

UNITEDHEALTHCARE INSURANCE COMPANY

STUDENT HEALTH INSURANCE PLAN

CERTIFICATE OF COVERAGE

Designed Especially for the International Students of

PLEASE NOTE:
THIS DOCUMENT HAS
CHANGED. PLEASE SEE THE
BACK COVER FOR DETAILS



2025-2026

This Certificate of Coverage is Part of Policy # 2025-319-4

This Certificate of Coverage ("Certificate") is part of the contract between UnitedHealthcare Insurance Company (hereinafter referred to as the "Company," "We," "Us," and "Our") and the Policyholder.

Please keep this Certificate as an explanation of the benefits available to the Insured Person under the contract between the Company and the Policyholder. This Certificate is not a contract between the Insured Person and the Company. Amendments or endorsements may be delivered with the Certificate or added thereafter. The Master Policy is on file with the Policyholder and contains all of the provisions, limitations, exclusions, and qualifications of your insurance benefits, some of which may not be included in this Certificate. The Master Policy is the contract and will govern and control the payment of benefits.

PLEASE READ THE FOLLOWING INFORMATION SO YOU WILL KNOW FROM WHOM OR WHAT GROUP OF PROVIDERS HEALTH CARE MAY BE OBTAINED.

THIS CERTIFICATE PROVIDES COVERED MEDICAL EXPENSES FOR PREFERRED PROVIDERS AND OUT-OF-NETWORK PROVIDERS WHEN SERVICES ARE PROVIDED WITHIN THE SERVICE AREA AND OUTSIDE THE SERVICE AREA. REFER TO THE SCHEDULE OF BENEFITS FOR INFORMATION ON HOW PREFERRED PROVIDER BENEFITS AND OUT-OF-NETWORK PROVIDER BENEFITS ARE COVERED.

PREFERRED PROVIDERS INCLUDE PHYSICIANS, HOSPITALS, AND OTHER FACILITIES THAT CONTRACT WITH THE COMPANY TO PROVIDE SERVICES TO INSURED PERSONS. FOR INFORMATION ABOUT PREFERRED PROVIDERS AND HOW TO ACCESS A LIST OF PREFERRED PROVIDERS, SEE THE PREFERRED PROVIDER AND OUT-OF-NETWORK PROVIDER INFORMATION SECTION IN THIS CERTIFICATE.

FOR COMPLAINTS REGARDING TIMELY ACCESS TO PREFERRED PROVIDERS, SEE THE IMPORTANT NETWORK DISCLOSURES SECTION IN THIS CERTIFICATE.

NOTICE: THE INSURED SHOULD REVIEW THE SCHEDULE OF BENEFITS AND THE DEFINITIONS IN THIS CERTIFICATE OF COVERAGE TO UNDERSTAND HOW BENEFITS ARE PAID.

READ THIS ENTIRE CERTIFICATE CAREFULLY. IT DESCRIBES THE BENEFITS AVAILABLE UNDER THE POLICY. IT IS THE INSURED PERSON'S RESPONSIBILITY TO UNDERSTAND THE TERMS AND CONDITIONS IN THIS CERTIFICATE.

United
Healthcare

Table of Contents

Introduction.....	1
Section 1: Who Is Covered	1
Section 2: Effective and Termination Dates.....	1
Section 3: Extension of Benefits after Termination.....	2
Section 4: Pre-Admission Notification.....	2
Section 5: Preferred Provider and Out-of-Network Provider Information	3
Section 6: Medical Expense Benefits.....	6
Section 7: Mandated Benefits	18
Section 8: Coordination of Benefits Provision.....	30
Section 9: Accidental Death and Dismemberment Benefits	33
Section 10: Definitions	34
Section 11: Exclusions and Limitations.....	40
Section 12: How to File a Claim for Benefits.....	42
Section 13 General Provisions.....	42
Section 14: Notice of Appeal Rights	43
Section 15: Online Access to Account Information.....	48
Section 16: Important Network Disclosures	48
Section 17: Important Company Contact Information.....	50
Section 18: Pediatric Dental Services Benefits.....	50
Section 19: Pediatric Vision Care Services Benefit	81
Section 20: UnitedHealthcare Pharmacy (UHCP) Prescription Drug Benefits	87
Additional Policy Documents	
Schedule of Benefits	Attachment
Assistance and Evacuation Benefits.....	Attachment

Introduction

Welcome to the UnitedHealthcare Student Resources Student Health Insurance Plan. This plan is underwritten by UnitedHealthcare Insurance Company.

The school (referred to as the "Policyholder") has purchased a Policy from the Company. The Company will provide the benefits described in this Certificate to Insured Persons, as defined in the Definitions section of this Certificate. This Certificate is not a contract between the Insured Person and the Company. Keep this Certificate with other important papers so that it is available for future reference.

Please feel free to call the Customer Service Department with any questions about the plan. The telephone number is 1-866-948-8472. The Insured can also write to the Company at:

UnitedHealthcare Student Resources
P.O. Box 809025
Dallas, TX 75380-9025

Section 1: Who Is Covered

The Master Policy covers students who have met the Policy's eligibility requirements (as shown below) and who:

1. Are properly enrolled in the plan, and
2. Pay the required premium.

All international graduate and undergraduate students, regardless of unit load, are required to purchase the insurance plan unless proof of comparable coverage is provided.

The student (Named Insured, as defined in this Certificate) must actively attend classes in compliance with the Policyholder's attendance requirements for at least the first 31 days after the date for which coverage is purchased. Home study, correspondence, and online courses do not fulfill the eligibility requirements that the student actively attend classes. The Company maintains its right to investigate eligibility or student status and attendance records to verify that the Policy eligibility requirements have been met. In the absence of fraud or intentional misrepresentation of material fact, if and whenever the Company discovers that the Policy eligibility requirements have not been met, coverage will be cancelled immediately. Unearned premiums will be refunded.

Medicare Eligibility

Any person who has Medicare at the time of enrollment in this student insurance plan is not eligible for coverage under the Master Policy.

If an Insured Person obtains Medicare after the Insured Person is covered under the Master Policy, the Insured Person's coverage will not end due to obtaining Medicare.

As used here, "has Medicare" means that an individual is entitled to benefits under Part A (receiving free Part A) or enrolled in Part B or Premium Part A.

Section 2: Effective and Termination Dates

The Master Policy on file at the school becomes effective at 12:01 a.m., August 1, 2025. The Insured Person's coverage becomes effective on the first day of the period for which premium is paid or the date the enrollment form and full premium are received by the Company (or its authorized representative), whichever is later.

The Master Policy terminates at 11:59 p.m., July 31, 2026. The Insured Person's coverage terminates on that date or at the end of the period through which premium is paid, whichever is earlier.

If paying premiums by semester, coverage expires as follows:

Fall	8-1-25	to	12-31-25
Spring/Summer	1-1-26	to	7-31-26

There is no pro-rata or reduced premium payment for late enrollees. Refunds of premiums are allowed only upon entry into the armed forces.

The Master Policy provides One Year Term coverage. Coverage renewal is guaranteed for the Named Insured as long as the Policy remains in force and the Named Insured continues to meet the eligibility requirements of the Policy.

Special Enrollment Period

Eligible students may enroll themselves during a special enrollment period.

A special enrollment period applies when one of the following qualifying life events occurs:

1. Loss of coverage under another insurance plan, including loss of minimum essential coverage.
2. Change in marital status.
3. The eligible individual gains or becomes a Dependent.
4. Guardianship appointment.
5. An individual is mandated to be covered as a Dependent pursuant to a valid state or federal court order.
6. Release from incarceration.
7. The prior coverage substantially violated a material provision of their health coverage contract.
8. An eligible individual gains access as a result of a permanent move.
9. The eligible individual was receiving services from a contracting provider under another health benefit plan for one of the conditions described in subdivision (a) of Section 10133.56 of the California Insurance Code and that provider is no longer participating in that plan.
10. The eligible individual did not enroll in a health benefit plan during the immediately preceding enrollment period available to the individual because they were misinformed that they were covered under minimum essential coverage.
11. The eligible individual is a member of the reserve forces of the United States military returning from active duty or a member of the California National Guard returning from active duty service under Title 32 of the United States code.

For more information, you may call Customer Service at 1-866-948-8472 or email customerservice@uhcsr.com.

Section 3: Extension of Benefits after Termination

The coverage provided under the Policy ceases on the Termination Date. However, if an Insured is Hospital Confined on the Termination Date from a covered Injury or Sickness for which benefits were paid before the Termination Date, Covered Medical Expenses for such Injury or Sickness will continue to be paid as long as the condition continues but not to exceed 30 days after the Termination Date.

The total payments made in respect of the Insured for such condition both before and after the Termination Date will never exceed the maximum benefit.

After this Extension of Benefits provision has been exhausted, all benefits cease to exist, and under no circumstances will further payments be made.

Section 4: Pre-Admission Notification

UnitedHealthcare should be notified of all Hospital Confinements prior to admission.

1. **PRE-NOTIFICATION OF MEDICAL NON-EMERGENCY HOSPITALIZATIONS:** The patient, Physician or Hospital should telephone 1-877-295-0720 at least five working days prior to the planned admission.
2. **NOTIFICATION OF MEDICAL EMERGENCY ADMISSIONS:** The patient, patient's representative, Physician or Hospital should telephone 1-877-295-0720 within two working days of the admission to provide notification of any admission due to Medical Emergency.

UnitedHealthcare is open for Pre-Admission Notification calls from 8:00 a.m. to 6:00 p.m. C.S.T., Monday through Friday. Calls may be left on the Customer Service Department's voice mail after hours by calling 1-877-295-0720.

IMPORTANT: Failure to follow the notification procedures will not affect benefits otherwise payable under the Policy; however, pre-notification is not a guarantee that benefits will be paid.

Section 5: Preferred Provider and Out-of-Network Provider Information

This plan is a preferred provider organization or “PPO” plan. It provides a higher level of coverage when Covered Medical Expenses are received from healthcare providers who are part of the plan’s network of Preferred Providers. The plan also provides coverage when Covered Medical Expenses are obtained from healthcare providers who are not Preferred Providers, known as Out-of-Network Providers. However, a lower level of coverage may be provided when care is received from Out-of-Network Providers and the Insured Person may be responsible for paying a greater portion of the cost.

Preferred Providers are:

UnitedHealthcare Options PPO

Preferred Provider Hospitals include UnitedHealthcare Options PPO United Behavioral Health (UBH) facilities.

The easiest way to locate Preferred Providers is through the plan’s website at www.uhcsr.com/biola. The website will allow the Insured to easily search for providers by specialty and location.

The Insured may also call the Customer Service Department at 1-866-948-8472 for assistance in finding a Preferred Provider or to request a paper copy of the Preferred Provider directory.

The Company arranges for health care providers to take part in the Preferred Provider network. Preferred Providers are independent practitioners. They are not employees of the Company. It is the Insured’s responsibility to choose a provider. Our credentialing process confirms public information about the providers’ licenses and other credentials but does not assure the quality of the services provided.

A provider’s status may change. Insureds should always confirm that a Preferred Provider is participating at the time services are required by calling Customer Service at 1-866-948-8472 and/or by asking the provider when making an appointment for services. A directory of providers is available on the plan’s website at www.uhcsr.com/biola.

If an Insured receives a Covered Medical Expense from an Out-of-Network Provider and was informed incorrectly by the Company prior to receipt of the Covered Medical Expense that the provider was a Preferred Provider, either through Our provider directory or in Our response to the Insured’s request for such information (via telephone, electronic, web-based or internet-based means), the Insured may be eligible for cost-sharing (Copayment, Coinsurance, and applicable Deductible) that would be no greater than if the service had been provided from a Preferred Provider.

If an Insured is currently receiving treatment for Covered Medical Expenses from a provider whose network status changes from Preferred Provider to Out-of-Network Provider during such treatment due to termination (non-renewal or expiration) of the provider’s contract, the Insured may be eligible to request continued care from their current provider under the same terms and conditions that would have applied prior to termination of the provider’s contract for specified conditions and timeframes. This provision does not apply to provider contract terminations for failure to meet applicable quality standards or for fraud. An Insured may call the Company at 1-866-948-8472 to find out if they are eligible for continuity of care benefits.

“Preferred Provider Benefits” apply to Covered Medical Expenses that are provided by a Preferred Provider.

“Out-of-Network Provider Benefits” apply to Covered Medical Expenses that are provided by an Out-of-Network Provider.

The Company will pay Covered Medical Expenses according to the benefits set forth in the Schedule of Benefits. Regardless of the provider, each Insured is responsible for the payment of their Deductible. The Deductible must be satisfied before benefits are paid.

Allowed Amounts are the amounts the Company will pay for Covered Medical Expenses. Refer to the definition of Allowed Amount in this Certificate for information on how the Company determines Allowed Amounts.

Preferred Provider Benefits

The Insured is not responsible for any difference between what the Company pays for Allowed Amounts and the amount the provider bills, except for the Insured Person’s cost share obligation as specified in the Schedule of Benefits.

This Certificate includes the following provisions to comply with the applicable requirements of the *Consolidated Appropriations Act (the “Act”)* (P. L. 116 -260). These provisions reflect requirements of the Act; however, they do not preempt applicable state law.

Out-of-Network Provider Benefits

Except as described below, the Insured Person is responsible for paying, directly to the Out-of-Network Provider, any difference between the amount the provider bills the Insured and the amount the Company pays for Allowed Amounts.

1. For Ancillary Services received at certain Preferred Provider facilities on a non-Medical Emergency basis from Out-of-Network Provider Physicians, the Insured is not responsible, and the Out-of-Network Provider may not bill the Insured, for amounts in excess of the Insured's Copayment, Coinsurance, or Deductible which is based on the Recognized Amount as defined in this Certificate.
2. For non-Ancillary Services received at certain Preferred Provider facilities on a non-Medical Emergency basis from Out-of-Network Provider Physicians who have not satisfied the notice and consent criteria or for unforeseen or urgent medical needs that arise at the time a non-Ancillary Service is provided for which notice and consent has been satisfied in accordance with applicable law, the Insured is not responsible, and the Out-of-Network Provider may not bill the Insured, for amounts in excess of the Insured's Copayment, Coinsurance, or Deductible which is based on the Recognized Amount as defined in this Certificate.
3. For Emergency Services provided by an Out-of-Network Provider, the Insured is not responsible, and the Out-of-Network Provider may not bill the Insured, for amounts in excess of the Insured's applicable Copayment, Coinsurance, or Deductible which is based on the rates that would apply if the service was provided by a Preferred Provider which is based on the Recognized Amount as defined in this Certificate.
4. For ground or Air Ambulance services provided by an Out-of-Network Provider, the Insured is not responsible, and the Out-of-Network Provider may not bill the Insured, for amounts in excess of the Insured's applicable Copayment, Coinsurance, or Deductible which is based on the rates that would apply if the service was provided by a Preferred Provider which is based on the Recognized Amount as defined in this Certificate.

For the purpose of this provision, "certain Preferred Provider facilities" are limited to a hospital (as defined in *1861(e) of the Social Security Act*), a hospital outpatient department, a critical access hospital (as defined in *1861(mm)(1) of the Social Security Act*), an ambulatory surgical center (as described in section *1833(i)(1)(A) of the Social Security Act*), and any other facility specified by the Secretary.

Surprise Bills

A surprise bill is a bill for Covered Medical Expenses, other than Emergency Services, when an Insured Person receives covered services from a contracting health facility at which, or as a result of which, the Insured receives services provided by an Out-of-Network Physician which are not agreed to in advance in a written agreement between the Out-of-Network Physician and the Insured Person.

When an Insured Person receives a surprise bill, the Insured shall pay no more than the same cost-sharing that the Insured would pay for the same Covered Medical Expenses received from a Preferred Provider.

An Insured Person shall not owe the Out-of-Network Physician more than the Preferred Provider Cost-Sharing Amount. At the time of payment for such Covered Medical Expenses, the Company shall inform the Insured and the Out-of-Network Physician of the Preferred Provider Cost-Sharing Amount owed by the Insured.

An Out-of-Network Physician shall not bill or collect any amount from the Insured Person for Covered Medical Expenses in excess of the Preferred Provider Cost-Sharing Amount. If the Out-of-Network Physician receives payment in excess of the Preferred Provider Cost-Sharing Amount, the Out-of-Network Physician must refund the overpayment to the Insured within 30 calendar days after receiving the payment. If the Out-of-Network Physician does not refund the overpayment within 30 calendar days after being informed of the Preferred Provider Cost-Sharing Amount, interest shall accrue at the rate of 15 percent per annum beginning on the date the payment was received from the Insured.

Preferred Provider Cost-Sharing Amount includes any Copayment, Coinsurance, or Deductible paid by the Insured for service performed by a Preferred Provider. This does not include any premium payments made by the Insured.

If the Policy includes Out-of-Network benefits, the Insured shall be responsible for the Out-of-Network cost-sharing amount only when the Insured consents in writing, and that consent meets all the following criteria:

1. If the appointment is scheduled at least 72 hours in advance, the Out-of-Network Provider's notice and consent must be provided to the Insured not later than 72 hours prior to the day when the service will be furnished.
2. If the appointment is scheduled between 72 hours and 24 hours in advance, the Out-of-Network provider's notice and consent must be provided on the day the appointment is scheduled.
3. The written consent is signed at least 24-hours in advance of the care.
4. The consent shall be obtained by the Out-of-Network Physician in a document that is separate from any other document used to obtain the Insured's consent for care.

5. At the time of consent, the Out-of-Network Physician shall provide the Insured with a written estimate of the Insured's total expected Out-of-Pocket cost.
6. The consent shall advise the Insured that care may be obtained from a Preferred Provider at a lower cost.
7. The consent shall be provided in the language spoken by the Insured.
8. The consent shall advise the Insured that any costs incurred as a result of obtaining care from an Out-of-Network provider shall be in addition to Preferred Provider cost-sharing amounts and may not count toward the annual Preferred Provider Out-of-Pocket Maximum or Preferred Provider Deductible.

If an Out-of-Network Physician does not obtain prior consent, then the Out-of-Network Physician must accept the Preferred Provider Cost-Sharing Amount as explained above.

State Continuity of Care

If an Insured is undergoing a course of treatment with a Preferred Provider for one of the medical conditions listed below, and the Preferred Provider's contract is terminated by the Company, then the Company will arrange for continuation of Covered Medical Expenses at the Insured's request and subject to the provider's agreement. The continued Covered Medical Expenses are limited to the time periods shown below and while the Insured is Covered by this Policy for each type of condition.

This provision shall also apply when:

1. A Preferred Provider Physician's or Preferred Provider facility's contract is terminated due to a change in the terms of participation.
2. The Insured is undergoing a course of institutional care or Inpatient treatment from the Preferred Provider Physician or facility.

Upon the termination of a Preferred Provider Physician's or Preferred Provider facility's contract, the Company will provide timely notice to the Insured regarding their right to elect continuity of care.

Deductible, Copayment, Coinsurance, limitations, or any other provisions of this Policy will be the same as an Insured would have paid for a current Preferred Provider.

Medical conditions and time periods for which continued benefits could be provided are:

1. **Acute condition.** An acute condition is a medical condition that involves a sudden onset of symptoms due to a Sickness, Injury, or other medical problem that requires prompt medical attention and that has a limited duration. Completion of Covered Medical Expenses will be provided for the duration of the acute condition.
2. **Serious chronic condition.** A serious chronic condition is a medical condition caused by a Sickness or other medical problem or medical disorder that is serious in nature and that persists without full cure or worsens over an extended period of time or require ongoing treatment to maintain remission or prevent deterioration. Benefits shall be provided for a period of time necessary to complete a course of treatment or to arrange for a safe transfer to another provider, as determined by the Company in consultation with the Insured and the terminated provider and consistent with good professional practice. Completion of Covered Medical Expenses shall not exceed 12 months from the provider's contract termination date.
3. **Terminal Illness.** A terminal illness is an incurable or irreversible condition that has a high probability of causing death within one year or less. Completions of Covered Medical Expenses shall be provided for the duration of a terminal illness, which may exceed 12 months from the contract termination date.
4. **Pregnancy.** A pregnancy is the three trimesters of pregnancy and the immediate postpartum period. Completion of Covered Medical Expenses shall be provided for the duration of the pregnancy.

For an Insured who presents written documentation of being diagnosed with a maternal mental health condition, completion of Covered Medical Expenses provided for the maternal mental health condition shall not exceed 12 months from the diagnosis or from the end of the pregnancy, whichever occurs later.

5. **Care of a newborn child between birth and age 36 months.** Completion of Covered Medical Expenses shall not exceed 12 months from the provider's contract termination date.
6. **Performance of surgery or other procedure.** Completion of Covered Medical Expenses shall be provided for a surgery or other procedure that has been recommended and documented by the provider to occur within 180 days from the provider's contract termination date.

Coverage will not be continued for treatment by a provider or provider group whose contract has been terminated or not renewed for reasons related to medical disciplinary cause or reason, fraud, or other criminal activity.

Additional State Continuity of Care Rights

Continuity of care is also available if:

1. An Insured's prior plan terminates because the prior carrier ceases to provide coverage.
2. The prior carrier withdraws the prior plan from the market.

If a plan is terminated due to nonpayment of the required premiums, care will continue during the 30-day grace period

Section 6: Medical Expense Benefits

This section describes Covered Medical Expenses for which benefits are available. **Please refer to the attached Schedule of Benefits for benefit details.**

Benefits are payable for Covered Medical Expenses (see Definitions) less any Deductible incurred by or for an Insured Person for loss due to Injury or Sickness subject to: a) the maximum amount for specific services as set forth in the Schedule of Benefits; and b) any Coinsurance or Copayment amounts set forth in the Schedule of Benefits or any benefit provision hereto. Read the Definitions section and the Exclusions and Limitations section carefully.

Benefits are payable for services delivered via Telemedicine/Telehealth. Benefits for these services are provided to the same extent as an in-person service under any applicable benefit category in this section.

No benefits will be paid for services designated as "No Benefits" in the Schedule of Benefits or for any matter described in Exclusions and Limitations. If a benefit is designated, Covered Medical Expenses include:

ESSENTIAL HEALTH BENEFITS: The following benefits are considered to be Essential Health Benefits.

Inpatient

1. **Room and Board Expense.**

Daily semi-private room rate when confined as an Inpatient and general nursing care, including Medically Necessary special duty nursing, provided and charged by the Hospital.

Benefits also include daily private room rate, when Medically Necessary.

2. **Intensive Care.**

Intensive Care services as provided in the Schedule of Benefits.

3. **Hospital Miscellaneous Expenses.**

When confined as an Inpatient or as a precondition for being confined as an Inpatient. In computing the number of days payable under this benefit, the date of admission will be counted, but not the date of discharge.

Benefits will be paid for services and supplies such as:

- The cost of the operating room.
- Laboratory tests.
- X-ray examinations.
- Anesthesia.
- Drugs (excluding take home drugs) or medicines.
- Therapeutic services.
- Supplies.

4. **Routine Newborn Care.**

While Hospital Confined and routine nursery care provided immediately after birth.

Benefits will be paid for an inpatient stay of at least:

- 48 hours following a vaginal delivery.
- 96 hours following a cesarean section delivery.

If the mother agrees, the attending Physician may discharge the newborn earlier than these minimum time frames. If released early, benefits will be provided for a post-discharge follow-up visit within 48 hours of discharge, when prescribed by the attending Physician.

Benefits include Newborn Infant care provided up to 31 days after birth as specified in the Newborn Infant definition.

5. **Surgery.**
Physician's fees for Inpatient surgery.
6. **Assistant Surgeon Fees.**
Assistant Surgeon Fees in connection with Inpatient surgery.
7. **Anesthetist Services.**
Professional services administered in connection with Inpatient surgery.
8. **Private Duty Nurse's Services.**
Registered Nurse's services which are all of the following:
 - Private duty nursing care only.
 - Received when confined as an Inpatient.
 - Ordered by a licensed Physician.
 - A Medical Necessity.

General nursing care provided by the Hospital, Skilled Nursing Facility or Inpatient Rehabilitation Facility is covered under the Room and Board Expense benefit.

9. **Physician's Visits.**
Non-surgical Physician services when confined as an Inpatient.
10. **Pre-admission Testing.**
Benefits are limited to routine tests such as:
 - Complete blood count.
 - Urinalysis.
 - Chest X-rays.

If otherwise payable under the Policy, major diagnostic procedures such as those listed below will be paid under the Hospital Miscellaneous benefit:

- CT scans.
- NMR's.
- Blood chemistries.

Outpatient

11. **Surgery.**
Physician's fees for outpatient surgery.
12. **Day Surgery Miscellaneous.**
Facility charge and the charge for services and supplies in connection with outpatient day surgery; excluding non-scheduled surgery; and surgery performed in a Hospital emergency room; trauma center; Physician's office; or clinic.
13. **Assistant Surgeon Fees.**
Assistant Surgeon Fees in connection with outpatient surgery.
14. **Anesthetist Services.**
Professional services administered in connection with outpatient surgery.
15. **Physician's Visits.**
Services provided in a Physician's office for the diagnosis and treatment of a Sickness or Injury.

Physician's Visits for preventive care are provided as specified under Preventive Care Services.

16. Physiotherapy.

Includes the following rehabilitative services (including Habilitative Services):

- Physical therapy, including treatment by physical means, hydrotherapy, heat, or similar modalities. Such therapy is given to relieve pain, restore function, and to prevent disability following a Sickness, Injury, or loss of limb..
- Occupational therapy for the treatment of a physically disabled Insured Person to promote the restoration of the Insured Person's ability to satisfactorily accomplish the ordinary tasks of daily living and tasks required by the Insured Person's occupation.
- Cardiac rehabilitation therapy to restore an Insured Person's functional status after a cardiac event.
- Manipulative treatment for treating problems associated with bones, joints, and the back.
- Speech therapy.

Physiotherapy provided in the Insured Person's home by a home health agency is provided as specified under Home Health Care. Physiotherapy provided in the Insured's home other than by a home health agency is provided as specified under this benefit.

17. Medical Emergency Expenses.

Only in connection with a Medical Emergency as defined. Benefits will be paid for:

- Facility charge for use of the emergency room and supplies.
- Attending Physician's charges.
- X-rays.
- Laboratory procedures.
- Injections.

All other Emergency Services received during the visit will be paid as specified in the Schedule of Benefits.

18. Diagnostic X-ray Services.

Diagnostic X-rays are only those procedures identified in Physicians' Current Procedural Terminology (CPT) as codes 70000 - 79999 inclusive. X-ray services for preventive care are provided as specified under Preventive Care Services.

19. Radiation Therapy.

See Schedule of Benefits.

20. Laboratory Procedures.

Laboratory Procedures are only those procedures identified in Physicians' Current Procedural Terminology (CPT) as codes 80000 - 89999 inclusive. Laboratory procedures for preventive care are provided as specified under Preventive Care Services.

21. Tests and Procedures.

Tests and procedures are those diagnostic services and medical procedures performed by a Physician but do not include:

- Physician's Visits.
- Physiotherapy.
- X-rays.
- Laboratory Procedures.

The following therapies will be paid under the Tests and Procedures (Outpatient) benefit:

- Inhalation therapy.
- Intravenous infusion therapy.
- Pulmonary therapy.
- Respiratory therapy.
- Dialysis, hemodialysis, and peritoneal dialysis.

Tests and Procedures for preventive care are provided as specified under Preventive Care Services.

22. Injections.

When administered in the Physician's office and charged on the Physician's statement. Immunizations for preventive care are provided as specified under Preventive Care Services.

23. **Chemotherapy.**
See Schedule of Benefits.

24. **Prescription Drugs.**
See Schedule of Benefits.

If an Insured Person receives a partial fill of a prescription for an oral, solid-dosage Schedule II Controlled Substance, the cost-sharing shall be pro-rated for each partial fill until the prescription has been fully dispensed.

Benefits include preexposure or postexposure prophylaxis furnished by a pharmacist, including the pharmacist's services and related testing. Benefits for preexposure prophylaxis are limited to a 90-day supply issued to a single Insured Person once every two years, unless the pharmacist has been otherwise directed by the prescribing Physician.

Preexposure prophylaxis may also be furnished by a pharmacist beyond a 90-day course if all the following conditions are met:

- The pharmacist ensures that the Insured receives testing and follow-up care consistent with CDC guidelines, which may include timely testing and treatment, as applicable, for HIV, renal function, hepatitis B, hepatitis C, sexually transmitted diseases, and pregnancy for individuals of childbearing capacity.
- The pharmacist documents, to the extent possible, the services provided by the pharmacist in the Insured's record in the record system maintained by the pharmacy. The pharmacist shall maintain records of preexposure prophylaxis furnished to each Insured.
- The pharmacist notifies the Insured's Physician that the pharmacist completed the requirements specified above. If the Insured does not have a Physician, or refuses consent to notify the Insured's Physician, the pharmacist shall provide the Insured a list of Physicians in the region.

Other

25. **Ambulance Services.**
Includes both ground ambulance and air ambulance. See Schedule of Benefits.

26. **Durable Medical Equipment.**
Benefits are provided for all Medically Necessary Durable Medical Equipment that are all of the following:
- Provided or prescribed by a Physician. A written prescription must accompany the claim when submitted.
 - Primarily and customarily used to serve a medical purpose.
 - Can withstand repeated use.
 - Generally is not useful to a person in the absence of Injury or Sickness.

For the purposes of this benefit, durable medical equipment includes, but is not limited to:

- Braces that stabilize an injured body part and braces to treat curvature of the spine.
- External prosthetic devices that replace a limb or body part but does not include any device that is fully implanted into the body.
- Post-Mastectomy bras limited to three bras per Policy Year.
- Medically Necessary rehabilitative and Habilitative devices.

If more than one piece of equipment or device can meet the Insured's functional need, benefits are available only for the standard item of equipment or device that adequately meets the Insured's needs. Dental braces are not durable medical equipment and are not covered.

See also Benefits for Prosthetic Devices for Speaking Post Laryngectomy.

27. **Consultant Physician Fees.**
Services provided on an Inpatient or outpatient basis.

28. **Dental Treatment.**
Dental treatment when services are performed by a Physician and limited to the following:
- Injury to Natural Teeth.

Benefits will also be paid the same as any other Sickness for:

- Dental services to prepare the Insured's jaw for radiation therapy of cancer in the head or neck. Benefits include dental evaluations, x-rays, fluoride treatment, and extractions when services are provided by a Physician or by a Dentist, when referred by a Physician.
- Facility and general anesthesia charges associated with a dental procedure which would not ordinarily require general anesthesia when the Insured:
 - Is under age seven.
 - Is developmentally disabled or whose health is compromised.
 - Has an underlying medical condition which requires that the dental procedure be provided in a Hospital or outpatient surgery center.
- Dental extractions, dental procedures necessary to prepare the mouth for an extraction, and orthodontic services which are an integral part of a covered reconstructive surgery for cleft palate.

Breaking a tooth while eating is not covered. Routine dental care and treatment to the gums are not covered.

Pediatric dental benefits are provided in the Pediatric Dental Services provision.

29. Mental Illness Treatment.

See Benefits for Mental Health and Substance Use Disorders in the Mandated Benefits section of this Certificate.

30. Substance Use Disorder Treatment.

See Benefits for Mental Health and Substance Use Disorders in the Mandated Benefits section of this Certificate.

31. Maternity.

Maternity-related services, including prenatal and postnatal care, for the following:

- Inpatient services.
- Outpatient services that are not recommended Preventive Care Services.
- Maternity services not related to Complications of Pregnancy.

Benefits will be paid for an inpatient stay of at least:

- 48 hours following a vaginal delivery.
- 96 hours following a cesarean section delivery.

If the mother agrees, the attending Physician may discharge the mother earlier than these minimum time frames. If released early, benefits will be provided for a post-discharge follow-up visit within 48 hour of discharge, when prescribed by the attending Physician.

Benefits include maternity related services not covered under Preventive Care Services.

Benefits also include screening, treatment, and referral for a maternal mental health condition that occurs during pregnancy or during the postpartum period and include, but are not limited to, postpartum depression. Covered Medical Expenses for maternal health conditions include:

- At least one maternal mental health screening to be conducted during pregnancy.
- At least one additional screening to be conducted during the first six weeks of the postpartum period.
- Additional postpartum screenings, if determined to be Medically Necessary by the Insured's treating Physician.

Routine pre-pregnancy, pre-natal, post-partum, and inter-pregnancy office visits (office visits not related to Complications of Pregnancy) and all recommended preventive items and services related to pregnancy shall be provided as described in the Preventive Care Services provision in this Certificate and shall be payable as referenced in the Preventive Care Services listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

Abortion and abortion-related services which are Medically Necessary for the treatment of a pregnancy are covered as shown in the Schedule of Benefits.

32. Complications of Pregnancy.

Same as any other Sickness.

Abortion and abortion-related services which are Medically Necessary for the treatment of a complication of pregnancy are covered as shown in the Schedule of Benefits.

33. Preventive Care Services.

Medical services that have been demonstrated by clinical evidence to be safe and effective in either the early detection of disease or in the prevention of disease and have been proven to have a beneficial effect on health outcomes. Unless the provision states otherwise, the frequency, method, treatment, or setting for preventive care services are provided as prescribed by the Insured's Physician.

Additional information can be found at: (<https://www.healthcare.gov/coverage/preventive-care-benefits/>).

The Company will follow the Physician's recommendation for preventive care services that require a determination as to whether an Insured is in a high risk category or part of a high risk population.

Preventive care services include:

- Preventive care services for adults:
 - Abdominal aortic aneurysm one-time screening for men ages 65 to 75 who have smoked at least 100 cigarettes in their lifetime.
 - Alcohol misuse screening and counseling.
 - Anxiety screening for adults age 64 years or younger, including pregnant and postpartum adults.
 - Aspirin use to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk.
 - Behavioral counseling to promote a healthy diet and physical activity for adults age 18 and older who are at high risk of cardiovascular disease.
 - Blood pressure screening for adults ages 18 or older without know hypertension.
 - Cholesterol screening for adults of certain ages or at high risk.
 - Colorectal cancer screening for adults age 45 to 75.
 - Colonoscopy for a positive result on a test or procedure, other than a colonoscopy, that is a colorectal cancer screening examination or laboratory test.
 - Depression screening for adults.
 - Diabetes (Type 2) and prediabetes screening, and effective preventive interventions for Insureds with prediabetes, for adults 35 to 70 years who are overweight or obese.
 - Diet counseling for adults at high risk for chronic disease.
 - Falls prevention with exercise interventions for adults 65 years and over, living in a community setting.
 - Food and Drug Administration-approved contraceptive drugs, devices, and other products (including those available over the counter) as prescribed by a Physician.
Includes, but is not limited to, the following clinical services related to the provision or use of contraception: consultations, examinations, procedures, device insertion, ultrasound, anesthesia, patient education, family planning, referrals, counseling, and follow-up services related to contraceptive methods such as management of side effects, counseling for continued adherence, device removal, and sterilization procedures.
Includes condoms and other contraceptive products approved, cleared, or granted by the FDA, such as mobile apps for contraception based on fertility awareness, if the Insured's Physician deems it is medically appropriate.
Includes over-the-counter contraceptives, including but not limited to male and female condoms, emergency contraceptives, etc. without a prescription, cost sharing, or medical management restrictions, including prior authorization and quantity limits (meaning the Insured is not required to pay upfront or submit a claim for reimbursement).
 - Hepatitis B screening for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
 - Hepatitis C screening for adults at high risk, and one time for age 18 to 79 without known liver disease, with periodic rescreening for those with continued risk for HCV infection.
 - HIV testing for everyone ages 15 to 65, and other ages at increased risk.
 - Immunization vaccines for adults ages 19 and older according to the CDC's Recommended Adult Immunization Schedule.
 - Lung cancer screening for adults 50 to 80 at high risk for lung cancer who are heavy smokers or who have quit in the past 15 years.
 - Obesity screening and intensive, multi-component behavioral interventions, including but not limited to, counseling sessions.
 - PrEP (pre-exposure prophylaxis) HIV prevention medication for HIV-negative adults at high risk for getting HIV infection through sex or injection drug use.
Includes testing to initiate PrEP: HIV testing, Hepatitis B and Hepatitis C testing, Creatinine and eCrCL or eGFR testing, pregnancy testing, and STI testing.

Also includes follow-up and monitoring: HIV testing every 3 months, testing to monitor the effects of the PrEP medication, STI screening and counseling, and adherence counseling. PrEP medication includes Truvada (or generic equivalent when available), Descovy and tenofovir disoproxil fumarate (medications available under the plan's prescription drug benefit) as well as Apretude (medication available under the plan's medical benefit). Prior authorization or step therapy will not be imposed on PrEP medications.

- Screening for unhealthy drug use in adults ages 18 and older. Screening includes asking questions about unhealthy drug use, not testing of biological specimens.
 - Sexually transmitted infection (STI) prevention counseling for adults at high risk.
 - Skin cancer behavioral counseling up to age 24 for adults who are part of a high risk population (such as individuals with ivory or pale skin, light hair and eye color, freckles, or those who sunburn easily).
 - Statin preventive medication for adults 40 to 75 at high risk of cardiovascular disease.
 - Syphilis screening for all adults who are at increased risk for syphilis infection.
 - Tobacco use screening for all adults and cessation interventions for tobacco users, including behavioral interventions, pharmacotherapy, and a combination thereof.
 - Tuberculosis screening for certain adults without symptoms at high risk.
- Preventive care services for women:
 - Anemia screening on a routine basis for pregnant women.
 - Anxiety screening for adult women, including those who are pregnant or postpartum, at the recommendation of a Physician.
 - Asymptomatic bacteriuria screening using urine culture in a pregnant person at the recommendation of a Physician.
 - Behavioral counseling interventions aimed at promoting healthy weight gain and preventing excess gestational weight gain in pregnancy.
 - Breast cancer genetic test counseling and risk assessment screening for BRCA- related cancer for women at high risk for breast cancer, including women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or women with an ancestry associated with breast cancer susceptibility 1 and 2 (BRCA1/2) gene mutations. For women with a positive result on the BRCA risk assessment, genetic counseling and, if indicated after counseling, genetic testing.
 - Breast cancer mammography screenings every 2 years for women 40 to 74.
 - Breast cancer counseling and risk-reducing medications (such as tamoxifen, raloxifene, or aromatase inhibitors) for women age 35 and older at increased risk for breast cancer.
 - Cervical cancer screening.
 - Chlamydia and gonorrhea screening for all pregnant women, sexually active women age 24 and younger and in older women who are at increased risk for infection.
 - Comprehensive lactation support services, including consultation, counseling, education, and breastfeeding equipment and supplies as ordered by the Insured's Physician, to optimize successful initiation and maintenance of breastfeeding for pregnant and nursing women.
 - Diabetes screening for women with a history of gestational diabetes who are not currently pregnant and who have not been diagnosed with type 2 diabetes before.
 - Domestic and interpersonal violence screening and counseling for all women.
 - Folic acid supplements for women who may become pregnant.
 - Gestational diabetes screening for women 24 weeks or later pregnant and those at high risk of developing gestational diabetes.
 - Hepatitis B screening for pregnant women at their first prenatal visit, at the time of admission to a Hospital or other delivery setting for an Insured with unknown HBsAg status, or with new or continuing risk factors for HBV infection.
 - HIV prevention education and risk assessment in adolescents and women.
 - HIV testing for a pregnant woman upon initiation of prenatal care, at the time of active labor with an undocumented HIV status, and as needed based on risk.
 - Human papillomavirus (HPV) DNA test every 3 years for women with normal cytology results who are 30 or older.
 - Hypertensive disorder screenings with blood pressure measurements throughout pregnancy.
 - Low dose aspirin after 12 weeks gestation for women who are at high risk for preeclampsia.
 - Maternal depression screening for mothers at well-baby visits.
 - Obesity prevention and counseling for midlife women age 40 to 60 years of age with normal or overweight body mass index to maintain weight or limit weight gain to prevent obesity. Counseling may include individualized discussion of healthy eating and physical activity.
 - Osteoporosis screening with bone measurement for women age 65 and older.
 - Osteoporosis screening with bone measurement in postmenopausal women younger than 65 who are at increased risk of osteoporosis.

