

Aetna Student Health
Plan Design and Benefits Summary
Preferred Provider Organization (PPO)

# **Augustana College**

Policy Year: 2022–2023 Policy Number: 175375

www.aetnastudenthealth.com

(877) 480-4161

## Augustana College



Disclaimer: These benefits are pending approval by the Illinois Department of Insurance and can change. If they change, we will update this information.

This is a brief description of the Student Health Plan. The plan is available for Augustana College students. The plan is insured by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate issued to you and may be viewed online at <a href="https://www.aetnastudenthealth.com">www.aetnastudenthealth.com</a>. If there is a difference between this Plan Summary and the Certificate, the Certificate will control.

#### Welcome Students...

We are pleased to provide you with this summary of the 2022 – 2023 Student Health Insurance Plan ("Plan"), which is fully compliant with the Affordable Care Act. "Benefits at a Glance" includes effective dates and costs of coverage, as well as other helpful information. For additional details about the Plan, please consult the Plan Certificate and other materials at www.aetnastudenthealth.com. If you have questions about Enrollment into the Plan, please call Gallagher Student Health & Special Risk at (888) 272-3505. For questions about medical benefits or claims, please call Aetna Student Health at (877) 480-4161.

## Where to Find Help

For Questions About:

Servicing Agent	Gallagher Student Health & Special Risk
	www.gallagherstudent.com/Augustana

(888) 272-3505

**Please Contact:** 

Insurance Benefits Claims Processing Aetna Life Insurance Company PO Box 981106

ID Cards Preferred Provider Listings El Paso, Texas 79998

(877) 480-4161 www.aetnastudenthealth.com

#### Who is eligible?

All full-time students (enrolled in 8 or more credit hours) will be automatically enrolled and included on the student's tuition bill, unless evidence of comparable cover is provided, and a waiver of coverage form is submitted on or before the waiver of coverage deadline.

#### **Coverage Dates**

Coverage for all insured students will become effective at 12:01 AM on the Coverage Start Date indicated below and will terminate at 11:59 PM on the Coverage End Date indicated.

Coverage Period	<b>Coverage Start Date</b>	<b>Coverage End Date</b>	Enrollment/Waiver Deadline
AnnualStudent	08/01/2022	07/31/2023	09/13/2022

### Rates

The rates below include premiums for the Plan underwritten by Aetna Life Insurance Company (Aetna).

## Plan Costs for Full-time Undergraduate and Graduate Students

	Annual (08/01/2022 – 07/31/2023)	
Student	\$2,837*	

#### How Do I Waive?

To document proof of comparable coverage an Online Waiver Form must be completed and submitted by the deadline.

- Go to www.gallagherstudent.com/Augustana.
- On the left toolbar, click on 'Student Waive/Enroll'.
- Log in (if you haven't already).
- Select the Blue "I want to Waive/Enroll" button. If waiving the insurance, please have your current health insurance ID card ready as you will need this information to complete the waiver form

Immediately upon submitting the Augustana College Annual Waiver Enrollment Form, you will receive a confirmation number indicating that the form has been successfully submitted. Print this reference number for your records. If you do not receive a reference number, you will need to correct any errors and resubmit the form. The online method is the only accepted process for waiving coverage. Augustana College reserves the right to audit and subsequently reject a waiver request. If it is determined that a student waived coverage with a health insurance plan that was not comparable coverage, the student will be automatically enrolled in the Student Health Insurance Plan, effective the date that the determination was made and there will be no pro-rata of premium.

The deadline to waive coverage for Annual coverage is 9/13/2022.

#### **Termination and Refunds**

## Withdrawal from Classes – Leave of Absence

If you withdraw from classes under a school-approved leave of absence, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded.

## Withdrawal from Classes - Other than Leave of Absence

If you withdraw from classes other than under a school-approved leave of absence within 31 days\* after the policy effective date, you will be considered ineligible for coverage, your coverage will be terminated retroactively and any premiums collected will be refunded. If the withdrawal is more than 31 days after the policy effective date, your coverage will remain in force through the end of the period for which payment has been received and no premiums will be refunded. If you withdraw from classes to enter the armed forces of any country, coverage will terminate as of the effective date of such entry and a pro rata refund of premiums will be made if you submit a written request within 90 days of withdrawal from classes.

