



# **Teladoc<sup>®</sup> Behavioral Health Services**

from Wellfleet Student

Teladoc<sup>®</sup> allows members 18 years and older who are covered under a Wellfleet SHIP Plan, to have a video or phone visit with a licensed therapist, psychologist, or board-certified psychiatrist from the convenience of their home, dorm, or on the go.

## Treatment for common behavioral health conditions include:

- **Depressive Disorders**
- Anxiety Disorders and Phobias .
- Attention Disorders

- Addiction and Substance- Related Disorders & Alcoholism
- Eating Disorders •
- More!

### Benefits of Teladoc<sup>®</sup> Behavioral Health Services:

- **Confidential Treatment**
- Flexible scheduling everyday from 7 a.m. 9 p.m.
- Convenience to speak with a therapist from anywhere
- Quick access to the right type of provider

## Students can get started in 5 simple steps:

- Register or log in to their Teladoc<sup>®</sup> account via app or web www.Teladoc.com/WellfleetStudent
- Request a visit
- Answer a few questions •
- Select a therapist
- Request a time for their appointment

#### There is no cost to the member for having a Teladoc® Behavioral Health virtual visit.

**Teladoc® does not offer urgent/emergent mental health services.** Contact Wellfleet for information on available solutions for those services.

Learn more about adding Teladoc<sup>®</sup> to your Wellfleet Student Health Insurance Plan **Contact us today** sales@wellfleeetinsurance.com | (800)-633-7867

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