- Preeclampsia screening for all pregnant women. Preeclampsia prevention, screening, and preventive medication for all pregnant women who are at high risk for preeclampsia.
- Perinatal depression counseling interventions for pregnant and postpartum women at increased risk of perinatal depression upon recommendation by the Physician.
- Rh(D) blood typing and antibody testing for all pregnant women during first visit for pregnancy-related care. Rh(D) antibody testing for all unsensitized Rh(D)-negative women at 24-28 weeks gestation, unless the biological father is known to be Rh(D)-negative. Rh(d) immunoglobulin administration for all unsensitized Rh(D)-negative women during pregnancy and immediately after delivery.
- Sexually transmitted infections screening and counseling for sexually active women.
- Syphilis screening for all pregnant women or other women at increased risk for infection.
- Tobacco use screening and behavioral interventions for cessation to pregnant women who use tobacco.
- Urinary incontinence screening.
- Urinary tract or other infection screening for pregnant women.
- Well-woman visits for the delivery and coordination of recommended preventive services. Includes pre-pregnancy, prenatal, post-partum, and inter-pregnancy visits, regardless of whether preventive services are provided during the visit.
- Preventive care services for infants, children, and adolescents:
 - Age appropriate physical examination and office visits:
 - One within 3 – 5 days of birth and within 48 to 72 hours after hospital discharge.
 - Once at 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months.
 - Once per year for ages 3 – 21.
 - Alcohol, tobacco, and drug use assessments for adolescents.
 - Anxiety screenings for children and adolescents ages 8 to 18 years, including those who are pregnant or postpartum, at the recommendation of a Physician.
 - Anemia screening at 12 months; risk assessment or screening for newborn, children, or adolescents at the recommendation of a Physician.
 - Autism screening for children at 18 and 24 months.
 - Behavioral/psychosocial assessments and measurements for children at each age based visit through age 21.
 - Bilirubin concentration screening for newborns.
 - Blood pressure screening for children at the following ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
 - Blood screening for newborns encompassing screening for all disorders on the Recommended Uniform Screening Panel (RUSP).
 - Cervical dysplasia screening for females.
 - Screening for critical congenital heart disease using pulse oximetry for newborns, after 24 hours of age, before discharge from the Hospital.
 - Depression screening for adolescents.
 - Developmental screening for children under age 3.
 - Developmental surveillance for newborns, children, and adolescents from birth through age 21.
 - Dyslipidemia screening for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders at the following ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
 - Fluoride supplements beginning at age 6 months for children and adolescents through age 16 without fluoride in their water source.
 - Fluoride varnish for all infants and children as soon as teeth are present.
 - Food and Drug Administration-approved contraceptive drugs, devices, and other products (including those available over the counter) as prescribed by a Physician.
Includes, but is not limited to the following clinical services related to the provision or use of contraception: consultations, examinations, procedures, device insertion, ultrasound, anesthesia, patient education, family planning, referrals, counseling, and follow-up services related to contraceptive methods such as management of side effects, counseling for continued adherence, device removal, and sterilization procedures.

Includes condoms and other contraceptive products approved, cleared, or granted by the FDA, such as mobile apps for contraception based on fertility awareness, if the Insured's Physician deems it is medically appropriate.

Over-the-counter contraceptives, including but not limited to male and female condoms, emergency contraceptives, etc. without a prescription, cost sharing, or medical management restrictions, including

prior authorization and quantity limits (meaning the Insured is not required to pay upfront or submit a claim for reimbursement).

- Gonorrhea prevention medication for the eyes of all newborns.
- Hearing screening for all newborns, children, and adolescents:
 - Once for a newborn.
 - Once at ages 4, 6, 8, and 10.
 - Once between age 11 through age 14.
 - Once between age 15 through age 17.
 - Once between age 18 through age 21.
- Height, weight and body mass index (BMI) measurements for children at the following ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- Hematocrit or hemoglobin screening for children.
- Hemoglobinopathies or sickle cell screening for newborns.
- Hepatitis B screening for adolescents at high risk, including adolescents from countries with 2% or more Hepatitis B prevalence, and U.S.-born adolescents not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence: 11 to 17 years of age.
- One HIV screening for all adolescents and additional screenings for adolescents at increased risk.
- Hypothyroidism screening for newborns.
- Immunizations for ages 18 and under pursuant to the CDC's Recommended Child and Adolescent Immunization Schedule, United States, 2021.
- Iron supplements for children ages 6 to 12 months at risk for anemia.
- Lead screening for children at risk of exposure.
- Maternal depression screening for mothers of infants at 1, 2, 4, and 6 month visits.
- Medical history for all children throughout development at the following ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- Obesity screening and counseling for children and adolescents 6 years and older and comprehensive, intensive behavioral interventions to promote improvements in weight status.
- Oral health risk assessment for young children ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.
- Phenylketonuria (PKU) screening for this genetic disorder in newborns.
- Preexposure Prophylaxis (PrEP) for HIV-negative adolescents at high risk for getting HIV.
Includes testing to initial PrEP: HIV testing, Hepatitis B and Hepatitis C testing, Creatinine and eCrCL or eGFR testing, pregnancy testing, and STI testing.
Also include follow-up and monitoring: HIV testing every 3 months, testing to monitor the effects of the PrEP medication, STI screening and counseling, and adherence counseling.
- Sexually transmitted infection (STI) prevention counseling and screening for sexually active adolescents.
- Skin cancer behavioral counseling for ages 6 months to 24 years for people who are part of a high risk population (such as individuals with ivory or pale skin, light hair and eye color, freckles, or those who sunburn easily).
- Syphilis screening for all adolescents, including asymptomatic, non-pregnant adolescents, who are at increased risk for syphilis infection.
- Tobacco interventions, including education or brief counseling, to prevent the use of tobacco in school-aged children and adolescents who have not started to use tobacco.
- Tuberculin testing for children at high risk of tuberculosis at the following ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
- Vision screening for all children and adolescents through age 21.
- Well-baby and well-child visits.

34. Reconstructive Breast Surgery Following Mastectomy.

Same as any other Sickness and in connection with a covered mastectomy.

Benefits include:

- All stages of reconstruction of the breast on which the mastectomy has been performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- Prostheses and physical complications of mastectomy, including lymphedemas.

35. Diabetes Services.

Same as any other Sickness in connection with the treatment of diabetes. Benefits include preventive footcare for diabetes and medical eye exams (dilated retinal exams).

See also Benefits for Diabetes.

36. Home Health Care.

Services provided in the home by a Registered Nurse, medical social worker, home health aide, and physical, occupational, and speech therapists that are all of the following:

- Ordered by a Physician.
- The Insured Person is substantially confined to their own home (or a friend's or relative's home).
- The Insured Person's condition requires the services of a Registered Nurse, physical therapist, occupational therapist, or speech therapist. (Home health aide services are not covered unless the Insured is also receiving services from a Registered Nurse, physical therapist, occupational therapist, or speech therapist.)
- Pursuant to a home health plan.

Home Health Care services do not include:

- Care of a type that an unlicensed family member or other layperson could provide safely and effectively in the home setting after receiving appropriate training.
- Care in the home if the home is not a safe and effective treatment setting.

Benefits will be paid only when provided on a part-time, intermittent schedule and when skilled care is required. One visit equals up to four hours of skilled care services.

37. Hospice Care.

When recommended by a Physician for an Insured Person that is terminally ill with a life expectancy of twelve months or less. All hospice care must be received from a licensed hospice agency for the palliation and management of an Insured's terminal illness and related conditions.

Hospice care includes:

- Physical, psychological, social, and spiritual care for the terminally ill Insured.
- Palliative care, including pharmaceuticals, medical equipment and supplies.
- Physician services.
- Physical, occupational or speech therapy for the purpose of symptom control or to maintain activities of daily living.
- Respiratory therapy.
- Home health aide services for the personal care of the terminally ill Insured.
- Homemaker services to assist in the maintenance of a safe and healthy environment and services to enable the Insured to carry out the treatment plan.
- Short-term grief counseling for immediate family members while the Insured is receiving hospice care and for one year after the Insured's death.
- Skilled nursing services, including assessment, evaluation and case management of nursing needs, treatment for pain and symptom control, provision of emotional support to the Insured and the Insured's family, and instructions to caregivers.
- Physical therapy, occupational therapy and speech-language pathology services for the purpose of symptom control or to enable the Insured to maintain activities of daily living and basic functional skills.
- Respite care, limited to five consecutive days at a time, when necessary to relieve the Insured's caregiver.
- Nursing care services on a continuous basis for as much as 24-hours a day during periods of crisis as necessary to maintain an Insured at home.

38. Inpatient Rehabilitation Facility.

Services received while confined as a full-time Inpatient in a licensed Inpatient Rehabilitation Facility.

39. Skilled Nursing Facility.

Services received while confined as an Inpatient in a Skilled Nursing Facility.

40. Urgent Care Center.

Benefits are limited to:

- Facility or clinic fee billed by the Urgent Care Center.

All other services rendered during the visit will be paid as specified in the Schedule of Benefits.

41. Hospital Outpatient Facility or Clinic.

Benefits are limited to:

- Facility or clinic fee billed by the Hospital.

All other services rendered during the visit will be paid as specified in the Schedule of Benefits.

42. Approved Clinical Trials.

Routine Patient Care Costs incurred while taking part in an Approved Clinical Trial for the treatment of cancer or other Life-threatening Condition. The Insured Person must be clinically eligible for participation in the Approved Clinical Trial according to the trial protocol and either: 1) the referring Physician is a participating health care provider in the trial and has concluded that the Insured's participation would be appropriate; or 2) the Insured provides medical and scientific evidence information establishing that the Insured's participation would be appropriate.

"Routine patient care costs" means Covered Medical Expenses which are typically provided absent a clinical trial and not otherwise excluded under the Policy. Routine patient care costs do not include:

- The experimental or investigational item, device or service, itself.
- Items and services provided solely to satisfy data collection and analysis needs and that are not used in the direct clinical management of the patient.
- Items and services provided by the research sponsors free of charge for any person taking part in the trial.

"Life-threatening condition" means any disease or condition from which the likelihood of death is probable unless the course of the disease or condition is interrupted.

"Approved clinical trial" means a phase I, phase II, phase III, or phase IV clinical trial that is conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition and is described in any of the following:

- Federally funded trials. The study or investigation is approved or funded (which may include funding through in-kind contributions) by one or more of the following:
 - National Institutes of Health (NIH). (Includes National Cancer Institute (NCI).)
 - Centers for Disease Control and Prevention (CDC).
 - Agency for Healthcare Research and Quality (AHRQ).
 - Centers for Medicare and Medicaid Services (CMS).
 - A cooperative group or center of any of the entities described above or the Department of Defense (DOD) or the Veterans Administration (VA).
 - A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants.
 - The Department of Veterans Affairs, the Department of Defense or the Department of Energy if the study or investigation has been reviewed and approved through a system of peer review. The peer review system is determined by the Secretary of Health and Human Services to meet both of the following criteria:
 - Comparable to the system of peer review of studies and investigations used by the National Institutes of Health.
 - Ensures unbiased review of the highest scientific standards by qualified individuals who have no interest in the outcome of the review.
- The study or investigation is conducted under an investigational new drug application reviewed by the Food and Drug Administration.
- The study or investigation is a drug trial that is exempt from having such an investigational new drug application.

43. Transplantation Services.

Same as any other Sickness for organ or tissue transplants when ordered by a Physician. Benefits are available when the transplant meets the definition of a Covered Medical Expense.

Donor costs that are directly related to organ removal are Covered Medical Expenses for which benefits are payable through the Insured organ recipient's coverage under the Policy. Benefits payable for the donor will be secondary to any other insurance plan, service plan, self-funded group plan, or any government plan that does not require the Policy to be primary.

No benefits are payable for transplants which are considered an Elective Surgery or Elective Treatment (as defined).

Travel expenses are not covered. Health services connected with the removal of an organ or tissue from an Insured Person for purposes of a transplant to another person are not covered.

44. Pediatric Dental and Vision Services.

Benefits are payable as specified in the Pediatric Dental Services Benefits and Pediatric Vision Care Services Benefits sections of this Certificate of Coverage.

45. Abortion and Abortion Related Services.

Benefits are payable with no cost-sharing for all abortion and abortion related services, including pre-abortion and follow-up services.

Benefits include, but are not limited to:

- Office visits and Physician services for examinations, prescriptions, and referrals. Please note, however, referrals are not required prior to receiving Covered Medical Expenses for reproductive or sexual health care.
- Outpatient facility fees.
- Telehealth.
- Anesthesia.
- Inpatient Facility fees and related Physician fees.

For the purpose of this benefit, abortion means any medical treatment intended to induce the termination of a pregnancy, except for the purpose of producing a live birth, which would include, for example, medication or surgical procedures and related services that are necessary to stop the progression of a pregnancy or to remove the pregnancy in the case of a miscarriage or ectopic pregnancy.

46. Acupuncture Services.

Benefits are payable for Medically Necessary acupuncture services.

47. Bariatric Surgery.

Benefits are payable for bariatric surgical procedures when a Physician who is a specialist in bariatric care determines that the surgery is Medically Necessary.

Benefits include:

- Inpatient surgery performed to treat obesity by modification of the gastrointestinal tract to reduce nutrient intake and absorption.
- Room and board expenses.
- Hospital miscellaneous expenses.

Benefits also include certain travel and lodging expenses when the Insured must travel 50 miles or more to the facility where the bariatric surgical procedure is performed. Authorized and documented travel and lodging expenses will be reimbursed as follows:

- The Insured's transportation to and from the facility up to \$130 per round trip for a maximum of three trips (one pre-surgical visit, the surgery, and one follow-up visit).
- Transportation for one companion to and from the facility up to \$130 per round trip for a maximum of two trips (the surgery and one follow-up visit).
- One hotel room, double-occupancy, for the Insured and one companion not to exceed \$100 per day for the pre-surgical visit and the follow-up visit, up to two days per trip.
- Hotel accommodations for one companion not to exceed \$100 per day for the duration of the Insured's surgery stay, up to four days.

48. Medical Foods.

Benefits are payable for elemental dietary enteral formulas for the primary therapy for regional enteritis (Crohn's Disease). Medical foods must be prescribed by a Physician. The written prescription must accompany the claim when submitted.

See also Benefits for Phenylketonuria.

49. Medical Supplies.

Medical supplies when prescribed by a Physician. A written prescription must accompany the claim when submitted.

Medical supplies are also covered as specified in the applicable Medical Expense Benefits section or Mandated Benefits provisions for the following:

- Ostomy and Urological Supplies.
- Benefits for Diabetes.
- Durable Medical Equipment.
- Home Health Care.
- Hospice Care.
- Benefits for Home Test Kits for Sexually Transmitted Disease.

- Benefits for Pasteurized Donor Human Breast Milk.

See the Prescription Drug Benefit section for outpatient prescription drugs and supplies covered under the prescription drug benefit.

50. **Ostomy and Urological Supplies.**

Benefits are limited to the following supplies:

- Ostomy supplies, including: adhesives and adhesive remover, ostomy belt, hernia belt, catheter, skin wash/cleaner, bedside drainage bag and bottle, urinary leg bags, gauze pads, irrigation faceplate, irrigation sleeve, irrigation bag, irrigation cone/catheter, lubricant, urinary connectors, gas filters, ostomy deodorants, drain tube attachment devices, gloves, stoma caps, colostomy plug, ostomy inserts, urinary and ostomy pouches, barriers, pouch closures, ostomy rings, ostomy face plates, skin barrier, skin sealant and tape (waterproof and non-waterproof).
- Urological supplies, including: adhesive catheter skin attachment, catheter insertion trays with and without catheter and bag, male and female external collecting devices, male external catheter with integral collection chamber, irrigation tubing sets, indwelling catheters, foley catheters, intermittent catheters, cleaners, skin sealants, bedside and leg drainage bags, bedside drainage bottle, catheter leg straps, irrigation tray, irrigation syringe, lubricating gel, sterile individual packets, tubing and connectors, catheter clamp or plug, penile clamp, urethral clamp or compression device, tape (waterproof and non-waterproof), and catheter anchoring device.

Benefits are not available for ostomy and urological supplies that are comfort, convenience, or luxury equipment or features for other items that are not listed above.

51. **Vision Correction.**

Benefits are payable for the following when not covered under the Pediatric Vision Care Services benefit:

- Up to two Medically Necessary contact lenses per eye (including fitting and dispensing) per Policy Year to treat aniridia.
- Up to six Medically Necessary contact lenses per eye (including fitting and dispensing) per Policy Year to treat aphakia for Insureds through age nine.

Section 7: Mandated Benefits

In addition to the Essential Health Benefits described in the Medical Expense Benefits section, the following Mandated Benefits are required, and therefore considered to be essential, by California law:

Benefits are payable for Covered Medical Expenses incurred by or for an Insured Person as set forth in each Mandated Benefit listed below. Benefits are subject to applicable Deductible, Coinsurance, or Copayment amounts as set forth in the Policy Schedule of Benefits, except as specifically described in the Mandated Benefit. Read the Definitions section and the Exclusions and Limitations section carefully.

BENEFITS FOR MAMMOGRAPHY

Benefits will be paid for screening and diagnostic mammography performed to detect the presence of occult breast cancer, upon the referral of a nurse practitioner, certified nurse midwife, physician assistant, or Physician.

Mammograms not covered by the Preventive Care Services benefit shall be payable as referenced in the Diagnostic X-ray Services benefit listed in the Policy Schedule of Benefits.

Mammograms covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services listed in the Policy Schedule of Benefits. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR UPPER OR LOWER JAWBONE SURGERY

Benefits will be paid for surgical procedures for conditions directly affecting the upper or lower jawbone, or associated bone joints, provided the service is considered a Medical Necessity and does not include dental procedures other than those identified in the Schedule of Benefits.

Benefits shall be payable the same as any other surgical procedure, including all related services, based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

BENEFITS FOR RECONSTRUCTIVE SURGERY

Benefits will be paid for reconstructive surgery performed to correct or repair abnormal structures of the body caused by congenital defects, developmental abnormalities, trauma, infection, tumors, or disease to do either of the following: (1) to improve function; or (2) to create a normal appearance, to the extent possible.

This benefit does not include cosmetic surgery or surgery performed to alter or reshape normal structures of the body in order to improve the Insured's appearance, except for Reconstructive Breast Surgery following Mastectomy.

Benefits shall be payable the same as any other surgical procedure based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

See Benefits for Mental Health and Substance Use Disorders for reconstructive surgery related to gender dysphoria.

BENEFITS FOR PROSTHETIC DEVICES FOR SPEAKING POST LARYNGECTOMY

Benefits will be paid the same as any other prosthetic device for Prosthetic Devices to restore a method of speaking incident to a laryngectomy.

For the purposes of this section "prosthetic devices" means and includes the provision of initial and subsequent prosthetic devices, including installation accessories, pursuant to an order of the Insured's Physician and surgeon. "Prosthetic devices" does not include electronic voice producing machines.

Benefits shall be payable as referenced in the Durable Medical Equipment benefit listed in the Policy Schedule of Benefits.

BENEFITS FOR MENTAL HEALTH AND SUBSTANCE USE DISORDERS

Benefits will be provided for the diagnosis and Medically Necessary Treatment of a Mental Health or Substance Use Disorders, including all basic health care services, and prescription drugs, in accordance with the Federal Mental Health Parity and Addiction Equity Act.

Benefits include:

1. Basic health care services.
 - Physician services.
 - Inpatient hospital services.
 - Outpatient services (including physical therapy, occupational therapy, speech therapy).
 - Diagnostic laboratory services.
 - Diagnostic and therapeutic radiologic services.
 - Home health services.
 - Emergency services.
 - Ambulance transportation and out-of-area coverage (emergency and urgent care while outside the Service Area).
 - Preventive Care Services.
 - Hospice care.
 - Fertility preservation for iatrogenic infertility.
2. Intermediate services.

Full range of levels of care, including but not limited to:

 - Residential treatment.
 - Partial hospitalization.
 - Intensive outpatient treatment.
3. Mental health benefits.
 - Mental health counseling.
 - Psychological and neuropsychological testing.
 - Electroconvulsive treatment.
 - Transcranial magnetic stimulation.
 - Sleep study/polysomnography (sleep-wake disorders).
 - Esketamine (drug for certain types of depression administered in certified health care setting).
4. Substance use disorder benefits.
 - Inpatient, residential, and outpatient withdrawal management (drug detoxification) and treatment/rehabilitation.

- Medication management, including office-based opioid treatment (medication-assisted treatment with buprenorphine).
 - Narcotic treatment programs, including MAT with methadone.
 - Certified addiction counselor services.
5. Gender dysphoria benefits.
- Mental health professional services.
 - Feminizing/masculinizing hormone therapy.
 - Puberty suppressing hormones (adolescents).
 - Surgery and reconstructive surgery to change primary and/or secondary characteristics (breast, genital, gonadectomy, facial features, hair removal, etc.). For the purposes of treatment for gender dysphoria, reconstructive surgery means Medically Necessary surgery to create a normal appearance for the gender with which the Insured identifies.
 - Voice surgery.
 - Speech therapy.
 - Fertility preservation.

“Mental health or substance use disorders” means a mental health condition or substance use disorder that falls under any of the diagnostic categories listed in the mental and behavioral disorders chapter of the most recent edition of the World Health Organization’s International Statistical Classification of Diseases and Related Health Problems (ICD-10), or that is listed in the most recent version of the American Psychiatric Association’s Diagnostic and Statistical Manual of Mental Disorders (DSM-5). Changes in terminology, organization, or classification of mental health and substance use disorders in future versions of these two references shall not affect the conditions covered by this mandate as long as a condition is commonly understood to be a mental health or substance use disorder by health care providers practicing in relevant clinical specialties.

“Medically necessary treatment of a mental health or substance use disorder” means a service or product addressing the specific needs of the Insured Person, for the purpose of preventing, diagnosing, or treating a Sickness, Injury, condition, or its symptoms, including minimizing the progression of a Sickness, Injury, condition, or its symptoms, in a manner that is all of the following:

- In accordance with the Generally Accepted Standards of Mental Health or Substance Use Disorder Care.
- Clinically appropriate in terms of type, frequency, extent, site, and duration.
- Not primarily for the economic benefit of the Company or Insured Person or for the convenience of the Insured Person, treating Physician, or other Health Care Provider.

“Generally accepted standards of mental health and substance use disorder care” means standards of care and clinical practice that are generally recognized by Health Care Providers practicing in relevant clinical specialties, such as psychiatry, psychology, clinical sociology, addiction medicine and counseling, and behavioral health treatment. Valid, evidence-based sources establishing generally accepted standards of mental health and substance use disorder care include peer-reviewed scientific studies and medical literature, clinical practice guidelines, and recommendations of nonprofit health care provider professional associations, specialty societies, and federal government agencies, and drug labeling approved by the United States Food and Drug Administration.

For the purpose of this benefit, “Health Care Provider” means any of the following providers:

- A person who is licensed under Division 2 (commencing with Section 500) of the California Business and Professions Code.
- An associate marriage and family therapist or marriage and family therapist trainee.
- A qualified autism service provider or qualified autism service professional certified by a national entity.
- An associate clinical social worker.
- An associate professional clinical counselor or professional clinical counselor trainee.
- A registered psychologist.
- A registered psychological assistant.
- A psychology trainee.

If the Medically Necessary Treatment of a Mental Health or Substance Use Disorder is not available from a Preferred Provider within the Preferred Provider network geographic and timely access standards set by law or regulation, the Company shall arrange for the delivery of the Medically Necessary Out-of-Network services and follow-up services that, to the maximum extent possible, meet those geographic and timely access standards. Covered Medical Expenses for the Out-of-Network services will be covered at the Preferred Provider level of benefits.

Benefits will also be provided at the Preferred Provider benefit level for Behavioral Health Crisis Services provided to an Insured by a 988 center or mobile crisis team, regardless of whether the service is provided by a Preferred Provider or Out-of-Network Provider.

“Behavioral Health Crisis Services” means the continuum of services to address crisis intervention, crisis stabilization, and crisis residential treatment needs of those with a Mental Health or Substance Use Disorder crisis that are wellness, resiliency, and recovery oriented. These include, but are not limited to, crisis intervention, including counseling provided by 988 centers, mobile crisis teams, and crisis receiving and stabilization services.

Benefits will also be provided for the diagnosis and Medically Necessary Behavioral Health Treatment for Pervasive Developmental Disorder or Autism.

“Behavioral health treatment” means professional services and treatment programs, including applied behavioral analysis and evidence-based behavior intervention programs, that develop or restore, to the maximum extent practicable, the functioning of an individual with Pervasive Developmental Disorder or Autism, and that meet all the following:

1. The treatment is prescribed by a licensed Physician or Psychologist.
2. The treatment is provided under a treatment plan prescribed by a Qualified Autism Service Provider that is administered by:
 - A Qualified Autism Service Provider.
 - A Qualified Autism Service Professional supervised by the Qualified Autism Service Provider.
 - A Qualified Autism Service Paraprofessional supervised by a Qualified Autism Service Provider or by a Qualified Autism Service Professional.
3. The treatment plan has measurable goals over a specific timeline that is developed and approved by the Qualified Autism Service Provider for the specific Insured Person being treated. The treatment plan shall be reviewed no less than once every six months by the Qualified Autism Service Provider and modified whenever appropriate. In the plan, the Qualified Autism Service Provider shall:
 - Describe the Insured Person’s behavioral health impairments to be treated.
 - Design an intervention plan that includes the service type, number of hours, and parent participation needed to achieve the plan’s goals and objectives, and the frequency at which the Insured Person’s progress is evaluated and reported.
 - Provide intervention plans that utilize evidence-based practices, with demonstrated clinical efficacy in treating Pervasive Developmental Disorder or Autism.
 - Discontinue intensive behavioral intervention services when the treatment goals and objectives are achieved or no longer appropriate.
4. The treatment plan is not used for the purposes of providing or for the reimbursement of respite, day care, or educational services and is not used to reimburse a parent for participating in the treatment program. The treatment plan shall be made available to the Company upon request.

For Medically Necessary Behavioral Health Treatment, benefits shall not be denied or unreasonably delayed based on:

1. An asserted need for cognitive, developmental, or intelligence quotient (IQ) testing.
2. The grounds that Behavioral Health Treatment is experimental, investigational, or educational.
3. The grounds that Behavioral Health Treatment is not being, will not be, or was not provided or supervised by a licensed person, entity or group when the provider or supervisor in question is certified by a national entity, such as the Behavior Analyst Certification Board, that is accredited by the National Commission for Certifying Agencies.
4. The grounds that Behavioral Health Treatment has been, is being, should be, or will be provided by a Regional Center contracting with the Department of Developmental Services.
5. The grounds that an annual visit limit has been reached or exceeded.
6. Any other reason.

“Qualified autism service provider” means either of the following:

1. A person, entity, or group that is certified by a national entity, such as the Behavior Analyst Certification Board, that is accredited by the National Commission for Certifying Agencies, and who designs, supervises, or provides treatment Pervasive Developmental Disorder or Autism, provided the services are within the experience and competence of the person, entity, or group that is nationally certified.
2. A person licensed as a physician and surgeon, physical therapist, occupational therapist, psychologist, marriage and family therapist, educational psychologist, clinical social worker, professional clinical counselor, speech-language pathologist, or audiologist pursuant to Division 2 of the Business and Professions Code, who designs,

supervises, or provides treatment for Pervasive Developmental Disorder or Autism, provided the services are within the experience and competence of the licensee.

“Qualified autism service professional” means an individual who meets all of the following criteria:

1. Provides behavioral health treatment, which may include clinical case management and case supervision under the direction and supervision of a Qualified Autism Service Provider.
2. Is supervised by a Qualified Autism Service Provider.
3. Provides treatment pursuant to a treatment plan developed and approved by the Qualified Autism Service Provider.
4. Is either of the following:
 - A behavioral service provider who meets the education and experience qualifications described in Section 54342 of Title 17 of the California Code of Regulations for an Associate Behavior Analyst, Behavior Analyst, Behavior Management Assistant, Behavior Management Consultant, or Behavior Management Program.
 - A psychological associate, an associate marriage and family therapist, an associate clinical social worker, or an associate professional clinical counselor, as defined and regulated by the Board of Behavioral Sciences or the Board of Psychology.
5. Has training and experience in providing services for Pervasive Developmental Disorder or Autism pursuant to Division 4.5 of the Welfare and Institutions Code or Title 14 of the Government Code.
6. Is employed by the Qualified Autism Service Provider or an entity or group that employs Qualified Autism Services Providers responsible for the Autism treatment plan.

“Qualified autism service paraprofessional” means an unlicensed and uncertified individual who meets all of the following criteria:

1. Is supervised by a Qualified Autism Service Provider or Qualified Autism Service Professional at a level of clinical supervision that meets professionally recognized standards of practice.
2. Provides treatment and implements services pursuant to a treatment plan developed and approved by the Qualified Autism Service Provider.
3. Meets the education and training qualifications described in Section 54342 of Title 17 of the California Code of Regulations.
4. Has adequate education, training, and experience, as certified by a Qualified Autism Services Provider or an entity or group that employs Qualified Autism Service Providers.
5. Is employed by the Qualified Autism Service Provider or an entity or group that employs Qualified Autism Service Providers responsible for the Autism treatment plan.

All Utilization Review of covered Mental Health and Substance Use Disorder services must be made using the criteria and guidelines set forth in the most recent versions of the treatment criteria developed by the nonprofit professional association for the relevant clinical specialty or, if outside the scope of any such criteria and guidelines, on current generally accepted standards of Mental Health and Substance Use Disorder care.

Refer to the Mental Health Benefits and Substance Use Disorder line items in the Schedule of Benefits.

- Services for Mental Health or Substance Use Disorder that are delivered while admitted to a facility or program with a residential component (e.g., Hospital admission, Inpatient physician visits, Inpatient withdrawal management, Inpatient surgery, residential treatment, room and board expenses, etc.) shall be paid as indicated under Inpatient in those line items.
- Outpatient services for Mental Health or Substance Use Disorder that are delivered in the office setting and performed for a routine office-visit type service (e.g., Outpatient Physician visits, counseling, medication management including office-based opioid treatment, injections, etc.) shall be paid as indicated under Outpatient office visits in those line items.
- Other outpatient services for Mental Health or Substance Use Disorder (e.g., partial hospitalization/day treatment, intensive outpatient treatment, psychological and neuropsychological testing, outpatient withdrawal management, outpatient surgery and therapy for gender dysphoria, etc.) shall be paid as indicated under All other outpatient services, except Medical Emergency Expenses and Prescription Drugs, in those line items.

Benefits shall be paid as specified in the Policy Schedule of Benefits and shall be subject to the same terms and conditions as applicable to other Sickness and in accordance with the federal Mental Health Parity and Addiction Equity Act.

BENEFITS FOR CARE EVALUATION AND RELATED HEALTH CARE SERVICES

Benefits will be paid for a clinical evaluation performed by a licensed behavioral health professional and any related health care services provided pursuant to a CARE Agreement or CARE Plan.

"CARE agreement" means a voluntary settlement agreement entered into by the parties. A CARE agreement includes the same elements as a CARE plan to support the respondent in accessing community-based services and supports.

"CARE plan" means an individualized, appropriate range of community-based services and supports, as set forth in this part, which include clinically appropriate behavioral health care and stabilization medications, housing, and other supportive services, as appropriate.

Benefits shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

No cost sharing applies to services described in this benefit, excluding Prescription Drugs.

BENEFITS FOR DIABETES

Benefits will be paid for the following equipment and supplies for the management and treatment of insulin using diabetes, non-insulin using diabetes, and gestational diabetes as Medically Necessary even if the items are available without a prescription:

1. Blood glucose monitors and blood glucose testing strips.
2. Blood glucose monitors designed to assist the visually impaired.
3. Insulin pumps and all related necessary supplies.
4. Ketone urine testing strips.
5. Lancets and lancet puncture devices.
6. Pen delivery systems for the administration of insulin.
7. Podiatric devices to prevent or treat diabetes-related complications.
8. Insulin syringes.
9. Visual aids, excluding eyewear, to assist the visually impaired with proper dosing of insulin.

Benefits will also be provided for diabetes outpatient self-management training, education, and medical nutrition therapy necessary to enable the Insured to properly use the equipment, supplies and medications noted above. The same policy limits will apply as apply to any other Physician's Visits.

Benefits will be paid the same as any other Prescription Drug for the following Medically Necessary prescriptions:

1. Insulin.
2. Prescriptive medications for the treatment of diabetes.
3. Glucagon.

Diabetes equipment, services, or supplies not covered by the Preventive Care Services benefit shall be payable as referenced in the Diabetes Services benefit listed in the Policy Schedule of Benefits.

Diabetes equipment, services, or supplies covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services listed in the Policy Schedule of Benefits. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR PHENYLKETONURIA

Benefits will be paid for the Allowed Amount for the testing and treatment of Phenylketonuria (PKU).

Benefits include those Formulas and Special Food Products that are part of a diet prescribed by a Physician and managed by a health care professional in consultation with a Physician who specializes in the treatment of metabolic disease, provided that the diet is deemed Medically Necessary to avert the development of serious physical or mental disabilities or to promote normal development or function as a consequence of PKU.

Benefits are not required except to the extent that the cost of necessary Formulas and Special Food Products exceeds the cost of a normal diet.

"Formula" means an enteral product for use at home prescribed by a Physician or nurse practitioner or ordered by a registered dietician upon referral by a health care provider authorized to prescribe dietary treatments as Medically Necessary for the treatment of PKU.

"Special food product" means a food product that is both:

1. Prescribed by a Physician or nurse practitioner for the treatment of PKU and is consistent with the recommendations and best practices of qualified health professional with expertise germane to, and experienced in the treatment and care of, PKU. It does not include a food that is naturally low in protein, but may include a food product that is specifically formulated to have less than one gram of protein per serving.
2. Used in place of normal food products, such as grocery store foods, used by the general population.

Benefits for Formula and Special Food Products shall be payable as referenced in the Medical Foods benefit listed in the Policy Schedule of Benefits.

PKU testing not covered by the Preventive Care Services benefits shall be payable as referenced in the Laboratory Procedures benefits listed in the Policy Schedule of Benefits.

PKU testing covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Schedule

The Deductible, Copayment and Coinsurance provisions of the Policy shall not apply.

BENEFITS FOR OSTEOPOROSIS

Benefits will be paid for the Allowed Amount for the diagnosis, treatment and appropriate management of Osteoporosis. Benefits include all Food and Drug Administration approved technologies, including bone mass measurement technologies as deemed medically appropriate.

Benefits shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

The Deductible, Copayment and Coinsurance provisions of the Policy shall not apply.

BENEFITS FOR BREAST CANCER SCREENING AND TREATMENT

Benefits will be paid for the screening for, diagnosis of, and treatment for breast cancer, consistent with generally accepted medical practice and scientific evidence, upon the referral of the Insured's Physician. The length of hospital stay shall be determined by the Insured's Physician and surgeon in consultation with the Insured.

Treatment for breast cancer shall include coverage for prosthetic devices or reconstructive surgery to restore and achieve symmetry for the patient incident to a mastectomy.

"Mastectomy" means the removal of all or part of the breast for Medically Necessary reasons, as determined by a licensed Physician and surgeon. Partial removal of a breast includes, but is not limited to, lumpectomy, which includes surgical removal of a tumor with clear margins.

"Prosthetic device" means the provision of initial and subsequent devices as ordered by an Insured Person's Physician and surgeon.

Breast cancer screenings not covered by the Preventive Care Services benefit shall be payable as referenced in the Diagnostic X-ray Services benefit listed in the Policy Schedule of Benefits.

Breast cancer screenings covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Policy Schedule of Benefits. No cost sharing applies when services are provided by a Preferred Provider.

Benefits for prosthetic devices and reconstructive surgery shall be payable as referenced in the Benefits for Reconstructive Breast Surgery following Mastectomy benefit listed in the Policy Schedule of Benefits.

BENEFITS FOR AIDS VACCINE

Benefits will be paid for the Allowed Amount for a vaccine for acquired immune deficiency syndrome (AIDS) that is approved for marketing by the federal Food and Drug Administration (excluding an investigational new drug application) and that is recommended by the United States Public Health Service.

AIDS vaccines shall be payable as referenced in the Injections benefit listed in the Policy Schedule of Benefits.

The Deductible, Copayment and Coinsurance provisions of the Policy shall not apply.

BENEFITS FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV) TESTS

Benefits will be paid for Human Immunodeficiency Virus (HIV) testing, regardless of whether the test is related to a primary HIV diagnosis. The testing method shall be that which is approved by the federal Food and Drug Administration and is recommended by the United States Public Health Service.

HIV testing not covered by the Preventive Care Services benefit shall be payable as referenced in the Laboratory Procedures benefit listed in the Policy Schedule of Benefits.

HIV testing covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR PROSTATE CANCER SCREENING

Benefits will be paid for screening and diagnosis of prostate cancer, including, but not limited to prostate-specific antigen testing (PSA) and digital rectal examinations when Medically Necessary and consistent with good professional practice.

Benefits for PSA testing shall be payable as referenced in the Laboratory Procedures benefit listed in the Policy Schedule of Benefits.

Benefits for digital rectal examination, including all related services, shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

BENEFITS FOR CANCER SCREENING TESTS

Benefits will be paid for all generally medically accepted cancer screening tests.

Cancer screenings not covered by the Preventive Care Services benefit shall be payable as referenced in the Laboratory Procedures benefit listed in the Policy Schedule of Benefits.

Cancer screenings covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR CERVICAL CANCER SCREENING

Benefits will be paid for an annual cervical cancer screening test, upon the referral of a nurse practitioner, certified nurse midwife, or Physician.

An annual screening test will include:

1. The conventional Pap test.
2. A human papilloma virus screening test that is approved by the federal Food and Drug Administration.
3. The option of any cervical cancer screening test approved by the federal Food and Drug Administration, upon referral by the Insured's health care provider.

Cervical cancer screenings not covered by the Preventive Care Services benefits shall be payable as referenced in the Laboratory Procedures benefit listed in the Policy Schedule of Benefits.

Cervical cancer screenings covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR HUMAN PAPILLOMAVIRUS VACCINE

Benefits will be provided for the human papillomavirus vaccines (HPV) for Insureds for whom the vaccine is approved by the FDA.

HPV vaccines not covered by the Preventive Care Services benefit shall be payable as referenced in the Injections benefit listed in the Policy Schedule of Benefits.

HPV vaccines covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefits listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR OUTPATIENT CONTRACEPTIVE DRUGS, DEVICES, AND CONTRACEPTIVE METHODS

Benefits will be provided for all Federal Food and Drug Administration (FDA) approved contraceptive drugs, devices, and other products, including all FDA-approved contraceptive drugs, devices, and products available over the counter, as prescribed by a Physician to any Insured Person.

Benefits include, but are not limited to, the following:

- Sterilization (both male and female).
- Implantable rods.
- Copper intrauterine devices.
- Intrauterine devices with progestin (all durations and doses).
- Injectable contraceptives.
- Oral contraceptives (combined pill).
- Oral contraceptives (progestin only).
- Oral contraceptives (extended or continuous use).
- The contraceptive patch.
- Vaginal contraceptive rings.
- Diaphragms.
- Contraceptive sponges.
- Cervical caps.
- Condoms (both male and female).
- Spermicides.
- Emergency contraception (levonorgestrel).
- Emergency contraception (ulipristal acetate).

Benefits include up to a 12-month supply of contraceptive drugs when prescribed to be dispensed at one time.

Benefits also include;

- Both male and female sterilization.
- Clinical services related to the provision or use of contraception, including consultations, examinations, procedures, device insertion, ultrasound, anesthesia, patient education, referrals, and counseling.
- Follow-up services related to the drugs, devices, products, and procedures covered under this mandate, including, but not limited to management of side effects, counseling for continued adherence, and device removal.

Benefits will be provided for point-of-sale over the counter contraceptives without cost sharing or medical management restrictions when obtained from a Network Pharmacy. A prescription will not be required to trigger coverage of these products.

Outpatient contraceptive drugs, devices, and contraceptive methods covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Policy Schedule of Benefits. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR ORALLY ADMINISTERED ANTICANCER MEDICATIONS

Benefits will be paid for prescribed, orally administered anticancer medications prescribed for cancer treatment used to kill or slow the growth of cancerous cells.

Orally administered anticancer medications shall be payable as referenced in the Prescription Drug benefit listed in the Policy Schedule of Benefits.

The total Copayment and Coinsurance an Insured Person is required to pay shall not exceed \$250 for an individual prescription of up to a 31-day supply per prescription.

BENEFITS FOR HOME TEST KITS FOR SEXUALLY TRANSMITTED DISEASES

Benefits will be provided for home test kits for sexually transmitted diseases (STDs), including any laboratory costs for processing the kit, that are Medically Necessary or appropriate and ordered directly by a Preferred Provider, or furnished through a standing order for an Insured's use based on clinical guidelines and the Insured's health needs.