#### **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

<sup>\*</sup>The above rate includes an administrative fee

#### **In-network Provider Network**

Aetna Student Health offers Aetna's broad network of In-network Providers. You can save money by seeing In-network Providers because Aetna has negotiated special rates with them, and because the Plan's benefits are better.

If you need care that is covered under the Plan but not available from an In-network Provider, contact Member Services for assistance at the toll-free number on the back of your ID card. In this situation, Aetna may issue a pre-approval for you to receive the care from an Out-of-network Provider. When a pre-approval is issued by Aetna, the benefit level is the same as for In-network Providers.

#### Precertification

You need pre-approval from us for some eligible health services. Pre-approval is also called precertification. Your innetwork physician is responsible for obtaining any necessary precertification before you get the care. When you go to an out-of-network provider, it is your responsibility to obtain precertification from us for any services and supplies on the precertification list. For a current listing of the health services or prescription drugs that require precertification, contact Member Services or go to www.aetnastudenthealth.com.

#### **Precertification Call**

Precertification should be secured within the timeframes specified below. To obtain precertification, call Member Services at the toll-free number on your ID card. This call must be made:

Non-emergency admissions:	You, your physician or the facility will need to call and request precertification at least 14 days before the date you are scheduled to be admitted.
An emergency admission:	You, your physician or the facility must call within 48 hours or as soon as reasonably possible after you have been admitted.
An urgent admission:	You, your physician or the facility will need to call before you are scheduled to be admitted. An urgent admission is a hospital admission by a physician due to the onset of or change in an illness, the diagnosis of an illness, or an injury.
Outpatient non-emergency services requiring precertification:	You or your physician must call at least 14 days before the outpatient care is provided, or the treatment or procedure is scheduled.

We will provide a written notification to you and your physician of the precertification decision, where required by state law. If your precertified services are approved, the approval is valid for 30 days as long as you remain enrolled in the plan.

## Coordination of Benefits (COB)

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

#### **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to www.aetnastudenthealth.com.

This Plan will pay benefits in accordance with any applicable Illinois Insurance Law(s).

	In-network coverage	Out-of-network coverage
Policy year deductibles		
You have to meet your policy year deductible before this plan pays for benefits.		
Student	\$250 per policy year	\$500 per policy year
Policy year deductible waiver		

The policy year deductible is waived for all of the following eligible health services:

- In-network care for Preventive care and wellness, Pediatric Dental Type A services, Pediatric Vision Care, and Outpatient Prescription drugs
- In-network care and out-of-network care for Physician, specialist including Consultants Office visits, Walk-in clinic visits, Hospital Emergency Room, Urgent Care, Outpatient mental health and substance abuse treatment office visits, Spinal manipulation services, and Well newborn nursery care

This is the amount you owe for in-network and out-of-network eligible health services each policy year before the plan begins to pay for eligible health services. After the amount you pay for eligible health services reaches the policy year deductible, this plan will begin to pay for eligible health services for the rest of the policy year.

Eligible health services applied to the out-of-network policy year deductibles will not be applied to satisfy the innetwork policy year deductibles. Eligible health services applied to the in-network policy year deductibles will not be applied to satisfy the out-of-network policy year deductibles.

Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$5,000 per policy year	None

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Covered persons through age 21 Maximum age and visit limits per policy year	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.	
Covered persons age 22- and over: Maximum visits per policy year	1 v	risit

Eligible health services	In-network coverage	Out-of-network coverage
Preventive care immunizations		
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	
The following is not covered under t  Any immunization that is not co those required due to employment of	nsidered to be preventive care or recomm	nended as preventive care, such as
Routine gynecological exams (include	ding Pap smears and cytology tests)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum visits per policy year	1 v	visit
Preventive screening and counselin	g services	
Preventive screening and counseling services for Obesity and/or healthy diet counseling,	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted infection counseling & Genetic risk counseling for breast and ovarian cancer	No copayment or policy year deductible applies	
Obesity and/or healthy diet counseling Maximum visits	Age 0-22: unlimited visits. Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for healthy diet counseling.	
Misuse of alcohol and/or drugs counseling Maximum visits per policy year	5 visits	
Use of tobacco products counseling Maximum visits per policy year	8 visits	
Depression screening counseling Maximum visits per policy year	1 visit	
Sexually transmitted infection counseling Maximum visits per policy year	2 visits	
Genetic risk counseling for breast and ovarian cancer limitations	Not subject to any age or frequency limitations	
Skin cancer behavioral counseling office visits	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	60% (of the recognized charge) per visit

