	\$15 / retail supply at Fenway Health Center; \$30 / retail supply at other covered pharmacies or \$90 / mail order supply	Not covered	
	Specialty drugs	Applicable cost share (generic, preferred, non-preferred)	Not covered	When obtained from a designated specialty pharmacy; pre-authorization required for certain drugs

	Services You May Need	What You Will Pay			
Common Medical Event		In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$50 / admission, then 10% coinsurance	20% coinsurance	<u>Deductible</u> applies first for out-of- network	
	Physician/surgeon fees	10% coinsurance; \$100 / admission, then 10% coinsurance for removal of impacted wisdom teeth	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network	
	Emergency room care	\$50 / visit, then 10% coinsurance	\$50 / visit, then 10% coinsurance	Copayment waived if admitted or for observation stay	
If you need immediate	Emergency medical transportation	\$200 / day	\$200 / day	None	
If you need immediate medical attention	<u>Urgent care</u>	\$20 / visit at Fenway Health Center; \$25 / visit for other covered providers	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 / admission, then 10% <u>coinsurance</u>	20% coinsurance	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required	
	Physician/surgeon fees	\$200 / admission, then 10% coinsurance; \$100 / admission, then 10% coinsurance for removal of impacted wisdom teeth	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 / visit at Fenway Health Center; \$25 / visit for other covered providers	20% coinsurance	Deductible applies first for out-of- network; pre-authorization required for certain services	
	Inpatient services	\$250 / admission, then 10% <u>coinsurance</u>	20% coinsurance	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services	

		What You	ı Will Pay	
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are prognant	Office visits	No charge for prenatal care; 10% coinsurance for postnatal care	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>cost sharing</u> does not apply for in-network preventive services;
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	20% coinsurance	maternity care may include tests and
	Childbirth/delivery facility services	\$250 / admission, then 10% <u>coinsurance</u>	20% <u>coinsurance</u>	services described elsewhere in the SBC (i.e. ultrasound)
	Home health care	10% coinsurance	20% coinsurance	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required
If you need help recovering or have other special health needs	Rehabilitation services	\$25 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to 60 visits per <u>plan</u> year (other than for autism, <u>home</u> <u>health care</u> , and speech therapy)
	Habilitation services	\$25 / visit	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to 60 visits per <u>plan</u> year (other than for autism, <u>home</u> <u>health care</u> , and speech therapy); coverage limits waived for early intervention services for eligible children; <u>pre-authorization</u> may be required for certain services
	Skilled nursing care	\$250 / admission, then 10% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; limited to 100 days per <u>plan</u> year; <u>pre-authorization</u> required
	Durable medical equipment	10% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; in-network <u>cost share</u> waived for one breast pump per birth
	Hospice services	10% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Deductible</u> applies first for out-of- network; <u>pre-authorization</u> required for certain services

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child needs dental or eye care	Children's eye exam	No charge / vision exam or \$40 / contact lens fitting at Fenway Health Center; not covered for other providers	Not covered	Limited to one exam per <u>plan</u> year
	Children's glasses	35% <u>coinsurance</u>	55% <u>coinsurance</u>	Deductible applies first for out-of- network; limited to one set of prescription lenses and / or frames or contact lenses per plan year until the end of the month a member turns age 19
	Children's dental check-up	No charge	Not covered	Limited to twice per <u>plan</u> year until the end of the month a member turns age 19

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult)

- Hearing aids
- Long-term care

- Private-duty nursing
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)
- Acupuncture (12 visits per calendar year)
- Bariatric surgery
- Chiropractic care

- Infertility treatment
- Non-emergency care when traveling outside the U.S.
- Routine eye care adult (one exam per <u>plan</u> year, covered at Fenway Health Center only)
- Routine foot care (only for patients with systemic circulatory disease)
- Weight loss programs (\$150 per calendar year per policy)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Massachusetts Division of Insurance at 1-877-563-4467 or www.mass.gov/doi. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596. For more information about possibly buying individual coverage through the state marketplace, please contact the Massachusetts Health Connector at www.mahealthconnector.org. For more information on your rights to continue coverage, you can contact the Member Service number listed on your ID card or call 1-800-262-BLUE (2583).

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, call 1-800-588-5508 or contact your <u>plan</u> sponsor. (A <u>plan</u> sponsor is usually the member's employer or organization that provides group health coverage to the member.)

Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? [Yes]

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Disclaimer: This document contains only a partial description of the benefits, limitations, exclusions and other provisions of this health care <u>plan</u>. It is not a policy. It is a general overview only. It does not provide all the details of this coverage, including benefits, exclusions and policy limitations. In the event there are discrepancies between this document and the policy, the terms and conditions of the policy will govern.

About these Coverage Examples:



Total Example Cost

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■The <u>plan</u> 's overall <u>deductible</u>	\$(
■ Delivery fee coinsurance	10%
■Facility fee copay/coinsurance	\$250/10%
■ Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

In this example, Peg would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$300		
Coinsurance	\$1,200		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,560		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan</u> 's overall <u>deductible</u>	φu
■Specialist visit copay	\$20
■Primary care visit <u>copay</u>	\$20
■ Diagnostic tests coinsurance	10%

This EXAMPLE event includes services like:

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Primary care physician office visits (including disease education) Diagnostic tests (blood work)

Prescription drugs

\$12.800

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
In this example, Joe would pay:	
Cost Sharing	

Cost Snaring		
<u>Deductibles</u>	\$0	
Copayments	\$800	
Coinsurance	\$10	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$870	

Mia's Simple Fracture

(in-network emergency room visit and follow-up care)

■ The <u>plan's overall deductible</u>	\$0
■Specialist visit copay	\$20
■Emergency room <u>copay/coinsurance</u>	\$50/10%
■ Ambulance services copay	\$200

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Evample Cost

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example 003t	ψ1,300
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$400
Coinsurance	\$80
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$480

\$1 900



MCC Compliance



This health plan meets Minimum Creditable Coverage Standards for Massachusetts residents that went into effect January 1, 2014, as part of the Massachusetts Health Care Reform Law.



Pediatric Dental

Your health plan coverage includes a dental policy that covers pediatric dental services as required under the federal Patient Protection and Affordable Care Act.



Nondiscrimination Notice

Blue Cross Blue Shield of Massachusetts complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. It does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Blue Cross Blue Shield of Massachusetts provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print or other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, call Member Service at the number on your ID card.

If you believe that Blue Cross Blue Shield of Massachusetts has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with the Civil Rights Coordinator by mail at Civil Rights Coordinator, Blue Cross Blue Shield of Massachusetts, One Enterprise Drive, Quincy, MA 02171-2126; phone at 1-800-472-2689 (TTY: 711); fax at 1-617-246-3616; or email at civilrightscoordinator@bcbsma.com.

If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, online at **ocrportal.hhs.gov**; by mail at U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, DC 20201; by phone at **1-800-368-1019** or **1-800-537-7697 (TDD)**.

Complaint forms are available at hhs.gov.



Translation ResourcesProficiency of Language Assistance Services

Spanish/Español: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia con el idioma. Llame al número de Servicio al Cliente que figura en su tarjeta de identificación (TTY: **711**).

Portuguese/Português: ATENÇÃO: Se fala português, são-lhe disponibilizados gratuitamente serviços de assistência de idiomas. Telefone para os Serviços aos Membros, através do número no seu cartão ID (TTY: 711).

Chinese/简体中文: 注意:如果您讲中文,我们可向您免费提供语言协助服务。请拨打您 □ 卡上的号码联系会员服务部(TTY号码:**711**)。

Haitian Creole/Kreyòl Ayisyen: ATANSYON: Si ou pale kreyòl ayisyen, sèvis asistans nan lang disponib pou ou gratis. Rele nimewo Sèvis Manm nan ki sou kat Idantitifkasyon w lan (Sèvis pou Malantandan TTY: 711).

Vietnamese/Tiếng Việt: LƯU Ý: Nếu quý vị nói Tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ được cung cấp cho quý vị miễn phí. Gọi cho Dịch vụ Hội viên theo số trên thẻ ID của quý vị (TTY: **711**).

Russian/Русский: ВНИМАНИЕ: если Вы говорите по-русски, Вы можете воспользоваться бесплатными услугами переводчика. Позвоните в отдел обслуживания клиентов по номеру, указанному в Вашей идентификационной карте (телетайп: **711**).

Arabic/ةىر:

انتباه: إذا كنت تتحدث اللغة العربية، فتتوفر خدمات المساعدة اللغوية مجانًا بالنسبة لك. اتصل بخدمات الأعضاء على الرقم الموجود على بطاقة هُويتك (جهاز الهاتف النصى للصم والدكم "TTY": 711.