"Home test kit" means a product used for a test recommended by the federal *Centers for Disease Control and Prevention* guidelines or the *United States Preventive Services Task Force* that has been waived under the federal *Clinical Laboratory Improvement Act (CLIA)*, FDA-cleared or approved, or developed by a laboratory in accordance with established regulations and quality standards, to allow Insureds to self-collect specimens for STDs, including HIV, remotely at a location outside of a clinical setting.

Benefits for Home Test Kits shall be payable as referenced in the Preventive Care Services benefits listed in the Schedule. No cost sharing applies when the kits are ordered by a Preferred Provider.

Benefits for laboratory costs for processing the kit shall be payable as referenced in the Preventive Care Services benefits listed in the Schedule. No cost sharing applies when the laboratory service is performed by a Preferred Provider.

BENEFITS FOR SERVICES DURING A PUBLIC HEALTH EMERGENCY

Benefits will be provided for the services listed below to prevent or mitigate a disease when the Governor of California has declared a public health emergency due to that disease.

- Evidence-based item, service, or immunization that is intended to prevent or mitigate a disease as recommended by the United States Preventive Services Task Force that has in effect a rating of "A" or "B" or the Advisory Committee on Immunization Practices of the federal Centers for Disease Control and Prevention.
- A health care service or product related to diagnostic and screening testing for the disease that is approved or granted emergency use authorization by the federal Food and Drug Administration, or is recommended by the State Department of Public Health or the Federal Centers for Disease Control and Prevention.
- Therapeutics approved or granted emergency use authorization by the federal Food and Drug Administration for the disease.

These items will be covered no later than 15 business days after the date the recommendation is made.

No cost sharing applies when the services listed above are provided during a declared public health emergency for the disease to which the emergency applies.

BENEFITS FOR COVID-19 TESTING, SERVICES, AND IMMUNIZATIONS

Benefits will be provided for COVID-19 diagnostic and screening testing and health care services related to Diagnostic Testing and Screening Testing approved or granted emergency use authorization by the federal Food and Drug Administration.

"Diagnostic testing" means all of the following:

- Testing intended to identify current or past infection and performed when an Insured has signs or symptoms consistent with COVID-19, or when an Insured is asymptomatic but has recent known or suspected exposure to SARS-CoV-2.
- Testing an Insured with symptoms consistent with COVID-19.
- Testing an Insured as a result of contact tracing efforts.
- Testing an Insured who indicates they were exposed to someone with a confirmed or suspected case of COVID-19.
- Testing an Insured after an individualized clinical assessment by a licensed health care provider.

"Screening testing" means tests that are intended to identify people with COVID-19 who are asymptomatic and do not have known, suspected, or reported exposure to SARS-CoV-2. Screening testing helps to identify unknown cases so that measures can be taken to prevent further transmission. Screening testing includes testing of all the following:

- Workers in a workplace setting.
- Students, faculty, and staff in a school setting.

- A person before or after travel.
- At home testing for a person who does not have symptoms associated with COVID-19 and who does not have known exposure to a person with COVID-19.

Services related to Diagnostic Testing and Screening Testing include, but are not limited to, hospital or health care provider office visits for the purpose of receiving testing, products related to testing, the administration of testing, and items and services furnished to an Insured as part of testing.

Benefits include items, services, immunizations, or therapeutics approved or granted emergency use authorization by the federal Food and Drug Administration that are intended to prevent or mitigate COVID-19 and the items or services necessary for the furnishing of an item, service, or immunization including, but not limited to, office visits, and vaccine administration, whether provided by a Preferred Provider or an Out-of-Network Provider.

Prior authorization or other utilization management requirements do not apply to this benefit.

No cost sharing applies to services described in this benefit when provided during the federal public health emergency.

Six months after the expiration of the COVID-19 federal public health emergency, when services are provided by an Out-of-Network Provider, benefits shall be subject to the Out-of-Network Provider Deductible, Copayment, and Coinsurance amounts shown in the Policy Schedule of Benefits.

BENEFITS FOR VASECTOMY SERVICES AND PROCEDURES

Benefits will be paid for vasectomy services and procedures.

Benefits shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

Benefits for vasectomy services and procedures shall be payable as reference in the Preventive Care Services benefits listed in the Schedule. No cost sharing applies when the service or procedure is performed by a Preferred Provider.

BENEFITS FOR BIOMARKER TESTING

Benefits will be paid for Medically Necessary Biomarker Testing. Benefits include diagnosis, treatment, appropriate management, or ongoing monitoring of an Insured's disease or condition to guide treatment decisions when the biomarker test is supported by medical and scientific evidence, including:

1. Labeled indications for tests that are approved or cleared by the United States Food and Drug Administration or indicated tests for an FDA approved drug.
2. Federal Centers for Medicare and Medicaid Services national coverage determinations.
3. Medicare Administrative Contractor for California for local coverage determination.

Benefits shall be provided in a manner that limits disruptions in care, including the need for multiple biopsies and biospecimen samples as determined by the Insured's Physician.

"Biomarker" means a characteristic that is objectively measured and evaluated as an indicator of normal biological processes, pathogenic processes, or pharmacologic responses to a specific therapeutic intervention. Biomarker includes, but is not limited to, gene mutations or protein expression.

"Biomarker testing" means the analysis of an Insured's tissue, blood or other biospecimen for the presences of a Biomarker. Biomarker testing includes, but is not limited to, single-analyte tests, multi-plex panel tests, and whole genome sequencing.

Benefits for Biomarker Testing shall be payable as referenced in the Laboratory Procedures benefit listed in the Policy Schedule of Benefits.

Benefits for diagnosis, treatment, management, or monitoring of an Insured's condition shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

BENEFITS FOR ADVERSE CHILDHOOD EXPERIENCES SCREENINGS

Benefits will be paid for Adverse Childhood Experiences screenings.

“Adverse Childhood Experiences” means an event, series of events, or set of circumstances that is experienced by an Insured as physically or emotionally harmful or threatening and that has a lasting adverse effect on the Insured’s functioning and physical, social, emotional, or spiritual well-being.

Benefit shall be payable as referenced in the Mental Health Care and Substance Use Disorders benefit listed in the Policy Schedule of Benefits.

BENEFITS FOR PANDAS AND PANS

Benefits will be paid for Medically Necessary prophylaxis, diagnosis, and treatment of PANDAS and PANS, when prescribed or ordered by a Physician.

Benefits shall be provided in a timely manner that is appropriate for the severity of the Insured’s condition and shall include:

- Antibiotics, medication, and behavioral therapies to manage neuropsychiatric symptoms.
- Immunomodulating medicines.
- Plasma exchange.
- Intravenous immunoglobulin therapy.

Covered Medical Expenses shall be covered in adherence with treatment recommendations delineated in current clinical practice guidelines published in peer-reviewed medical literature or as put forth by organizations composed of expert treating clinicians.

“PANS” means pediatric acute-onset neuropsychiatric syndrome.

“PANDAS” means pediatric autoimmune neuropsychiatric disorder associated with streptococcal infections.

Antibiotics, medications, and immunomodulating medicines shall be payable as listed in the Policy Schedule of Benefits under Prescription Drugs.

Behavioral therapies, plasma exchange, and intravenous immunoglobulin therapy services shall be payable as listed in the Policy Schedule of Benefits under Tests & Procedures.

Benefits for more general services (e.g. office visits) shall be payable based on the setting where the service is performed as listed in the Policy Schedule of Benefits.

BENEFITS FOR RAPE OR SEXUAL ASSAULT

Benefits will be provided for Covered Medical Expenses received in an emergency room and Follow-up Health Care Treatment following a rape or sexual assault.

Benefits will be provided for the first nine months following the date the Insured initiates treatment.

“Follow-up health care treatment” means medical or surgical services for the diagnosis, prevention, or treatment of medical conditions arising from an instance of rape or sexual assault.

The Company shall not require any of the following in order to provide coverage:

- An Insured to file a police report on the rape or sexual assault.
- Charges to be brought against the assailant.
- Conviction of the assailant.

The Deductible, Copayment, and Coinsurance amounts shown in the Policy Schedule of Benefits shall not apply.

BENEFITS FOR PASTEURIZED DONOR HUMAN BREAST MILK

Benefits will be paid for Medically Necessary pasteurized donor human breast milk obtained from a Tissue Bank.

“Tissue bank” means a place, establishment, or institution that collects, processes, stores, or distributes tissue for transplantation into human beings.

Donor human breast milk not covered by the Preventive Care Services benefit shall be payable as referenced in the Medical Supplies benefit listed in the Policy Schedule of Benefits.

Donor human breast milk covered by the Preventive Care Services benefit shall be payable as referenced in the Preventive Care Services benefit listed in the Schedule. No cost sharing applies when services are provided by a Preferred Provider.

BENEFITS FOR MEDICAL SERVICES PROVIDED BY A COMMUNITY PARAMEDICINE PROGRAM, TRIAGE TO ALTERNATE DESTINATION, OR MOBILE INTEGRATED HEALTH PROGRAM

Benefits are provided when an Insured receives Covered Medical Expenses in the United States for a Community Paramedicine Program, Triage to Alternate Destination Program, or Mobile Integrated Health Program.

“Community paramedicine program” means a program developed by a local EMS agency and approved by the Emergency Medical Services Authority to provide community paramedicine services consisting of one or more of the program specialties described in this section under the direction of medical protocols developed by the local EMS agency that are consistent with the minimum medical protocols established by the authority.

Community paramedicine services may consist of the following program specialties:

- Providing directly observed therapy (DOT) to persons with tuberculosis in collaboration with a public health agency to ensure effective treatment of the tuberculosis and to prevent spread of the disease.
- Providing case management services to frequent emergency medical services users in collaboration with, and by providing referral to, existing appropriate community resources.
- Providing short-term, post discharge follow-up for persons recently discharged from a hospital due to a serious health condition, including collaboration with, and by providing referral to, home health services when eligible.

“Mobile integrated health program” means a team of licensed health care practitioners, operating within their scope of practice, who provide mobile health services to support the emergency medical services system.

“Triage to alternate destination program” means a program developed by a local EMS agency and approved by the Emergency Medical Services Authority to provide triage paramedic assessments consisting of one or more specialties described in this section operating under triage and assessment protocols developed by the local EMS agency that are consistent with the minimum triage and assessment protocols established by the authority.

Triage paramedic assessments may consist of the following program specialties:

- Providing care and comfort services to hospice patients in their homes in response to 911 calls by providing for the patient's and the family's immediate care needs, including grief support in collaboration with the patient's hospice agency until the hospice nurse arrives to treat the patient.
- Providing patients with advanced life support triage and assessment by a triage paramedic and transportation to an alternate destination facility. An "alternate destination facility" means a treatment location that is an authorized mental health facility, as defined in California Health and Safety Code Section 1812 or an authorized sobering center as defined in California Health and Safety Code Section 1813.
- Providing transport services for patients who identify as veterans and desire transport to a local veterans administration emergency department for treatment, when appropriate.

The Insured will not pay more than the same cost-sharing amount that would have been paid for the same Covered Medical Expenses received from a Preferred Provider.

Section 8: Coordination of Benefits Provision

Benefits will be coordinated with any other eligible medical, surgical, or hospital Plan or coverage so that combined payments under all programs will not exceed 100% of Allowable Expenses incurred for covered services and supplies.

Definitions

1. **Allowable Expenses:** Any health care expense, including Coinsurance, or Copays and without reduction for any applicable Deductible that is covered in full or in part by any of the Plans covering the Insured Person. If a Plan is advised by an Insured Person that all Plans covering the Insured Person are high-deductible health Plans and the Insured Person intends to contribute to a health savings account established in accordance with section 223 of the Internal Revenue Code of 1986, the primary high-deductible health Plan's deductible is not an allowable expense, except for any health care expense incurred that may not be subject to the deductible as described in s 223(c)(2)(C) of the Internal Revenue Code of 1986. If a Plan provides benefits in the form of services, the reasonable cash value of each service is considered an allowable expense and a benefit paid. An expense or service or a portion of an expense or service that is not covered by any of the Plans is not an allowable expense. Any expense that a provider by law or in accordance with a contractual agreement is prohibited from charging an Insured Person is not an allowable expense. Expenses that are not allowable include all of the following.

- The difference between the cost of a semi-private hospital room and a private hospital room, unless one of the Plans provides coverage for private hospital rooms, except when the private room is Medically Necessary.
- For Plans that compute benefit payments on the basis of usual and customary fees or relative value schedule reimbursement or other similar reimbursement methodology, any amount in excess of the highest reimbursement amount for a specified benefit.
- For Plans that provide benefits or services on the basis of negotiated fees, any amount in excess of the highest of the negotiated fees.
- If one Plan calculates its benefits or services on the basis of usual and customary fees or relative value schedule reimbursement or other similar reimbursement methodology and another Plan calculates its benefits or services on the basis of negotiated fees, the Primary Plan's payment arrangement shall be the Allowable Expense for all Plans. However, if the provider has contracted with the Secondary Plan to provide the benefit or service for a specific negotiated fee or payment amount that is different than the Primary Plan's payment arrangement and if the provider's contract permits, that negotiated fee or payment shall be the allowable expense used by the Secondary Plan to determine its benefits.

The amount of any benefit reduction by the Primary Plan because an Insured Person has failed to comply with the Plan provisions is not an Allowable Expense. Examples of these types of Plan provisions include second surgical opinions, precertification of admission, and preferred provider arrangements.

2. **Plan:** A form of coverage with which coordination is allowed.

Plan includes all of the following:

- Group insurance contracts and subscriber contracts.
- Uninsured arrangements of group or group-type coverage.
- Group coverage through closed panel Plans.
- Group-type contracts, including blanket contracts.
- The medical care components of long-term care contracts, such as skilled nursing care.
- The medical benefits coverage in automobile no fault and traditional automobile fault type contracts.
- Medicare or other governmental benefits, as permitted by law, except for Medicare supplement coverage. That part of the definition of Plan may be limited to the hospital, medical, and surgical benefits of the governmental program.

Plan does not include any of the following:

- Hospital indemnity coverage benefits or other fixed indemnity coverage.
- Accident only coverage.
- Limited benefit health coverage as defined by state law.
- Specified disease or specified accident coverage.
- School accident-type coverages that cover students for accidents only, including athletic injuries, either on a twenty four hour basis or on a "to and from school" basis;
- Benefits provided in long term care insurance policies for non-medical services, for example, personal care, adult day care, homemaker services, assistance with activities of daily living, respite care, and custodial care or for contracts that pay a fixed daily benefit without regard to expenses incurred or the receipt of services.
- Medicare supplement policies.
- State Plans under Medicaid.
- A governmental Plan, which, by law, provides benefits that are in excess of those of any private insurance Plan or other nongovernmental Plan.
- An Individual Health Insurance Contract.

3. **Primary Plan:** A Plan whose benefits for a person's health care coverage must be determined without taking the existence of any other Plan into consideration. A Plan is a Primary Plan if: 1) the Plan either has no order of benefit determination rules or its rules differ from those outlined in this Coordination of Benefits Provision; or 2) all Plans that cover the Insured Person use the order of benefit determination rules and under those rules the Plan determines its benefits first.

4. **Secondary Plan:** A Plan that is not the Primary Plan.

5. **We, Us or Our:** The Company named in the Policy.

Rules for Coordination of Benefits - When an Insured Person is covered by two or more Plans, the rules for determining the order of benefit payments are outlined below.

The Primary Plan pays or provides its benefits according to its terms of coverage and without regard to the benefits under any other Plan.

If an Insured is covered by more than one Secondary Plan, the Order of Benefit Determination rules in this provision shall decide the order in which the Secondary Plan's benefits are determined in relation to each other. Each Secondary Plan shall take into consideration the benefits of the Primary Plan or Plans and the benefits of any other Plans, which has its benefits determined before those of that Secondary Plan.

A Plan that does not contain a coordination of benefits provision that is consistent with this provision is always primary unless the provisions of both Plans state that the complying Plan is primary. This does not apply to coverage that is obtained by virtue of membership in a group that is designed to supplement a part of a basic package of benefits and provides that this supplementary coverage shall be excess to any other parts of the Plan provided by the contract holder. Examples of these types of situations are major medical coverages that are superimposed over base Plan hospital and surgical benefits, and insurance type coverages that are written in connection with a closed panel Plan to provide out of network benefits.

If the Primary Plan is a closed panel Plan and the Secondary Plan is not a closed panel Plan, the Secondary Plan shall pay or provide benefits as if it were the Primary Plan when an Insured Person uses a non-panel provider, except for Emergency Services or authorized referrals that are paid or provided by the Primary Plan.

A Plan may consider the benefits paid or provided by another Plan in calculating payment of its benefits only when it is secondary to that other Plan.

Order of Benefit Determination - Each Plan determines its order of benefits using the first of the following rules that apply:

1. **Non-Dependent/Dependent.** The benefits of the Plan which covers the person as an employee, member or subscriber are determined before those of the Plan which covers the person as a Dependent. If the person is a Medicare beneficiary, and, as a result of the provisions of Title XVII of the Social Security Act and implementing regulations, Medicare is both (i) secondary to the Plan covering the person as a dependent; and (ii) primary to the Plan covering the person as other than a dependent, then the order of benefit is reversed. The Plan covering the person as an employee, member, subscriber, policyholder or retiree is the Secondary Plan and the other Plan covering the person as a dependent is the Primary Plan.
2. **Dependent Child/Parents Married or Living Together.** When this Plan and another Plan cover the same child as a Dependent of different persons, called "parents" who are married or are living together whether or not they have ever been married:
 - the benefits of the Plan of the parent whose birthday falls earlier in a year exclusive of year of birth are determined before those of the Plan of the parent whose birthday falls later in that year.
 - However, if both parents have the same birthday, the benefits of the Plan which covered the parent longer are determined before those of the Plan which covered the other parent for a shorter period of time.
3. **Dependent Child/Parents Divorced, Separated or Not Living Together.** If two or more Plans cover a person as a Dependent child of parents who are divorced or separated or are not living together, whether or not they have ever been married, benefits for the child are determined in this order:

If the specific terms of a court decree state that one of the parents is responsible for the health care services or expenses of the child and that Plan has actual knowledge of those terms, that Plan is Primary. If the parent with financial responsibility has no coverage for the child's health care services or expenses, but that parent's spouse does, the spouse's Plan is the Primary Plan. This item shall not apply with respect to any Plan year during which benefits are paid or provided before the entity has actual knowledge of the court decree provision.

If a court decree states that both parents are responsible for the child's health care expenses or coverage, the order of benefit shall be determined in accordance with part (2).

If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or coverage of the child, the order of benefits shall be determined in accordance with the rules in part (2).

If there is no court decree allocating responsibility for the child's health care expenses or coverage, the order of benefits are as follows:

- First, the Plan of the parent with custody of the child.
- Then the Plan of the spouse of the parent with the custody of the child.
- The Plan of the parent not having custody of the child.

- Finally, the Plan of the spouse of the parent not having custody of the child.

4. **Dependent Child/Non-Parental Coverage.** If a Dependent child is covered under more than one Plan of individuals who are not the parents of the child, the order of benefits shall be determined, as applicable, as if those individuals were parents of the child.
5. **Active/Inactive Employee.** The benefits of a Plan which covers a person as an employee who is neither laid off nor retired (or as that employee's Dependent) are determined before those of a Plan which covers that person as a laid off or retired employee (or as that employee's Dependent). If the other Plan does not have this rule, and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.
6. **COBRA or State Continuation Coverage.** If a person whose coverage is provided under COBRA or under a right of continuation pursuant to federal or state law also is covered under another Plan, the following shall be the order of benefit determination:
 - First, the benefits of a Plan covering the person as an employee, member or subscriber or as that person's Dependent.
 - Second, the benefits under the COBRA or continuation coverage.
 - If the other Plan does not have the rule described here and if, as a result, the Plans do not agree on the order of benefits, this rule is ignored.
7. **Longer/Shorter Length of Coverage.** If none of the above rules determines the order of benefits, the benefits of the Plan which covered an employee, member or subscriber longer are determined before those of the Plan which covered that person for the shorter time.

If none of the provisions stated above determine the Primary Plan, the Allowable Expenses shall be shared equally between the Plans.

Effect on Benefits - When Our Plan is secondary, We may reduce Our benefits so that the total benefits paid or provided by all Plans during a plan year are not more than the total Allowable Expenses. In determining the amount to be paid for any claim, the Secondary Plan will calculate the benefits it would have paid in the absence of other health care coverage and apply that calculated amount to the Allowable Expense under its Plan that is unpaid by the Primary Plan. The Secondary Plan may then reduce its payment by the amount so that, when combined with the amount paid by the Primary Plan, the total benefits paid or provided by all Plans for the claim do not exceed the total Allowable Expense for that claim. In addition, the Secondary Plan shall credit to its Plan Deductible any amounts it would have credited to its Deductible in the absence of other health care coverage.

Right to Recovery and Release of Necessary Information - For the purpose of determining applicability of and implementing the terms of this provision, We may, without further consent or notice, release to or obtain from any other insurance company or organization any information, with respect to any person, necessary for such purposes. Any person claiming benefits under Our coverage shall give Us the information We need to implement this provision. We will give notice of this exchange of claim and benefit information to the Insured Person when any claim is filed.

Facility of Payment and Recovery - Whenever payments which should have been made under our coverage have been made under any other Plans, We shall have the right to pay over to any organizations that made such other payments, any amounts that are needed in order to satisfy the intent of this provision. Any amounts so paid will be deemed to be benefits paid under Our coverage. To the extent of such payments, We will be fully discharged from Our liability.

Whenever We have made payments with respect to Allowable Expenses in total amount at any time, which are more than the maximum amount of payment needed at that time to satisfy the intent of this provision, We may recover such excess payments. Such excess payments may be received from among one or more of the following, as We determine: any persons to or for or with respect to whom such payments were made, any other insurers, service plans or any other organizations.

Section 9: Accidental Death and Dismemberment Benefits

Loss of Life, Limb or Sight

If an accidental Injury shall, within 180 days from the date of such Injury, result in any one of the following specific losses, the Insured Person or beneficiary may request the Company to pay the applicable amount below in addition to payment under the Medical Expense Benefits.

For Loss Of

Life	\$5,000.00
Two or More Members	\$5,000.00

Member means hand, arm, foot, leg, or eye. Loss shall mean with regard to hands or arms and feet or legs, dismemberment by severance at or above the wrist or ankle joint; with regard to eyes, entire and irrecoverable loss of sight. Only one specific loss (the greater) resulting from any one Injury will be paid.

Section 10: Definitions

AIR AMBULANCE means medical transport by rotary wing air ambulance or fixed wing air ambulance as defined in 42 CFR 414.605.

ALLOWED AMOUNT means the maximum amount the Company is obligated to pay for Covered Medical Expenses. Allowed amounts are determined by the Company or determined as required by law, as described below.

Allowed amounts are based on the following:

When Covered Medical Expenses are received from a Preferred Provider, allowed amounts are the Company's contracted fee(s) with that provider.

When Covered Medical Expenses are received from an Out-of-Network Provider as described below, allowed amounts are determined as follows:

1. **For non-Medical Emergency Covered Medical Expenses received at certain Preferred Provider facilities from Out-of-Network Provider Physicians** when such services are either: a) Ancillary Services; or b) non-Ancillary Services that have not satisfied the notice and consent criteria of section 2799B-2(d) of the *Public Health Service Act* with respect to a visit as defined by the Secretary, the allowed amount is based on one of the following in the order listed below as applicable:

- The reimbursement rate as determined by state law.
- The initial payment made by the Company or the amount subsequently agreed to by the Out-of-Network Provider and the Company.
- The amount determined by *Independent Dispute Resolution (IDR)*.

For the purpose of this provision, "certain Preferred Provider facilities" are limited to a hospital (as defined in 1861(e) of the *Social Security Act*), a hospital outpatient department, a critical access hospital (as defined in 1861(mm)(1) of the *Social Security Act*), an ambulatory surgical center (as described in section 1833(i)(1)(A) of the *Social Security Act*), and any other facility specified by the Secretary.

2. **For Emergency Services provided by an Out-of-Network Provider**, the allowed amount is based on one of the following in the order listed below as applicable:
 - The reimbursement rate as determined by state law.
 - The initial payment made by the Company or the amount subsequently agreed to by the Out-of-Network Provider and the Company.
 - The amount determined by *Independent Dispute Resolution (IDR)*.
3. **For Air Ambulance transportation provided by an Out-of-Network Provider**, the allowed amount is based on one of the following in the order listed below as applicable:
 - The reimbursement rate as determined by state law.
 - The initial payment made by the Company or the amount subsequently agreed to by the Out-of-Network Provider and the Company.
 - The amount determined by *Independent Dispute Resolution (IDR)*.

When Covered Medical Expenses are received from an Out-of-Network Provider, except as described above, allowed amounts are determined based on either of the following:

1. Negotiated rates agreed to by the Out-of-Network Provider and either the Company or one of Our vendors, affiliates or subcontractors.
2. If rates have not been negotiated, then one of the following amounts:
 - Allowed amounts are determined based on 140% of the published rates allowed by the Centers for Medicare and Medicaid Services (CMS) for Medicare for the same or similar service within the geographical market, with the exception of the following.
 - 50% of CMS for the same or similar freestanding laboratory service.

- 45% of CMS for the same or similar Durable Medical Equipment from a freestanding supplier, or CMS competitive bid rates.
- 70% of CMS for the same or similar physical therapy service from a freestanding provider.
- When a rate for all other services is not published by CMS for the service, the allowed amount is based on 20% of the provider's billed charge.

We update the CMS published rate data on a regular basis when updated data from CMS becomes available. These updates are typically put in place within 30 to 90 days after CMS updates its data.

ANCILLARY SERVICES means items and services provided by Out-of-Network Provider Physicians at a Preferred Provider facility that are any of the following:

1. Related to emergency medicine, anesthesiology, pathology, radiology, and neonatology.
2. Provided by assistant surgeons, hospitalists, and intensivists.
3. Diagnostic services, including radiology and laboratory services, unless such items and services are excluded from the definition of ancillary services as determined by the Secretary.
4. Provided by such other specialist practitioners as determined by the Secretary.
5. Provided by an Out-of-Network Provider Physician when no other Preferred Provider Physician is available.

COINSURANCE means the percentage of Covered Medical Expenses that the Company pays.

COMPLICATION OF PREGNANCY means a condition: 1) caused by pregnancy; 2) requiring medical treatment prior to, or subsequent to termination of pregnancy; 3) requiring medical treatment to terminate the pregnancy; and 4) the diagnosis of which is distinct from pregnancy.

This definition does not include a condition simply associated with the management of a difficult pregnancy.

CONGENITAL CONDITION means a medical condition or physical anomaly arising from a defect existing at birth.

COPAY/COPAYMENT means a specified dollar amount that the Insured is required to pay for certain Covered Medical Expenses.

COVERED MEDICAL EXPENSES means health care services and supplies which are all of the following:

1. Provided for the purpose of preventing, evaluating, diagnosing, treating, or minimizing the progression of a Sickness or Injury, or its symptoms.
2. Medically Necessary.
3. Not in excess of the Allowed Amount or the Recognized Amount when applicable.
4. Not in excess of the maximum benefit payable per service as specified in the Schedule of Benefits.
5. Not excluded in this Certificate under the Exclusions and Limitations.
6. In excess of the amount stated as a Deductible, if any.

Covered Medical Expenses will be deemed "incurred" only: 1) when the covered services are provided; and 2) when a charge is made to the Insured Person for such services.

Covered Medical Expenses also include Urgent Care Services as defined in this Certificate.

CUSTODIAL CARE means services that are any of the following:

1. Non-health related services, such as assistance with activities of daily living, including eating, dressing, bathing, transferring, and ambulating.
2. Services that do not require continued administration by trained medical personnel in order to be delivered safely and effectively.

DEDUCTIBLE means if an amount is stated in the Schedule of Benefits or any endorsement to the Policy as a deductible, it shall mean an amount to be subtracted from the amount or amounts otherwise payable as Covered Medical Expenses before payment of any benefit is made. The deductible will apply as specified in the Schedule of Benefits.

ELECTIVE SURGERY OR ELECTIVE TREATMENT means those health care services or supplies that do not meet the health care need for a Sickness or Injury. Elective surgery or elective treatment includes any service, treatment or supplies that: 1) are research or experimental; or 2) are not recognized and generally accepted medical practices in the United States.

Preventive Care Services or Medically Necessary diagnostic services are not considered to be elective treatment.

EMERGENCY SERVICES means with respect to a Medical Emergency:

1. An appropriate medical screening, examination, and evaluation that is within the capability of the emergency department of a Hospital or an Independent Freestanding Emergency Department, including Ancillary Services routinely available to the emergency department to evaluate such emergency medical condition.
2. Such further medical examination and treatment to relieve or eliminate the emergency medical condition (including active labor) or to stabilize the patient to the extent they are within the capabilities of the staff and facilities available at the Hospital or an Independent Freestanding Emergency Department to stabilize the patient (regardless of the department of the Hospital in which such further exam or treatment is provided). For the purpose of this definition, "to stabilize" has the meaning as given such term in section 1867(e)(3) of the Social Security Act (42 U.S.C. 1395dd(e)(3)).
3. Ambulance and ambulance transport services.

Emergency services include items and services otherwise covered under the Policy when provided by an Out-of-Network Provider or facility (regardless of the department of the Hospital in which the items and services are provided) after the patient is stabilized and as part of outpatient observation, or an Inpatient stay or outpatient stay that is connected to the original emergency medical condition, unless each of the following conditions are met:

1. The attending Physician or treating provider for the Medical Emergency determines the patient is able to travel using nonmedical transportation or non-emergency medical transportation to an available Preferred Provider or Preferred Provider facility located within a reasonable distance taking into consideration the patient's medical condition.
2. The provider furnishing the additional items and services satisfied the notice and consent criteria in accordance with applicable law.
3. The patient is in such a condition to receive information as stated in 2 above and to provide informed consent in accordance with applicable law.
4. The provider or facility satisfied any additional requirements or prohibitions as may be imposed by state law.

GENERALLY ACCEPTED STANDARDS OF MEDICAL PRACTICE means standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, relying primarily on controlled clinical trials, or, if not available, observational studies from more than one institution that suggest a causal relationship between the service or treatment and health outcomes.

If no credible scientific evidence is available, then standards that are based on Physician specialty society recommendations or professional standards of care may be considered. The Company has the right to seek expert opinion in determining whether services are Medically Necessary. The decision to apply Physician specialty society recommendations, the choice of expert, and the determination of when to use such expert opinion shall be determined by the Company.

The Company develops and maintains clinical policies that describe the generally accepted standards of medical practice scientific evidence, prevailing medical standards, and clinical guidelines supporting the Company's determinations regarding specific services. These clinical policies are available through UHCprovider.com.

HABILITATIVE SERVICES means health care services and devices that help a person keep, learn, or improve skills and functions for daily living. Examples are therapy for a child who is not walking or talking at the expected age. These services may include physical and occupational therapy, speech-language pathology, and other services for people with disabilities in a variety of inpatient or outpatient settings or both. Habilitative services must be covered under the same terms and conditions as rehabilitative services.

HOSPITAL means a licensed or properly accredited general hospital which is all of the following:

1. Open at all times.
2. Operated primarily and continuously for the treatment of and surgery for sick or injured persons as inpatients.
3. Under the supervision of a staff of one or more legally qualified Physicians available at all times.
4. Continuously provides on the premises 24 hour nursing service by Registered Nurses.
5. Provides organized facilities for diagnosis and major surgery on the premises.
6. Not primarily a clinic, nursing, rest or convalescent home.

For the purpose of Mental Illness or Substance Use Disorder treatment, the surgery requirement does not apply.

HOSPITAL CONFINED/HOSPITAL CONFINEMENT means confinement as an Inpatient in a Hospital by reason of an Injury or Sickness for which benefits are payable.

INDEPENDENT FREESTANDING EMERGENCY DEPARTMENT means a health care facility that: 1) is geographically separate and distinct and licensed separately from a Hospital under applicable state law; and 2) provides Emergency Services.

INJURY means bodily injury sustained by the Insured Person which is all of the following:

1. Damage to the Insured's body.
2. A source of loss.
3. Treated by a Physician.

All injuries sustained in one accident, including all related conditions and recurrent symptoms of these injuries will be considered one injury. Injury does not include loss which results wholly or in part from disease or other bodily infirmity.

INPATIENT means an uninterrupted confinement that follows formal admission to a Hospital, Skilled Nursing Facility or Inpatient Rehabilitation Facility by reason of an Injury or Sickness for which benefits are payable under the Policy.

INPATIENT REHABILITATION FACILITY means a long term inpatient rehabilitation center, a Hospital (or special unit of a Hospital designated as an inpatient rehabilitation facility) that provides rehabilitation health services on an Inpatient basis as authorized by law.

INSURED PERSON means: 1) the Named Insured. The term Insured also means Insured Person.

INTENSIVE CARE means: 1) a specifically designated facility of the Hospital that provides the highest level of medical care; and 2) which is restricted to those patients who are critically ill or injured. Such facility must be separate and apart from the surgical recovery room and from rooms, beds and wards customarily used for patient confinement. They must be: 1) permanently equipped with special life-saving equipment for the care of the critically ill or injured; and 2) under constant and continuous observation by nursing staff assigned on a full-time basis, exclusively to the intensive care unit. Intensive care does not mean any of these step-down units:

1. Progressive care.
2. Sub-acute intensive care.
3. Intermediate care units.
4. Private monitored rooms.
5. Observation units.
6. Other facilities which do not meet the standards for intensive care.

MEDICAL EMERGENCY means a medical condition (including Mental Illness and Substance Use Disorder) manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a prudent layperson, who possesses an average knowledge of health and medicine, could reasonably expect would result in any of the following:

1. Placement of the Insured's health in jeopardy.
2. Serious impairment of bodily functions.
3. Serious dysfunction of any body organ or part.
4. In the case of a pregnant woman, serious jeopardy to the health of the woman or unborn child.

Medical Emergency includes Active Labor. Active Labor means a labor at a time at which either of the following would occur:

1. There is inadequate time to make a safe transfer to another hospital prior to delivery.
2. A transfer may pose a threat to the health and safety of the Insured or the unborn child.

Medical Emergency also includes a psychiatric emergency medical condition which is a mental disorder that manifests itself by acute symptoms of sufficient severity that it renders the Insured as being either of the following:

1. An immediate danger to himself or herself or others.
2. Immediately unable to provide for or utilize, food, shelter, or clothing due to a mental disorder.

Expenses incurred for Medical Emergency will be paid only for Sickness or Injury which fulfills the above conditions.

MEDICAL NECESSITY/MEDICALLY NECESSARY means those services or supplies provided or prescribed by a Hospital or Physician which are all of the following:

1. Essential for the symptoms and diagnosis or treatment of the Sickness or Injury.
2. Provided for the diagnosis, or the direct care and treatment of the Sickness or Injury.
3. In accordance with Generally Accepted Standards of Medical Practice.
4. Not primarily for the convenience of the Insured, or the Insured's Physician.
5. The most clinically appropriate supply, frequency, duration, or level of service which can safely be provided to the Insured.

The Medical Necessity of being confined as an Inpatient means that both:

1. The Insured requires acute care as a bed patient.
2. The Insured cannot receive safe and adequate care as an outpatient.

The Policy only provides payment for services, procedures and supplies which are a Medical Necessity. No benefits will be paid for expenses which are not a Medical Necessity, including any or all days of Inpatient confinement.

See Benefits for Mental Health and Substance Use Disorders for the definition of Medically Necessary Treatment of a Mental Health or Substance Use Disorder.

MEDICARE means Parts A, B, C and D of the insurance program established by Title XVIII, United States Social Security Act, as amended by 42 U.S.C. Sections 1394, et seq. and as later amended.

MENTAL ILLNESS means a Sickness that is a Mental Health or Substance Use Disorder as defined in Benefits for Mental Health and Substance Use Disorders.

NAMED INSURED means an eligible, registered student of the Policyholder, if: 1) the student is properly enrolled in the Policy; and 2) the appropriate premium for coverage has been paid.

NATURAL TEETH means natural teeth, where the major portion of the individual tooth is present, regardless of fillings or caps.

NEWBORN INFANT means any child born of an Insured while that person is insured under the Policy. Newborn Infants will be covered under the Policy for the first 31 days after birth. Coverage for such a child will be for Injury or Sickness, including medically diagnosed Congenital Conditions, birth abnormalities, prematurity and nursery care; benefits will be the same as for the Insured Person who is the child's parent.

OUT-OF-NETWORK PROVIDER means a provider who does not have a contract with the Company to provide services to Insured Persons.

OUT-OF-POCKET MAXIMUM means the amount of Covered Medical Expenses that must be paid by the Insured Person before Covered Medical Expenses will be paid at 100% for the remainder of the Policy Year. Refer to the Schedule of Benefits for details on how the out-of-pocket maximum applies.

PHYSICIAN means a legally qualified licensed practitioner of the healing arts who:

1. Provides care within the scope of his/her license, certification, registration, or practice as authorized by state law.
2. Is not a member of the Insured Person's immediate family.

The term "member of the immediate family" means any person related to an Insured Person within the third degree by the laws of consanguinity or affinity.

PHYSIOTHERAPY means outpatient rehabilitation therapies (including Habilitative Services) administered by a Physician.

POLICY OR MASTER POLICY means the entire agreement issued to the Policyholder that includes all of the following:

1. The Policy.
2. The Policyholder Application.
3. The Certificate of Coverage.
4. The Schedule of Benefits.
5. Endorsements.
6. Amendments.

POLICY YEAR means the 12-month period of time beginning on the Policy Effective Date and ending on the Policy Termination Date.

POLICYHOLDER means the institution of higher education to whom the Master Policy is issued.

PREFERRED PROVIDER means a provider that has a participation agreement in effect (either directly or indirectly) with the Company or Our affiliates to participate in Our preferred provider network. Our affiliates are those entities affiliated with the Company through common ownership or control with Us or with Our ultimate corporate parent, including direct and indirect subsidiaries.

PRESCRIPTION DRUGS means any of the following:

1. Prescription legend drugs.
2. Compound medications of which at least one ingredient is a prescription legend drug.
3. Any other drugs which under the applicable state or federal law may be dispensed only upon written prescription of a Physician.
4. Injectable insulin.

RECOGNIZED AMOUNT means the amount which any Copayment, Coinsurance, and applicable Deductible is based on for the below Covered Medical Expenses when provided by Out-of-Network Providers:

1. Out-of-Network Emergency Services.
2. Non-Emergency Services received at certain Preferred Provider facilities by Out-of-Network Provider Physicians, when such services are either Ancillary Services or non-Ancillary Services that have not satisfied the notice and consent criteria of section 2799B-2(d) of the *Public Health Service Act*. For the purpose of this provision, "certain Preferred Provider facilities" are limited to a hospital (as defined in 1861(e) of the *Social Security Act*), a hospital outpatient department, a critical access hospital (as defined in 1861(mm)(1) of the *Social Security Act*), an ambulatory surgical center described in section 1833(i)(1)(A) of the *Social Security Act*, and any other facility specified by the Secretary.

The amount is based on one of the following in order listed below as applicable:

1. Applicable state law.
2. The qualifying payment amount as determined under applicable law.

The recognized amount for Air Ambulance services provided by an Out-of-Network Provider will be calculated based on the lesser of the qualifying payment amount as determined under applicable law or the amount billed by the Air Ambulance service provider.

Note: Covered Medical Expenses that use the recognized amount to determine the Insured's cost sharing may be higher or lower than if cost sharing for these Covered Medical Expenses were determined based on an Allowed Amount.

REGISTERED NURSE means a professional nurse (R.N.) who is not a member of the Insured Person's immediate family.

SECRETARY means the term secretary as that term is applied in the *No Surprises Act* of the *Consolidated Appropriations Act (P.L. 116-260)*.

SERVICE AREA means the State of California.

SICKNESS means sickness or disease, including Mental Illness and Substance Use Disorder, of the Insured Person which causes loss while the Insured Person is covered under the Policy.

SKILLED NURSING FACILITY means a Hospital or nursing facility that is licensed and operated as required by law.

SUBSTANCE USE DISORDER means a Sickness that is a Mental Health or Substance Use Disorder as defined in Benefits for Mental Health and Substance Use Disorders.

TELEHEALTH/TELEMEDICINE means the mode of delivering health care services and public health via information and communication technologies to facilitate the diagnosis, consultation, treatment, education, care management, and self-management of an Insured's health care and includes synchronous interactions and asynchronous store and forward transfers while the Insured is at the originating site and the Physician is at a distant site. The site may be a CMS defined originating facility or another location such as an Insured Person's home or place of work.