Eligible health services	In-network coverage	Out-of-network coverage
Falls prevention counseling office visits	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Routine cancer screenings	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Maximum:	<ul> <li>Subject to any age; family history; and famost current:</li> <li>Evidence-based items that have in engaged recommendations of the United State</li> <li>The comprehensive guidelines supposervices Administration.</li> </ul>	ffect a rating of A or B in the current tes Preventive Services Task Force; and
Lung cancer screening maximums	1 screening ev	ery 12 months*
Prenatal care services (Preventive care services only)	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or policy year deductible applies	
Lactation support and counseling	100% (of the negotiated charge) per	60% (of the recognized charge) per
services	visit	visit
	No copayment or policy year deductible applies	
Lactation counseling services maximum visits per policy year either in a group or individual setting	6 v	risits
Breast pump supplies and accessories	100% (of the negotiated charge) per item	60% (of the recognized charge) per item
	No copayment or policy year deductible applies	
Family planning services – female co		•
Female contraceptive counseling	100% (of the negotiated charge) per	60% (of the recognized charge) per
services office visit	visit	visit
	No copayment or policy year deductible applies	
Contraceptive counseling services maximum visits per policy year either in a group or individual setting	2 v	isits

Eligible health services	In-network coverage	Out-of-network coverage
Female contraceptive prescription	100% (of the negotiated charge) per	60% (of the recognized charge) per
drugs and devices provided,	item	item
administered, or removed, by a		
provider during an office visit	No copayment or policy year	
	deductible applies	
Female Voluntary sterilization-	100% (of the negotiated charge)	60% (of the recognized charge)
Inpatient & Outpatient provider		
services	No copayment or policy year	
30, 1,003	deductible applies	
The following are not covered unde		
_		aala valuntary starilization procedura
and related follow-up ca	sult of complications resulting from a fen	late voluntary stermzation procedure
·		and most line recovered like the FDA
Any contraceptive methor	ods that are only "reviewed" by the FDA a	and not approved by the FDA
Physicians and other health profess	ionale	
· · · · · · · · · · · · · · · · · · ·	\$20 copayment then the plan pays	60% (of the recognized charge) acr
Physician, specialist including		60% (of the recognized charge) per
Consultants Office visits (non-	100% (of the balance of the	visit
surgical/non-preventive	negotiated charge) per visit	
care by a physician and specialist)		
(includes telemedicine	No policy year deductible applies	No policy year deductible applies
consultations)		
Allergy testing and treatment		
Allergy testing & Allergy injections	80% (of the negotiated charge) per	60% (of the recognized charge) per
treatment performed at a	visit	visit
physician's or specialist's office		
The following are not covered unde	r this benefit:	
<ul> <li>Allergy sera and extracts adr</li> </ul>	ninistered via injection	
Physician and specialist surgical serv	vices	
Inpatient surgery performed during	80% (of the negotiated charge)	60% (of the recognized charge)
your stay in a hospital or birthing		
center by a surgeon		
(includes anesthetist and surgical		
assistant expenses)		
The following are not covered unde	rthis benefit:	I.
	rtins beneat. sician who helps the operating physician	
	stays are covered in the <i>Eligible health se</i>	
	stays are covered in the Liigible health se	rivices una exclusions – Hospital and
other facility care section)	for the administration of a local anastha	+io
· ·	for the administration of a local anesthe	
Outpatient surgery performed at a	80% (of the negotiated charge) per	60% (of the recognized charge) per
physician's or specialist's office or	visit	visit
outpatient department of a		
hospital or surgery center by a		
surgeon (includes anesthetist and		
surgical assistant expenses)		
	I .	I .