Mon-Khmer, Cambodian/ខ្មែរ: ការជូនដំណឹង៖ ប្រសិនបើអ្នកនិយាយភាសា ខ្មែរ សេវាជំនួយភាសាឥតគិតថ្លៃ គឺអាចរកបានសម្រាប់អ្នក។ សូមទូរស័ព្ទទៅផ្នែកសេវាសមាជិកតាមលេខ នៅលើប័ណ្ណសម្គាល់ខ្លួនរបស់អ្នក (TTY: **711**)។

French/Français: ATTENTION: si vous parlez français, des services d'assistance linguistique sont disponibles gratuitement. Appelez le Service adhérents au numéro indiqué sur votre carte d'assuré (TTY: 711).

Italian/Italiano: ATTENZIONE: se parlate italiano, sono disponibili per voi servizi gratuiti di assistenza linguistica. Chiamate il Servizio per i membri al numero riportato sulla vostra scheda identificativa (TTY: 711).

Korean/한국어: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 ID 카드에 있는 전화번호(TTY: **711**)를 사용하여 회원 서비스에 전화하십시오.

Greek/λληνικά: ΠΡΟΣΟΧΗ: Εάν μιλάτε Ελληνικά, διατίθενται για σας υπηρεσίες γλωσσικής βοήθειας, δωρεάν. Καλέστε την Υπηρεσία Εξυπηρέτησης Μελών στον αριθμό της κάρτας μέλους σας (ID Card) (TTY: **711**).

Polish/Polski: UWAGA: Osoby posługujące się językiem polskim mogą bezpłatnie skorzystać z pomocy językowej. Należy zadzwonić do Działu obsługi ubezpieczonych pod numer podany na identyfikatorze (TTY: **711**).

Hindi/हिंदी: ध्यान दें: यदि आप हिन्दी बोलते हैं, तो भाषा सहायता सेवाएँ, आप के लिए नि:शुल्क उपलब्ध हैं। सदस्य सेवाओं को आपके आई.डी. कार्ड पर दिए गए नंबर पर कॉल करें (टी.टी.वाई.: 711).

Gujarati/ગુજરાતી: ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો, તો તમને ભાષાકીય સહાયતા સેવાઓ વિના મૂલ્યે ઉપલબ્ધ છે. તમારા આઈડી કાર્ડ પર આપેલા નંબર પર Member Service ને કૉલ કરો (□TY: **711**).

Tagalog/Tagalog: PAUNAWA: Kung nagsasalita ka ng wikang Tagalog, mayroon kang magagamit na mga libreng serbisyo para sa tulong sa wika. Tawagan ang Mga Serbisyo sa Miyembro sa numerong nasa iyong ID Card (TTY: **711**).

Japanese/日本語: お知らせ:日本語をお話しになる方は無料の言語アシスタンスサービスをご利用いただけます。IDカードに記載の電話番号を使用してメンバーサービスまでお電話ください (TTY: 711)。

German/Deutsch: ACHTUNG: Wenn Sie Deutsche sprechen, steht Ihnen kostenlos fremdsprachliche Unterstützung zur Verfügung. Rufen Sie den Mitgliederdienst unter der Nummer auf Ihrer ID-Karte an (TTY: **711**).

:یارسیان/Persian

توج: اگر زبان شما فارسی است، خدمات کمک زبانی ب صورت رایگان در اختیار شما قرار می گیرد. با شمار تلفن مندرج بر روی کارت شناسایی خود با بخش «خدمات اعضا» تماس بگیرید (TTY: 711).

Lao/ພາສາລາວ: ຂໍ້ຄວນໃສ່ໃຈ: ຖ້າເຈົ້າເວົ້າພາສາລາວໄດ້, ມີການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາໃຫ້ທ່ານໂດຍ ບໍ່ເສຍຄ່າ. ໂທຫາຝ່າຍບໍລິການສະມາຊິກທີ່ໝາຍເລກໂທລະສັບຢູ່ໃນບັດຂອງທ່ານ (TTY: 711).

Navajo/Diné Bizaad: BAA ÁKOHWIINDZIN DOOÍGÍ: Diné k'ehjí yáníłt'i'go saad bee yát'i' éí t'áájíík'e bee níká'a'doowołgo éí ná'ahoot'i'. Díí bee anítahígí ninaaltsoos bine'déé' nóomba biká'ígíiji' béésh bee hodíílnih (TTY: 711).