URGENT CARE CENTER means an entity that provides treatment required to prevent serious deterioration of the Insured Person's health as a result of an unforeseen Sickness, Injury, or the onset of acute or severe symptoms.

URGENT CARE SERVICES means those health care services for the treatment of conditions that require prompt medical attention but that are not a Medical Emergency. Urgent Care Services include treatment for an unforeseen Sickness, unforeseen Injury, or unforeseen complication of an existing condition, including pregnancy, which is necessary to prevent serious deterioration of the Insured's health or the health of the Insured's unborn child.

Section 11: Exclusions and Limitations

No benefits will be paid for: a) loss or expense caused by, contributed to, or resulting from; or b) treatment, services or supplies for, at, or related to any of the following:

1. Cosmetic procedures performed to alter or reshape normal structures of the body in order to improve the Insured's appearance.
This exclusion does not apply to:
 - Benefits for Reconstructive Surgery and Benefits for Upper or Lower Jawbone Surgery in the Mandated Benefits section of the Policy.
 - Medically Necessary treatment of gender dysphoria.
 - Reconstructive Breast Surgery Following Mastectomy.
 - Reconstructive procedures to correct an Injury or treat a Sickness for which benefits are otherwise payable under the Policy.Examples of cosmetic procedures include:
 - Pharmacological regimens, nutritional procedures or treatments.
 - Liposuction or removal of fat deposits considered undesirable, including fat accumulation under the male or female breast or nipple.
 - Removal of excess skin.
 - Circumcision for religious reasons or aesthetic purposes.
 - Hair removal.
 - Hair loss or growth treatment, items, and services for the promotion, prevention, or other treatment of hair loss or hair growth.
 - Nasal and sinus surgery performed for any reason other than for the treatment of an Injury or Sickness.
2. Custodial Care. This exclusion does not apply to assistance with activities of daily living that is provided as part of covered Home Health Care, Hospice Care, Inpatient Rehabilitation Facility care, or Skilled Nursing Facility care.
3. Dental treatment, except:
 - For accidental Injury to Natural Teeth.
 - As described under Dental Treatment in the Medical Expense Benefits section of the Policy.This exclusion does not apply to benefits specifically provided in Pediatric Dental Services.
4. Elective Surgery or Elective Treatment as defined in the Definitions section of the Policy.
5. Health spa or similar facilities. Strengthening programs.
6. Hearing aids. Treatment for hearing defects and hearing loss. "Hearing defects" means any physical defect of the ear which is not part of a disease process and does or can impair normal hearing.
This exclusion does not apply to:
 - Hearing defects or hearing loss as a result of a Congenital Condition, infection or Injury.
 - Benefits specifically provided in the Policy Schedule of Benefits.
 - A bone anchored hearing aid for an Insured Person with: a) craniofacial anomalies whose abnormal or absent ear canals preclude the use of a wearable hearing aid; or b) hearing loss of sufficient severity that it would not be adequately remedied by a wearable hearing aid.
 - Benefits for Reconstructive Surgery in the Mandated Benefits section of the Policy.
7. Immunizations, except as specifically provided in the Preventive Care Services benefit in the Medical Expense Benefits section of the Policy. Preventive medicines or vaccines, except where required for treatment of a covered Injury or as specifically provided in the Preventive Care Services benefit in the Medical Expense Benefits section of the Policy.
8. Injury or Sickness for which benefits are paid:
 - Under any Workers' Compensation or occupational Disease Law or Act, or similar legislation.
9. Treatment outside the United States and its possessions, except when traveling for academic study abroad programs, business or pleasure.
This exclusion does not apply to Emergency Services or urgently needed services due to a Medical Emergency.
10. Experimental or investigational services. The Insured may request an Independent Medical Review (IMR) from the California Department of Insurance (CDI) at no cost to the Insured as described in the Notice of Appeal Rights section of the Policy.

11. Prescription Drugs Services – no benefits will be payable for:
 - Drugs labeled, “Caution - limited by federal law to investigational use” or experimental drugs. The Insured may request an Independent Medical Review (IMR) from the California Department of Insurance (CDI) at no cost to the Insured as described in the Notice of Appeal Rights section of the Policy.
 - Products used solely for cosmetic purposes.
 - Drugs used to treat hair loss or hair growth. Anabolic steroids used for body building.
 - Fertility agents.
 - Refills in excess of the number specified or dispensed after one (1) year of date of the prescription.
12. Reproductive services for the following:
 - Genetic counseling and genetic testing, except for the prenatal diagnosis of fetal genetic disorders.
 - Cryopreservation of reproductive materials. Storage of reproductive materials. This exclusion does not apply when an Insured received covered treatment that may directly or indirectly cause iatrogenic infertility.
 - Fertility tests.
 - Infertility treatment (male or female), including any services or supplies rendered for the purpose or with the intent of inducing conception.
 - Reversal of sterilization procedures.
13. Research or examinations relating to research studies, or any treatment for which the patient or the patient’s representative must sign an informed consent document identifying the treatment in which the patient is to participate as a research study or clinical research study, except as specifically provided in the Policy.
14. Routine eye examinations. Eye refractions. Eyeglasses. Contact lenses. Prescriptions or fitting of eyeglasses or contact lenses. Vision correction surgery. Treatment for visual defects and problems.

This exclusion does not apply as follows:

 - When due to a covered Injury or disease process.
 - To benefits specifically provided in Pediatric Vision Services.
 - To benefits specifically provided in the Policy Schedule of Benefits.
 - To eye examinations, including preventive screenings, for conditions such as hypertension, diabetes, glaucoma, or macular degeneration.
15. Physical examinations and tests for non-preventive care purposes in the absence of Injury or Sickness.
16. Services provided normally without charge by the Health Service of the Policyholder. Services covered or provided by the student health fee.
17. Non-prescribed medical and disposable supplies. (Examples include gauze and dressings, compression stockings, ace bandages.)

This exclusion does not apply to:

 - Ostomy and Urological Supplies in the Medical Expense Benefits section of the Policy.
 - Benefits for Diabetes in the Mandated Benefits section of Policy.
 - Medically Necessary supplies required for Durable Medical Equipment in the Medical Expense Benefits section of the Policy.
 - Medically Necessary supplies required for Home Health Care in the Medical Expense Benefits section of the Policy.
 - Medically Necessary supplies required for Hospice Care in the Medical Expense Benefits section of the Policy.
 - Benefits for Home Test Kits for Sexually Transmitted Disease in the Mandated Benefits section of the Policy.
 - Benefits for Pasteurized Donor Human Breast Milk in the Mandated Benefits section of the Policy.

See the Prescription Drug Benefit section for outpatient prescription drugs and supplies covered under the prescription drug benefit.
18. Surgical breast reduction, breast augmentation, breast implants or breast prosthetic devices. This exclusions does not apply to:
 - Reconstructive Breast Surgery Following Mastectomy in the Medical Expense Benefits section of the Policy.
 - Benefits for Breast Cancer Screening and Treatment in the Mandated Benefits section of the Policy.
 - Benefits for Reconstructive Surgery in the Mandated Benefits section of the Policy.
 - Medically Necessary reconstructive procedures that are for the treatment of gender dysphoria.
 - Medically Necessary breast surgery to treat a Sickness.
19. Treatment in a Government hospital, unless there is a legal obligation for the Insured Person to pay for such treatment.
20. War or any act of war, declared or undeclared; while serving in the armed forces of any country (a pro-rata premium will be refunded upon request for such period not covered).
21. Weight loss and nutrition programs (for example: Weight Watchers®, Jenny Craig®, or other structured commercial weight loss programs) whether or not they are under medical supervision. This exclusion does not apply to benefits specifically provided in the Preventive Care Services benefit in the Medical Expense Benefits section of the Policy.

Section 12: How to File a Claim for Benefits

1. Report to the Student Health Service or Infirmary for treatment or referral, or when not in school, to their Physician or Hospital.
2. Insureds can submit claims online in their My Account at www.uhcsr.com/MyAccount or submit claims by mail. If submitting by mail, send to the address below all medical and hospital bills along with the patient's name and Insured student's name, address, SR ID number (Insured's insurance Company ID number) and name of the university under which the student is insured. A Company claim form is not required for filing a claim.
3. See Notice of Claim and Claim Forms provisions under the General Provisions section of this Certificate.
4. Submit claims for payment within 90 days after the date of service. If the Insured doesn't provide this information within one year of the date of service, benefits for that service may be denied. This time limit does not apply if the Insured is legally incapacitated.

If submitting a claim by mail, send the above information to the Company at:

UnitedHealthcare Student Resources
P.O. Box 809025
Dallas, TX 75380-9025

Section 13 General Provisions

GRACE PERIOD: A grace period of 31 days will be provided for the payment of each premium payment due after the first premium. Coverage shall remain in force during the grace period. The Insured Person's premium must be received during the grace period to avoid a lapse in coverage, and the Insured Person must meet the eligibility requirements each time a premium payment is made.

NOTICE OF CLAIM: Written notice of claim must be given to the Company within 20 days after the occurrence or commencement of any loss covered by the Policy, or as soon thereafter as is reasonably possible. Notice given by or on behalf of the Named Insured to the Company, P.O. Box 809025, Dallas, Texas 75380-9025 with information sufficient to identify the Named Insured shall be deemed notice to the Company.

CLAIM FORMS: Claim forms are not required.

PROOF OF LOSS: Written proof of loss must be furnished to the Company at its said office within 90 days after the date of such loss. Failure to furnish such proof within the time required will not invalidate nor reduce any claim if it was not reasonably possible to furnish proof. In no event except in the absence of legal capacity shall written proofs of loss be furnished later than one year from the time proof is otherwise required.

TIME OF PAYMENT OF CLAIM: Indemnities payable under the Policy for any loss will be paid, in all or in part, as soon as practical, but no later than 30 working days after receipt of due written proof of such loss, unless the claim is contested or denied.

PAYMENT OF CLAIMS: All or a portion of any indemnities provided by the Policy may, at the Company's option, be paid directly to the Hospital or person rendering such service, unless the Named Insured requests otherwise in writing not later than the time of filing proofs of such loss.

Indemnities provided under the Policy for any of the Out-of-Network Provider services listed in the *No Surprises Act* of the *Consolidated Appropriations Act (P.L. 116-260)* will be paid directly to the Provider.

PHYSICAL EXAMINATION AND AUTOPSY: As a part of Proof of Loss, the Company at its own expense shall have the right and opportunity: 1) to examine the person of any Insured Person when and as often as it may reasonably require during the pendency of a claim; and, 2) to have an autopsy made in case of death where it is not forbidden by law.

LEGAL ACTIONS: No action at law or in equity shall be brought to recover on the Policy prior to the expiration of 60 days after written proofs of loss have been furnished in accordance with the requirements of the Policy. No such action shall be brought after the expiration of three years after the time written proofs of loss are required to be furnished.

RIGHT OF RECOVERY: Payments made by the Company which exceed the Covered Medical Expenses (after allowance for Deductible and Coinsurance clauses, if any) payable hereunder shall be recoverable by the Company from or among any persons, firms, or corporations to or for whom such payments were made or from any insurance organizations who are obligated in respect of any covered Injury or Sickness as their liability may appear.

THIRD PARTY RECOVERY: If an Insured recovers money from a third party or third party insurer for medical expenses incurred due to an Injury or Sickness for which the Company paid a medical benefit, the Company must be repaid. The amount repaid will not exceed the amount allowed under California law. The Insured shall execute and deliver such instruments and papers as may be required, and do whatever else is necessary to secure such third party recovery rights to the Company. The Company will not prejudice the rights of the Insured.

MORE THAN ONE POLICY: Insurance effective at any one time on the Insured Person under a like policy, or policies in this Company is limited to the one such policy elected by the Insured Person, his beneficiary or his estate, as the case may be, and the Company will return all premiums paid for all other such policies.

REINSTATEMENT: If any renewal premium is not paid within the time granted the Insured for payment, a subsequent acceptance of premium by the Company or by any agent duly authorized by the Company to accept such premium, without requiring in connection therewith an application for reinstatement, shall reinstate the Policy. If the Company or such agent requires an application for reinstatement and issues a conditional receipt for the premium tendered, the Policy will be reinstated upon approval of such application by the Company or, lacking such approval, upon the forty-fifth day following the date of such conditional receipt unless the Company has previously notified the Insured in writing of its disapproval of such application.

REQUEST FOR ALTERNATE COMMUNICATIONS: A protected individual, who is an Insured Person covered by this Policy, may submit a written request to the Company to direct communications regarding a sensitive service to an alternate mailing address, email address, or telephone number. To obtain an alternate communications request form, the protected individual should contact the Company at 1-866-948-8472 or obtain the request form on the Company's website at www.uhcsr.com/biola.

A "protected individual" is any covered adult or covered minor who can consent to a health care service without the consent of a parent or legal guardian, pursuant to state or federal law.

"Sensitive services" are services related to mental or behavioral health, sexual or reproductive health, sexually transmitted infections, substance use disorder, gender affirming care, or intimate partner violence.

Section 14: Notice of Appeal Rights

RIGHT TO INTERNAL APPEAL

Standard Internal Appeal

The Insured Person has the right to request an Internal Appeal if the Insured Person disagrees with the Company's denial, in whole or in part, of a claim or request for benefits. The Insured Person, or the Insured Person's Authorized Representative, must submit a written request for an Internal Appeal within 180 days of receiving a notice of the Company's Adverse Determination.

The written Internal Appeal request should include:

1. A statement specifically requesting an Internal Appeal of the decision;
2. The Insured Person's Name and ID number (from the ID card);
3. The date(s) of service;
4. The provider's name;
5. The reason the claim should be reconsidered; and
6. Any written comments, documents, records, or other material relevant to the claim.

Please contact the Customer Service Department at 1-866-948-8472 with any questions regarding the Internal Appeal process. The written request for an Internal Appeal should be sent to: UnitedHealthcare Student Resources, PO Box 809025, Dallas, TX 75380-9025.

Internal Appeal Process

Within 180 days after receipt of a notice of an Adverse Determination, an Insured Person or an Authorized Representative may submit a written request for an Internal Review of an Adverse Determination.

Upon receipt of the request for an Internal Review, the Company shall provide the Insured Person with the name, address and telephone of the employee or department designated to coordinate the Internal Review for the Company. With respect to an Adverse Determination involving Utilization Review, the Company shall designate an appropriate clinical peer(s) of the same or similar specialty as would typically manage the case which is the subject of the Adverse Determination. The clinical peer(s) shall not have been involved in the initial Adverse Determination.

Within three working days after receipt of the grievance, the Company shall provide notice that the Insured Person or Authorized Representative is entitled to:

1. Submit written comments, documents, records, and other material relating to the request for benefits to be considered when conducting the Internal Review; and
2. Receive from the Company, upon request and free of charge, reasonable access to and copies of all documents, records and other information relevant to the Insured Person's request for benefits.

Prior to issuing or providing a notice of Final Adverse Determination, the Company shall provide, free of charge and as soon as possible:

1. Any new or additional evidence considered by the Company in connection with the grievance; and
2. Any new or additional rationale upon which the decision was based.

The Insured Person or Authorized Representative shall have 10 calendar days to respond to any new or additional evidence or rationale.

The Company shall issue a Final Adverse Decision in writing or electronically to the Insured Person or the Authorized Representative as follows:

1. For a Prospective Review, the notice shall be made no later than 30 days after the Company's receipt of the grievance.
2. For a Retrospective Review, the notice shall be made no later than 60 days after the Company's receipt of the grievance.

Time periods shall be calculated based on the date the Company receives the request for the Internal Review, without regard to whether all of the information necessary to make the determination accompanies the request.

The written notice of Final Adverse Determination for the Internal Review shall include:

1. The titles and qualifying credentials of the reviewers participating in the Internal Review;
2. Information sufficient to identify the claim involved in the grievance, including the following:
 - a. The date of service;
 - b. The name health care provider; and
 - c. The claim amount;
3. A statement that the diagnosis code and treatment code and their corresponding meanings shall be provided to the Insured Person or the Authorized Representative, upon request;
4. For an Internal Review decision that upholds the Company's original Adverse Determination:
 - a. The specific reason(s) for the Final Adverse Determination, including the denial code and its corresponding meaning, as well as a description of the Company's standard, if any, that was used in reaching the denial;
 - b. Reference to the specific Policy provisions upon which the determination is based;
 - c. A statement that the Insured Person is entitled to receive, upon request and free of charge, reasonable access to and copies of all documents, records, and other information relevant to the Insured Person's benefit request;
 - d. If applicable, a statement that the Company relied upon a specific internal rule, guideline, protocol, or similar criterion and that a copy will be provided free of charge upon request;
 - e. If the Final Adverse Determination is based on a Medical Necessity or experimental or investigational treatment or similar exclusion or limitation, a statement that an explanation will be provided to the Insured Person free of charge upon request;
 - f. Instructions for requesting: (i) a copy of the rule, guideline, protocol or other similar criterion relied upon to make the Final Adverse Determination; and (ii) the written statement of the scientific or clinical rationale for the determination;
5. A description of the procedures for obtaining an External Independent Review of the Final Adverse Determination pursuant to the State's External Review legislation;
6. A copy of the forms necessary to request the External Independent Medical Review;
7. The Insured Person's right to bring a civil action in a court of competent jurisdiction; and
8. Notice of the Insured Person's right to contact the commissioner's office or ombudsman's office for assistance with respect to any claim, grievance or appeal at any time.

Expedited Internal Review

For Urgent Care Requests, an Insured Person may submit a request, either orally or in writing, for an Expedited Internal Review (EIR).

An Urgent Care Request means a request for services or treatment where the time period for completing a standard Internal Appeal:

1. Could seriously jeopardize the life or health of the Insured Person or jeopardize the Insured Person's ability to regain maximum function; or

2. Would, in the opinion of a Physician with knowledge of the Insured Person's medical condition, subject the Insured Person to severe pain that cannot be adequately managed without the requested health care service or treatment.

To request an Expedited Internal Appeal, please contact Claims Appeals at 1-888-315-0447. The written request for an Expedited Internal Appeal should be sent to: Claims Appeals, UnitedHealthcare Student Resources, PO Box 809025, Dallas, TX 75380-9025.

Expedited Internal Review Process

The Insured Person or an Authorized Representative may submit an oral or written request for an Expedited Internal Review (EIR) of an Adverse Determination:

1. Involving Urgent Care Requests; and
2. Related to a concurrent review Urgent Care Request involving an admission, availability of care, continued stay or health care service for an Insured Person who has received Emergency Services, but has not been discharged from a facility.

All necessary information, including the Company's decision, shall be transmitted to the Insured Person or an Authorized Representative via telephone, facsimile or the most expeditious method available. The Insured Person or the Authorized Representative shall be notified of the EIR decision no more than seventy-two (72) hours after the Company's receipt of the EIR request.

If the EIR request is related to a concurrent review Urgent Care Request, benefits for the service will continue until the Insured Person has been notified of the final determination.

At the same time an Insured Person or an Authorized Representative files an EIR request, the Insured Person or the Authorized Representative may file:

1. An Expedited External Review (EER) request if the Insured Person has a medical condition where the timeframe for completion of an EIR would seriously jeopardize the life or health of the Insured Person or would jeopardize the Insured Person's ability to regain maximum function; or
2. An Expedited Experimental or Investigational Treatment External Review (EEIER) request if the Adverse Determination involves a denial of coverage based on a determination that the recommended or requested service or treatment is experimental or investigational and the Insured Person's treating Physician certifies in writing that the recommended or requested service or treatment would be significantly less effective if not promptly initiated.

The notice of Final Adverse Determination may be provided orally, in writing, or electronically.

RIGHT TO EXTERNAL INDEPENDENT MEDICAL REVIEW

An Insured Person has the right to seek an External Independent Medical Review when health care services have been denied, modified, or delayed by the Company, if the decision was based in whole or in part on a finding that the proposed health care services are not Medically Necessary, are experimental or investigational, or are not Covered Medical Expense benefits under the Insured's Policy. An Insured Person may designate an Authorized Representative to act on his or her behalf. The Insured's Physician may join with or otherwise assist the Insured in seeking an External Independent Medical Review, and may advocate on behalf of the Insured.

The Insured Person may apply to the Department of Insurance for an External Independent Medical Review when all of the following conditions are met:

1.
 - a. The Insured's Physician has recommended a health care service as Medically Necessary, or
 - b. The Insured received Urgent Care or emergency services that a Physician determined were Medically Necessary, or
 - c. The Insured, in the absence of a Physician recommendation under subparagraph 1a or the receipt of Urgent Care or emergency services by a Physician under subparagraph 1b has been seen by a Physician for the diagnosis or treatment of the medical condition for which the Insured seeks External Independent Medical Review.
2. The disputed health care service has been denied, modified, or delayed by the Company, based in whole or in part on a decision that the health care service is not Medically Necessary or is not a Covered Medical Expense benefit under the Policy that applies to the Insured.
3. The Insured has filed an Internal Appeal Review request with the Company, and the disputed decision is upheld or the grievance remains unresolved after 30 days. The Insured shall not be required to participate in the Company's Internal Appeal process for more than 30 days. In the case of an Internal Appeal that requires expedited review, the Insured shall not be required to participate in the Company's Internal Appeal process for more than three days.

The External Independent Medical Review Process

An Insured Person may apply to the Department for an External Independent Medical Review of a Final Adverse Benefit Determination to deny, modify, or delay health care services based, in whole or in part, on a finding that the disputed health care services are not Medically Necessary, or are not a covered benefit under the Policy that applies to the Insured. The Insured's request for an External Independent Medical Review must be submitted to the Department within six months after the Insured receives the Final Adverse Benefit Determination notice. However, the Commissioner may extend the application deadline beyond six months if the circumstances of a case warrant the extension.

As part of its notification to the Insured regarding a disposition of the Insured's Final Adverse Benefit Determination that denies, modifies, or delays health care services, the Company shall provide the Insured with an application form approved by the Department, and an addressed envelope, which the Insured may return to initiate an External Independent Medical Review.

Upon receipt of a notice from the Department that the Insured has applied for an External Independent Medical Review, the Company shall, within three business days, provide all the following documents to the Independent Medical Review Organization designated by the Department:

1. a. A copy of all of the Insured's medical records in the possession of the insurer relevant to each of the following:
 - (i) The Insured's medical condition.
 - (ii) The health care services being provided by the Physician for the condition.
 - (iii) The disputed health care services requested by the Insured for the condition.
- b. Any relevant medical records kept by the Company or Physician and discovered or developed after the initial documents were provided to the Independent Medical Review Organization shall be forwarded immediately to the Independent Medical Review Organization. The Company shall concurrently offer to send copies of this documentation to the Insured or, with the Insured's permission, to the Insured's Physician, unless the Insured declines such an offer or the offer is prohibited by law. The documents shall remain confidential as required by state and federal law.
- c. Copies of all information the Company or Physician provided to the Insured regarding the Company's or Physician's decisions regarding the Insured's care or condition, including the Company's written response to the Insured's Internal Appeal.
- d. Copies of all information the Insured or the Insured's Physician provided to the Company in support of the Insured's request for the disputed health care services.
- e. Any other relevant documents or information used by the Company in determining whether disputed health care services should have been provided. The Company shall concurrently send copies of this documentation to the Insured and the Insured's Physician unless the Commissioner finds the material to be legally privileged. The Department and the Independent Medical Review Organization shall maintain the confidentiality of all documents found by the Commissioner to be proprietary information.
- f. Any statements by the Company explaining the reasons for the decision to deny, modify, or delay disputed health care services on the basis of Medical Necessity or not being a Covered Medical Expense benefit under the Policy. The Company shall concurrently send copies of this documentation to the Insured and the Insured's Physician unless the Commissioner finds the material to be legally privileged. The Department and the Independent Medical Review Organization shall maintain the confidentiality of all documents found by the Commissioner to be proprietary information.
2. Upon submitting all the necessary documents to the Independent Medical Review Organization, the Company shall:
 - a. Provide the Insured with an annotated list of all documents submitted.
 - b. Offer to provide copies to the documents, upon request from the Insured.
3. The Independent Medical Review Organization's reviewer must decide the matter within 30 days of receiving the application and supporting documents. The Department may extend this by 3 days in extraordinary circumstances or for good cause.
4. The Independent Medical Review Organization must provide its reviewer's analysis and determinations and a description of the reviewer's qualifications to the Commissioner, the Company, the Insured, and the Insured's Physician.
5. The Commissioner's written decision to adopt the determination of the Independent Review Organization shall be binding on the Company and the Insured.
6. The cost of the External Independent Medical Review shall be borne by the Company.

Where to Send Requests for External Independent Medical Review

All requests for External Independent Medical Review shall be submitted to the state insurance department at the following address:

California Department of Insurance
Consumer Communications Bureau
300 South Spring Street, South Tower

Los Angeles, CA 90013
Toll-Free Consumer Hotline:
1-800-927-HELP (4357) or 1-213-897-8921
TDD Number: 1-800-482-4TDD (4833)
<http://www.insurance.ca.gov/>

BINDING EXTERNAL REVIEW

An External Review decision is binding on the Company except to the extent the Company has other remedies available under state law. An External Review decision is binding on the Insured Person to the extent the Insured Person has other remedies available under applicable federal or state law. An Insured Person or an Authorized Representative may not file a subsequent request for External Review involving the same Adverse Determination or Final Adverse Determination for which the Insured Person has already received an External Review decision.

APPEAL RIGHTS DEFINITIONS

For the purpose of this Notice of Appeal Rights, the following terms are defined as shown below:

Adverse Determination means:

1. A determination by the Company that, based upon the information provided, a request for benefits under the Policy does not meet the Company's requirements for Medical Necessity, appropriateness, health care setting, level of care, or effectiveness, or is determined to be experimental or investigational, and the requested benefit is denied, reduced, in whole or in part, or terminated;
2. A denial, reduction, in whole or in part, or termination based on the Company's determination that the individual was not eligible for coverage under the Policy as an Insured Person;
3. Any prospective or retrospective review determination that denies, reduces, in whole or in part, or terminates a request for benefits under the Policy; or
4. A rescission of coverage.

Authorized Representative means:

1. A person to whom an Insured Person has given express written consent to represent the Insured Person;
2. A person authorized by law to provide substituted consent for an Insured Person;
3. An Insured Person's family member or health care provider when the Insured Person is unable to provide consent; or
4. In the case of an urgent care request, a health care professional with knowledge of the Insured Person's medical condition.

Final Adverse Determination means an Adverse Determination involving a Covered Medical Expense that has been upheld by the Company, at the completion of the Company's internal appeal process or an Adverse Determination for which the internal appeals process has been deemed exhausted in accordance with this notice.

Prospective Review means Utilization Review performed: 1) prior to an admission or the provision of a health care service or course of treatment; and 2) in accordance with the Company's requirement that the service be approved, in whole or in part, prior to its provision.

Retrospective Review means any review of a request for a Covered Medical Expense that is not a Prospective Review request. Retrospective review does not include the review of a claim that is limited to the veracity of documentation or accuracy of coding.

Urgent Care Request means a request for a health care service or course of treatment with respect to which the time periods for making a non-urgent care request determination:

1. Could seriously jeopardize the life or health of the Insured Person or the ability of the Insured Person to regain maximum function; or
2. In the opinion of a physician with knowledge of the Insured Person's medical condition, would subject the Insured Person to severe pain that cannot be adequately managed without the health care service or treatment that is the subject of the request.

Utilization Review means a set of formal techniques designed to monitor the use of or evaluate the Medical Necessity, appropriateness, efficacy or efficiency of health care services, procedures, providers or facilities. Techniques may include ambulatory review, Prospective Review, second opinion, certification, concurrent review, case management, discharge planning, or Retrospective Review. All utilization review of covered Mental Health and Substance Use Disorder services must be made using the criteria and guidelines set forth in the most recent versions of the treatment criteria developed by the nonprofit professional association for the relevant clinical specialty or, if outside the scope of any such criteria and guidelines, on current generally accepted standards of Mental Health and Substance Use Disorder care.

Questions Regarding Appeal Rights

Contact Customer Service at 1-866-948-8472 with questions regarding the Insured Person's rights to an Internal Appeal and External Independent Medical Review.

Other resources are available to help the Insured Person navigate the appeals process. For questions about appeal rights, your state Department of Insurance may be able to assist you at:

California Department of Insurance
Consumer Communications Bureau
300 South Spring Street, South Tower
Los Angeles, CA 90013
Toll-Free Consumer Hotline: 1-800-927-HELP (4357) or 1-213-897-8921
TDD Number: 1-800-482-4TDD (4833)
<http://www.insurance.ca.gov>

Section 15: Online Access to Account Information

UnitedHealthcare Student Resources Insureds have online access to claims status, EOBs, ID cards, network providers, correspondence, and coverage information by logging in to My Account at www.uhcsr.com/myaccount. Insured students who don't already have an online account may simply select the "Create Account" link. Follow the simple, onscreen directions to establish an online account in minutes using the Insured's 7-digit Insurance ID number or the email address on file.

As part of UnitedHealthcare Student Resources' environmental commitment to reducing waste, we've adopted a number of initiatives designed to preserve our precious resources while also protecting the security of a student's personal health information.

My Account now includes a message center - a self-service tool that provides a quick and easy way to view any email notifications the Company may have sent. Notifications are securely sent directly to the Insured student's email address. If the Insured student prefers to receive paper copies, he or she may opt-out of electronic delivery by going into My Profile and making the change there.

Section 16: Important Network Disclosures

Access to a Network Provider:

If Medically Necessary care from a qualified provider cannot be provided by a network provider, the Company will arrange for the required care with an available and accessible Out-of-Network Provider. The Insured will only be responsible for paying the cost sharing in an amount equal to the cost sharing they would have otherwise paid for that service or a similar service if they had received the Covered Medical Expense from a network provider.

If services for the Medically Necessary treatment of a Mental Health or Substance Use Disorder are not available from a network provider within the geographic and timely access standards set by California law or regulation, the Company will arrange for the required care to ensure the delivery of Medically Necessary Out-of-Network Provider services and any Medically Necessary follow-up services that, to the maximum extent possible, meet those geographic and timely access standards.

The delivery of Medically Necessary Out-of-Network Provider services includes, but is not limited to, providing services to secure Medically Necessary Out-of-Network Provider options that are available to the Insured within the geographic and timely access standards. The Insured will pay no more than the same cost sharing that they would pay for the same Medically Necessary services received from a network provider.

Timely Access To Care

The purpose of the timely access law is to make sure the Insured gets the care they need. Sometimes an Insured needs appointments sooner than the law requires. In this case, the Physician can request the appointment be sooner.

Sometimes waiting longer for care is not a problem. The Physician may give a longer wait time if it would not be harmful to the Insured's health. It must be noted in the Insured's record that a longer wait time will not be harmful to their health.

If Medically Necessary care is not available from a network provider and cannot be arranged timely, the network will make alternate arrangements for the required care with an available and accessible Out-of-Network Provider. The Insured will only be responsible for paying the cost sharing in an amount equal to the cost sharing the Insured would have otherwise paid for that service or a similar service if the Insured had received the Medically Necessary service from a network provider.

Access to a Network Provider:

Type of Preferred Provider	Maximum Travel Distance or Travel Time
Hospital	15 miles or 30 minutes
Physician	15 miles or 30 minutes
Specialist	30 miles or 60 minutes
Mental Health Care and Substance Use Disorder professional	15 miles or 30 minutes

Network Provider Appointment Times:

Type of Appointment	Appointment Timeframe
Urgent Care Appointment	48 hours from time of request
Nonurgent Care Appointment – primary care	10 business days from time of request
Nonurgent Care Appointment – specialist	15 business days from time of request
Nonurgent Care Appointment Non-physician Mental Health Care or Substance Use Disorder professional	10 business days from time of request
Nonurgent Care Appointment Ancillary Services for diagnosis or treatment of Sickness or Injury	15 business days from time of request

Network Provider Accessibility Complaints:

If the Insured has a complaint regarding their ability to access covered services from a network provider in a timely manner, the Insured may call the telephone number shown on their ID card. Additionally, an Insured may submit a written complaint to the California Department of Insurance Consumer Communications Bureau at 300 South Spring Street, South Tower, Los Angeles, CA 90013 or call 1-800-927-4357 or 1-800-482-4TDD (4833) or visit <http://www.insurance.ca.gov/>.

Telephone Wait Times:

The Insured can call 24-hours-a-day, 7 days a week to talk to a qualified health professional to decide if their health problem is urgent. If someone needs to call you back, they must call you within 30 minutes. Contact us at the telephone number on your ID card. If you call the number on your ID card, someone should answer the phone within 10 minutes during normal business hours.

Important Language Information:

The Insured may be entitled to the rights and services below. These rights apply only under California law. These rights do not apply to all languages.

The Insured can get an interpreter at no cost to help talk with a doctor or health plan. To get help, the Insured can call 1-866-260-2723.

Language services and the availability of appropriate auxiliary aids and services, including qualified interpreters for Insureds with disabilities and information in alternate formats, will be at no charge and provided in a timely manner, when those aids and services are necessary to ensure an equal opportunity to participate for Insureds with disabilities. If the Insured needs more help, call the California Department of Insurance at 1-800-297-4357.

Services Provided Outside the Service Area:

Emergency Services are covered both inside and outside the Service Area as shown in the Schedule of Benefits.

Section 17: Important Company Contact Information

The Policy is Underwritten by:

UNITEDHEALTHCARE INSURANCE COMPANY

Administrative Office:

UnitedHealthcare Student Resources

P.O. Box 809025

Dallas, Texas 75380-9025

1-866-948-8472

Website: www.uhcsr.com/biola

Gallagher Student Health & Special Risk

500 Victory Road

Quincy, MA 02171

1-800-395-0959

Website: www.gallagherstudent.com/biola

Customer Service:

1-866-948-8472

(Customer Services Representatives are available Monday - Friday, 7:00 a.m. – 7:00 p.m.(Central Time))

Section 18: Pediatric Dental Services Benefits

Benefits are provided for Covered Dental Services, as described below, for Insured Persons under the age of 19. Benefits under this section terminate on the earlier of: 1) last day of the month the Insured Person reaches the age of 19; or 2) the date the Insured Person's coverage under the Policy terminates.

Section 1: Accessing Pediatric Dental Services

Network and Out-of-Network Benefits

Network Benefits - these benefits apply when the Insured Person chooses to obtain Covered Dental Services from a Network Dental Provider. Insured Persons generally are required to pay less to the Network Dental Provider than they would pay for services from an out-of-Network provider. Network Benefits are determined based on the contracted fee for each Covered Dental Service. In no event, will the Insured Person be required to pay a Network Dental Provider an amount for a Covered Dental Service that is greater than the contracted fee.

In order for Covered Dental Services to be paid as Network Benefits, the Insured Person must obtain all Covered Dental Services directly from or through a Network Dental Provider.

Insured Persons must always check the participation status of a provider prior to seeking services. From time to time, the participation status of a provider may change. The Insured Person can check the participation status by calling the Company and/or the provider. The Company can help in referring the Insured Person to Network Dental Providers.

The Company will make a Directory of Network Dental Providers available to the Insured Person. The Insured Person can also call the Company at the number stated on their identification (ID) card to determine which providers participate in the Network.

Out-of-Network Benefits - these benefits apply when the Insured Person decides to obtain Covered Dental Services from out-of-Network Dental Providers. Insured Persons generally are required to pay more to the provider than for Network Benefits. Out-of-Network Benefits are determined based on the Usual and Customary Fee for similarly situated Network Dental Providers for each Covered Dental Service. The actual charge made by an out-of-Network Dental Provider for a Covered Dental Service may exceed the Usual and Customary Fee. Insured Persons may be required to pay an out-of-Network Dental Provider an amount for a Covered Dental Service in excess of the Usual and Customary Fee. When the Insured Person obtains Covered Dental Services from out-of-Network Dental Providers, the Insured Person must file a claim with the Company to be reimbursed for Allowed Dental Amounts.

What Are Covered Dental Services?

The Insured Person is eligible for benefits for Covered Dental Services listed in this section if such Dental Services are Necessary and are provided by or under the direction of a Network Dental Provider.

Benefits are available only for Necessary Dental Services. The fact that a Dental Provider has performed or prescribed a procedure or treatment, or the fact that it may be the only available treatment for a dental disease, does not mean that the procedure or treatment is a Covered Dental Service under this section.

What Is a Pre-Treatment Estimate?

If the charge for a Dental Service is expected to exceed \$500 or if a dental exam reveals the need for fixed bridgework, the Insured Person may notify the Company of such treatment before treatment begins and receive a pre-treatment estimate. To receive a pre-treatment estimate, the Insured Person or Dental Provider should send a notice to the Company, via claim form, within 20 calendar days of the exam. If requested, the Dental Provider must provide the Company with dental x-rays, study models or other information necessary to evaluate the treatment plan for purposes of benefit determination.

The Company will determine if the proposed treatment is a Covered Dental Service and will estimate the amount of payment. The estimate of benefits payable will be sent to the Dental Provider and will be subject to all terms, conditions and provisions of the Policy. Clinical situations that can be effectively treated by a less costly, clinically acceptable alternative procedure will be assigned a benefit based on the less costly procedure.

A pre-treatment estimate of benefits is not an agreement to pay for expenses. This procedure lets the Insured Person know in advance approximately what portion of the expenses will be considered for payment.

Does Pre-Authorization Apply?

Pre-authorization is required for all orthodontic services. The Insured Person should speak to the Dental Provider about obtaining a pre-authorization before Dental Services are provided.

If the Insured Person does not obtain a pre-authorization, benefits for orthodontic services will be subject to a reduction of up to \$500 per occurrence, not to exceed the cost of the benefit to the Company.

Section 2: Benefits for Pediatric Dental Services

Benefits are provided for the Dental Services stated in this Section when such services are:

- A. Necessary.
- B. Provided by or under the direction of a Dental Provider.
- C. Clinical situations that can be effectively treated by a less costly, dental appropriate alternative procedure will be assigned a benefit based on the least costly procedure.
- D. Not excluded as described in Section 3: Pediatric Dental Exclusions of this section.

Benefits for Covered Dental Services are subject to satisfaction of the Dental Services Deductible.

Network Benefits:

Benefits for Allowed Dental Amounts are determined as a percentage of the negotiated contract fee between the Company and the provider rather than a percentage of the provider's billed charge. The Company's negotiated rate with the provider is ordinarily lower than the provider's billed charge.

A Network provider cannot charge the Insured Person or the Company for any service or supply that is not Necessary as determined by the Company. If the Insured Person agrees to receive a service or supply that is not Necessary the Network provider may charge the Insured Person. However, these charges will not be considered Covered Dental Services and benefits will not be payable.

Out-of-Network Benefits:

Benefits for Allowed Dental Amounts from out-of-Network providers are determined as a percentage of the Usual and Customary Fees. The Insured Person must pay the amount by which the out-of-Network provider's billed charge exceeds the Allowed Dental Amounts.

Dental Services Deductible

Benefits for pediatric Dental Services are not subject to the Policy Deductible stated in the Policy Schedule of Benefits. Instead, benefits for pediatric Dental Services are subject to a separate Dental Services Deductible.

For any combination of Network and Out-of-Network Benefits, the Dental Services Deductible per Policy Year is \$500 per Insured Person.

The Dental Services Deductible does not apply to Diagnostic Services and/or Preventive Services.

Out-of-Pocket Maximum - any amount the Insured Person pays in Coinsurance for pediatric Dental Services applies to the Out-of-Pocket Maximum stated in the Policy Schedule of Benefits. Any amount the Insured Person pays in Copayments for pediatric Dental Services applies to the Out-of-Pocket Maximum stated in the Policy Schedule of Benefits.

Benefits

Dental Services Deductibles are calculated on a Policy Year basis.

When benefit limits apply, the limit stated refers to any combination of Network Benefits and Out-of-Network Benefits unless otherwise specifically stated.

Benefit limits are calculated on a Policy Year basis unless otherwise specifically stated.