## Eligible health services In-network coverage Out-of-network coverage

## The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (Hospital stays are covered in the *Eligible health services and exclusions Hospital and other facility care* section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

• Services of another physician for the administration of a local affective			
Alternatives to physician office visits			
Walk-in clinic visits (non- emergency visit)	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	60% (of the recognized charge) per visit	
	No policy year deductible applies	No policy year deductible applies	
Hospital and other facility care			
Inpatient hospital (room and board) and other miscellaneous services and supplies)	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	
Includes birthing center facility charges			
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	
Preadmission testing	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	
Alternatives to hospital stays			
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge)	60% (of the recognized charge)	
For physician charges, refer to the Physician and specialist - outpatient surgical services benefit			

## The following are not covered under this benefit:

- The services of any other physician who helps the operating physician
- A stay in a hospital (See the *Hospital care facility charges* benefit in this section)
- A separate facility charge for surgery performed in a physician's office
- Services of another physician for the administration of a local anesthetic

Home health Care	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

## The following are not covered under this benefit:

- Services for infusion therapy
- Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- Transportation
- Services or supplies provided to a minor or dependent adult when a family member or caregiver is not

present

- Homemaker or housekeeper services
- Food or home delivered services
- Maintenance therapy

Eligible health services	In-network coverage	Out-of-network coverage
Hospice-Inpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
(room and board and other	admission	admission
miscellaneous services and		
supplies)		
Hospice-Outpatient	80% (of the negotiated charge) per	60% (of the recognized charge) per
	visit	visit

## The following are not covered under this benefit:

- Funeral arrangements
- Pastoral counseling
- Bereavement counseling
- Financial or legal counseling which includes estate planning and the drafting of a will
- Homemaker or caretaker services that are services which are not solely related to your care and may include:
  - Sitter or companion services for either you or other family members
  - Transportation
  - Maintenance of the house

Skilled nursing facility- Inpatient (room and board and miscellaneous inpatient care services and supplies)  Subject to semi-private room rate unless intensive care unit is required  Room and board includes intensive care  Hospital emergency room  \$100 copayment then the plan pays 80% (of the recognized charge) per admission  60% (of the recognized charge) per admission  Faid the same as in-network coverage 80% (of the balance of the negotiated charge) per visit	Outpatient private duty nursing	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
unless intensive care unit is required  Room and board includes intensive care  Hospital emergency room \$100 copayment then the plan pays 80% (of the balance of the negotiated	Inpatient (room and board and miscellaneous		
tare  Hospital emergency room  \$100 copayment then the plan pays 80% (of the balance of the negotiated)  Paid the same as in-network coverage 80% (of the balance of the negotiated)	unless intensive care unit is		
80% (of the balance of the negotiated			
No policy year deductible applies	Hospital emergency room	80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Emergency services resulting from 100% (of the negotiated charge) per Paid the same as in-network	Emergency services resulting from		Paid the same as in-network
a criminal sexual assault or abuse visit coverage	1 - 1	, , , , , , , , , , , , , , , , , , , ,	
No policy year deductible applies		No policy year deductible applies	

#### Important note:

• As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed

- on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room.
   If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied
  to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to
  other covered benefits under the plan cannot be applied to the hospital emergency room
  copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts that are different from the hospital emergency room copayment/coinsurance amounts.

Eligible health services	In-network coverage	Out-of-network coverage
Urgent care	\$50 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	\$50 copayment then the plan pays 80% (of the balance of the recognized charge) per visit
	No policy year deductible applies	No policy year deductible applies
Pediatric dental care (Limited to cov	vered persons through the end of the mo	nth in which the person turns age 19.
Type A services	100% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No copayment or deductible applies	
Type B services	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Type C services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Orthodontic services	50% (of the negotiated charge) per visit	50% (of the recognized charge) per visit
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

#### Pediatric dental care exclusions

## The following are not covered under this benefit:

- Any instruction for diet, plaque control and oral hygiene
- Cosmetic services and supplies including plastic surgery, reconstructive surgery, cosmetic surgery,
  personalization or characterization of dentures or other services and supplies which improve alter or enhance
  appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter
  the appearance of teeth; whether or not for psychological or emotional reasons; except to the extent
  coverage is specifically provided in the *Eligible health services and exclusions* section. Facings on molar crowns
  and pontics will always be considered cosmetic.
- Crown, inlays, onlays, and veneers unless:

- It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
- The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants and braces (that are determined not to be medically necessary mouth guards, and other devices to protect, replace or reposition teeth
- Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any jaw joint disorder and treatments to alter bite or the alignment or operation of the jaw, including temporomandibular joint dysfunction disorder (TMJ) and craniomandibular joint dysfunction disorder (CMJ) treatment, orthognathic surgery, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Orthodontic treatment except as covered in the [Pediatric] dental care section of the schedule of benefits
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs, pre-medication
- Replacement of a device or appliance that is lost, missing or stolen, and for the replacement of appliances that have been damaged due to abuse, misuse or neglect and for an extra set of dentures
- Routine dental exams and other preventive services and supplies, except as specifically provided in the Pediatric dental care section of the schedule of benefits
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive
  - Provided for your personal comfort or convenience or the convenience of another person, including a provider
  - Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons
   Treatment by other than a dentist or dental provider that is legally qualified to furnish dental services or supplies

Eligible health services	In-network coverage	Out-of-network coverage
Diabetic services and supplies	Covered according to the type of	Covered according to the type of
(including equipment and training)	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
Podiatric (foot care) treatment	Covered according to the type of	Covered according to the type of
Physician and specialist non-	benefit and the place where the	benefit and the place where the
routine foot care treatment	service is received.	service is received.

#### The following are not covered under this benefit:

- Services and supplies for:
  - The treatment of calluses, bunions, toenails, flat feet, hammertoes, fallen arches
  - The treatment of weak feet, chronic foot pain or conditions caused by routine activities, such as walking, running, working or wearing shoes
  - Supplies (including orthopedic shoes), foot orthotics, arch supports, shoe inserts, ankle braces, guards, protectors, creams, ointments and other equipment, devices and supplies

<ul> <li>Eligible health services</li></ul>		
Accidental injury to sound natural teeth 80% (of the negotiated charge) 60%		60% (of the recognized charge)
Impacted wisdom teeth	80% (of the negotiated charge)	60% (of the recognized charge)
the feet		alluses when there is no illness or injury of

- Apicoectomy (dental root resection)
- Orthodontics
- Root canal treatment
- Soft tissue impactions
- Bony impacted teeth
- Alveolectomy
- Augmentation and vestibuloplasty treatment of periodontal disease
- False teeth
- Prosthetic restoration of dental implants
- **Dental implants**

ed according to the type of it and the place where the e is received.	Covered according to the type of benefit and the place where the service is received.	
The following are not covered under this benefit:  • Dental implants  Clinical trial (routine patient costs)  Covered according to the type of benefit and the place where the service is received.  Covered according to the type of benefit and the place where the service is received.		

#### The following are not covered under this benefit:

- Services and supplies related to data collection and record-keeping that is solely needed due to the clinical trial (i.e. protocol-induced costs)
- Services and supplies provided by the trial sponsor without charge to you

service is received.

The experimental intervention itself (except medically necessary Category B investigational devices and promising experimental and investigational interventions for terminal illnesses in certain clinical trials in accordance with Aetna's claim policies)

Dermatological treatment	benefit and the place where the	benefit and the place where the	
	service is received.	service is received.	
The following are not covered under this benefit:			
Cosmetic treatment and procedures			
Obesity bariatric Surgery and	Covered according to the type of	Covered according to the type of	
services	benefit and the place where the	benefit and the place where the	

## The following are not covered under this benefit:

Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described in the Eligible health services and exclusions -

service is received.

*Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:

- Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
- Hypnosis or other forms of therapy
- Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

Eligible health services	In-network coverage	Out-of-network coverage
Maternity care (includes	Covered according to the type of	Covered according to the type of
delivery and postpartum care	benefit and the place where the	benefit and the place where the
services in a hospital or	service is received.	service is received.
birthing center)		
The following are not covered under this benefit:		
<ul> <li>Any services and supplies related to births that take place in the home or in any other place not licensed perform deliveries</li> </ul>		or in any other place not licensed to
Well newborn nursery	80% (of the negotiated charge)	60% (of the recognized charge)
care in a hospital or		
birthing center	No policy year deductible applies	No policy year deductible applies
Family planning services – other		
Voluntary sterilization	100% (of the negotiated charge)	60% (of the recognized charge)
for males-surgical services		
	No copayment or policy year	
	deductible applies	
Abortion	80% (of the negotiated charge)	60% (of the recognized charge)

## The following are not covered under this benefit:

- Reversal of voluntary sterilization procedures, including related follow-up care
- Services provided as a result of complications resulting from a male voluntary sterilization procedure and related follow-up care

related follow up our		
Gender affirming treatment		
Surgical, hormone replacement	Covered according to the type of	Covered according to the type of
therapy, and counseling treatment	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

All other cosmetic services and supplies not listed under eligible health services above are not covered under this benefit. This includes, but is not limited to the following:

- Rhinoplasty
- Face-lifting
- Lip enhancement
- Facial bone reduction
- Blepharoplasty
- Breast augmentation
- Liposuction of the waist (body contouring)
- Reduction thyroid chondroplasty (tracheal shave)
- Nipple reconstruction
- Hair removal (including electrolysis of face and neck)
- Voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which are used in feminization
- Voice and communication therapy

- Chest binders
- Chin implants, nose implants, and lip reduction, which are used to assist masculinization, are considered cosmetic

Eligible health services	In-network coverage	Out-of-network coverage
Autism spectrum disorder		
Autism spectrum disorder	Covered according to the type of	Covered according to the type of
treatment, diagnosis and testing	benefit and the place where the	benefit and the place where the
and Applied behavior analysis	service is received.	service is received.
(includes physician and specialist		
office visits)		
Mental Health & Substance use disc		COO/ (of the recension of sharps) nor
Inpatient hospital mental health disorders treatment	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission
(room and board and other	aumssion	autilission
miscellaneous hospital		
services and supplies)		
Services and supplies,		
Inpatient residential treatment		
facility mental health disorders		
treatment (room and board and		
other miscellaneous residential		
treatment facility services and		
supplies)		
Cultipat to a suri univerta un sur unte		
Subject to semi-private room rate unless intensive care unit is required		
unless intensive care unit is required		
Mental health disorder room and		
board intensive care		
Outpatient mental health disorders	\$20 copayment then the plan pays	60% (of the recognized charge) per
treatment office visits to a	100% (of the balance of the	visit
physician or behavioral health	negotiated charge) per visit	
provider (includes telemedicine		
consultations)	No policy year deductible applies	No policy year deductible applies
Other outpatient health disorders	80% (of the negotiated charge) per	60% (of the recognized charge) per
treatment	visit	visit
(includes skilled behavioral health		
services in the home)		
(includes Partial hospitalization		
and Intensive Outpatient Program)		
and meeting outputient rogramy		

Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage* (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Transplant services-travel and lodging	Covered	Covered
Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per <b>IOE</b> patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion	\$50 per night	\$50 per night

## The following are not covered under this benefit:

- Services and supplies furnished to a donor when the recipient is not a covered person
- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage
Treatment of infertility		
Basic infertility services Inpatient	Covered according to the type of	Covered according to the type of
and outpatient care - basic	benefit and the place where the	benefit and the place where the
infertility	service is received.	service is received.
Comprehensive infertility	Covered according to the type of	Covered according to the type of
services Inpatient and	benefit and the place where the	benefit and the place where the
outpatient care	service is received.	service is received.
**Note: Does not apply toward the plan maximum out-of-pocket limit		
Advanced reproductive technology	Covered according to the type of	Covered according to the type of
(ART) services	benefit and the place where the	benefit and the place where the
	service is received.	service is received.
For treatment that includes an	4, however if a live birth follows a completed oocyte retrieval, 2 additional	
oocyte retrieval, maximum number	oocyte retrievals will be covered.	
of oocyte retrievals		

## The following are not covered services under the infertility treatment benefit:

- All charges associated with:
  - Services provided to a surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father. If you choose to use a surrogate, this exclusion does not apply to the cost for procedures

to obtain the eggs, sperm or embryo from a covered person.