Benefit Description

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
Diagnostic Services - (Not subject to payment of the Dental Services Deductible.)		
<i>Evaluations (Checkup Exams)</i> Except as noted separately below, all evaluations listed below are limited to two times per 12 months per provider. Covered as a separate benefit only if no other service was done during the visit other than X-rays. D0120 - Periodic oral evaluation D0140 - Limited oral evaluation - problem focused D0145 - Oral evaluation for a patient under three years of age and counseling with primary caregiver D9995 - Teledentistry - synchronous - real time encounter D9996 - Teledentistry - asynchronous - information stored and forwarded to dentist for subsequent review D0150 - Comprehensive oral evaluation - new or established patient D0170 - Re-evaluation - limited, problem focused (Limited to six times per three months up to a maximum of 12 times per 12 months.) D0171 - Re-evaluation - postoperative office visit D0180 - Comprehensive periodontal evaluation - new or established patient	100%	50%
The following service is not subject to a frequency limit. D0160 - Detailed and extensive oral evaluation - problem focused, by report	100%	50%
<i>Intraoral Radiographs (X-ray)</i> Limited to one series of films per 36 months.	100%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D0210 - Intraoral -comprehensive series of radiographic images D0709 - Intraoral - comprehensive series of radiographic images - image capture only D0372 - Intraoral tomosynthesis - comprehensive series of radiographic images D0387 - Intraoral tomosynthesis - comprehensive series of radiographic images - image capture only		
Any combination of the following services is limited to 20 per 12 months, when performed by the same provider. D0220 - Intraoral - periapical first radiographic image D0230 - Intraoral - periapical - each additional radiographic image	100%	50%
The following service is limited to two per six months, per provider. D0240 - Intraoral - occlusal radiographic image The following service is limited to one per date of service. D0250 - Intraoral - occlusal radiographic image The following service is limited to four per date of service. D0260 - Intraoral - occlusal radiographic image	100%	50%
The following services are limited to two per 12 months. D0251 - Extra-oral posterior dental radiographic image D0374 - Intraoral tomosynthesis - periapical radiographic image D0389 - Intraoral tomosynthesis - periapical radiographic image - image capture only D0706 - Intraoral - occlusal radiographic image - image capture only D0707 - Intraoral - periapical radiographic image - image capture only	100%	50%
Any combination of the following services is limited to two series of films per 12 months. D0270 - Bitewing - single radiographic image	100%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D0272 - Bitewings - two radiographic images D0273 - Bitewings - three radiographic images D0274 - Bitewings - four radiographic images D0277 - Vertical bitewings - 7 to 8 radiographic images D0373 - Intraoral tomosynthesis - comprehensive series of radiographic images D0388 - Intraoral tomosynthesis - bitewing radiographic image - image capture only D0708 - Intraoral - bitewing radiographic image - image capture only		
The following services are covered when preformed in a dental setting. When services performed in a medical setting, services are covered under the Insured's medical coverage. D0310 - Sialography D0320 - Temporomandibular joint arthrogram, including injection D0322 - Tomographic survey Limited to one time per 36 months per provider. D0330 - Panoramic radiograph image D0351 - 3D photographic image D0701 - Panoramic radiographic image - image capture only D0702 - 2-D Cephalometric radiographic image - image capture only	100%	50%
The following service is limited to two images per 12 months. D0705 - Extra-oral posterior dental radiographic image - image capture only	100%	50%
The following services are not subject to a frequency limit. D0340 - 2-D Cephalometric radiographic image - acquisition, measurement and analysis D0350 - 2-D Oral/Facial photographic images obtained intra-orally or extra-orally D0601 - Caries risk assessment and documentation, with a finding of low risk D0602 - Caries risk assessment and documentation, with a finding of moderate risk	100%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D0603 - Caries risk assessment and documentation, with a finding of high risk D0391 - Interpretation of diagnostic images D0460 - Pulp vitality tests D0470 - Diagnostic casts D0502 - Other oral pathology procedures, by report D0703 - 2-D Oral/facial photographic image obtained intra-orally or extra-orally - image capture only D0999 - Unspecified diagnostic procedure, by report		
Preventive Services - (Not subject to payment of the Dental Services Deductible.)		
<i>Dental Prophylaxis (Cleanings)</i> The following services are limited to two times every 12 months. D1110 - Prophylaxis - adult D1120 - Prophylaxis – child	100%	50%
<i>Fluoride Treatments</i> The following services are limited to two times every 12 months. D1206 - Topical application of fluoride varnish D1208 - Topical application of fluoride - excluding varnish	100%	50%
The following services are not subject to a frequency limit. D1310 - Nutritional counseling for control of dental disease. D1320 - Tobacco counseling for the control and prevention of oral disease. D1321 - Counseling for the control and prevention of adverse oral, behavioral, and systemic health effects associated with high-risk substance use. D1330 - Oral hygiene instructions	100%	50%
<i>Sealants (Protective Coating)</i> The following services are limited to once per first or second permanent molar every 36 months. D1351 - Sealant - per tooth D1352 - Preventive resin restorations in moderate to high caries risk patient - permanent tooth	100%	50%
<i>Space Maintainers (Spacers)</i> The following services are not subject to a frequency limit.	100%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D1510 - Space maintainer - fixed - unilateral - per quadrant D1516 - Space maintainer - fixed - bilateral maxillary D1517 - Space maintainer - fixed - bilateral mandibular D1520 - Space maintainer - removable - unilateral - per quadrant D1526 - Space maintainer - removable - bilateral maxillary D1527 - Space maintainer - removable - bilateral mandibular D1551 - Re-cement or re-bond bilateral space maintainer - maxillary D1552 - Re-cement or re-bond bilateral space maintainer - mandibular D1553 - Re-cement or re-bond unilateral space maintainer - per quadrant D1555 - Removal of fixed space maintainer D1556 - Removal of fixed unilateral space maintainer - per quadrant D1557 - Removal of fixed bilateral space maintainer - maxillary D1558 - Removal of fixed bilateral space maintainer - mandibular D1575 - Distal shoe space maintainer - fixed - unilateral per quadrant		
Minor Restorative Services - (Subject to payment of the Dental Services Deductible.)		
<i>Amalgam Restorations (Silver Fillings)</i> The following services are not subject to a frequency limit. D2140 - Amalgams - one surface, primary or permanent D2150 - Amalgams - two surfaces, primary or permanent D2160 - Amalgams - three surfaces, primary or permanent D2161 - Amalgams - four or more surfaces, primary or permanent	50%	50%
<i>Composite Resin Restorations (Tooth Colored Fillings)</i> The following services are not subject to a frequency limit. D2330 - Resin-based composite - one surface, anterior D2331 - Resin-based composite - two surfaces, anterior D2332 - Resin-based composite - three surfaces, anterior D2335 - Resin-based composite - four or more surfaces or involving incisal angle (anterior)	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D2390 - Resin-based composite crown, anterior D2391 - Resin-based composite - one surface, posterior D2392 - Resin-based composite - two surfaces, posterior D2393 - Resin-based composite - three surfaces, posterior D2394 - Resin-based composite - four or more surfaces, posterior D2989 - Excavation of a tooth resulting in the determination of non-restorability		
Crowns/Inlays/Onlays - (Subject to payment of the Dental Services Deductible.)		
Except as noted separately below, the following services are subject to a limit of one time every 36 months. D2542 - Onlay - metallic - two surfaces D2543 - Onlay - metallic - three surfaces D2544 - Onlay - metallic - four or more surfaces D2710 - Crown - resin-based composite (indirect) D2712 - Crown - 3/4 resin based composite (indirect) D2721 - Crown - resin with predominantly base metal D2740 - Crown - porcelain/ceramic D2750 - Crown - porcelain fused to high noble metal D2751 - Crown - porcelain fused to predominately base metal D2752 - Crown - porcelain fused to noble metal D2753 - Crown - porcelain fused to titanium and titanium alloys D2780 - Crown - 3/4 cast high noble metal D2781 - Crown - 3/4 cast predominately base metal D2783 - Crown - 3/4 porcelain/ceramic D2790 - Crown - full cast high noble metal D2791 - Crown - full cast predominately base metal D2792 - Crown - full cast noble metal D2794 - Crown - titanium and titanium alloys The following services are limited to one time per 12 months. D2930 - Prefabricated stainless steel crown - primary tooth D2931 - Prefabricated stainless steel crown - permanent tooth	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D2932 - Prefabricated resin crown D2933 - Prefabricated stainless steel crown with resin window The following services are not subject to a frequency limit. D2510 - Inlay - metallic - one surface D2520 - Inlay - metallic - two surfaces D2530 - Inlay - metallic - three surfaces D2910 - Re-cement or re-bond inlay D2915 - Re-cement or re-bond indirectly fabricated or prefabricated post and core D2920 - Re-cement or re-bond crown		
The following service is not subject to a frequency limit. D2940 - Protective restoration	50%	50%
The following service is not subject to a frequency limit. D2950 - Core buildup, including any pins when required	50%	50%
The following services are limited as noted below. D2929 - Prefabricated porcelain/ceramic crown - primary tooth (Limited to one time per tooth per 12 months.) D2951 - Pin retention - per tooth, in addition to restoration (Limited to one time per tooth every 60 months.)	50%	50%
The following services are not subject to a frequency limit. D2952 - Cast post and core in addition to crown D2954 - Prefabricated post and core in addition to crown D2970 - Temporary crown (fractured tooth)	50%	50%
The following services are not subject to a frequency limit. D2941 - Interim therapeutic restoration - primary dentition D2949 - Restorative foundation for an indirect restoration D2950 - Core buildup, including any pins when required D2953 - Each additional indirectly fabricated post - same tooth D2955 - Post removal D2957 - Each additional prefabricated post - same tooth	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D2971 - Additional procedures to construct new crown under existing partial denture framework The following services are not subject to a frequency limit. D2980 - Crown repair necessitated by restorative material failure D2981 - Inlay repair necessitated by restorative material failure D2982 - Onlay repair necessitated by restorative material failure D2999 - Unspecified restorative procedure, by report		
Endodontics - (Subject to payment of the Dental Services Deductible.)		
The following services are not subject to a frequency limit. D3110 - Pulp cap - direct excluding final restoration D3120 - Therapeutic pulpotomy (excluding final restoration) - removal of pulp coronal to the dentinocemental junction and application of medication)	50%	50%
The following services are not subject to a frequency limit. D3220 - Therapeutic pulpotomy (excluding final restoration) D3221 - pulpal debridement, primary and permanent teeth D3222 - Partial pulpotomy for apexogenesis - permanent tooth with incomplete root development	50%	50%
The following services are not subject to a frequency limit. D3230 - Pulpal therapy (resorbable filling) – anterior, primary tooth (excluding final restoration) D3240 - Pulpal therapy (resorbable filling) - posterior, primary tooth (excluding final restoration)	50%	50%
The following services are not subject to a frequency limit. D3310 - Endodontic therapy, anterior tooth (excluding final restoration) D3320 - Endodontic therapy, premolar tooth (excluding final restoration) D3330 - Endodontic therapy, molar tooth (excluding final restoration) D3331 - Treatment of root canal obstruction; non-surgical access	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D3332 - Incomplete endodontic therapy; inoperable, unrestorable or fractured tooth D3333 - Internal root repair of perforation defects D3346 - Retreatment of previous root canal therapy - anterior D3347 - Retreatment of previous root canal therapy - premolar D3348 - Retreatment of previous root canal therapy – molar		
The following services are not subject to a frequency limit. D3351 - Apexification/recalcification - initial visit D3352 - Apexification/recalcification/pulpal regeneration - interim medication replacement D3353 - Apexification/recalcification - final visit	50%	50%
The following services are not subject to a frequency limit. D3410 - Apicoectomy - anterior D3421 - Apicoectomy - premolar (first root) D3425 - Apicoectomy - molar (first root) D3426 - Apicoectomy (each additional root) D3430 - Retrograde filling - per root - Surgical procedure for isolation of tooth with rubber dam D3450 - Root amputation - per root D3471 - Surgical repair of root resorption - anterior D3472 - Surgical repair of root resorption - premolar D3473 - Surgical repair of root resorption - molar D3501 - Surgical exposure of root surface without apicoectomy or repair of root resorption - anterior D3502 - Surgical exposure of root surface without apicoectomy or repair of root resorption - premolar D3503 - Surgical exposure of root surface without apicoectomy or repair of root resorption - molar D3910 - Surgical procedure for isolation of tooth with rubber dam D4381 - Localized delivery of antimicrobial agents via a controlled release vehicle into diseased crevicular tissue, per tooth	50%	50%
The following services are not subject to a frequency limit.	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D3911 - Intraorifice barrier D3920 - Hemisection (including any root removal), not including root canal therapy D3999 - Unspecified endodontic procedure, by report		
Periodontics - (Subject to payment of the Dental Services Deductible.)		
The following services are limited to a frequency of one every 36 months per quadrant. D4210 - Gingivectomy or gingivoplasty - four or more contiguous teeth or tooth bounded spaces per quadrant D4211 - Gingivectomy or gingivoplasty - one to three contiguous teeth or tooth bounded spaces per quadrant	50%	50%
The following services are limited to one every 36 months. D4240 - Gingival flap procedure, including root planing - four or more contiguous teeth or tooth bounded spaces per quadrant D4241 - Gingival flap procedure, including root planing, one to three contiguous teeth or tooth bounded spaces per quadrant D4249 - Clinical crown lengthening - hard tissue	50%	50%
The following services are limited to one every 36 months per quadrant. D4260 - Osseous surgery (including flap entry and closure) - four or more contiguous teeth or tooth bounded spaces per quadrant D4261 - Osseous surgery (including flap entry and closure), one to three contiguous teeth or bounded teeth spaces per quadrant D4263 - Bone replacement graft retained natural tooth - first site in quadrant D4265 - Biologic materials to aid in soft and osseous tissue regeneration D4286 - Removal of non-resorbable barrier	50%	50%
The following service is not subject to a frequency limit. D4270 - Pedicle soft tissue graft procedure	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
The following services are not subject to a frequency limit. D4273 - Autogenous connective tissue graft procedure, per first tooth implant or edentulous tooth position in graft D4275 - Non-autogenous connective tissue graft first tooth implant D4277 - Free soft tissue graft procedure - first tooth D4278 - Free soft tissue graft procedure each additional contiguous tooth D4322 - Splint - intra-coronal, natural teeth or prosthetic crowns D4323 - Splint - extra-coronal, natural teeth or prosthetic crowns	50%	50%
The following services are limited to one time per quadrant every 24 months. D4341 - Periodontal scaling and root planing - four or more teeth per quadrant D4342 - Periodontal scaling and root planing - one to three teeth per quadrant D4346 - Scaling in presence of generalized moderate or severe gingival inflammation - full mouth, after oral evaluation	50%	50%
The following service is not subject to a frequency limit. D4355 - Full mouth debridement to enable a comprehensive periodontal evaluation and diagnosis on a subsequent visit	50%	50%
The following service is limited to four times every 12 months. D4910 - Periodontal maintenance The following services are not subject to a frequency limit. D4920 - Unscheduled dressing change (by someone other than treating dentist or their staff) D4999 - Unspecified periodontal procedure, by report	50%	50%
Removable Dentures - (Subject to payment of the Dental Services Deductible.)		
The following services are limited to a frequency of one every 36 months. D5110 - Complete denture - maxillary D5120 - Complete denture - mandibular D5130 - Immediate denture - maxillary D5140 - Immediate denture - mandibular	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D5211 - Maxillary partial denture - resin base (including retentive/clasping materials, rests, and teeth) D5212 - Mandibular partial denture - resin base (including retentive/clasping materials, rests, and teeth) D5213 - Maxillary partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests, and teeth) D5214 - Mandibular partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests, and teeth) D5221 - Immediate maxillary partial denture - resin base (including retentive/clasping materials, rests and teeth) D5222 - Immediate mandibular partial denture - resin base (including retentive/clasping materials, rests and teeth) D5223 - Immediate maxillary partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth) D5224 - Immediate mandibular partial denture - cast metal framework with resin denture bases (including retentive/clasping materials, rests and teeth) D5227 - Immediate maxillary partial denture - flexible base (including any clasps, rests, and teeth) D5228 - Immediate mandibular partial denture - flexible base (including any clasps, rests, and teeth) D5282 - Removable unilateral partial denture - one piece cast metal (including retentive/clasping materials, rests, and teeth), maxillary D5283 - Removable unilateral partial denture - one piece cast metal (including retentive/clasping materials, rests, and teeth), mandibular D5284 - Removable unilateral partial denture - one piece flexible base (including retentive/clasping materials, rests, and teeth) - per quadrant D5286 - Removable unilateral partial denture - one piece resin (including retentive/clasping materials, rests, and teeth) - per quadrant		
The following services are not subject to a frequency limit.	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D5410 - Adjust complete denture - maxillary D5411 - Adjust complete denture - mandibular D5421 - Adjust partial denture - maxillary D5422 - Adjust partial denture - mandibular D5511 - Repair broken complete denture base - mandibular D5512 - Repair broken complete denture base - maxillary D5520 - Replace missing or broken teeth - complete denture (each tooth) D5611 - Repair resin partial denture base - mandibular D5612 - Repair resin partial denture base - maxillary D5621 - Repair cast partial framework - mandibular D5622 - Repair cast partial framework - maxillary D5630 - Repair or replace broken retentive/clasping materials - per tooth D5640 - Replace broken teeth - per tooth D5650 - Add tooth to existing partial denture D5660 - Add clasp to existing partial denture		
The following services are limited to rebasing performed more than six months after the initial insertion with a frequency limitation of one time per 12 months. D5710 - Rebase complete maxillary denture D5711 - Rebase complete mandibular denture D5720 - Rebase maxillary partial denture D5721 - Rebase mandibular partial denture D5725 - Rebase hybrid prosthesis D5730 - Reline complete maxillary denture (direct) D5731 - Reline complete mandibular denture (direct) D5740 - Reline maxillary partial denture (direct) D5741 - Reline mandibular partial denture (direct) D5750 - Reline complete maxillary denture (indirect) D5751 - Reline complete mandibular denture (indirect)	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D5760 - Reline maxillary partial denture (indirect) D5761 - Reline mandibular partial denture (indirect) D5876 - Add metal substructure to acrylic full denture (per arch)		
The following services are not subject to a frequency limit. D5765 - Soft liner for complete or partial removable denture - indirect D5850 - Tissue conditioning (maxillary) D5851 - Tissue conditioning (mandibular)	50%	50%
The following service is not subject to a frequency limit. D5862 - Precision attachment, by report	50%	50%
The following services are limited to one time per tooth every 60 months. D5863 - Overdenture - complete maxillary D5864 - Overdenture - partial maxillary D5865 - Overdenture - complete mandibular D5866 - Overdenture - partial mandibular	50%	50%
Maxillofacial Prosthetics - (Subject to payment of the Dental Services Deductible.)		
The following services are covered when performed in a dental setting. If services are performed in a medical setting, services are covered under your medical coverage.		
D5911 - Facial moulage (sectional) D5912 - Facial moulage (complete) D5913 - Nasal prosthesis D5914 - Auricular prosthesis D5915 - Orbital prosthesis D5916 - Ocular prosthesis D5919 - Facial prosthesis D5922 - Nasal septal prosthesis D5923 - Ocular prosthesis, interim D5924 - Cranial prosthesis D5925 - Facial augmentation implant prosthesis D5926 - Nasal prosthesis, replacement D5927 - Auricular prosthesis replacement D5928 - Orbital prosthesis, replacement D5929 - Facial prosthesis, replacement D5931 - Obturator prosthesis, surgical D5932 - Obturator prosthesis, definitive D5933 - Obturator prosthesis, modification D5934 - Mandibular resection prosthesis with guide flange D5935 - Mandibular resection prosthesis without guide flange D5936 - Obturator prosthesis, interim	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D5937 - Trismus appliance (not for TMD treatment) D5951 - Feeding aid D5952 - Speech aid prosthesis, pediatric D5953 - Speech aid prosthesis, adult D5954 - Palatinal augmentation prosthesis D5955 - Palatinal lift prosthesis, definitive D5958 - Palatinal lift prosthesis, interim D5959 - Palatinal lift prosthesis, modification D5960 - Speech aid prosthesis, modification D5982 - Surgical stent D5983 - Radiation carrier D5984 - Radiation shield D5985 - Radiation cone locator D5986 - Fluoride gel carrier D5987 - Commissure splint D5988 - Surgical splint D5991 - Topical Medicament Carrier D5999 - Unspecified maxillofacial prosthesis, by report		
The following service is not subject to a frequency limit. D5899 - Unspecified removable prosthodontic procedure, by report	50%	50%
Bridges (Fixed partial dentures) - (Subject to payment of the Dental Services Deductible.)		
The following services are not subject to a frequency limit. D6210 - Pontic - cast high noble metal D6211 - Pontic - cast predominately base metal D6212 - Pontic - cast noble metal D6214 - Pontic - titanium and titanium alloys D6240 - Pontic - porcelain fused to high noble metal D6241 - Pontic - porcelain fused to predominately base metal D6242 - Pontic - porcelain fused to noble metal D6243 - Pontic - porcelain fused to titanium and titanium alloys D6245 - Pontic - porcelain/ceramic D6251 - Pontic - resin with predominantly base metal D6721 - Crown - resin with predominantly base metal	50%	50%
The following services are not subject to a frequency limit. D6545 - Retainer - cast metal for resin bonded fixed prosthesis	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D6548 - Retainer - porcelain/ceramic for resin bonded fixed prosthesis		
The following services are limited to one time every 60 months. D6740 - Retainer crown - porcelain/ceramic D6750 - Retainer crown - porcelain fused to high noble metal D6751 - Retainer crown - porcelain fused to predominately base metal D6752 - Retainer crown - porcelain fused to noble metal D6753 - Retainer crown - porcelain fused to titanium and titanium alloys D6780 - Retainer crown - 3/4 cast high noble metal D6781 - Retainer crown - 3/4 cast predominately base metal D6782 - Retainer crown - 3/4 cast noble metal D6783 - Retainer crown - 3/4 porcelain/ceramic D6784 - Retainer crown - 3/4 titanium and titanium alloys D6790 - Retainer crown - full cast high noble metal D6791 - Retainer crown - full cast predominately base metal D6792 - Retainer crown - full cast noble metal	50%	50%
The following services are not subject to a frequency limit. D6930 - Re-cement or re-bond FPD D6980 - FPD repair necessitated by restorative material failure D6999 - Unspecified, fixed prosthodontic procedure, by report	50%	50%
Oral Surgery - (Subject to payment of the Dental Services Deductible.)		
The following services are not subject to a frequency limit. D7111 - Extraction, coronal remnants - deciduous tooth D7140 - Extraction, erupted tooth or exposed root	50%	50%
The following services are not subject to a frequency limit. D7210 - Surgical removal of erupted tooth requiring removal of bone, sectioning of tooth, and including elevation of mucoperiosteal flap, if indicated D7220 - Removal of impacted tooth - soft tissue	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D7230 - Removal of impacted tooth - partially bony D7240 - Removal of impacted tooth - completely bony D7241 - Removal of impacted tooth - completely bony with unusual surgical complications D7250 - Surgical removal or residual tooth roots D7251 - Coronectomy - intentional partial tooth removal, impacted teeth only D7260 - Oroantral fistula closure - upper molar tooth; extract the tooth - create an opening between sinus D7261 - Primary closure of a sinus perforation		
The following service is not subject to a frequency limit. D7270 - Tooth reimplantation and/or stabilization of accidentally evulsed or displaced tooth	50%	50%
The following services are not subject to a frequency limit. D7280 - Surgical access exposure of an unerupted tooth D7283 - Placement of a device to facilitate eruption of impacted tooth D7290 - Surgical repositioning of teeth	50%	50%
The following service is limited to one per arch per visit. D7285 - Incisional biopsy of oral tissue - hard (bone, tooth)	50%	50%
The following service is limited to three per site per visit. D7286 - Incisional biopsy of oral tissue – soft	50%	50%
The following service is limited to one per arch per lifetime. D7291 - Transseptal fiberotomy/supra crestal fiberotomy, by report	50%	50%
The following services are not subject to a frequency limit. D7310 - Alveoloplasty in conjunction with extractions - four or more teeth or tooth spaces, per quadrant D7311 - Alveoloplasty in conjunction with extraction - one to three teeth or tooth spaces, per quadrant D7320 - Alveoloplasty not in conjunction with extractions - four or	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
more teeth or tooth spaces, per quadrant D7321 - Alveoloplasty not in conjunction with extractions - one to three teeth or tooth spaces, per quadrant		
The following service is limited to one per arch per 60 months. D7340 - Vestibuloplasty - ridge extension (secondary epithelialization)	50%	50%
The following service is limited to one per arch per lifetime. D7350 - Vestibuloplasty - ridge extension (including soft tissue grafts, muscle reattachment, revision of soft tissue attachment)	50%	50%
The following services are not subject to a frequency limit D7410 - Excision of benign lesion up to 1.25 cm D7411 - Excision of benign lesion greater than 1.25 cm D7412 - Excision of benign lesion, complicated D7413 - Excision of malignant lesion up to 1.25 cm D7414 - Excision of malignant lesion greater than 1.25 cm D7415 - Excision of malignant lesion, complicated D7440 - Excision of malignant tumor-lesion diameter up to 1.25 cm D7441 - Excision of malignant tumor - lesion diameter greater than 1.25 cm D7450 - Removal of benign odontogenic cyst or tumor - lesion diameter up to 1.25 cm D7451 - Removal of benign odontogenic cyst or tumor - lesion diameter greater than 1.25 cm D7460 - Removal of benign nonodontogenic cyst or tumor - lesion diameter up to 1.25 cm D7461 - Removal of benign nonodontogenic cyst or tumor - lesion diameter greater than 1.25 cm	50%	50%
The following services are covered when performed in a dental setting. When services performed in a medical setting services are covered under your medical coverage. D7465 - Destruction of lesion(s) by physical or chemical method, by report	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D7490 - Radical resection of maxilla or mandible		
The following services are not subject to a frequency limit. D7471 - Removal of lateral exostosis (maxilla or mandible) D7472 - Removal of torus palatinus D7473 - Removal of torus mandibularis D7485 - Surgical reduction of osseous tuberosity	50%	50%
The following services are not subject to a frequency limit. D7509 - Marsupialization of odontogenic cyst D7510 - Incision and drainage of abscess, intraoral soft tissue D7511 - Incision and drainage of abscess - intraoral soft tissue - complicated (includes drainage of multiple fascial spaces) D7520 - Incision and drainage of abscess - extraoral soft tissue D7521 - Incision and drainage of abscess - extraoral soft tissue - complicated (includes drainage of multiple fascial spaces) D7530 - Removal of foreign body from mucosa, skin, or subcutaneous alveolar tissue D7540 - Removal of reaction -producing foreign bodies - musculoskeletal system D7550 - Partial ostectomy/sequestrectomy for removal of non-vital bone D7560 - Maxillary sinusotomy for removal of tooth fragment or foreign body D7961 - Buccal/labial frenectomy (frenulectomy) D7962 - Lingual frenectomy (frenulectomy) D7963 - Frenuloplasty D7970 - Excision of hyperplastic tissue - per arch D7972 - Surgical reduction of fibrous tuberosity D7910 - Suture of recent small wounds up to 5 cm D7953 - Bone replacement graft for ridge preservation - per site D7961 - Buccal/labial frenectomy (frenulectomy) D7962 - Lingual frenectomy (frenulectomy) D7971 - Excision of pericoronal gingiva	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
The following services are limited to one every 36 months. D7956 - Guided tissue regeneration, edentulous area - resorbable barrier, per site D7957 - Guided tissue regeneration, edentulous area - non-resorbable barrier, per site	50%	50%
The following services are covered when performed in a dental setting. When services performed in a medical setting services are covered under your medical coverage. D7610 - Maxilla - open reduction (teeth immobilized, if present) D7620 - Maxilla - closed reduction (teeth immobilized, if present) D7630 - Mandible - open reduction (teeth immobilized, if present) D7640 - Mandible - closed reduction (teeth immobilized, if present) D7650 - Malar and/or zygomatic arch - open reduction D7660 - Malar and/or zygomatic arch - closed reduction D7670 - Alveolus - closed reduction, may include stabilization of teeth D7671 - Alveolus - open reduction, may include stabilization of teeth D7680 - Facial bones - complicated reduction with fixation and multiple surgical approaches D7710 - Maxilla - open reduction D7720 - Maxilla - closed reduction D7730 - Mandible - open reduction D7740 - Mandible - closed reduction D7750 - Malar and/or zygomatic arch - open reduction D7760 - Malar and/or zygomatic arch - closed reduction D7770 - Alveolus, open reduction stabilization of teeth D7771 - Alveolus, closed reduction stabilization of teeth D7780 - Facial bones - complicated reduction with fixation and multiple surgical approaches D7810 - Open reduction of dislocation D7820 - Closed reduction of dislocation The following services are covered when performed in a dental setting. If services are performed in a medical setting, services are covered under your medical coverage.	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D7830 - Manipulation under anesthesia D7840 - Condylectomy D7850 - Surgical discectomy, with/without implant D7852 - Disc repair D7854 - Synovectomy D7856 - Myotomy D7858 - Joint reconstruction D7860 - Arthrotomy D7865 - Arthroplasty D7870 - Arthrocentesis D7871 - Non-arthroscopic lysis and lavage D7872 - Arthroscopy - diagnosis, with or without biopsy D7873 - Arthroscopy - surgical: lavage and lysis of adhesions D7874 - Arthroscopy - surgical: disc repositioning and stabilization D7875 - Arthroscopy - surgical: synovectomy D7876 - Arthroscopy - surgical: discectomy D7877 - Arthroscopy - surgical: debridement D7880 - Occlusal orthotic device, by report D7899 - Unspecified TMD therapy, by report D7911 - Complicated suture - up to 5 cm D7912 - Complicated suture - greater than 5 cm. D7920 - Skin graft (identify defect covered, location and type of graft) D7940 - Osteoplasty - for orthognathic deformities D7941 - Osteotomy - mandibular rami D7943 - Osteotomy - mandibular rami with bone graft; includes obtaining the graft D7944 - Osteotomy - segmented or subapical - per sextant or quadrant D7945 - Osteotomy - body of mandible D7946 - LeFort I (maxilla - total) D7947 - LeFort I (maxilla - segmented) D7948 - LeFort II or LeFort III (osteoplasty of facial bones for midface hypoplasia or retrusion)-without bone graft D7949 - LeFort II or LeFort III - with bone graft D7950 - Osseous, osteoperiosteal, or cartilage graft of the mandible or maxilla - autogenous or nonautogenous, by report D7951 - Sinus augmentation with bone or bone substitutes		

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D7952 - Sinus augmentation via a vertical approach D7955 - Repair of maxillofacial soft and/or hard tissue defect D7980 - Sialolithotomy D7981 - Excision of salivary gland, by report D7982 - Sialodochoplast D7983 - Closure of salivary fistula D7990 - Emergency tracheotomy D7991 - Coronoidectomy D7995 - Synthetic graft - mandible or facial bones, by report D7997 - Appliance removal (not by dentist who placed appliance), includes removal of archbar D7999 - Unspecified oral surgery procedure, by report D9410 - House/extended care facility call D9420 - Hospital call D9440 - Office visit for observation (during regularly scheduled hours) - no other services performed		
Adjunctive Services - (Subject to payment of the Dental Services Deductible.)		
The following services are not subject to a frequency limit; however, the service is covered as a separate benefit only if no other services (other than the exam and radiographs) were done on the same tooth during the visit. D9110 - Palliative treatment of dental pain - per visit D9120 - Fixed partial denture sectioning D9210 - Local anesthesia not in conjunction with operative or surgical procedures D9211 - Regional block anesthesia D9212 - Trigeminal division block anesthesia D9215 - Local anesthesia in conjunction with operative or surgical procedures D9222 - Deep sedation/general anesthesia - first 15 minutes D9223 - Deep sedation/general anesthesia - each 15 minute increment D9230 - Inhalation of nitrous oxide/analgesia, anxiolysis D9239 - Intravenous moderate (conscious) sedation/anesthesia - first 15 minutes D9243 - Intravenous moderate (conscious) sedation/analgesia - each 15 minute increment D9248 - Non-intravenous moderate (conscious) sedation	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D9430 - Office visit for observation (during regularly scheduled hours) - no other services performed D9610 - Therapeutic parenteral drug single administration D9612 - Therapeutic parenteral drugs - two or more D9910 - Application of desensitizing medicament D9930 - Treatment of complications (post-surgical) - unusual circumstances, by report D9999 - Unspecified adjunctive procedure, by report D9310 - Consultation (diagnostic service provided by a dentist or Physician other than the practitioner providing treatment)		
The following services are limited to one guard every 12 months. D9944 - Occlusal guard - hard appliance, full arch D9945 - Occlusal guard - soft appliance, full arch D9946 - Occlusal guard - hard appliance, partial arch D9950 - Occlusion analysis - mounted case D9951 - Occlusal adjustment - limited D9952 - Occlusal adjustment – complete	50%	50%
Implant Procedures - (Subject to payment of the Dental Services Deductible.)		
The following services are not subject to a frequency limit. D6010 - Surgical placement of implant body: endosteal implant D6012 - Surgical placement of interim implant body D6040 - Surgical placement of eposteal implant D6050 - Surgical placement: transosteal implant D6110 - Implant/abutment supported removable denture for edentulous arch - maxillary D6111 - Implant/abutment supported removable denture for edentulous arch - mandibular D6112 - Implant/abutment supported removable denture for partially edentulous arch - maxillary D6113 - Implant/abutment supported removable denture for partially edentulous arch - mandibular	50%	50%

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D6055 - Connecting bar - implant supported or abutment supported D6056 - Prefabricated abutment - includes modification and placement D6057 - Custom fabricated abutment - includes placement D6058 - Abutment supported porcelain ceramic crown D6059 - Abutment supported porcelain fused to metal crown (high noble metal) D6060 - Abutment supported porcelain fused to metal crown (predominately base metal) D6061 - Abutment supported porcelain fused to metal crown (noble metal) D6062 - Abutment supported cast metal crown (high noble metal) D6063 - Abutment supported cast metal crown (predominately base metal) D6064 - Abutment supported cast metal crown (noble metal) D6065 - Implant supported porcelain/ceramic crown D6066 - Implant supported crown - porcelain fused to high noble alloys D6067 - Implant supported crown - high noble alloys D6068 - Abutment supported retainer for porcelain/ceramic FPD D6069 - Abutment supported retainer for porcelain fused to metal FPD (high noble metal) D6070 - Abutment supported retainer for porcelain fused to metal FPD (predominately base metal) D6071 - Abutment supported retainer for porcelain fused to metal FPD (noble metal) D6072 - Abutment supported retainer for cast metal FPD (high noble metal) D6073 - Abutment supported retainer for cast metal FPD (predominately base metal) D6074 - Abutment supported retainer for cast metal FPD (noble metal) D6075 - Implant supported retainer for ceramic FPD D6076 - Implant supported retainer for FPD - porcelain fused to high noble alloys D6077 - Implant supported retainer for metal FPD - high noble alloys D6114 - Implant/abutment supported fixed denture for edentulous arch - maxillary D6115 - Implant/abutment supported fixed denture for edentulous arch - mandibular		

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D6116 - Implant/abutment supported fixed denture for partially edentulous arch - maxillary D6117 - Implant/abutment supported fixed denture for partially edentulous arch - mandibular D6080 - Implant maintenance procedure D6081 - Scaling and debridement in the presence of inflammation or mucositis of a single implant, including cleaning of the implant surfaces, without flap entry and closure D6082 - Implant supported crown - porcelain fused to predominantly base alloys D6083 - Implant supported crown - porcelain fused to noble alloys D6084 - Implant supported crown - porcelain fused to titanium and titanium alloys D6086 - Implant supported crown - predominantly base alloys D6087 - Implant supported crown - noble alloys D6088 - Implant supported crown - titanium and titanium alloys D6089 - Accessing and retorquing loose implant screw per screw D6090 - Repair implant supported prosthesis, by report D6091 - Replacement of replaceable part of semi-precision or precision attachment of implant/abutment supported prosthesis, per attachment D6092 - Re-cement or rebond implant/abutment supported crown D6093 - Re-cement or re-bond implant/abutment supported fixed partial denture D6094 - Abutment supported crown - titanium and titanium alloys D6095 - Repair implant abutment, by report D6096 - Remove broken implant retaining screw D6097 - Abutment supported crown - porcelain fused to titanium and titanium alloys D6098 - Implant supported retainer - porcelain fused to predominantly base alloys D6099 - Implant supported retainer for FPD - porcelain fused to noble alloys D6100 - Surgical removal of implant body D6101 - Debridement peri-implant defect		

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
D6102 - Debridement and osseous contouring of a peri-implant defect D6103 - Bone graft for repair of peri-implant defect D6104 - Bone graft at time of implant replacement D6105 - Removal of implant body not requiring bone removal nor flap elevation D6118 - Implant/abutment supported interim fixed denture for edentulous arch - mandibular D6119 - Implant/abutment supported interim fixed denture for edentulous arch - maxillary D6120 - Implant supported retainer - porcelain fused to titanium and titanium alloys D6121 - Implant supported retainer for metal FPD - predominantly base alloys D6122 - Implant supported retainer for metal FPD - noble alloys D6123 - Implant supported retainer for metal FPD - titanium and titanium alloys D6190 - Radiographic/surgical implant index, by report D6191 - Semi-precision abutment - placement D6192 - Semi-precision attachment - placement D6194 - Abutment supported retainer crown for FPD - titanium D6195 - Abutment supported retainer - porcelain fused to titanium and titanium alloys D6197 - Replacement of restorative material used to close an access opening of a screw-retained implant supported prosthesis, per implant D6199 - Unspecified implant procedure, by report		
The following services are limited to one every 36 months. D6106 - Guided tissue regeneration - resorbable barrier, per implant D6107 - Guided tissue regeneration - non-resorbable barrier, per implant	50%	50%
Medically Necessary Orthodontics - (Subject to payment of the Dental Services Deductible.)		
Benefits for comprehensive orthodontic treatment are approved by the Company, when Necessary to promote oral health, restore oral structures to health and function, and to treat emergency conditions. Benefits are also provided for all medically handicapping malocclusions, regardless of cause, including Injury. All orthodontic treatment must be prior authorized. See the "Does Pre-Authorization Apply?" provision for details regarding applicable penalty for failure to obtain pre-authorization. Benefits will be paid in equal monthly installments over the course of the entire orthodontic treatment plan, starting on the date that the orthodontic bands or appliances are first placed, or on the date a one-step orthodontic procedure is performed.		

Amounts shown below in the Schedule of Benefits are based on Allowed Dental Amounts.		
What Are the Procedure Codes, Benefit Description and Frequency Limitations?	Network Benefits	Out-of-Network Benefits
The following services are not subject to a frequency limitation. D8010 - Limited orthodontic treatment of the primary dentition D8020 - Limited orthodontic treatment of the transitional dentition D8030 - Limited orthodontic treatment of the adolescent dentition D8070 - Comprehensive orthodontic treatment of the transitional dentition D8080 - Comprehensive orthodontic treatment of the adolescent dentition D8210 - Removable appliance therapy D8220 - Fixed appliance therapy D8660 - Pre-orthodontic treatment visit D8670 - Periodic orthodontic treatment visit D8680 - Orthodontic retention D8681 - Removable orthodontic retainer adjustment D8695 - Removal of fixed orthodontic appliances for reasons other than completion of treatment D8696 - Repair of orthodontic appliance - maxillary D8697 - Repair of orthodontic appliance - mandibular D8698 - Re-cement or re-bond fixed retainer - maxillary D8699 - Re-cement or re-bond fixed retainer - mandibular D8701 - Repair of fixed retainer, includes reattachment - maxillary D8702 - Repair of fixed retainer, includes reattachment - mandibular D8703 - Replacement of lost or broken retainer - maxillary D8704 - Replacement of lost or broken retainer - mandibular D8999 - Unspecified orthodontic procedure, by report	50%	50%

IMPORTANT: If the Insured opts to receive Dental Services that are not Covered Dental Services under this policy, a Network Dental Provider may charge the Insured his or her Usual and Customary Fee for those services. Prior to providing an Insured with Dental Services that are not a covered benefit, the Dental Provider should provide the Insured with a treatment plan that includes each anticipated Dental Service to be provided and the estimated cost of each Dental Service. If the Insured would like more information about dental coverage options, the Insured may call Customer Service at 877-816-3596. To fully understand this coverage, the Insured may wish to carefully review this policy.

Section 3: Pediatric Dental Exclusions

These exclusions apply specifically to Pediatric Dental benefits included in this provision. They do not apply to any Covered Medical Expenses provided elsewhere in the Policy.

Except as may be specifically provided under Section 2: Benefits for Covered Dental Services, Pediatric Dental benefits are not provided for the following:

1. Dental Services that are not Necessary.

2. Hospitalization or other facility charges.
3. Any Dental Procedure performed solely for cosmetic/aesthetic reasons. (Cosmetic procedures are those procedures that improve physical appearance.)
4. Reconstructive surgery, regardless of whether or not the surgery is incidental to a dental disease, Injury, or Congenital Condition, when the primary purpose is to improve physiological functioning of the involved part of the body.
5. Any Dental Procedure not directly associated with dental disease, condition or Injury.
6. Any Dental Procedure not performed in a dental setting.
7. Procedures that are considered to be Experimental or Investigational or Unproven Services. This includes pharmacological regimens not accepted by the American Dental Association (ADA) Council on Dental Therapeutics. The fact that an Experimental, or Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in benefits if the procedure is considered to be Experimental or Investigational or Unproven Service in the treatment of that particular condition. The Insured may request an Independent Medical Review (IMR) from the California Department of Insurance (CDI) at no cost to the Insured as described in the Notice of Appeal Rights section of the Policy.
8. Drugs/medications, received with or without a prescription, unless they are dispensed and utilized in the dental office during the patient visit.
9. Setting of facial bony fractures and any treatment associated with the dislocation of facial skeletal hard tissue.
10. Services related to the temporomandibular joint (TMJ), either bilateral or unilateral. Upper and lower jaw bone surgery (including surgery related to the temporomandibular joint). Orthognathic surgery, jaw alignment, and treatment for the temporomandibular joint.
11. Charges for not keeping a scheduled appointment without giving the dental office 24 hours notice.
12. Expenses for Dental Procedures begun prior to the Insured Person's Effective Date of coverage.
13. Dental Services otherwise covered under the Policy, but rendered after the date individual coverage under the Policy terminates, including Dental Services for dental conditions arising prior to the date individual coverage under the Policy terminates.
14. Services rendered by a provider with the same legal residence as the Insured Person or who is a member of the Insured Person's family, including spouse, brother, sister, parent or child.
15. Foreign Services are not covered unless required for a Dental Emergency.
16. Billing for incision and drainage if the involved abscessed tooth is removed on the same date of service.
17. Placement of fixed partial dentures solely for the purpose of achieving periodontal stability.
18. Acupuncture; acupressure and other forms of alternative treatment, whether or not used as anesthesia.

Section 4: Claims for Pediatric Dental Services

When obtaining Dental Services from an out-of-Network Dental Provider, the Insured Person will be required to pay all billed charges directly to the Dental Provider. The Insured Person may then seek reimbursement from the Company. The Insured Person must provide the Company with all of the information identified below.

Reimbursement for Dental Services

The Insured Person is responsible for sending a request for reimbursement to the Company, on a form provided by or satisfactory to the Company.

Claim Forms. It is not necessary to include a claim form with the proof of loss. However, the proof must include written proof covering the occurrence, the character, and the extent of the loss.

In order to provide proof of the extent of the loss, the proof of loss may need to include some or all of the following information:

- Insured Person's name and address.
- Insured Person's identification number.
- The name and address of the provider of the service(s).
- A diagnosis from the Dental Provider including a complete dental chart showing extractions, fillings or other dental services rendered before the charge was incurred for the claim.
- Radiographs, lab or hospital reports.
- Casts, molds or study models.
- Itemized bill which includes the CPT or ADA codes or description of each charge.
- The date the dental disease began.
- A statement indicating that the Insured Person is or is not enrolled for coverage under any other health or dental insurance plan or program. If enrolled for other coverage, The Insured Person must include the name of the other carrier(s).

To file a claim, submit the above information to the Company at the following address:

UnitedHealthcare Dental
ATTN: Claims Unit
P. O. Box 30567
Salt Lake City, UT 84130-0567

If the Insured Person would like to use a claim form, call Customer Service at the number listed on the Insured's Dental ID Card. If the Insured Person does not receive the claim form within 15 calendar days of the request, the proof of loss may be submitted with the information stated above.

Section 5: Defined Terms for Pediatric Dental Services

The following definitions are in addition to those listed in the Definitions section of the Certificate of Coverage:

Allowed Dental Amounts - Allowed Dental Amounts for Covered Dental Services, incurred while the Policy is in effect, are determined as stated below:

- For Network Benefits, when Covered Dental Services are received from Network Dental Providers, Allowed Dental Amounts are the Company's contracted fee(s) for Covered Dental Services with that provider.
- For Out-of-Network Benefits, when Covered Dental Services are received from out-of-Network Dental Providers, Allowed Dental Amounts are the Usual and Customary Fees, as defined below.

Covered Dental Service - a Dental Service or Dental Procedure for which benefits are provided under this section.

Dental Emergency - a dental condition or symptom resulting from dental disease which arises suddenly and, in the judgment of a reasonable person, requires immediate care and treatment, and such treatment is sought or received within 24 hours of onset.

Dental Provider - any dentist or dental practitioner who is duly licensed and qualified under the law of jurisdiction in which treatment is received to render Dental Services, perform dental surgery or administer anesthetics for dental surgery.

Dental Service or Dental Procedures - dental care or treatment provided by a Dental Provider to the Insured Person while the Policy is in effect, provided such care or treatment is recognized by the Company as a generally accepted form of care or treatment according to prevailing standards of dental practice.

Dental Services Deductible - the amount the Insured Person must pay for Covered Dental Services in a Policy Year before the Company will begin paying for Network or Out-of-Network Benefits in that Policy Year.

Experimental, Investigational, or Unproven Service - medical, dental, surgical, diagnostic, or other health care services, technologies, supplies, treatments, procedures, drug therapies or devices that, at the time the Company makes a determination regarding coverage in a particular case, is determined to be:

- Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use; or
- Subject to review and approval by any institutional review board for the proposed use; or
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2, or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight; or
- Not determined through prevailing peer-reviewed professional literature to be safe and effective for treating or diagnosing the condition or Sickness for which its use is proposed.

Foreign Services - services provided outside the U.S. and U.S. Territories.

Necessary - Dental Services and supplies under this section which are determined by the Company through case-by-case assessments of care based on accepted dental practices to be appropriate and are all of the following:

- Necessary to meet the basic dental needs of the Insured Person.
- Provided in the most cost-efficient manner and type of setting appropriate for the delivery of the Dental Service.
- Consistent in type, frequency and duration of treatment with scientifically based guidelines of national clinical, research, or health care coverage organizations or governmental agencies that are accepted by the Company.
- Consistent with the diagnosis of the condition.
- Required for reasons other than the convenience of the Insured Person or his or her Dental Provider.
- Demonstrated through prevailing peer-reviewed dental literature to be either:
- Safe and effective for treating or diagnosing the condition or sickness for which their use is proposed; or
- Safe with promising efficacy

- For treating a life threatening dental disease or condition.
- Provided in a clinically controlled research setting.
- Using a specific research protocol that meets standards equivalent to those defined by the National Institutes of Health.

(For the purpose of this definition, the term life threatening is used to describe dental diseases or sicknesses or conditions, which are more likely than not to cause death within one year of the date of the request for treatment.)

The fact that a Dental Provider has performed or prescribed a procedure or treatment or the fact that it may be the only treatment for a particular dental disease does not mean that it is a Necessary Covered Dental Service as defined in this section. The definition of Necessary used in this section relates only to benefits under this section and differs from the way in which a Dental Provider engaged in the practice of dentistry may define necessary.

Network - a group of Dental Providers who are subject to a participation agreement in effect with the Company, directly or through another entity, to provide Dental Services to Insured Persons. The participation status of providers will change from time to time.

Network Benefits - benefits available for Covered Dental Services when provided by a Dental Provider who is a Network Dentist.

Out-of-Network Benefits - benefits available for Covered Dental Services obtained from out-of-Network Dentists.

Usual and Customary Fee - Usual and Customary Fees are calculated by the Company based on available data resources of competitive fees in that geographic area.

Usual and Customary Fees must not exceed the fees that the provider would charge any similarly situated payor for the same services.

Usual and Customary Fees are determined solely in accordance with the Company's reimbursement policy guidelines. The Company's reimbursement policy guidelines are developed by the Company, in its discretion, following evaluation and validation of all provider billings in accordance with one or more of the following methodologies:

- As indicated in the most recent edition of the Current Procedural Terminology (publication of the American Dental Association).
- As reported by generally recognized professionals or publications.
- As utilized for Medicare.
- As determined by medical or dental staff and outside medical or dental consultants.

Pursuant to other appropriate source or determination that the Company accepts.

Section 19: Pediatric Vision Care Services Benefit

Benefits are provided for Vision Care Services, as described below, for Insured Persons under the age of 19. Benefits terminate on the earlier of: 1) last day of the month the Insured Person reaches the age of 19; or 2) the date the Insured Person's coverage under the Policy terminates.

Section 1: Benefits for Pediatric Vision Care Services

Benefits are available for pediatric Vision Care Services from a UnitedHealthcare Vision Network or an out-of-Network Vision Care Provider. To find a UnitedHealthcare Vision Network Vision Care Provider, the Insured Person may call the provider locator service at 1-800-839-3242. The Insured Person may also access a listing of UnitedHealthcare Vision Network Vision Care Providers on the Internet at www.myuhcvision.com.

When Vision Care Services are obtained from an out-of-Network Vision Care Provider, the Insured Person will be required to pay all billed charges at the time of service. The Insured Person may then seek reimbursement from the Company as described in this section under Section 3: Claims for Vision Care Services. Reimbursement will be limited to the amounts stated below.

When obtaining these Vision Care Services from a UnitedHealthcare Vision Network Vision Care Provider, the Insured Person will be required to pay any Copayments at the time of service.

Network Benefits:

Benefits for Vision Care Services are determined based on the negotiated contract fee between the Company and the Vision Care Provider. The Company's negotiated rate with the Vision Care Provider is ordinarily lower than the Vision Care Provider's billed charge.

Out-of-Network Benefits:

Benefits for Vision Care Services from out-of-Network providers are determined as a percentage of the provider's billed charge.

Out-of-Pocket Maximum - any amount the Insured Person pays in Coinsurance for Vision Care Services under this section applies to the Out-of-Pocket Maximum stated in the Policy Schedule of Benefits. Any amount the Insured Person pays in Copayments for Vision Care Services under this section applies to the Out-of-Pocket Maximum stated in the Policy Schedule of Benefits.

Policy Deductible

Benefits for pediatric Vision Care Services are not subject to any Policy Deductible stated in the Policy Schedule of Benefits. Any amount the Insured Person pays in Copayments for Vision Care Services does not apply to the Policy Deductible stated in the Policy Schedule of Benefits.

What Are the Benefit Descriptions?**Benefits**

When benefit limits apply, the limit stated refers to any combination of Network Benefits and out-of-Network Benefits unless otherwise specifically stated.

Benefit limits are calculated on a Policy Year basis unless otherwise specifically stated.

Frequency of Service Limits

Benefits are provided for the Vision Care Services described below, subject to Frequency of Service limits and Copayments and Coinsurance stated under each Vision Care Service in the Schedule of Benefits below.

Routine Vision Examination

A routine vision examination of the eyes and according to the standards of care in the area where the Insured Person resides, including:

- A patient history that includes reasons for exam, patient medical/eye history, and current medications.
- Visual acuity with each eye and both eyes, far and near, with and without glasses or contact lenses (for example, 20/20 and 20/40).
- Cover test at 20 feet and 16 inches (checks how the eyes work together as a team).
- Ocular motility (how the eyes move) near point convergence (how well eyes move together for near vision tasks, such as reading), and depth perception (3D vision).
- Pupil reaction to light and focusing.
- Exam of the eye lids, lashes, and outside of the eye.
- Retinoscopy (when needed) – helps to determine the starting point of the refraction which determines the lens power of the glasses.
- Phorometry/Binocular testing – far and near: how well eyes work as a team.
- Tests of accommodation – how well the Insured Person sees up close (for example, reading).
- Tonometry, when indicated: test pressure in eye (glaucoma check).
- Ophthalmoscopic examination of the inside of the eye.
- Visual field testing.
- Color vision testing.
- Diagnosis/prognosis.
- Specific recommendations.
- Dilation, if professionally indicated.

Post exam procedures will be performed only when materials are required.

Or, in lieu of a complete exam, Retinoscopy (when applicable) - objective refraction to determine lens power of corrective lenses and subjective refraction to determine lens power of corrective lenses.

Eyeglass Lenses

Lenses that are placed in eyeglass frames and worn on the face to correct visual acuity limitations.

The Insured Person is eligible to choose only one of either eyeglasses (Eyeglass Lenses and/or Eyeglass Frames) or Contact Lenses. If the Insured Person chooses more than one of these Vision Care Services, the Company will pay benefits for only one Vision Care Service.

If the Insured Person purchases Eyeglass Lenses and Eyeglass Frames at the same time from the same UnitedHealthcare Vision Network Vision Care Provider, only one Copayment will apply to those Eyeglass Lenses and Eyeglass Frames together.

Eyeglass Frames

A structure that contains eyeglass lenses, holding the lenses in front of the eyes and supported by the bridge of the nose.

The Insured Person is eligible to choose only one of either eyeglasses (Eyeglass Lenses and/or Eyeglass Frames) or Contact Lenses. If the Insured Person chooses more than one of these Vision Care Services, the Company will pay benefits for only one Vision Care Service.

If the Insured Person purchases Eyeglass Lenses and Eyeglass Frames at the same time from the same UnitedHealthcare Vision Network Vision Care Provider, only one Copayment will apply to those Eyeglass Lenses and Eyeglass Frames together.

Contact Lenses

Lenses worn on the surface of the eye to correct visual acuity limitations.

Benefits include the fitting/evaluation fees, contact lenses, and follow-up care.

The Insured Person is eligible to choose only one of either eyeglasses (Eyeglass Lenses and/or Eyeglass Frames) or Contact Lenses per year. If the Insured Person chooses more than one of these Vision Care Services, the Company will pay benefits for only one Vision Care Service.

Necessary Contact Lenses

Benefits are available when a Vision Care Provider has determined a need for and has prescribed the contact lens. Such determination will be made by the Vision Care Provider and not by the Company.

Contact lenses are necessary if the Insured Person has any of the following:

- Keratoconus.
- Anisometropia.
- Irregular corneal/astigmatism.
- Aphakia.
- Facial deformity.
- Corneal deformity.
- Pathological myopia.
- Aniseikonia.
- Aniridia.
- Post-traumatic disorders.

Low Vision

Benefits are available to Insured Persons who have severe visual problems that cannot be corrected with regular lenses and only when a Vision Care Provider has determined a need for and has prescribed the service. Such determination will be made by the Vision Care Provider and not by the Company.

Benefits include:

- Low vision testing: Complete low vision analysis and diagnosis which includes:
 - A comprehensive examination of visual functions.
 - The prescription of corrective eyewear or vision aids where indicated.
 - Any related follow-up care.
- Low vision therapy: Subsequent low vision therapy if prescribed.
- Low vision aids: Prescribed optical devices, such as high-power spectacles, magnifiers, and telescopes.

Schedule of Benefits

Vision Care Service	What is the Frequency of Service?	Network Benefit	Out-of-Network Benefit
Routine Vision Examination or Refraction only in lieu of a complete exam.	Once per year.	100% after a Copayment of \$20.	50% of the billed charge.
Eyeglass Lenses	Once per year.		
• Single Vision		100% after a Copayment of \$40.	50% of the billed charge.
• Bifocal		100% after a Copayment of \$40.	50% of the billed charge.
• Trifocal		100% after a Copayment of \$40.	50% of the billed charge.
• Lenticular		100% after a Copayment of \$40.	50% of the billed charge.
Lens Extras	Once per year.		
• Polycarbonate lenses		100%	100% of the billed charge.
• Standard scratch-resistant coating		100%	100% of the billed charge.
• Each of the following is a separate charge shown under columns Network and Non-Network Benefits: ▪ Blended segment lenses ▪ Intermediate vision lenses ▪ Standard Progressives ▪ Premium Progressives ▪ Photochromic Glass ▪ Plastic Photosensitive ▪ Polarized ▪ Hi-Index ▪ Standard Anti-Reflective Coating ▪ Premium Anti-Reflective Coating ▪ Ultra Anti-Reflective Coating		20%	20% of the billed charge.

Vision Care Service	What is the Frequency of Service?	Network Benefit	Out-of-Network Benefit
UV Coating		20%	20% of the billed charge.
Glass-grey #3 prescription sunglass lenses		20%	20% of the billed charge.
Tint		20%	20% of the billed charge.
Oversized lenses		20%	20% of the billed charge.

Vision Care Service	What is the Frequency of Service?	Network Benefit	Out-of-Network Benefit
Eyeglass Frames	Once per year.		
Eyeglass frames with a retail cost up to \$130.		100%	50% of the billed charge.
Eyeglass frames with a retail cost of \$130 - 160.		100% after a Copayment of \$15.	50% of the billed charge.
Eyeglass frames with a retail cost of \$160 - 200.		100% after a Copayment of \$30.	50% of the billed charge.
Eyeglass frames with a retail cost of \$200 - 250.		100% after a Copayment of \$50.	50% of the billed charge.
Eyeglass frames with a retail cost greater than \$250.		60%	50% of the billed charge.

Vision Care Service	What is the Frequency of Service?	Network Benefit	Out-of-Network Benefit
Contact Lenses Fitting & Evaluation	Once per year.	100%	100% of the billed charge.
Contact Lenses			
Covered Contact Lens Selection	Limited to a 12 month supply per year.	100% after a Copayment of \$40.	50% of the billed charge.
Necessary Contact Lenses	Limited to a 12 month supply per year.	100% after a Copayment of \$40.	50% of the billed charge.

Vision Care Service	What is the Frequency of Service?	Network Benefit	Out-of-Network Benefit
Low Vision Care Services Note that benefits for these services will be paid as reimbursements. When obtaining these Vision Care Services, the Insured Person will be required to pay all billed charges at the time of service. The Insured Person may then obtain reimbursement from the Company. Reimbursement will be limited to the amounts stated.			
Comprehensive low vision evaluation	Limited to once every 60 months.	100% of the billed charge.	75% of the billed charge.
Low vision testing		100% of the billed charge.	75% of the billed charge.

• Low vision therapy		100% of the billed charge.	75% of the billed charge.
• Low vision aids		100% of the billed charge.	75% of the billed charge.
• Follow-up Care	Limited to 4 visits every 60 months.	100% of the billed charge.	75% of the billed charge.

Section 2: Pediatric Vision Exclusions

These exclusions apply specifically to Pediatric Vision Care Services benefits included in this provision. They do not apply to any Covered Medical Expenses provided elsewhere in the Policy.

Except as may be specifically provided under Section 1: Benefits for Pediatric Vision Care Services, benefits are not provided for the following:

1. Medical or surgical treatment for eye disease which requires the services of a Physician and for which benefits are available as stated in the policy.
2. Non-prescription items (e.g. Plano lenses).
3. Replacement or repair of lenses and/or frames that have been lost or broken.
4. Optional Lens Extras not listed in Section 1: Benefits for Pediatric Vision Care Services.
5. Missed appointment charges.
6. Applicable sales tax charged on Vision Care Services.

Section 3: Claims for Pediatric Vision Care Services

When obtaining Vision Care Services from an out-of-Network Vision Care Provider, the Insured Person will be required to pay all billed charges directly to the Vision Care Provider. The Insured Person may then seek reimbursement from the Company. Information about claim timelines and responsibilities in the General Provisions section in the Certificate of Coverage applies to Vision Care Services provided under this section, except that when the Insured Person submits a Vision Services claim, the Insured Person must provide the Company with all of the information identified below.

Reimbursement for Vision Care Services

To file a claim for reimbursement for Vision Care Services provided by an out-of-Network Vision Care Provider, or for Vision Care Services covered as reimbursements (whether or not rendered by a UnitedHealthcare Vision Network Vision Care Provider or an out-of-Network Vision Care Provider), the Insured Person must provide all of the following information at the address specified below:

- Insured Person's itemized receipts.
- Insured Person's name.
- Insured Person's identification number from the ID card.
- Insured Person's date of birth.

Submit the above information to the Company:

By mail:

Claims Department
P.O. Box 30978
Salt Lake City, UT 84130

By facsimile (fax):

248-733-6060

Section 4: Defined Terms for Pediatric Vision Care Services

The following definitions are in addition to those listed in *Definitions* section of the Certificate of Coverage:

Covered Contact Lens Selection - a selection of available contact lenses that may be obtained from a UnitedHealthcare Vision Network Vision Care Provider on a covered-in-full basis, subject to payment of any applicable Copayment.

UnitedHealthcare Vision Network - any optometrist, ophthalmologist, optician or other person designated by the Company who provides Vision Care Services for which benefits are available under the Policy.

Vision Care Provider - any optometrist, ophthalmologist, optician or other person who may lawfully provide Vision Care Services.

Vision Care Service - any service or item listed in this section in *Section 1: Benefits for Pediatric Vision Care Services*.

Section 20: UnitedHealthcare Pharmacy (UHCP) Prescription Drug Benefits

Important Notice: This plan covers all Medically Necessary Prescription Drug Products, including Prescription Drug Products not listed in the Prescription Drug List (PDL), determined to be Medically Necessary, and disposable devices for administration. Any limitation or utilization management shall be consistent with and based on clinical guidelines and peer-reviewed scientific and medical literature.

Benefits are available for Prescription Drug Products when dispensed at a UHCP Network Pharmacy as specified in the Policy Schedule of Benefits subject to all terms of the Policy and the provisions, definitions and exclusions specified in this section.

Benefits for Prescription Drug Products are subject to supply limits and Copayments and/or Coinsurance or other payments that vary depending on which of the tiers of the Prescription Drug List the Prescription Drug Product is placed. Refer to the Policy Schedule of Benefits for applicable supply limits and Copayments and/or Coinsurance requirements.

Benefit for Prescription Drug Products are available when the Prescription Drug Product meets the definition of a Covered Medical Expense.

The Insured must either show their ID card to the Network Pharmacy when the prescription is filled or provide the Network Pharmacy with identifying information that can be verified by the Company during regular business hours. If the Insured does not show their ID card to the Network Pharmacy or provide verifiable information, they will need to pay for the Prescription Drug at the pharmacy.

The Insured may then submit a reimbursement form along with the paid receipts in order to be reimbursed. Insureds may obtain reimbursement forms by visiting www.uhcsr.com/biola and logging in to their online account or by calling *Customer Service* at 1-855-828-7716.

Information on Network Pharmacies is available at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

If the Insured does not use a Network Pharmacy, no benefits are available and the Insured will be responsible for paying the full cost for the Prescription Drug.

Copayment and/or Coinsurance Amount

For Prescription Drug Products at a retail Pharmacy, Insured Persons are responsible for paying the lowest of:

- The applicable Copayment and/or Coinsurance.
- The Pharmacy's retail price (i.e., Usual and Customary Charge for the Prescription Drug Product).
- The Prescription Drug Charge for that Prescription Drug Product, if at a retail Network Pharmacy and only if that amount is less than the retail price.
- If the Insured Person pays the retail price or Prescription Drug Charge, that amount shall constitute the applicable Copayment and/or Coinsurance and shall apply to the Deductible and Out-of-Pocket Maximum in the same manner as if the Insured Person had purchased the Prescription Drug Product by paying the Copayment and/or Coinsurance.

For Prescription Drug Products from a mail order Pharmacy, Insured Persons are responsible for paying the lower of:

- The applicable Copayment and/or Coinsurance;
- The mail order Pharmacy's retail price (i.e., Usual and Customary Charge for the Prescription Drug Product); or
- The Prescription Drug Charge for that Prescription Drug Product, if at a mail order Network Pharmacy and only if that amount is less than the retail price.

The Insured Person is not responsible for paying a Copayment and/or Coinsurance for PPACA Zero Cost Share Preventive Care Medications.

How Do Supply Limits Apply?

Benefits for Prescription Drug Products are subject to supply limits as written by the Physician and the supply limits that are stated in the Policy Schedule of Benefits. For a single Copayment and/or Coinsurance, the Insured may receive a Prescription Drug Product up to the stated supply limit.

When a Prescription Drug Product is packaged or designed to deliver in a manner that provides more than a consecutive 31-day supply, the Copayment and/or Coinsurance that applies will reflect the number of days dispensed.

When a Prescription Drug Product is dispensed from a mail order Network Pharmacy or a Preferred 90 Day Retail Network Pharmacy, the Prescription Drug Product is subject to the supply limit stated in the Policy Schedule of Benefits, unless adjusted based on the drug manufacturer's packaging size, or based on supply limits.

Note: Some products are subject to additional supply limits based on criteria that the Company has developed. Supply limits are subject, from time to time, to the Company's review and change. This may limit the amount dispensed per Prescription Order or Refill and/or the amount dispensed per month's supply or may require that a minimum amount be dispensed.

The Insured may find out whether a Prescription Drug Product has a supply limit for dispensing by contacting the Company at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

What Happens When a Brand-name Drug Becomes Available as a Generic?

If a Generic becomes available for a Brand-name Prescription Drug Product, the Insured will pay the lowest cost sharing that would be applied, whether for the Generic or Brand-name Prescription Drug Product, regardless of either drug's placement and/or inclusion on the PDL. If the Generic and Brand-name Prescription Drug Products are or would be on different tiers, and the higher-tiered Prescription Drug Product is Medically Necessary for the Insured, the Company will apply the lowest cost sharing that would be applied to the higher-tiered Prescription Drug Product.

What Happens When a Biosimilar Product Becomes Available for a Reference Product?

If a biosimilar becomes available for a reference product (a biological Prescription Drug Product), the tier placement of the reference product may change. Therefore, the Copayment and/or Coinsurance may change or the Insured will no longer have benefits for that particular reference product. This provision does not apply in the case of drugs that have already been approved and continue to be appropriately prescribed and are considered to be safe and effective for use.

Designated Pharmacies

If the Insured requires Specialty Prescription Drug Products, the Company will provide the Insured with access to a network of Designated Pharmacies with whom the Company has an arrangement to provide those Specialty Prescription Drug Products.

Specialty Prescription Drug Products are identified in the Coverage Requirements and Limits column of the Prescription Drug List. The Insured may access the Prescription Drug List at www.uhcsr.com/biola. The Insured may also call *Customer Service* at 1-855-828-7716. Additionally, a list of Designated Pharmacies is publicly available and can be found at <https://www.uhcprovider.com/en/resource-library/drug-lists-pharmacy/specialty-pharmacy-drugs.html> (see Provider Vendor Assistance List – Specialty Pharmacy).

For a Specialty Prescription Drug Product, if the Insured chooses to obtain their Specialty Prescription Drug Product at a Non-Preferred Specialty Network Pharmacy, the Insured will be required to pay 2 times the retail Network Pharmacy Copayment and/or 2 times the retail Network Pharmacy Coinsurance (up to 50% of the Prescription Drug Charge) based on the applicable tier.

Specialty Prescription Drug Products

Benefits are provided for Specialty Prescription Drug Products.

If the Insured requires Specialty Prescription Drug Products, the Company may direct the Insured to a Designated Pharmacy with whom the Company has an arrangement to provide those Specialty Prescription Drug Products.

If the Insured is directed to a Designated Pharmacy and the Insured has informed the Company of their decision not to obtain their Specialty Prescription Drug Product from a Designated Pharmacy, and the Insured chooses to obtain their Specialty Prescription Drug Product at a Non-Preferred Specialty Network Pharmacy, the Insured will be required to pay 2 times the retail Network Pharmacy Copayment and/or 2 times the retail Network Pharmacy Coinsurance (up to 50% of the Prescription Drug Charge) based on the applicable tier.

The Company designates certain Network Pharmacies to be Preferred Specialty Network Pharmacies. The Company may periodically change the Preferred Specialty Network Pharmacy designation of a Network Pharmacy. These changes may occur without prior notice to the Insured unless required by law. The Insured may find out whether a Network Pharmacy is a Preferred Specialty Network Pharmacy at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

Please see the Definitions Section for a full description of Specialty Prescription Drug Product and Designated Pharmacy.

The following supply limits apply to Specialty Prescription Drug Products.

As written by the Physician, up to a consecutive 31-day supply of a Specialty Prescription Drug Product, unless adjusted based on the drug manufacturer's packaging size, or based on supply limits.

When a Specialty Prescription Drug Product is packaged or designed to deliver in a manner that provides more than a consecutive 31-day supply, the Copayment and/or Coinsurance that applies will reflect the number of days dispensed.

If a Specialty Prescription Drug Product is provided for less than or more than a 31-day supply, the Copayment and/or Coinsurance that applies will reflect the number of days dispensed.

Supply limits apply to Specialty Prescription Drug Products obtained at a Preferred Specialty Network Pharmacy, a Non-Preferred Specialty Network Pharmacy, a mail order Network Pharmacy or a Designated Pharmacy.

Do Prior Authorization Requirements Apply?

Before certain Prescription Drug Products are dispensed at a Network Pharmacy, either the Insured's Physician, Insured's pharmacist or the Insured is required to obtain prior authorization from the Company or the Company's designee. The reason for obtaining prior authorization from the Company is to determine whether the Prescription Drug Product, in accordance with the Company's approved guidelines, is each of the following:

- It meets the definition of a Covered Medical Expense.
- It is not an Experimental or Investigational or Unproven Service.

If the Insured does not obtain prior authorization from the Company before the Prescription Drug Product is dispensed, the Insured may pay more for that Prescription Order or Refill. The Prescription Drug Products requiring prior authorization are subject, from time to time, to the Company's review and change. There may be certain Prescription Drug Products that require the Insured to notify the Company directly rather than the Insured's Physician or pharmacist. The Insured may determine whether a particular Prescription Drug requires prior authorization at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

If the Insured does not obtain prior authorization from the Company before the Prescription Drug Product is dispensed, the Insured can ask the Company to consider reimbursement after the Insured receives the Prescription Drug Product. The Insured will be required to pay for the Prescription Drug Product at the pharmacy.

When the Insured submits a claim on this basis, the Insured may pay more because they did not obtain prior authorization from the Company before the Prescription Drug Product was dispensed. The amount the Insured is reimbursed will be based on the Prescription Drug Charge (for Prescription Drug Products from a Network Pharmacy) or the Out-of-Network Reimbursement Rate (for Prescription Drug Products from an out-of-Network Pharmacy), less the required Copayment and/or Coinsurance and any Deductible that applies.

Benefits may not be available for the Prescription Drug Product after the Company reviews the documentation provided and determines that the Prescription Drug Product is not a Covered Medical Expense or it is an Experimental or Investigational or Unproven Service.

Does Step Therapy Apply?

Certain Prescription Drug Products for which benefits are provided are subject to step therapy requirements. In order to receive benefits for such Prescription Drug Products an Insured must use a different Prescription Drug Product(s) first.

Step therapy is a process whereby Prescription Drug Products or Pharmaceutical Products are filled with an effective, but more affordable medication. When appropriate, a more costly medication can be authorized if the Prescription Drug Product or Pharmaceutical Product is not effective in treating the Insured Person's condition. Step therapy is designed to encourage the use of cost-effective Prescription Drug Products or Pharmaceutical Products when appropriate.

If the Insured Person's Physician determines that a Prescription Drug Product or Pharmaceutical Product subject to the step therapy requirements is not medically appropriate or is not satisfactorily treating the Insured Person's condition, the Physician can request an exception to the step therapy process by contacting us at www.unitedhealthcareonline.com.

If the Insured Person is changing policies, we will not require the Insured Person to repeat step therapy when the Insured Person is already being treated for a medical condition by a Prescription Drug Product provided the Prescription Drug Product is appropriately prescribed and considered safe and effective for the Insured Person's medical condition. However, we may impose prior authorization requirements for the continued coverage of a Prescription Drug Product prescribed pursuant to step therapy requirements imposed by the former policy. The prescribing provider may also prescribe another Prescription Drug Product covered under this Policy that is medically appropriate for the Insured Person's medical condition.

The Insured may find out whether a particular Prescription Drug Product is subject to step therapy requirements at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

A request for an exception to the step therapy requirements may be submitted in the same manner as a request for prior authorization for Prescription Drug Products as described in the Prior Authorization Requirements section.

Medically Necessary antiretroviral drugs for the prevention of AIDS/HIV, including preexposure prophylaxis and postexposure prophylaxis, are not subject to step therapy requirements, except when the United States Food and Drug Administration has approved one or more Therapeutic Equivalents of a drug, device, or product for the prevention of AIDS/HIV. Not all Therapeutically Equivalent versions are required to be covered without step therapy, if at least one Therapeutically Equivalent version is covered without step therapy.

When Does the Company Limit Selection of Pharmacies?

If the Company determines that an Insured Person may be using Prescription Drug Products in a harmful or abusive manner, or with harmful frequency, the Insured Person's choice of Network Pharmacies may be limited. If this happens, the Company may require the Insured to choose one Network Pharmacy that will provide and coordinate all future pharmacy services. Benefits will be paid only if the Insured uses the chosen Network Pharmacy. If the Insured does not make a selection within 31 days of the date the Company notifies the Insured, the Company will choose a Network Pharmacy for the Insured.

Coverage Policies and Guidelines

The Company's Prescription Drug List (PDL) Management Committee makes tier placement changes on the Company's behalf. The PDL Management Committee places FDA-approved Prescription Drug Products into tiers by considering a number of factors including clinical and economic factors. Clinical factors may include review of the place in therapy or use as compared to other similar product or services, site of care, relative safety or effectiveness of the Prescription Drug Product, as well as if certain supply limits or prior authorization requirements should apply. Economic factors may include, but are not limited to, the Prescription Drug Product's total cost including any rebates and evaluations on the cost effectiveness of the Prescription Drug Product.

When there is a Generic available for a Brand-name Prescription Drug Product, the Insured will pay the lowest cost sharing that would be applied, whether for the Generic or Brand-name Prescription Drug Product, regardless of either drug's placement and/or inclusion on the PDL. If the Generic and Brand-name Prescription Drug Products are or would be on different tiers, and the higher-tiered Prescription Drug Product is Medically Necessary for the Insured, the Company will apply the lowest cost sharing that would be applied to the higher-tiered Prescription Drug Product.

The Company may, from time to time, change the placement of a Prescription Drug Product among the tiers. These changes generally will happen quarterly, but no more than six times per calendar year. These changes may happen without prior notice to the Insured.

When considering a Prescription Drug Product for tier placement, the PDL Management Committee reviews clinical and economic factors regarding Insured Persons as a general population. Whether a particular Prescription Drug Product is appropriate for an individual Insured Person is a determination that is made by the Insured Person and the prescribing Physician.

NOTE: The tier placement of a Prescription Drug Product may change, from time to time, based on the process described above. As a result of such changes, the Insured may be required to pay more or less for that Prescription Drug Product. Please access www.uhcsr.com/biola or call *Customer Service* at 1-855-828-7716 for the most up-to-date tier placement.

Rebates and Other Payments

The Company may receive rebates for certain drugs included on the Prescription Drug List. The Company does not pass these rebates on to the Insured Person, nor are they applied to the Insured's Deductible or taken into account in determining the Insured's Copayments and/or Coinsurance.

The Company, and a number of its affiliated entities, conducts business with various pharmaceutical manufacturers separate and apart from this Prescription Drug section. Such business may include, but is not limited to, data collection, consulting, educational grants and research. Amounts received from pharmaceutical manufacturers pursuant to such arrangements are not related to this Prescription Drug Benefit. The Company is not required to pass on to the Insured, and does not pass on to the Insured, such amounts.

Definitions

Brand-name means a Prescription Drug Product that is marketed under a proprietary, trademark-protected name.

Designated Pharmacy means a pharmacy that has entered into an agreement with the Company or with an organization contracting on the Company's behalf, to provide specific Prescription Drug Products. This includes Specialty Prescription Drug Products. Not all Network Pharmacies are a Designated Pharmacy.

Experimental or Investigational Services means diagnostic, psychiatric, mental health, substance-related and addictive disorders or other health care services, supplies, treatments, drug therapies, medications, or devices that, at the time the Company makes a determination regarding coverage in a particular case, are determined to be any of the following:

- Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified as appropriate for proposed use in any of the following:
 - American Hospital Formulary Service Drug Information (AHFS DI) under therapeutic uses section.
 - Elsevier Gold Standard's Clinical Pharmacology under the indications section.
 - DRUGDEX System by Micromedex under the therapeutic uses section and has a strength recommendation rating of class I, class IIa, or class IIb.
 - National Comprehensive Cancer Network (NCCN) drugs and biologics compendium category of evidence 1, 2A, or 2B.
- Subject to review and approval by any institutional review board for the proposed use. (Devices which are FDA approved under the *Humanitarian Use Device* exemption are not considered to be Experimental or Investigational.)
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.
- Only obtainable, with regard to outcomes for the given indication, within research settings.

Exceptions:

- Clinical trials for which benefits are specifically provided for in the Policy.
- The Company may consider an otherwise Experimental or Investigational Service to be a Covered Medical Expense for that Injury or Sickness if:
 - The Insured is not a participant in a qualifying clinical trial as provided for in the Policy.
 - The Insured has a Sickness or Injury that is likely to cause death within one year of the request for treatment.
- Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, even though unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Experimental or Investigational Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

Generic means a Prescription Drug Product that is the same as its brand name drug equivalent in dosage, strength, effect, how it is taken, quality, safety, and intended use.

Maintenance Medication means a Prescription Drug Product expected to be used for six months or more to treat or prevent a chronic condition. The Insured may find out if a Prescription Drug Product is a Maintenance Medication at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

Network Pharmacy means a pharmacy that has:

- Entered into an agreement with the Company or an organization contracting on the Company's behalf to provide Prescription Drug Products to Insured Persons.
- Agreed to accept specified reimbursement rates for dispensing Prescription Drug Products.
- Been designated by the Company as a Network Pharmacy.

Non-Preferred Specialty Network Pharmacy means a specialty Network Pharmacy that the Company identifies as a non-preferred pharmacy within the network.

Out-of-Network Reimbursement Rate means the amount the Company will pay to reimburse an Insured for a Prescription Drug Product that is dispensed at an out-of-Network Pharmacy. The Out-of-Network Reimbursement Rate for a particular

Prescription Drug Product dispensed at an out-of-Network Pharmacy includes a dispensing fee and any applicable sales tax.

PPACA means Patient Protection and Affordable Care Act of 2010.

PPACA Zero Cost Share Preventive Care Medications means the medications that are obtained at a Network Pharmacy with a Prescription Order or Refill from a Physician and that are payable at 100% of the Prescription Drug Charge (without application of any Copayment, Coinsurance, or Deductible) as described in the Preventive Care Services provision in this Certificate and required by applicable law under any of the following:

- Evidence-based items or services that have in effect a rating of “A” or “B” in the current recommendations of the United States Preventive Services Task Force.
- Certain immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
- With respect to infants, children and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.
- With respect to women, such additional preventive care and screenings as provided for in comprehensive guidelines supported by the Health Resources and Services Administration.

The Insured may find out if a drug is a PPACA Zero Cost Share Preventive Care Medication as well as information on access to coverage of Medically Necessary alternatives at www.uhcsr.com/biola or by calling *Customer Service* at 1-855-828-7716.

Preferred 90 Day Retail Network Pharmacy means a retail pharmacy that the Company identifies as a preferred pharmacy within the network for Maintenance Medication.

Preferred Specialty Network Pharmacy means a specialty Network Pharmacy that the Company identifies as a preferred pharmacy within the network.

Prescription Drug Charge means the rate the Company has agreed to pay the Network Pharmacies for a Prescription Drug Product dispensed at a Network Pharmacy. The rate includes a dispensing fee and any applicable sales tax.

Prescription Drug List means a list that places into tiers medications or products that have been approved by the U.S. Food and Drug Administration. This list is subject to the Company’s review and change from time to time. The Insured may find out which tier a particular Prescription Drug Product has been placed at www.uhcsr.com/biola or call *Customer Service* at 1-855-828-7716.

Prescription Drug List (PDL) Management Committee means the committee that the Company designates for placing Prescription Drugs into specific tiers.

Prescription Drug Product means a medication or product that has been approved by the U.S. Food and Drug Administration and that can, under federal or state law, be dispensed only according to a Prescription Order or Refill. A Prescription Drug Product includes a medication that is generally appropriate for self-administration or administration by a non-skilled caregiver. For the purpose of the benefits under the Policy, this definition includes:

- Inhalers (with spacers).
- Insulin.
- Certain vaccines/immunizations administered in a Network Pharmacy.
- Certain injectable medications administered at a Network Pharmacy.
- The following diabetic supplies:
 - standard insulin syringes with needles;
 - blood-testing strips - glucose;
 - urine-testing strips - glucose;
 - ketone-testing strips and tablets;
 - lancets and lancet devices; and
 - glucose meters, including continuous glucose monitors.

Prescription Order or Refill means the directive to dispense a Prescription Drug Product issued by a Physician whose scope of practice permits issuing such a directive.

Specialty Prescription Drug Product means Prescription Drug Products that are generally high cost, self-administered biotechnology drugs used to treat patients with certain illnesses. Insured Persons may access a complete list of Specialty Prescription Drug Products at www.uhcsr.com/biola or call *Customer Service* at 1-855-828-7716.