- Reversal of voluntary sterilizations, including follow-up care. However, if a voluntary sterilization is successfully reversed, infertility benefits are available if your diagnosis meets the definition of infertility
- Travel costs within 100 miles of your home or travel cost not required by Aetna
- Infertility treatment for covered dependents under age 18
- Non-medical costs of an egg or sperm donor
- Experimental or investigational infertility treatment as determined by the American Society for Reproductive Medicine

Eligible health services	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
No additional expense, such as a copayment or deductible amount, will be imposed for mammograms		
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
No additional expense, such as a copayment or deductible amount, will be imposed for mammograms		
Outpatient infusion therapy	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.

The following are not covered under this benefit:

- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan
- Enteral nutrition
- Blood transfusions and blood products
- Dialysis

Outpatient Chemotherapy,	80% (of the negotiated charge) per	60% (of the recognized charge) per
Radiation & Respiratory Therapy	visit	visit
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy)	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Combined for short-term rehabilitation services and habilitation therapy services		

Eligible health services	In-network coverage	Out-of-network coverage
Chiropractic services	\$30 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	60% (of the recognized charge) per visit
	No policy year deductible applies	No policy year deductible applies
Specialty prescription drugs purchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Covered according to the type of benefit or the place where the service is received.
Other services and supplies		
Emergency ground, air, and water ambulance (includes non-emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same as in-network coverage
The following are not covered unde	er this benefit:	
	ir ambulance from an out-of-network pro	
<ul> <li>Ambulance services for rout</li> </ul>	ine transportation to receive outpatient o	r inpatient care
Durable medical and surgical	80% (of the negotiated charge) per	60% (of the recognized charge) per
equipment	item	item
<ul> <li>Whirlpools</li> <li>Portable whirlpool pumps</li> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and converge equipment even if they are personal to the source of the systems</li> </ul>	nience items such as air conditioners, hum	uidifiers, hot tubs, or physical exercise
Nutritional support	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
	I .	I .

## The following are not covered under this benefit:

The following are not covered under this benefit:

- Services covered under any other benefit
- Orthopedic shoes, therapeutic shoes, foot orthotics, or other devices to support the feet, unless required for the treatment of or to prevent complications of diabetes, or if the orthopedic shoe is an integral part of a covered leg brace

Any food item, including infant formulas, nutritional supplements, vitamins, plus prescription vitamins, medical foods and other nutritional items, even if it is the sole source of nutrition. except as described above

80% (of the negotiated charge) per

item

(Medical wigs)

Prosthetic and customized orthotic

devices Includes Cranial prosthetics

60% (of the recognized charge) per

item

- Trusses, corsets, and other support items
- Repair and replacement due to loss, misuse, abuse or theft
- Communication aids

Eligible health services	In-network coverage	Out-of-network coverage
Hearing aids and Exams		
Hearing aids	80% (of the negotiated charge) per	60% (of the recognized charge) per
	item	item
Hearing aids maximum	One hearing aid per ear every 36 months	

## The following are not covered under this benefit:

- A replacement of:
  - A hearing aid that is lost, stolen or broken
  - A hearing aid installed within the prior 36 month period
- Replacement parts for a hearing aid
- Batteries or cords
- A hearing aid that does not meet the specifications prescribed for correction of hearing loss
- Any hearing aid prescribed by someone other than a hearing care professional
- Any tests, appliances and devices to:
  - Improve your hearing. This includes hearing aid batteries and auxiliary equipment.
  - Enhance other forms of communication to make up for hearing loss or devices that simulate speech.