Therapeutically Equivalent means when Prescription Drugs Products contain the same amount of the same active ingredient as a brand name drug and are the same as a brand name drug in dosage, safety, strength, how it is taken, quality, performance, and intended use.

Unproven Service(s) means medications and devices that are determined not to be effective for the treatment of the medical or behavioral health condition or not determined to have a beneficial effect on the health outcomes due to insufficient and inadequate clinical evidence from well-designed randomized controlled trials or observational studies in the prevailing published peer-reviewed medical literature, including:

- Well-designed systematic reviews (with or without meta-analyses) of multiple well-designed randomized controlled trials.
- Individual well-designed randomized controlled trials.
- Well-designed observational studies with one or more concurrent comparison group(s) including cohort studies, case-control studies, cross-sectional studies, and systematic reviews (with or without meta-analyses) of such studies.

The Company has a process by which it compiles and reviews clinical evidence with respect to certain health services. From time to time, the Company issues medical and drug policies that describe the clinical evidence available with respect to specific health care services. These medical and drug policies are subject to change without prior notice. The Insured can view these policies at liveandworkwell.com.

A drug that is FDA approved will not be excluded from coverage if it is prescribed for a use that differs from its FDA-approved use if all of the following conditions exist:

- The drug is prescribed for the treatment of a life-threatening condition; or
- The drug is prescribed for the treatment of a chronic and seriously debilitating condition, the drug is Medically Necessary to treat that condition, and the drug is on the plan formulary. If a drug is not on the plan formulary, then the prescriber may make an exception request.
- The drug has been recognized for treatment of that condition by any of the following:
 - The American Hospital Formulary Service's Drug Information under the therapeutic uses section;
 - One of the following compendia (if recognized by CMS as part of an anticancer therapeutic regimen):
 - Elsevier Gold Standard's Clinical Pharmacology under the indications section;
 - National Comprehensive Cancer Network (NCCN) drugs and biologics compendium category of evidence 1, 2A, or 2B;
 - DRUGDEX System by Micromedex under the therapeutic uses section and has a strength recommendation rating of class I, class IIa, or class IIb..
 - Two articles from major peer-reviewed medical journals presenting data supporting the proposed off-label as generally safe and effective.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Unproven Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

Usual and Customary Charge means the usual fee that a pharmacy charges individuals for a Prescription Drug Product without reference to reimbursement to the pharmacy by third parties. This fee includes a dispensing fee and any applicable sales tax.

Additional Exclusions

In addition to the Exclusions and Limitations shown in the Certificate of Coverage, the following Exclusions apply:

1. Coverage for Prescription Drug Products for the amount dispensed (days' supply or quantity limit) which exceeds the supply limit.
2. Coverage for Prescription Drug Products for the amount dispensed (days' supply or quantity limit) which is less than the minimum supply limit.
3. Prescription Drug Products dispensed outside the United States, except as required for a Medical Emergency.
4. Drugs which are prescribed, dispensed or intended for use during an Inpatient stay and which are covered under the Medical Expense Benefits section of this Certificate.
5. Experimental or Investigational Services or Unproven Services and medications; medications used for experimental indications for certain diseases and/or dosage regimens determined by the Company to be experimental, investigational or unproven.

This exclusion does not apply to drugs approved by the U.S. Food and Drug Administration which are prescribed for either of the following:

 - a. To treat cancer during certain clinical trials as described in the Policy.

- b. For a use that is different from the use for which the U.S. Food and Drug Administration approved it, when needed for treatment of a chronic and seriously debilitating or life-threatening condition. The drug must be recognized for the specific treatment for which the drug is being prescribed by any of the following:
- i. The American Hospital Formulary Service's Drug Information.
 - ii. One of the following compendia, if recognized by the federal Centers for Medicare and Medicaid Services as part of an anticancer chemotherapeutic regimen:
 - 1) Elsevier Gold Standard's Clinical Pharmacology.
 - 2) National Comprehensive Cancer network Drug and Biologics Compendium.
 - 3) Thomson Microdex DrugDex.
 - iii. It is recommended by two articles from major peer reviewed medical journals.

This exception does not provide coverage for any drug that the U.S. Food and Drug Administration or a major peer reviewed medical journal has determined to be contraindicated for the specific treatment for which the drug has been prescribed.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Unproven Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

6. Prescription Drug Products furnished by the local, state or federal government. Any Prescription Drug Product to the extent payment or benefits are provided by the local, state or federal government (for example, Medicare), except as otherwise provided by law.
7. Prescription Drug products for any condition, Injury, Sickness or Mental Illness arising out of, or in the course of, employment for which benefits are paid under any workers' compensation law or other similar laws.
8. A pharmaceutical product for which benefits are provided in the Medical Expense Benefits section of this Certificate of Coverage.
9. General vitamins, except the following, which require a Prescription Order or Refill:
 - Prenatal vitamins.
 - Vitamins with fluoride.
 - Single entity vitamins.
10. Unit dose packaging or repackagers of Prescription Drug Products. This exclusion does not apply to products that are only commercially available as repackaged or unit dose packaged products.
11. Medications used for cosmetic or convenience purposes.
12. Compounded drugs that do not contain at least one ingredient that has been approved by the U.S. Food and Drug Administration (FDA) and requires a Prescription Order or Refill. Compounded drugs that contain a non-FDA approved bulk chemical. Compounded drugs that are available as a similar commercially available Prescription Drug Product. (Compounded drugs that contain at least one ingredient that requires a Prescription Order or Refill are placed on Tier-3.)
13. Drugs available over-the-counter that do not require a Prescription Order or Refill by federal or state law before being dispensed, unless the Company has designated the over-the counter medication as eligible for coverage as if it were a Prescription Drug Product and it is obtained with a Prescription Order or Refill from a Physician. Prescription Drug Products that are available in over-the-counter form or made up of components that are available in over-the-counter form or equivalent. Certain Prescription Drug Products that the Company has determined have essentially the same efficacy and adverse effect profile to an over-the-counter drug or supplement. Such determinations may be made up to six times during a calendar year. The Company may decide at any time to reinstate benefits for a Prescription Drug Product that was previously excluded under this provision. Over-the-counter drugs and devices prescribed by a Physician for preventive care services are provided as required under the Preventive Care Services benefit.
14. Any product for which the primary use is a source of nutrition, nutritional supplements, or dietary management of disease, and prescription medical food products, even when used for the treatment of Sickness. This exclusion does not apply to Medically Necessary services to avert the development of serious physical or mental disabilities or to promote normal development or function as a consequence of phenylketonuria (PKU). This exclusion does not apply to nutritional or dietary supplements that must be covered as preventive care (e.g., fluoride supplements, folic acid supplements).
15. Prescription Drug Products as a replacement for a previously dispensed Prescription Drug Product that was lost, stolen, broken or destroyed.
16. Durable medical equipment, including insulin pumps and related supplies for the management and treatment of diabetes, for which benefits are provided in the Policy or in the Benefits for Diabetes provision in the Mandated Benefits section of this Certificate of Coverage. This does not apply to covered insulin pumps and related supplies that are distributed exclusively through pharmacy channels.
17. Diagnostic kits and products, including associated services. This exclusion does not apply to:
 - Benefits for Home Test Kits for Sexually Transmitted Diseases provision in the Mandated Benefits section of this Certificate of Coverage.
 - Colorectal cancer screening kits covered under the Preventive Care Services benefits shown in the Medical Expense Benefits section of this Certificate of Coverage.

- Other diagnostic kits, products, and services covered in the Medical Expense Benefits section of this Certificate.
18. Publicly available software applications and/or monitors that may be available with or without a Prescription Order or Refill. This exclusion does not apply to the Preventive Care Services benefit in the Medical Expense Benefits section of this Certificate of Coverage.
 19. A Prescription Drug Product that contains marijuana, including medical marijuana.

Right to Request Coverage of a Medically Necessary Prescription Drug Not Listed on the Prescription Drug List

When a Prescription Drug Product is not listed on the Prescription Drug List, the Insured Person or the Insured's representative may request an exception to gain access to the Prescription Drug Product. To make a request, contact the Company in writing or call 1-866-948-8472. The Company will notify the Insured Person of the Company's determination within 72 hours.

Please note, if the request for an exception is approved, the Insured may be responsible for paying the applicable Copayment and/or Coinsurance based on the Prescription Drug Product tier placement, or at the highest tier as described in the Schedule of Benefits. For Brand-name Prescription Drug Products with a Generic available, the Insured will be subject to the lowest cost sharing that would be applied, whether for the Generic or Brand-name Prescription Drug Product, regardless of either Drug's placement and/or inclusion on the PDL.

Urgent Requests

If the Insured Person's request requires immediate action and a delay could significantly increase the risk to the Insured Person's health, or the ability to regain maximum function, call the Company as soon as possible. The Company will provide a written or electronic determination within 24 hours.

External Review

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Experimental or Investigational Service or Unproven Service, the Insured may request an Independent Medical Review (IMR) from the California Department of Insurance (CDI) at no cost to the Insured.

If the Insured Person is not satisfied with the Company's determination of the exception request, the Insured Person may be entitled to request an external review. The Insured Person or the Insured Person's representative may request an external review by sending a written request to the Company at the address set out in the determination letter or by calling 1-866-948-8472. The *Independent Review Organization (IRO)* will notify the Insured Person of the determination within 72 hours.

Expedited External Review

If the Insured Person is not satisfied with the Company's determination of the exception request and it involves an urgent situation, the Insured Person or the Insured's representative may request an expedited external review by calling 1-866-948-8472 or by sending a written request to the address set out in the determination letter. The *IRO* will notify the Insured Person of the determination within 24 hours.

Right to Request an Exception for Contraceptives

An exception process may apply to Prescription Drug Products prescribed for contraception when at least one FDA approved therapeutic equivalent (e.g., a generic version) is covered without cost sharing. The exception process may apply if your Physician determines that the therapeutic equivalent version of a drug that is covered without cost sharing is medically inadvisable for the Insured Person. In that case, the Company must defer to the Physician and will approve the request and cover the prescribed therapeutic equivalent version (e.g., a brand version) of the drug without cost sharing. The request will be granted within 72 hours for nonurgent requests or within 24 hours if exigent circumstances exist.

Schedule of Benefits

Biola University

2025-319-4

METALLIC LEVEL - GOLD WITH ACTUARIAL VALUE OF 83.640%

Injury and Sickness Benefits

No Overall Maximum Dollar Limit (Per Insured Person, Per Policy Year)

Deductible Preferred Provider	\$400 (Per Insured Person, Per Policy Year)
Deductible Out-of-Network Provider	\$800 (Per Insured Person, Per Policy Year)
Coinsurance Preferred Provider	80% except as noted below
Coinsurance Out-of-Network Provider	60% except as noted below
Out-of-Pocket Maximum Preferred Provider	\$8,000 (Per Insured Person, Per Policy Year)

The Policy provides benefits for Covered Medical Expenses incurred by an Insured Person as described in the Certificate of Coverage.

The **Preferred Provider** for this plan is UnitedHealthcare Options PPO.

Preferred Provider Benefits apply to Covered Medical Expenses that are provided by a Preferred Provider.

Out-of-Network Provider Benefits apply to Covered Medical Expenses that are provided by an Out-of-Network Provider. Refer to the *Preferred Provider and Out-of-Network Provider Information* section of the Certificate for information on reimbursement for Emergency Services provided by an Out-of-Network Provider, Covered Medical Expenses provided at Preferred Provider facilities at which, or as a result of which, the services are performed by an Out-of-Network Physician, and ground or Air Ambulance transport provided by an Out-of-Network Provider. All other Covered Medical Expenses provided by an Out-of-Network Provider at a Preferred Provider facility will be paid at the Preferred Provider Benefit level.

Out-of-Pocket Maximum: After the Out-of-Pocket Maximum has been satisfied, Covered Medical Expenses will be paid at 100% for the remainder of the Policy Year subject to any benefit maximums or limits that may apply. Any applicable Coinsurance, Copays, or Deductibles will be applied to the Out-of-Pocket Maximum. Services that are not Covered Medical Expenses and the amount benefits are reduced for failing to comply with Policy provisions or requirements do not count toward meeting the Out-of-Pocket Maximum.

Student Health Center Benefits: The Deductible will be waived and benefits will be paid at 100% for Covered Medical Expenses incurred when treatment is rendered at the Student Health Center or Counseling Center.

Out-of-Country Claims:

Covered Medical Expenses for services received outside the U.S. will be provided as follows:

- Emergency Services or urgently needed services when due to a Medical Emergency will be paid at the Preferred Provider Benefit level.
- If an Insured is traveling for academic study abroad programs, business or pleasure, other services will be paid at the Out-of-Network Provider Benefit level.

For all other treatment outside the United States, benefits are excluded.

Benefits are calculated on a Policy Year basis unless otherwise specifically stated. When benefit limits apply, benefits will be paid up to the maximum benefit for each service as scheduled below. All benefit maximums are combined Preferred Provider and Out-of-Network Provider unless otherwise specifically stated. Please refer to the Medical Expense Benefits section of the Certificate of Coverage for a description of the Covered Medical Expenses for which benefits are available. Covered Medical Expenses include:

Inpatient	Preferred Provider Benefits	Out-of-Network Provider Benefits
Room and Board Expense	80% of Allowed Amount after Deductible	\$500 Copay per Hospital Confinement 60% of Allowed Amount not subject to Deductible
Intensive Care	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible

Inpatient	Preferred Provider Benefits	Out-of-Network Provider Benefits
Hospital Miscellaneous Expenses	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Routine Newborn Care	Based on setting where service is performed	Based on setting where service is performed
Surgery If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Assistant Surgeon Fees If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Anesthetist Services	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Private Duty Nurse's Services	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Physician's Visits	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Pre-admission Testing Payable within 7 working days prior to admission.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible

Outpatient	Preferred Provider Benefits	Out-of-Network Provider Benefits
Surgery If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Day Surgery Miscellaneous	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Assistant Surgeon Fees If two or more procedures are performed through the same incision or in immediate succession at the same operative session, the maximum amount paid will not exceed 50% of the second procedure and 50% of all subsequent procedures.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Anesthetist Services	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Physician's Visits (Includes home visits)	\$25 Copay per visit 100% of Allowed Amount not subject to Deductible	60% of Allowed Amount after Deductible
Physiotherapy Review of Medical Necessity will be performed after 12 visits per Injury or Sickness. This review does not apply to Mental Illness Treatment or Substance Use Disorder Treatment.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible

Outpatient	Preferred Provider Benefits	Out-of-Network Provider Benefits
Medical Emergency Expenses The Preferred Provider and Out-of-Network Provider Copay will be waived if admitted to the Hospital.	\$100 Copay per visit 80% of Allowed Amount not subject to Deductible	\$100 Copay per visit 80% of Allowed Amount not subject to Deductible (The Insured's expense shall not exceed the amount payable for Preferred Provider Medical Emergency Expenses.)
Diagnostic X-ray Services Benefits include CT scans, MRA scans, MRI scans, MRS scans, NC scans & PET scans.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Radiation Therapy	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Laboratory Procedures Includes TB Testing that is not covered under Preventive Care Services.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Tests & Procedures	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Injections	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Chemotherapy	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Prescription Drugs	UnitedHealthcare Pharmacy (UHCP), Retail Network Pharmacy \$25 Copay per prescription Tier 1 \$40 Copay per prescription Tier 2 \$75 Copay per prescription Tier 3 up to a 31-day supply per prescription not subject to Deductible When Specialty Prescription Drugs are dispensed at a Non-Preferred Specialty Network Pharmacy, the Insured is required to pay 2 times the retail Copay (up to 50% of the Prescription Drug Charge). UHCP Mail Order Network Pharmacy or Preferred 90 Day Retail Network Pharmacy at 2.5 times the retail Copay up to a 90-day supply.	No Benefits

Other	Preferred Provider Benefits	Out-of-Network Provider Benefits
Ambulance Services	80% of Allowed Amount after Deductible	80% of Allowed Amount after Deductible (The Insured's ground or air ambulance expense shall not exceed the amount payable for Preferred Provider ground or air ambulance services.)
Durable Medical Equipment See also Benefits for Prosthetic Devices for Speaking Post Laryngectomy in the Mandated Benefits Section of the Certificate.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Consultant Physician Fees	\$40 Copay per visit 100% of Allowed Amount not subject to Deductible	60% of Allowed Amount after Deductible

Other	Preferred Provider Benefits	Out-of-Network Provider Benefits
Dental Treatment Benefits paid on Injury to Natural Teeth or as specifically provided in the Certificate only.	80% of Allowed Amount after Deductible	80% of Allowed Amount after Deductible
Mental Illness Treatment See Benefits for Mental Health and Substance Use Disorders in the Mandated Benefits Section of the Certificate.	Inpatient: 80% of Allowed Amount after Deductible Outpatient office visits: \$25 Copay per visit 100% of Allowed Amount not subject to Deductible All other outpatient services, except Medical Emergency Expenses and Prescription Drugs: 80% of Allowed Amount after Deductible	Inpatient: 60% of Allowed Amount after Deductible Outpatient office visits: 60% of Allowed Amount after Deductible All other outpatient services, except Medical Emergency Expenses and Prescription Drugs: 60% of Allowed Amount after Deductible
Substance Use Disorder Treatment See Benefits for Mental Health and Substance Use Disorders in the Mandated Benefits Section of the Certificate.	Inpatient: 80% of Allowed Amount after Deductible Outpatient office visits: \$25 Copay per visit 100% of Allowed Amount not subject to Deductible All other outpatient services, except Medical Emergency Expenses and Prescription Drugs: 80% of Allowed Amount after Deductible	Inpatient: 60% of Allowed Amount after Deductible Outpatient office visits: 60% of Allowed Amount after Deductible All other outpatient services, except Medical Emergency Expenses and Prescription Drugs: 60% of Allowed Amount after Deductible
Maternity (Routine pre-pregnancy, pre-natal, post-partum and inter-pregnancy office visits (office visits not related to Complications of Pregnancy) and all recommended preventive items and services related to pregnancy are provided under Preventive Care Services.)	Inpatient: 80% of Allowed Amount after Deductible Outpatient office visits: \$25 Copay per visit 100% of Allowed Amount not subject to Deductible All other outpatient services: Based on setting where service is performed	Inpatient Room and Board: \$500 Copay per confinement 60% of Allowed Amount not subject to Deductible Inpatient: 60% of Allowed Amount after Deductible Outpatient office visits: 60% of Allowed Amount after Deductible All other outpatient services: Based on setting where service is performed
Complications of Pregnancy	Based on setting where service is performed	Based on setting where service is performed
Preventive Care Services No Deductible, Copays or Coinsurance will be applied when the services are received from a Preferred Provider. See Preventive Care Services benefit in the Medical Expense Benefits section of the Certificate.	100% of Allowed Amount not subject to Deductible	No Benefits
Reconstructive Breast Surgery Following Mastectomy	Based on setting where service is performed	Based on setting where service is performed
Diabetes Services See also Benefits for Diabetes in the Mandated Benefits Section of the Certificate.	Based on setting where service is performed	Based on setting where service is performed

Other	Preferred Provider Benefits	Out-of-Network Provider Benefits
Home Health Care 100 visits maximum per Policy Year Separate visit limits apply to rehabilitative and Habilitative Services.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Hospice Care	80% of Allowed Amount after Deductible	80% of Allowed Amount after Deductible
Inpatient Rehabilitation Facility	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Skilled Nursing Facility	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Urgent Care Center	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Hospital Outpatient Facility or Clinic	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Approved Clinical Trials	Based on setting where service is performed	Based on setting where service is performed
Transplantation Services	Based on setting where service is performed	Based on setting where service is performed
Pediatric Dental and Vision Services	See Pediatric Dental and Vision Services benefits	See Pediatric Dental and Vision Services benefits
Abortion and Abortion Related Services	100% of Allowed Amount not subject to Deductible	100% of Allowed Amount not subject to Deductible
Acupuncture Services	\$10 Copay per visit 100% of Allowed Amount not subject to Deductible	60% of Allowed Amount after Deductible
Bariatric Surgery	Based on setting where service is performed	Based on setting where service is performed
Medical Foods See also Benefits for Phenylketonuria in the Mandated Benefits Section of the Certificate.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Medical Supplies	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Ostomy and Urological Supplies	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Vision Correction	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Hearing Aids	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible
Autologous Blood Self-donated blood collection, testing, processing & storage for planned surgery.	80% of Allowed Amount after Deductible	80% of Allowed Amount after Deductible
Acne Treatment Benefit are limited to Physician visit charges and all ancillary charges except Prescription Drugs. Prescription Drugs for acne are covered under the Prescription Drug benefit.	80% of Allowed Amount after Deductible	60% of Allowed Amount after Deductible

UNITEDHEALTHCARE INSURANCE COMPANY

POLICY ENDORSEMENT

This endorsement takes effect and expires concurrently with the Policy to which it is attached and is subject to all of the terms and conditions of the Policy not inconsistent therewith.



President

It is hereby understood and agreed that the Policy to which this endorsement is attached is amended as follows:

An Insured Person under this insurance plan is eligible for Assistance and Evacuation Benefits in addition to the underlying plan coverage. The requirements to receive these benefits are as follows:

International Students are eligible to receive Assistance and Evacuation Benefits worldwide, except in their Home Country.

Domestic Students are eligible for Assistance and Evacuation Benefits when 100 miles or more away from their campus address or 100 miles or more away from their permanent home address or while participating in a study abroad program.

Assistance and Evacuation Benefits

DEFINITIONS

The following definitions apply to the Assistance and Evacuation Benefits described further below.

"Emergency Medical Event" means an event wherein an Insured Person's medical condition and situation are such that, in the opinion of the Company's affiliate or authorized vendor and the Insured Person's treating physician, the Insured Person requires urgent medical attention without which there would be a significant risk of death, or serious impairment and adequate medical treatment is not available at the Insured Person's initial medical facility.

"Home Country" means, with respect to an Insured Person, the country or territory as shown on the Insured Person's passport or the country or territory of which the Insured Person is a permanent resident.

"Host Country" means, with respect to an Insured Person, the country or territory the Insured Person is visiting or in which the Insured Person is living, which is not the Insured Person's Home Country.

"Physician Advisors" mean physicians retained by the Company's affiliate or authorized vendor for provision of consultative and advisory services to the Company's affiliate or authorized vendor, including the review and analysis of the medical care received by Insured Persons.

An Insured Person must notify the Company's affiliate or authorized vendor to obtain benefits for Medical Evacuation and Repatriation. If the Insured Person doesn't notify the Company's affiliate or authorized vendor, the Insured Person will be responsible for paying all charges and no benefits will be paid.

MEDICAL EVACUATION AND REPATRIATION BENEFITS

Emergency Medical Evacuation: If an Insured Person suffers a Sickness or Injury, experiences an Emergency Medical Event and adequate medical facilities are not available locally in the opinion of the attending physician and the *Medical Director* of the Company's affiliate or authorized vendor, the Company's affiliate or authorized vendor will provide an emergency medical evacuation (under medical supervision if necessary) to the nearest facility capable of providing adequate care by whatever means is necessary. The Company will pay costs for arranging and providing for transportation and related medical services (including the cost of a medical escort if necessary) and medical supplies necessarily incurred in connection with the emergency medical evacuation.

Dispatch of Doctors/Specialists: If an Insured Person experiences an Emergency Medical Event and the Company's affiliate or authorized vendor, in consultation with the attending physician or the Insured Person, determines that an Insured Person cannot be adequately assessed by telephone for possible medical evacuation from the initial medical facility or that the Insured Person cannot be moved and local treatment is unavailable, the Company's affiliate or authorized vendor will arrange to send an appropriate medical practitioner to the Insured Person's location when it deems it appropriate for medical management of a case. The Company will pay costs for transportation and expenses associated with dispatching a medical practitioner to an Insured Person's location, not including the costs of the medical practitioner's service.

Medical Repatriation: After an Insured Person receives initial treatment and stabilization for a Sickness or Injury, if the attending physician, in consultation with the *Medical Director* of the Company's affiliate or authorized vendor determine that it is medically necessary, the Company's affiliate or authorized vendor will transport an Insured Person back to the Insured Person's permanent place of residence for further medical treatment or to recover. The Company will pay costs for arranging and providing for transportation and related medical services (including the cost of a medical escort if necessary) and medical supplies necessarily incurred in connection with the repatriation.

Transportation after Stabilization: If Medical Repatriation is not required following stabilization of the Insured Person's condition and discharge from the hospital, the Company's affiliate or authorized vendor will coordinate transportation to the Insured Person's point of origin, Home Country, or Host Country. The Company will pay costs for economy transportation (or upgraded transportation to match an Insured Person's originally booked travel arrangements) to the Insured Person's original point of origin, Home Country or Host Country.

Transportation to Join a Hospitalized Insured Person: If an Insured Person who is travelling alone is or will be hospitalized for more than three (3) days due to a Sickness or Injury, the Company's affiliate or authorized vendor will coordinate round-trip airfare for a person of the Insured Person's choice to join the Insured Person. The Company will pay costs for economy class round-trip airfare for a person to join the Insured Person.

Return of Minor Children: If an Insured Person's minor child(ren) age 18 or under are present but left unattended as a result of the Insured Person's Injury or Sickness, the Company's affiliate or authorized vendor will coordinate airfare to send them back to the Insured Person's Home Country. The Company's affiliate or authorized vendor will also arrange for the services, transportation expenses, and accommodations of a non-medical escort, if required. The Company will pay costs for economy class one-way airfare for the minor children (or upgraded transportation to match the Insured Person's originally booked travel arrangement) and, if required, the cost of the services, transportation expenses, and accommodations of a non-medical escort to accompany the minor children back to the Insured Person's Home Country.

Repatriation of Mortal Remains: In the event of an Insured Person's death, the Company's affiliate or authorized vendor will assist in obtaining the necessary clearances for the Insured Person's cremation or the return of the Insured Person's mortal remains. The Company's affiliate or authorized vendor will coordinate the preparation and transportation of the Insured Person's mortal remains to the Insured Person's Home Country or place of primary residence, as it obtains the number of certified death certificates required by the Host Country and Home Country to release and receive the remains. The Company will pay costs for the certified death certificates required by the Home Country or Host Country to release the remains and expenses of the preparation and transportation of the Insured Person's mortal remains to the Insured Person's Home Country or place of primary residence.

CONDITIONS AND LIMITATIONS

Assistance and Evacuation Benefits shall only be provided to an Insured Person after the Company's affiliate or authorized vendor receives the request (in writing or via phone) from the Insured Person or an authorized representative of the Insured Person of the need for the requested Assistance and Evacuation Benefits. In all cases, the requested Assistance and Evacuation Benefits services and payments must be arranged, authorized, verified and approved in advance by the Company's affiliate or authorized vendor.

With respect to any evacuation requested by an Insured Person, the Company's affiliate or authorized vendor shall evaluate the feasibility of an evacuation and the means, method, timing, and destination of such evacuation, and may consult with relevant third-parties, including as applicable, Physician Advisors and treating physicians as needed to make its determination.

In the event an Insured Person is incapacitated or deceased, his/her designated or legal representative shall have the right to act for and on behalf of the Insured Person.

The following Exclusions and Limitations apply to the Assistance and Evacuation Benefits.

In no event shall the Company be responsible for providing Assistance and Evacuation Benefits to an Insured Person in a situation arising from or in connection with any of the following:

1. Travel costs that were neither arranged nor approved in advance by the Company's affiliate or authorized vendor.
2. Taking part in military or police service operations.
3. Insured Person's failure to properly procure or maintain immigration, work, residence or similar type visas, permits or documents.
4. The actual or threatened use or release of any nuclear, chemical or biological weapon or device, or exposure to nuclear reaction or radiation, regardless of contributory cause.
5. Any evacuation or repatriation that requires an Insured Person to be transported in a biohazard-isolation unit.
6. Medical Evacuations from a marine vessel, ship, or watercraft of any kind.
7. Medical Evacuations directly or indirectly related to a natural disaster.
8. Subsequent Medical Evacuations for the same or related Sickness, Injury or Emergency Medical Event regardless of location.

Additional Assistance Services

The following assistance services will be available to an Insured Person in addition to the Assistance and Evacuation Benefits.

MEDICAL ASSISTANCE SERVICES

Worldwide Medical and Dental Referrals: Upon an Insured Person's request, the Company's affiliate or authorized vendor will provide referrals to physicians, hospitals, dentists, and dental clinics in the area the Insured Person is traveling in order to assist the Insured Person in locating appropriate treatment and quality care.

Monitoring of Treatment: As and to the extent permissible, the Company's affiliate or authorized vendor will continually monitor the Insured Person's medical condition. Third-party medical providers may offer consultative and advisory services to the Company's affiliate or authorized vendor in relation to the Insured Person's medical condition, including review and analysis of the quality of medical care received by the Insured Person.

Facilitation of Hospital Admittance Payments: The Company's affiliate or authorized vendor will issue a financial guarantee (or wire funds) on behalf of Company up to five thousand dollars (US\$5,000) to facilitate admittance to a foreign (non-US) medical facility.

Relay of Insurance and Medical Information: Upon an Insured Person's request and authorization, the Company's affiliate or authorized vendor will relay the Insured Person's insurance benefit information and/or medical records and information to a health care provider or treating physician, as appropriate and permissible, to help prevent delays or denials of medical care. The Company's affiliate or authorized vendor will also assist with hospital admission and discharge planning.

Medication and Vaccine Transfers: In the event a medication or vaccine is not available locally, or a prescription medication is lost or stolen, the Company's affiliate or authorized vendor will coordinate the transfer of the medication or vaccine to Insured Persons upon the prescribing physician's authorization, if it is legally permissible.

Updates to Family, Employer, and Home Physician: Upon an Insured Person's approval, the Company's affiliate or authorized vendor will provide periodic case updates to appropriate individuals designated by the Insured Person in order to keep them informed.

Hotel Arrangements: The Company's affiliate or authorized vendor will assist Insured Persons with the arrangement of hotel stays and room requirements before or after hospitalization or for ongoing care.

Replacement of Corrective Lenses and Medical Devices: The Company's affiliate or authorized vendor will assist with the replacement of corrective lenses or medical devices if they are lost, stolen, or broken during travel.

WORLDWIDE DESTINATION INTELLIGENCE

Destination Profiles: When preparing for travel, an Insured Person can contact the Company's affiliate or authorized vendor to have a pre-trip destination report sent to the Insured Person. This report draws upon an intelligence database of over 280 cities covering subject such as health and security risks, immunizations, vaccinations, local hospitals, crime, emergency phone numbers, culture, weather, transportation information, entry and exit requirements, and currency. The global medical and security database of over 170 countries and 280 cities is continuously updated and includes intelligence from thousands of worldwide sources.

TRAVEL ASSISTANCE SERVICES

Replacement of Lost or Stolen Travel Documents: The Company's affiliate or authorized vendor will assist the Insured Person in taking the necessary steps to replace passports, tickets, and other important travel documents.

Emergency Travel Arrangements: The Company's affiliate or authorized vendor will make new reservations for airlines, hotels, and other travel services for an Insured Person in the event of a Sickness or Injury, to the extent that the Insured Person is entitled to receive Assistance and Evacuation Benefits.

Transfer of Funds: The Company's affiliate or authorized vendor will provide the Insured Person with an emergency cash advance subject to the Company's affiliate or authorized vendor first securing funds from the Insured Person (via a credit card) or his/her family.

Legal Referrals: Should an Insured Person require legal assistance, the Company's affiliate or authorized vendor will direct the Insured Person to a duly licensed attorney in or around the area where the Insured Person is located.

Language Services: The Company's affiliate or authorized vendor will provide immediate interpretation assistance to an Insured Person in a variety of languages in an emergency situation. If a requested interpretation is not available or the requested assistance is related to a non-emergency situation, the Company's affiliate or authorized vendor will provide the Insured Person with referrals to interpreter services. Written translations and other custom requests, including an on-site interpreter, will be subject to an additional fee.

Message Transmittals: Insured Persons may send and receive emergency messages toll-free, 24-hours a day, through the Company's affiliate or authorized vendor.

HOW TO ACCESS ASSISTANCE AND EVACUATION SERVICES

Assistance and Evacuation Services are available 24 hours a day, 7 days a week, 365 days a year.

To access services, please refer to the phone number on the back of the Insured Person's ID Card or access My Account at www.uhcsr.com/MyAccount and select My Benefits/Additional Benefits/UHC Global Emergency Services.

When calling the Emergency Response Center, the caller should be prepared to provide the following information:

- Caller's name, telephone and (if possible) fax number, and relationship to the Insured Person.
- Insured Person's name, age, sex, and ID Number as listed on the Insured Person's Medical ID card.
- Description of the Insured Person's condition.
- Name, location, and telephone number of hospital, if applicable.
- Name and telephone number of the attending physician.
- Information on where the physician can be immediately reached.

If the condition is a medical emergency, the Insured Person should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Emergency Response Center.

All medical expenses related to hospitalization and treatment costs incurred should be submitted to the Company for consideration at the address located in the "How to File a Claim for Injury and Sickness Benefits" section of the Certificate of Coverage and are subject to all Policy benefits, provisions, limitations and exclusions.

NOTICE OF NONDISCRIMINATION
and
NOTICE OF AVAILABILITY OF LANGUAGE ASSISTANCE SERVICES AND ALTERNATE FORMATS

UnitedHealthcare complies with applicable civil rights laws and does not discriminate on the basis of race, color, national origin, ancestry, religion, age, disability, sex (including pregnancy, sexual orientation, gender, and gender identity), or marital status. UnitedHealthcare does not exclude, deny Covered Medical Expenses to, or otherwise discriminate against any Insured for participation in, or receipt of the Covered Medical Expense under, any of its health plans, whether carried out by UnitedHealthcare directly or through a Network provider or any other entity with which UnitedHealthcare arranges to carry out Covered Medical Expenses under any of its health plans. We do not exclude people or treat them less favorably because of race, color, national origin, ancestry, religion, age, disability, sex or marital status.

We provide free auxiliary aids and services to help you communicate with us or your doctor. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call **1-866-260-2723** for Medical Plans, **1-800-638-3120** for Vision Plans, **1-877-816-3596** for Dental Plans, or call the toll-free phone number listed on your ID card. (TTY 711).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator
UnitedHealthcare Civil Rights Grievance
P.O. Box 30608
Salt Lake City, UTAH 84130
UHC_Civil_Rights@uhc.com

If you need help filing a complaint, call **1-866-260-2723** for Medical Plans, **1-800-638-3120** for Vision Plans, **1-877-816-3596** for Dental Plans, or call the toll-free phone number listed on your ID card. (TTY 711).

UnitedHealthcare Insurance Company

If your complaint is not resolved, you can file a grievance with the California Department of Insurance (“CDI”). Contact the CDI at the toll-free telephone number 1-800-927-HELP (1-800-927-4357) or submit an inquiry in writing to the California Department of Insurance, Consumer Communications Bureau, 300 South Spring Street, South Tower, Los Angeles, CA 90013 or through the website: www.insurance.ca.gov. The hearing and speech impaired may use the toll-free telephone number 1-800-482-4833 (TTY).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>
Phone: 1-800-368-1019, 800-537-7697 (TDD)
Mail: U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at:

<https://www.uhc.com/content/dam/uhcdotcom/en/npp/CANDN-LA-UHC-StudentResources-EN.pdf>

ATTENTION: You can get an interpreter to talk to your doctor at the time of your appointment or with us. If you speak **English**, free language assistance services and free communications in other formats, such as large print, are available to you. Call **1-866-260-2723** for Medical Plans, **1-800-638-3120** for Vision Plans, **1-877-816-3596** for Dental Plans, or call the toll-free phone number listed on your member ID card. (TTY: 711). If you need more help, call the Department of Insurance Hotline at 1-800-927-4357.

ትኩረት፡- በቀጠሮታ ጊዜ ወይም ከእኛ ጋር ሲሆኑ ከሐኪምዎ ጋር ለመነጋገር አስተርጓሚ ማግኘት ይችላሉ። **አማርኛ (Amharic)** የሚናገሩ ከሆኑ፣ ነፃ የቋንቋ ድጋፍ አገልግሎቶች እና ነፃ ግንኙነቶች እንደ ትልቅ ህትመት ባሉ ሌሎች ቅርጾች ለአርስቦ ይገኛሉ። ለህክምና ዕቅዶች ወደ **1-866-260-2723**፣ ለእይታ ዕቅዶች ወደ **1-800-638-3120**፣ ለጥርስ ዕቅዶች ወደ **1-877-816-3596** ይደውሉ ወይም በአባል መታወቂያ ካርድዎ ላይ ወደተዘረዘረው ነፃ የስልክ ቁጥር ይደውሉ። (TTY: 711)። ተጨማሪ እርዳታ ከፈለጉ፣ ወደ ኢንሹራንስ መምሪያ ስልክ 1-800-927-4357 ይደውሉ።

يرجى الانتباه: يمكنك الحصول على مترجم فوري لمساعدتك في التحدث مع طبيبك خلال الموعد أو معنا. إذا كنت تتحدث اللغة العربية (Arabic)، ستتوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتنسيقات أخرى، مثل الطباعة بأحرف كبيرة. اتصل على **1-866-260-2723** للخطط الطبية، أو **1-800-638-3120** لخطط رعاية البصر، أو **1-877-816-3596** لخطط الأسنان، أو اتصل برقم الهاتف المجاني المدرج على بطاقة هوية العضو الخاصة بك. (TTY: 711). لمزيد من المساعدة، اتصل بالخط الساخن لإدارة التأمين على الرقم

1-800-927-4357

মনোযোগ দিয়ে শুনুন: আপনার অ্যাপয়েন্টমেন্টের সময় আপনার ডাক্তারের সাথে কথা বলার জন্য বা আমাদের সাথে কথা বলার জন্য আপনি একজন দোভাষী পেতে পারেন। আপনি যদি **বাংলা (Bengali)** এ কথা বলেন, তাহলে বিনামূল্যের ভাষা সহায়তা পরিষেবা এবং অন্যান্য বিনামূল্যের বিভিন্ন যোগাযোগ পদ্ধতি, যেমন বড় মুদ্রণ, আপনার জন্য উপলব্ধ থাকবে। মেডিকেল প্ল্যানের জন্য কল করুন **1-866-260-2723** নম্বরে, ভিশন প্ল্যানের জন্য কল করুন **1-800-638-3120** নম্বরে, ডেন্টাল প্ল্যানের জন্য কল করুন **1-877-816-3596** নম্বরে, অথবা আপনার সদস্য আইডি কার্ডে টোল-ফ্রি ফোন নম্বরে কল করুন। (TTY: 711)। আপনার আরও সহায়তার প্রয়োজন হলে, 1-800-927-4357 নম্বরে বিমা বিভাগের হটলাইনে কল করুন।

ចំណាំ: អ្នកអាចស្នើសុំអ្នកបកប្រែ ដើម្បីទំនាក់ទំនងជាមួយគ្រូពេទ្យរបស់អ្នក នៅពេលណាដែល ឬនិយាយជាមួយយើងខ្ញុំ។ បើសិនអ្នកនិយាយ**ភាសាខ្មែរ (Cambodian)** មានសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ការទំនាក់ទំនងដោយឥតគិតថ្លៃ ក្នុងទម្រង់ផ្សេងទៀត ដូចជាអក្សរធំ មានសម្រាប់អ្នក។ សូមហៅទូរសព្ទទៅ **1-866-260-2723** សម្រាប់គម្រោងវេជ្ជសាស្ត្រ **1-800-638-3120** សម្រាប់គម្រោងថែទាំភ្នែក **1-877-816-3596** សម្រាប់គម្រោងថែទាំធ្មេញ ឬហៅទូរសព្ទទៅលេខទូរសព្ទដោយមិនគិតថ្លៃ ដែលបានចុះក្នុងបណ្ណសមាជិករបស់អ្នក។ (TTY: 711)។ ប្រសិនបើអ្នកត្រូវការជំនួយបន្ថែម សូមហៅទូរសព្ទទៅកាន់ខ្សែទូរសព្ទរាយការណ៍បន្ទាន់នៃជំនួយធានារ៉ាប់រង តាមរយៈលេខ 1-800-927-4357។

ATENSHUN: Kunjka me liye ayu yo interprete para ughul maghal na dokto ya eppunghi me guahu. Gare kapetal **Faluwasch (Carolinian)**, ye toore paliuwal kapetal Faluwasch lane bwe me sew format, ta tiyel lane, bwe bwale tepangiyom. Kali **1-866-260-2723** para ughul Lalap ni ughul tipiye, **1-800-638-3120** para ughul Lalap ni tipiye nu mata, **1-877-816-3596** para ughul Lalap ni tipiye nu apapa, o kali ewe kali rerekkepal ni Nuumur ni telepon yeeg listed me ni Kaaret ni meybur ID-mu. (TTY: 711). Ka mwei angang, kali ewe Depatamentun Inshurans Kali Awaey me 1-800-927-4357.

ATENSYON: Siña hao humosga un intérprete para kumuentos yan i doktermu gi ora di i konsulta-mu pat yan hame. Yanggen fifino' hao **CHamoru (Chamorro)**, guaha setbisio siha para hãgu ni' mandibãtdi, i setbision fino' pat lengguãhi yan fina'uma'espiha gi otro na manera siha, taiguihi i para mana'dangkolo i inemprenta. Kålle **1-866-260-2723** para Planån Mediku, **1-800-638-3120** para Planån Visión, **1-877-816-3596** para Planån Dental, pat kålle i número gratut na teleponu na esta på'go gi katta ID para miembro -mu. (TTY: 711). Yanggen manggãgã' hao ayuda, kålle i Departamento di Seguros Linahiyay ayudu gi 1-800-927-4357.

請注意： 您可以獲得一位口譯員，在您看診時與您的醫生溝通或平常與我們溝通。如果您說**中文(Chinese)**，我們可為您提供免費的語言協助服務與其他溝通格式，例如大字版文件。醫療計劃請致電**1-866-260-2723**，視力計劃請致

電1-800-638-3120, 牙科計劃請致電 1-877-816-3596, 或撥打您會員卡上所列的免付費電話號碼。(TTY : 711)。若您需要更多協助, 請致電保險局熱線1-800-927-4357。

توجه: شما می‌توانید یک مترجم برای صحبت با پزشک خود در زمان ویزیت یا برای گفتگو با ما، درخواست کنید. اگر **فارسی (Farsi)**، صحبت می‌کنید، خدمات رایگان کمک زبانی و خدمات رایگان ارتباطاتی در سایر قالب‌ها، مانند چاپ با حروف درشت، در دسترس شما هستند. برای برنامه‌های پزشکی با شماره

1-866-260-2723 و برای طرح چشم پزشکی با شماره 1-800-638-3120 و برای طرح دندانپزشکی با شماره 1-877-816-3596، یا با شماره تلفن رایگان مندرج در کارت شناسایی عضو تماس بگیرید. (TTY: 711). اگر به کمک بیشتری نیاز دارید، با خط تلفن رایگان سازمان بیمه به شماره 1-800-927-4357 تماس بگیرید.

ATTENTION : Vous pouvez demander à un(e) interprète de parler à votre médecin au moment de votre rendez-vous ou avec nous. Si vous parlez **français (French)**, des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le **1-866-260-2723** pour les régimes médicaux, le **1-800-638-3120** pour les régimes de soins de la vue, le **1-877-816-3596** pour les régimes de soins dentaires, ou appelez le numéro de téléphone gratuit indiqué sur votre carte de membre. (TTY : 711). Si vous avez besoin d'aide, appelez le service d'assistance téléphonique du département des assurances au 1-800-927-4357.

ACHTUNG: Sie können für Gespräche mit Ihrem Arzt bei Ihrem Termin oder mit uns einen Dolmetscher anfordern. Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlose Sprachassistentendienste und kostenlose Kommunikation in anderen Formaten, wie zum Beispiel große Schrift, zur Verfügung. Rufen Sie **1-866-260-2723** für Krankenversicherungen, **1-800-638-3120** für Augenversicherungen, **1-877-816-3596** für Zahnversicherungen oder die gebührenfreie Telefonnummer auf Ihrer Mitgliedskarte an. (TTY: 711). Wenn Sie weitere Hilfe benötigen, wenden Sie sich an die Hotline der Versicherungsabteilung unter 1-800-927-4357.

ΠΡΟΣΟΧΗ: Μπορείτε να πάρετε έναν διερμηνέα για να μιλήσετε με το γιατρό σας στο ραντεβού σας ή για να μιλήσετε μαζί μας. Εάν μιλάτε **Ελληνικά (Greek)**, υπάρχουν διαθέσιμες δωρεάν υπηρεσίες γλωσσικής βοήθειας και δωρεάν επικοινωνία σε άλλες μορφοποιήσεις, όπως μεγάλα γράμματα. Καλέστε στο **1-866-260-2723** για ιατρικά προγράμματα, στο **1-800-638-3120** για οφθαλμολογικά προγράμματα, στο **1-877-816-3596** για οδοντιατρικά προγράμματα ή καλέστε τον αριθμό τηλεφώνου χωρίς χρέωση που αναγράφεται στην κάρτα μέλους σας. (TTY: 711). Εάν χρειάζεστε περισσότερη βοήθεια, καλέστε την ανοιχτή γραμμή του Τμήματος Ασφαλίσεων στο 1-800-927-4357.

ધ્યાન આપો: તમે તમારી મુલાકાત સમયે અથવા અમારી સાથે તમારા ડૉક્ટર સાથે વાત કરવા માટે દુભાષિયા મેળવી શકો છો. જો તમે ગુજરાતી (**Gujarati**), બોલો છો, તો મફત ભાષા સહાયતા સેવાઓ અને અન્ય ફોર્મેટમાં મફત સંચાર, જેમ કે મોટી પ્રિન્ટ, તમારા માટે ઉપલબ્ધ છે. મેડિકલ પ્લાન માટે **1-866-260-2723**, વિઝન પ્લાન માટે **1-800-638-3120**, ડેન્ટલ પ્લાન માટે **1-877-816-3596** પર કોલ કરો અથવા તમારા સભ્ય આઈડી કાર્ડ પર સૂચિબદ્ધ ટોલ-ફ્રી ફોન નંબર પર કોલ કરો. (TTY: 711). જો તમને વધુ મદદની જરૂર હોય, તો વીમા વિભાગની હોટલાઇનને 1-800-927-4357 પર કોલ કરો.

ATANSYON: Ou ka jwenn yon entèprèt pou pale ak doktè ou a nan moman randevou w la oswa avèk nou. Si w pale **Kreyòl Ayisyen (Haitian Creole)**, sèvis asistans lang gratis ak komunikasyon gratis nan lòt fòm, tankou gwo lèt, disponib pou ou. Rele **1-866-260-2723** pou Plan Medikal, **1-800-638-3120** pou Plan Vizyon, **1-877-816-3596** pou Plan Dantè, oswa rele nimewo telefòn gratis ki endike sou kat ID manm ou a. (TTY: 711). Si w bezwen plis èd, rele Liy Dirèk Depatman Asirans lan nan 1-800-927-4357.

ध्यान दें: आप अपनी अपॉइंटमेंट के समय या हमारे साथ अपने डॉक्टर से बात करने के लिए एक दुभाषिया प्राप्त कर सकते हैं। यदि आप **हिन्दी (Hindi)** बोलते हैं, तो मुफ्त भाषा सहायता सेवाएँ और बड़े प्रिंट जैसे अन्य प्रारूपों में मुफ्त संचार सेवा आपके लिए उपलब्ध हैं। मेडिकल प्लान के लिए **1-866-260-2723** पर कॉल करें, विजन प्लान के लिए **1-800-638-3120** पर,

डेटल प्लान के लिए **1-877-816-3596** पर कॉल करें, या अपने सदस्य आईडी कार्ड पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें। (TTY: 711)। अगर आपको अधिक सहायता की आवश्यकता है, तो बीमा विभाग की हॉटलाइन पर **1-800-927-4357** पर कॉल करें।

CEEBOOM: Koj tuaj yeem tau txais ib tug neeg txhais lus tham nrog koj tus kws kho mob thaum lub sijhawm kev teem caij los sis thaum tham nrog peb. Yog tias koj hais **Lus Hmoob (Hmong)**, yuav muaj cov kev pab cuam txhais lus pub dawb thiab kev sib txuas lus ua lwm hom qauv, xws li luam ua tus ntawv loj rau koj. Hu rau **1-866-260-2723** rau Cov Phiaj Xwm Kho Mob, **1-800-638-3120** rau Cov Phiaj Xwm Kho Qhov Muag, **1-877-816-3596** rau Cov Phiaj Xwm Kho Hniav, los yog hu rau tus xov tooj hu dawb uas teev rau hauv koj daim npav ID. (TTY: 711). Yog tias koj xav tau kev pab ntau ntxiv, hu rau Feem Hauj Lwm Saib Xyuas Kev Tuav Pov Hwm Tus Xov Tooj ntawm **1-800-927-4357**.

ATENSIÓN: Makaalaka iti interpreter a makisarita kadakami wenna iti doktormo iti oras ti appointment-mo. No makasaoka iti **Ilocano (Ilocano)**, makaalaka iti libre a tulong iti lengguahe ken libre a pannakikomunikar iti sabali a format, kas iti dadakkel a letra. Tawagam ti **1-866-260-2723** para kadagiti Plan a Medikal, **1-800-638-3120** para kadagiti Plan para iti Panagkita, **1-877-816-3596** para kadagiti Plan para iti Ngipen, wenna tawagam ti libre a numero ti telepono a nailista iti ID card-mo kas miembro. (TTY: 711). No kasapulam iti ad-adu pay a tulong, tawagam ti Department of Insurance Hotline iti **1-800-927-4357**.

ATTENZIONE: il giorno del Suo appuntamento, può richiedere i servizi di un interprete per parlare con il Suo medico o con noi. Se parla **italiano (Italian)**, sono disponibili gratuitamente servizi di assistenza linguistica e comunicazioni in altri formati, come la stampa a caratteri grandi. Chiami il numero **1-866-260-2723** per i piani sanitari, il numero **1-800-638-3120** per i piani oculistici e il numero **1-877-816-3596** per i piani dentistici, oppure chiami il numero verde riportato sul Suo tesserino identificativo. (TTY: 711). Per ulteriore assistenza, chiami il numero dedicato della Sezione assicurazioni: **1-800-927-4357**.

ご注意：ご予約にお越しの際またはご来院の際、医師とお話になるための通訳者を手配することが可能です。あなたが**日本語 (Japanese)**をお話になる場合、無料の言語支援サービスおよび大きい活字など他の形式による無料のコミュニケーションをご利用になれます。医療プランについては **1-866-260-2723**、眼科プランについては **1-800-638-3120**、歯科プランについては **1-877-816-3596** までお電話いただくか、メンバー ID カードに記載の通話料無料の番号までお電話ください。(TTY: 711)。その他お困りのことがありましたら、保険部門ホットライン (**1-800-927-4357**) までお電話ください。

주의: 진료 시 의사와 상담하거나 저희와의 소통을 위해 통역사 서비스를 받으실 수 있습니다. **한국어(Korean)**를 사용하시는 경우 무료 언어 지원 서비스와 큰 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 의료 플랜의 경우 **1-866-260-2723**, 안과 플랜의 경우 **1-800-638-3120**, 치과 플랜의 경우 **1-877-816-3596**번으로 전화하거나 귀하의 회원 ID 카드에 기재된 무료 전화번호로 전화하십시오. (TTY: 711). 도움이 더 필요하시면 보험 부서 핫라인 **1-800-927-4357**번으로 전화하십시오.

ໝາຍເຫດ: ທ່ານສາມາດຂໍນາຍແປພາສາເພື່ອເວົ້າກັບທ່ານໝໍໃນເວລາທີ່ທ່ານນັດໝາຍ, ຫຼື ກັບພວກເຮົາໄດ້. ຖ້າວ່າທ່ານເວົ້າ **ພາສາລາວ (Lao)**, ການບໍລິການຊ່ວຍເຫຼືອດ້ານ ພາສາ ແລະ ການສື່ສານພຣີໃນຮູບແບບອື່ນໆ, ເຊັ່ນ: ການພິມຂະໜາດໃຫຍ່, ແມ່ນມີໃຫ້ທ່ານ. ໂທ **1-866-260-2723** ສໍາລັບແຜນການທາງການແພດ, **1-800-638-3120** ສໍາລັບແຜນການທາງສາຍຕາ, **1-877-816-3596** ສໍາລັບແຜນການທາງແຂ້ວ, ຫຼື ໂທຫາເບີໂທພຣີທີ່ລະບຸໄວ້ໃນບັດປະຈຳຕົວສະມາຊິກຂອງທ່ານ.(TTY: 711). ການຖ່າຍທາງການຄວາມຊ່ວຍເຫຼືອເພີ່ມເຕີມ, ໂທຫາສາຍດ່ວນຂອງກົມປະກັນໄພທີ່ **1-800-927-4357**.

SHOOH: Nánihoot'áani góne' ne'azee' ííł'íní bich'j' yáníłti' doodago nihí nihich'j' yáníłti'go ata' halne'í la' naayíłt'eehgo bíighah. **Diné (Navajo)** bizaad bee yáníłti'to, t'áá jiik'eh saad bee áka'e'eyeed bee áka'anída'ow'í dóó t'áá jiik'eh nááná lahgo át'éego bee hada'dilyaaígíí bee ahił hane', díí nitsaago bik'e'ashchíní, ná dahółq. Ats'íis Nánél'j' Bee Hada'dít'éhí biniiyé kohj' **1-866-260-2723** hodíłlnih, Anáá' Bee Hoot'íní Bee Hada'dít'éhí biniiyé kohj' **1-800-638-3120** hodíłlnih, Awoo' Bee Hada'dít'éhí biniiyé kóhji' **1-877-816-3596** hodíłlnih, doodago bee nił ha'dít'éhí ninaaltsoos nił'izí bee nééhóziní ID baqah t'áá jiik'eh námboo bee dahane'í biká'ígíí bee hodíłlnih. (TTY: 711). Łáka'e'eyeed la' náánínízingo, Béeso Ách'qáq Naa'nił Bił Haz'áníj' T'áá Jiik'eh Hane'í kohj' 1-800-927-4357 bee hodíłlnih.

ध्यान दिनुहोस्: तपाईंले आफ्नो अपोइन्टमेन्टको समयमा वा हामीसँग आफ्नो डाक्टरसँग कुरा गर्न दोभाषे लिन सक्नुहुन्छ। तपाईं **नेपाली (Nepali)** बोल्नुहुन्छ भने, निःशुल्क भाषा सहायता सेवाहरू र ठूलो अक्षर जस्ता अन्य ढाँचाहरूमा निःशुल्क सञ्चार सेवाहरू तपाईंको लागि उपलब्ध छन्। चिकित्सा योजनाहरूको लागि **1-866-260-2723** भिजन योजनाहरूको लागि **1-800-638-3120** दन्त योजनाहरूको लागि **1-877-816-3596** मा कल गर्नुहोस्, वा तपाईंको सदस्य परिचयपत्रमा सूचीबद्ध टोल-फ्री फोन नम्बरमा कल गर्नुहोस्। (TTY: 711)। तपाईंलाई थप मद्दत चाहिन्छ भने, बीमा विभागको हटलाइन 1-800-927-4357 मा कल गर्नुहोस्।

WICHDICh: Du darfst en Interpreter griege fer schwetze mit dei Dokter an dei Appointment odder mit uns. Wann du **Deutsch (Pennsylvania Dutch)** schwetzsch un brauchsch Hilf fer communicat-e, kenne mer dich helfe unni as es dich ennich eppes koschde zellt. Mir kenne differnti Sadde Schprooch-Hilf beigrieger aa fer nix. Call **1-866-260-2723** fer Plans as zu duh hen mit Dokteres, **1-800-638-3120** fer Plans as zu duh hen mit Sehne, **1-877-816-3596** fer Plans as zu duh hen mit Zaeh, odder call die Toll-Free Phone Number as uff dei ID Card is. (TTY: 711). Wann du meh Hilf brauchsch, call die Department of Insurance Hotline an 1-800-927-4357.

UWAGA: Możesz poprosić tłumacza o pomoc w rozmowie z lekarzem w czasie wizyty lub z nami. Osoby mówiące w języku **polskim (Polish)**, mają dostęp do bezpłatnej usługi pomocy językowej i bezpłatnej komunikacji w innych formatach, takich jak duży druk. Zadzwoń pod numer **1-866-260-2723** w celu uzyskania informacji o planach medycznych, **1-800-638-3120** o planach okulistycznych, **1-877-816-3596** o planach stomatologicznych lub zadzwoń pod bezpłatny numer telefonu podany na karcie członkowskiej. (TTY: 711). Jeśli potrzebujesz dodatkowej pomocy, zadzwoń na infolinię Departamentu Ubezpieczeń pod numer 1-800-927-4357.

ATENÇÃO: Você pode ter um intérprete para falar com o médico no momento da consulta ou conosco. Se você fala **português (Portuguese)**, há serviços gratuitos de assistência linguística e comunicações gratuitas em outros formatos, como letras grandes, disponíveis para você. Ligue para **1-866-260-2723** para planos médicos, **1-800-638-3120** para planos oftalmológicos, **1-877-816-3596** para planos odontológicos ou ligue para o número de telefone gratuito listado no seu cartão de ID de membro. (TTY: 711). Se precisar de mais ajuda, ligue para a Linha Direta do Departamento de Seguros no número 1-800-927-4357.

ਧਿਆਨ ਦਿਓ: ਤੁਸੀਂ ਆਪਣੀ ਅਪਾਇੰਟਮੈਂਟ ਦੇ ਸਮੇਂ ਆਪਣੇ ਡਾਕਟਰ ਨਾਲ ਜਾਂ ਸਾਡੇ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ ਇੱਕ ਦੁਭਾਸ਼ੀਆ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ। ਜੇਕਰ ਤੁਸੀਂ **ਪੰਜਾਬੀ (Punjabi)** ਬੋਲਦੇ ਹੋ, ਤਾਂ ਮੁਫਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਹੋਰ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਮੁਫਤ ਸੰਚਾਰ, ਜਿਵੇਂ ਕਿ ਵੱਡੇ ਅੱਖਰਾਂ ਵਿੱਚ, ਤੁਹਾਡੇ ਲਈ ਉਪਲਬਧ ਹਨ। ਮੈਡੀਕਲ ਯੋਜਨਾਵਾਂ ਲਈ **1-866-260-2723**, ਵਿਜ਼ਨ ਯੋਜਨਾਵਾਂ ਲਈ **1-800-638-3120**, ਡੈਂਟਲ ਯੋਜਨਾਵਾਂ ਲਈ **1-877-816-3596** 'ਤੇ ਕਾਲ ਕਰੋ, ਜਾਂ ਆਪਣੇ ਮੈਂਬਰ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਸੂਚੀਬੱਧ ਟੋਲ-ਫ੍ਰੀ ਫੋਨ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ। (TTY: 711)। ਜੇਕਰ ਤੁਹਾਨੂੰ

ВНИМАНИЕ! Вы можете воспользоваться услугами устного переводчика для общения с вашим врачом во время приема или через наши услуги. Если вы говорите на **русском языке (Russian)**, вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например, напечатанные крупным шрифтом. Позвоните по телефону **1-866-260-2723** для медицинских планов, **1-800-**

638-3120 для планов по охране зрения, **1-877-816-3596** для планов по стоматологическим услугам или на линию для бесплатного звонка, указанную на вашей идентификационной карточке участника. (Линия ТТУ: 711). За дополнительной помощью обращайтесь на горячую линию Департамента страхования по телефону 1-800-927-4357.

FA'AALIGA: Afai e te tautala i le **Faa-Samoa (Samoan)**, o lo'o avanoa mo oe 'au'aunaga fesoasoani tau gagana e leai se totogi ma feso'ota'iga e leai se totogi i isi faiga, e pei o lomiga e lapopo'a mata'itusi. Vala'au **1-866-260-2723** mo Fuafuaga Fa'afoma'i, **1-800-638-3120** mo Fuafuaga Va'ai, **1-877-816-3596** mo Fuafuaga Nifo, pe vala'au le numera telefoni e leai se totogi o lo'o lisiina i luga o lau pepa ID tagata. (TTY: 711). Afai e te mana'omia atili se fesoasoani, valaau le Laina a le Matagaluega o Inisiua (Department of Insurance Hotline) i le 1-800-927-4357.

FIIRO GAAR AH: Waxaad heli kartaa turjumaan si aad ula hadasho dhakhtarkaaga wakhtiga ballanta ama annaga. Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda bilaashka ah iyo isgaarsiino bilaash ah oo qaabab kale ah, sida far waaweyn, ayaa diyaar kuu ah. Wac **1-866-260-2723** wixii ah Qorshayaasha Caafimaadka, **1-800-638-3120** Qorshooyinka Aragtida, **1-877-816-3596** wixii ah Qorshooyinka Ilkaha, ama wac lambarka telefoonka bilaashka ah ee ku qoran kaarka aqoonsiga xubinta. (TTY: 711). Haddii aad u baahan tahay caawimo dheeraad ah, wac Khadka Taleefanka ee Waaxda Caymiska (Department of Insurance) 1-800-927-4357.

ATENCIÓN: Puede conseguir un intérprete para hablar con nosotros o con su médico durante su cita. Si usted habla **español (Spanish)**, tiene a su disposición servicios gratuitos de asistencia en otros idiomas y comunicaciones gratuitas en otros formatos, como letra grande. Llame al **1-866-260-2723** para los planes médicos, al **1-800-638-3120** para los planes de la vista y al **1-877-816-3596** para los planes dentales, o llame al número de teléfono gratuito que aparece en su tarjeta de identificación de membresía. (TTY: 711). Si necesita más ayuda, llame a la línea directa del Departamento de Seguros al 1-800-927-4357.

PAUNAWA: Maaari kang makakuha ng interpreter upang makausap ang iyong doktor sa panahon ng iyong appointment o sa pakikipag-usap sa amin. Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tumawag sa **1-866-260-2723** para sa Mga Planong Medikal, **1-800-638-3120** para sa Mga Plano para sa Pangingin, **1-877-816-3596** para sa Mga Plano para sa Ngipin, o tumawag nang libre sa numero ng telepono na nakalista sa iyong ID card ng miyembro. (TTY: 711). Kung kailangan mo ng karagdagang tulong, tawagan ang Hotline ng Departamento ng Insurance sa 1-800-927-4357.

หมายเหตุ: คุณสามารถขอคำมาพูดคุยกับแพทย์ของคุณได้ในเวลาที่คุณนัดหมายหรือกับเรา หากคุณพูดภาษาไทย **(Thai)**

เรายินดีให้บริการช่วยเหลือด้านภาษาและการสื่อสารในรูปแบบอื่นๆ เช่น การพิมพ์ด้วยตัวอักษรขนาดใหญ่โดยไม่คิดค่าใช้จ่าย โทร **1-866-260-2723**

สำหรับการวางแผนทางการแพทย์ **1-800-638-3120** สำหรับการวางแผนด้านจักษุ **1-877-816-3596** สำหรับการวางแผนด้านทันตกรรม

หรือโทรไปยังหมายเลขโทรศัพท์ที่ระบุไว้ในบัตรประจำตัวสมาชิกของคุณ (TTY: 711) โดยไม่คิดค่าใช้จ่าย หากคุณต้องการความช่วยเหลือเพิ่มเติม

โปรดโทรสายด่วนกรมการประกันภัยที่หมายเลข 1-800-927-4357

ЗВЕРНІТЬ УВАГУ! Під час прийому у лікаря або розмови з нами ви маєте змогу скористатися послугами усного перекладача. Якщо ви розмовляєте **українською (Ukrainian)**, ви можете безоплатно користуватися послугами мовної підтримки, а також безоплатно отримувати інформаційні матеріали в інших форматах, як-от набрані великим шрифтом. Телефонуйте на номер **1-866-260-2723** щодо планів медичного страхування, на номер **1-800-638-3120**, щоб дізнатися докладніше про плани страхового покриття офтальмологічних послуг, на номер **1-877-816-3596**, щоб дізнатися докладніше про плани страхового покриття стоматологічних послуг, або телефонуйте на номер безкоштовної телефонної лінії, зазначений на вашій ідентифікаційній картці учасника. (лінія ТТУ: 711). Якщо вам потрібна додаткова допомога, зателефонуйте на гарячу лінію Департаменту страхування (Department of Insurance) за номером 1-800-927-4357.

توجہ فرمائیں: آپ اپنی ملاقات کے وقت یا ہمارے ساتھ اپنے ڈاکٹر سے بات کرنے کے لیے مترجم حاصل کر سکتے ہیں۔ اگر آپ اردو (Urdu) بولتے ہیں، تو مفت لسانی معاونتی خدمات اور دیگر فارمیٹس مثلاً بڑے پرنٹ میں مفت مواصلات آپ کے لیے دستیاب ہیں۔ میڈیکل پلانز کے لیے -1-866-260-2723 پر، ویژن پلانز کے لیے 1-800-638-3120، ڈیٹیل پلانز کے لیے 1-877-816-3596 پر کال کریں، یا اپنے ممبر ID کارڈ پر فہرست کردہ ٹول فری نمبر پر کال کریں۔ (TTY: 711)۔ اگر آپ کو مزید مدد چاہیے، تو 1-800-927-4357 پر ڈیپارٹمنٹ آف انشورنس ہاٹ لائن پر کال کریں۔

LƯU Ý: Quý vị có thể có một thông dịch viên miễn phí để nói chuyện với bác sĩ trong buổi hẹn khám của mình hoặc nói chuyện với chúng tôi. Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Hãy gọi **1-866-260-2723** cho các Chương trình Y tế, **1-800-638-3120** cho các Chương trình Nhân khoa, **1-877-816-3596** cho các Chương trình Nha khoa, hoặc gọi số điện thoại miễn phí được ghi trên thẻ ID hội viên của quý vị. (TTY: 711). Nếu quý vị cần trợ giúp thêm, hãy gọi cho Đường dây nóng của Sở Bảo hiểm theo số 1-800-927-4357.

POLICY NUMBER: 2025-319-4

NOTICE:

The benefits contained within have been revised since publication. The revisions are included within the body of the document, and are summarized on the last page of the document for ease of reference.

NOC 1 – 11/7/2025

CERTIFICATE:

SCHEDULE OF BENEFITS

1. Actuarial Value updated from 84.650% to 83.640%

2. Schedule of benefits header: first paragraph updated from:

The Policy provides benefits for the Covered Medical Expenses incurred by an Insured Person for loss due to a covered Injury or Sickness.

To:

The Policy provides benefits for Covered Medical Expenses incurred by an Insured Person as described in the Certificate of Coverage.

3. Schedule of benefits header: Out-of-Network Provider Benefits: added 'ground' to ambulance transport sentence: and ground or Air Ambulance transport provided by an Out-of-Network Provider

4. Prescription Drugs:

deleted text: Applicable Prescription Drug Copays, Coinsurance, or Deductibles will apply to the Preferred Provider Out-of-Pocket Maximum.

5. Home Health Care: new text added: Separate visit limits apply to rehabilitative and Habilitative Services.

6. Skilled Nursing Facility: deleted text: 100 days maximum per Policy Year

MEDICAL EXPENSE BENEFITS section

1. Maternity:

Added new text:

Benefits also include screening, treatment, and referral for a maternal mental health condition that occurs during pregnancy or during the postpartum period and include, but are not limited to, postpartum depression. Covered Medical Expenses for maternal health conditions include:

- At least one maternal mental health screening to be conducted during pregnancy.
- At least one additional screening to be conducted during the first six weeks of the postpartum period.
- Additional postpartum screenings, if determined to be Medically Necessary by the Insured's treating Physician.

2. Preventive Care Service:

– Preventive care services for adults: Added 'age' to colorectal cancer screen: Colorectal cancer screening for adults age 45 to 75.

- Preventive care services for women: updated bullet to: Breast cancer mammography screenings every 2 years for women 40 to 74.

- Preventive care services for infants, children, and adolescents: updated bullet to: Obesity screening and counseling for children and adolescents 6 years and older and comprehensive, intensive behavioral interventions to promote improvements in weight status.

3. Approved Clinical Trials

- updated bullet to: Items and services provided by the research sponsors free of charge for any person taking part in the trial.

4. New medical expense added for Medical Supplies

MANDATED BENEFITS section:

1. New text added at beginning of section:

Benefits are payable for Covered Medical Expenses incurred by or for an Insured Person as set forth in each Mandated Benefit listed below. Benefits are subject to applicable Deductible, Coinsurance, or Copayment amounts as set forth in the Policy Schedule of Benefits, except as specifically described in the Mandated Benefit. Read the Definitions section and the Exclusions and Limitations section carefully.

2. New mandates added:

BENEFITS FOR PANDAS AND PANS

BENEFITS FOR RAPE OR SEXUAL ASSAULT

BENEFITS FOR PASTEURIZED DONOR HUMAN BREAST MILK

BENEFITS FOR MEDICAL SERVICES PROVIDED BY A COMMUNITY PARAMEDICINE PROGRAM,
TRIAGE TO ALTERNATE DESTINATION, OR MOBILE INTEGRATED HEALTH PROGRAM

3. Updated mandates per California PY25 filing requirements:

BENEFITS FOR MAMMOGRAPHY

BENEFITS FOR UPPER OR LOWER JAWBONE SURGERY

BENEFITS FOR RECONSTRUCTIVE SURGERY

BENEFITS FOR PROSTHETIC DEVICES FOR SPEAKING POST LARYNGECTOMY

BENEFITS FOR CARE EVALUATION AND RELATED HEALTH CARE SERVICES

BENEFITS FOR DIABETES

BENEFITS FOR PHENYLKETONURIA

BENEFITS FOR OSTEOPOROSIS

BENEFITS FOR BREAST CANCER SCREENING AND TREATMENT

BENEFITS FOR AIDS VACCINE

BENEFITS FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV) TESTS

BENEFITS FOR PROSTATE CANCER SCREENING

BENEFITS FOR CANCER SCREENING TESTS

BENEFITS FOR CERVICAL CANCER SCREENING

BENEFITS FOR HUMAN PAPILLOMAVIRUS VACCINE

BENEFITS FOR OUTPATIENT CONTRACEPTIVE DRUGS, DEVICES, AND CONTRACEPTIVE METHODS

BENEFITS FOR ORALLY ADMINISTERED ANTICANCER MEDICATIONS

BENEFITS FOR HOME TEST KITS FOR SEXUALLY TRANSMITTED DISEASES

BENEFITS FOR VASECTOMY SERVICES AND PROCEDURES

BENEFITS FOR BIOMARKER TESTING

BENEFITS FOR ADVERSE CHILDHOOD EXPERIENCES SCREENINGS

DEFINITIONS section:

1. Custodia care: first item updated to: Non-health related services, such as assistance with activities of daily living, including eating, dressing, bathing, transferring, and ambulating.

2. New definition added for GENERALLY ACCEPTED STANDARDS OF MEDICAL PRACTICE

3. Hospital: added new paragraph: For the purpose of Mental Illness or Substance Use Disorder treatment, the surgery requirement does not apply.

4. Medical Necessity/Medically Necessary: items 3 and 5 updated to:

3. In accordance with Generally Accepted Standards of Medical Practice.

5. The most clinically appropriate supply, frequency, duration, or level of service which can safely be provided to the Insured.

5. Urgent Care Center: 'facility' changed to 'entity'

EXCLUSIONS:

1. Medical supplies updated from:

17. Medical supplies (prescribed or non-prescribed) and disposable supplies. (Examples include gauze and dressings, compression stockings, ace bandages.)

This exclusion does not apply to:

- Ostomy and Urological Supplies in the Medical Expense Benefits section of the Policy.
- Benefits for Diabetes in the Mandated Benefits section of Policy.
- Medically Necessary supplies required for Durable Medical Equipment in the Medical Expense Benefits section of the Policy.
- Medically Necessary supplies required for Home Health Care in the Medical Expense Benefits section of the Policy.
- Medically Necessary supplies required for Hospice Care in the Medical Expense Benefits section of the Policy.

See the Prescription Drug Benefit section for outpatient prescription drugs and supplies covered under the prescription drug benefit.

To:

19. Non-prescribed medical and disposable supplies. (Examples include gauze and dressings, compression stockings, ace bandages.)

This exclusion does not apply to:

- Ostomy and Urological Supplies in the Medical Expense Benefits section of the Policy.
- Benefits for Diabetes in the Mandated Benefits section of Policy.
- Medically Necessary supplies required for Durable Medical Equipment in the Medical Expense Benefits section of the Policy.
- Medically Necessary supplies required for Home Health Care in the Medical Expense Benefits section of the Policy.
- Medically Necessary supplies required for Hospice Care in the Medical Expense Benefits section of the Policy.
- Benefits for Home Test Kits for Sexually Transmitted Disease in the Mandated Benefits section of the Policy.
- Benefits for Pasteurized Donor Human Breast Milk in the Mandated Benefits section of the Policy.

See the Prescription Drug Benefit section for outpatient prescription drugs and supplies covered under the prescription drug benefit.

PEDIATRIC DENTAL SERVICES BENEFITS:

1. Schedule of Benefits:

- Added new dental code: D2989 - Excavation of a tooth resulting in the determination of non-restorability
- Updated D3347 'bicuspid' to 'premolar'
- Added new dental code: D6089 - Accessing and retorquing loose implant screw per screw

UNITEDHEALTHCARE PHARMACY (UHCP) PRESCRIPTION DRUG BENEFITS:

1. Deleted paragraph:

Benefits are available for refills of Prescription Drug Products only when dispensed as ordered by a Physician and only after $\frac{3}{4}$ of the original Prescription Drug Product has been used. For select controlled medications filled at a retail Network Pharmacy, refills are available when 90% of the original Prescription Drug Product has been used. For select controlled medications filled at a mail order Network Pharmacy, refills are available when 80% of the original Prescription Drug Product has been used.

2. Copayment and/or Coinsurance Amount - For Prescription Drug Products at a retail Pharmacy and Copayment and/or Coinsurance Amount - For Prescription Drug Products from a mail order Pharmacy: 'Fee' changed to 'Charge';

3. Definitions:

A) Experimental or Investigational Services – updated from:

Experimental or Investigational Services means medical, surgical, diagnostic, psychiatric, mental health, substance-related and addictive disorders or other health care services, technologies, supplies, treatments, procedures, drug therapies, medications, or devices that, at the time the Company makes a determination regarding coverage in a particular case, are determined to be any of the following:

- Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use.
- Subject to review and approval by any institutional review board for the proposed use. (Devices which are FDA approved under the *Humanitarian Use Device* exemption are not considered to be Experimental or Investigational.)
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.

Exceptions:

- Clinical trials for which benefits are specifically provided for in the Policy.
- If the Insured is not a participant in a qualifying clinical trial as specifically provided for in the Policy, and has an Injury or Sickness that is likely to cause death within one year of the request for treatment) the Company may consider an otherwise Experimental or Investigational Service to be a Covered Medical Expense for that Injury or Sickness. Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, albeit unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

to:

Experimental or Investigational Services means diagnostic, psychiatric, mental health, substance-related and addictive disorders or other health care services, supplies, treatments, drug therapies, medications, or devices that, at the time the Company makes a determination regarding coverage in a particular case, are determined to be any of the following:

- Not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified as appropriate for proposed use in any of the following:
 - American Hospital Formulary Service Drug Information (AHFS DI) under therapeutic uses section.
 - Elsevier Gold Standard's Clinical Pharmacology under the indications section.
 - DRUGDEX System by Micromedex under the therapeutic uses section and has a strength recommendation rating of class I, class IIa, or class IIb.
 - National Comprehensive Cancer Network (NCCN) drugs and biologics compendium category of evidence 1, 2A, or 2B.
- Subject to review and approval by any institutional review board for the proposed use. (Devices which are FDA approved under the *Humanitarian Use Device* exemption are not considered to be Experimental or Investigational.)
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.
- Only obtainable, with regard to outcomes for the given indication, within research settings.

Exceptions:

- Clinical trials for which benefits are specifically provided for in the Policy.
- The Company may consider an otherwise Experimental or Investigational Service to be a Covered Medical Expense for that Injury or Sickness if:
 - The Insured is not a participant in a qualifying clinical trial as provided for in the Policy.
 - The Insured has a Sickness or Injury that is likely to cause death within one year of the request for treatment.
- Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, even though unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Experimental or Investigational Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

B) PPACA Zero Cost Share Preventive Care Medications: added new bullet:

- Certain immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.

C) Unproven Service(s): updated from:

Unproven Service(s) means services, including medications, that are determined not to be effective for the treatment of the medical condition and/or not to have a beneficial effect on the health outcomes due to insufficient and inadequate clinical evidence from well-conducted randomized controlled trials or cohort studies in the prevailing published peer-reviewed medical literature.

- Well-conducted randomized controlled trials. (Two or more treatments are compared to each other, and the patient is not allowed to choose which treatment is received.)
- Well-conducted cohort studies from more than one institution. (Patients who receive study treatment are compared to a group of patients who receive standard therapy. The comparison group must be nearly identical to the study treatment group.)

The Company has a process by which it compiles and reviews clinical evidence with respect to certain health services. From time to time, the Company issues medical and drug policies that describe the clinical evidence

available with respect to specific health care services. These medical and drug policies are subject to change without prior notice.

If the Insured has a life-threatening Injury or Sickness (one that is likely to cause death within one year of the request for treatment) the Company may consider an otherwise Unproven Service to be a Covered Medical Expense for that Injury or Sickness. Prior to such a consideration, the Company must first establish that there is sufficient evidence to conclude that, albeit unproven, the service has significant potential as an effective treatment for that Sickness or Injury.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Unproven Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

to:

Unproven Service(s) means medications and devices that are determined not to be effective for the treatment of the medical or behavioral health condition or not determined to have a beneficial effect on the health outcomes due to insufficient and inadequate clinical evidence from well-designed randomized controlled trials or observational studies in the prevailing published peer-reviewed medical literature, including:

- Well-designed systematic reviews (with or without meta-analyses) of multiple well-designed randomized controlled trials.
- Individual well-designed randomized controlled trials.
- Well-designed observational studies with one or more concurrent comparison group(s) including cohort studies, case-control studies, cross-sectional studies, and systematic reviews (with or without meta-analyses) of such studies.

The Company has a process by which it compiles and reviews clinical evidence with respect to certain health services. From time to time, the Company issues medical and drug policies that describe the clinical evidence available with respect to specific health care services. These medical and drug policies are subject to change without prior notice. The Insured can view these policies at liveandworkwell.com.

A drug that is FDA approved will not be excluded from coverage if it is prescribed for a use that differs from its FDA-approved use if all of the following conditions exist:

- The drug is prescribed for the treatment of a life-threatening condition; or
- The drug is prescribed for the treatment of a chronic and seriously debilitating condition, the drug is Medically Necessary to treat that condition, and the drug is on the plan formulary. If a drug is not on the plan formulary, then the prescriber may make an exception request.
- The drug has been recognized for treatment of that condition by any of the following:
 - The American Hospital Formulary Service's Drug Information under the therapeutic uses section;
 - One of the following compendia (if recognized by CMS as part of an anticancer therapeutic regimen):
 - Elsevier Gold Standard's Clinical Pharmacology under the indications section;
 - National Comprehensive Cancer Network (NCCN) drugs and biologics compendium category of evidence 1, 2A, or 2B;
 - DRUGDEX System by Micromedex under the therapeutic uses section and has a strength recommendation rating of class I, class IIa, or class IIb..
 - Two articles from major peer-reviewed medical journals presenting data supporting the proposed off-label as generally safe and effective.

If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Unproven Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

d. Usual and Customary Fee – changed to: Usual and Customary Charge

F) Additional Exclusions

1) Exclusion# 5. Experimental or Investigational Services: added new language: If the Company denies benefits because it was determined that the treatment is not Medically Necessary or was an Unproven Service, the Insured may request an Independent Medical Review from the California Department of Insurance (CDI) at no cost to the Insured Person.

2) Exclusion# 7. Prescription Drug products for any condition: ‘provided’ changed to ‘paid’ : Prescription Drug products for any condition, Injury, Sickness or Mental Illness arising out of, or in the course of, employment for which benefits are paid under any workers’ compensation law or other similar laws.

3) Exclusion#17. Diagnostic kits and products: updated from:

17. Diagnostic kits and products, including associated services. This exclusion does not apply to the Benefits for Home Test Kits for Sexually Transmitted Diseases provision in the Mandated Benefits section of this Certificate of Coverage.

To:

17. Diagnostic kits and products, including associated services. This exclusion does not apply to:

- Benefits for Home Test Kits for Sexually Transmitted Diseases provision in the Mandated Benefits section of this Certificate of Coverage.
- Colorectal cancer screening kits covered under the Preventive Care Services benefits shown in the Medical Expense Benefits section of this Certificate of Coverage.
- Other diagnostic kits, products, and services covered in the Medical Expense Benefits section of this Certificate.