Hearing exams	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit
Hearing exam maximum	1 hearing exam every policy year	

## The following are not covered under this benefit:

 Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of the overall hospital stay

Pediatric vision care (Limited to covered persons through the end of the month in which the person turns age 19)		
Performed by a legally qualified	100% (of the negotiated charge) per	60% (of the recognized charge) per
ophthalmologist or optometrist	visit	visit
(includes comprehensive low vision		
evaluations)	No policy year deductible applies	
Maximum visits per policy year	1 v	isit
Low vision Maximum	One comprehensive low visio	n evaluation every policy year
Fitting of contact Maximum	1 v	isit
Pediatric vision care services &	100% (of the negotiated charge) per	60% (of the recognized charge) per
supplies-Eyeglass frames,	item	item
prescription lenses or prescription		
contact lenses	No policy year deductible applies	
Maximum number Per year:		
Eyeglass frames	One set of eyeglass frames	
Prescription lenses	One pair of prescription lenses	
Contact lenses (includes non-	Daily disposables: up to 3 month supply	
conventional prescription contact	Extended wear disposable: up to 6 month supply	
lenses & aphakic lenses prescribed	Non-disposable lenses: one set	
after cataract surgery)		
Optical devices	Covered according to the type of	Covered according to the type of
	benefit and the place where the	benefit and the place where the
	service is received.	service is received.

Maximum number of optical devices per policy year	One optical device

\*Important note: Refer to the Vision care section in the certificate of coverage for the explanation of these vision care supplies.

As to coverage for prescription lenses in a policy year, this benefit will cover either prescription lenses for eyeglass frames or prescription contact lenses, but not both.

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		
Copayment/coinsurance waiver for risk reducing breast cancer		
The new properties concurred to incurre properties and the rick reducing breast concerns ceristian drugs when		

The per prescription copayment/coinsurance will not apply to risk reducing breast cancer prescription drugs when obtained at a retail in-network, pharmacy. This means that such risk reducing breast cancer prescription drugs are paid at 100%.

### Copayment waiver for tobacco cessation prescription and over-the-counter drugs

The outpatient prescription drug copayment will not apply to the first two 90-day treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

Any prescription drug copayment will apply after those two regimens per policy year have been exhausted.

## Copayment waiver for contraceptives

The outpatient prescription drug copayment will not apply to female contraceptive methods when obtained at a innetwork pharmacy.

This means that such contraceptive methods are paid at 100% for:

- Certain over-the-counter (OTC) and generic contraceptive prescription drugs and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%.
- If a generic prescription drug or device is not available for a certain method, you may obtain certain brandname prescription drug or device for that method paid at 100%.

The outpatient prescription drug copayment continue to apply to prescription drugs that have a generic equivalent, biosimilar or generic alternative available within the same therapeutic drug class obtained at a in-network pharmacy unless you are granted a medical exception. The certificate of coverage explains how to get a medical exception.

Preferred generic prescription drugs (including specialty drugs)		
For each fill up to a 30 day supply filled at a retail pharmacy	\$20 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$50 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Preferred brand-name prescrip	otion drugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$40 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$100 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)  No policy year deductible applies	Not Covered
Non-preferred generic prescrip	otion drugs (including specialty drugs)	
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$150 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
No. 1	No policy year deductible applies	
	escription drugs (including specialty drugs	
For each fill up to a 30 day supply filled at a retail pharmacy	\$60 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail order pharmacy	\$150 copayment per supply then the plan pays 100% (of the balance of the negotiated charge)	Not Covered
	No policy year deductible applies	
Important note: You will not be required to pay more than \$100 for a 30-day supply of a covered prescription insulin drug, regardless of the quantity or type of covered prescription insulin used to fill your prescription.		
Orally administered anti- cancer prescription drugs- For each fill up to a 30 day supply filled at a retail pharmacy	100% (of the negotiated charge)  No policy year deductible applies	Not Covered
Contraceptives (birth control)		
For each fill up to a 12 month supply of generic and OTC drugs and devices filled at a	100% (of the negotiated charge)  No policy year deductible applies	Not Covered
retail or mail order pharmacy	, ,,	

For each fill up to a 12 month supply of brand name prescription drugs and devices filled at a retail or mail order pharmacy	Paid according to the type of drug per the schedule of benefits, above	Not Covered
Preventive care drugs and	100% (of the negotiated charge per	Not Covered
supplements filled at a retail	prescription or refill	Not covered
pharmacy	' '	
,	No copayment or policy year	
For each 30 day supply	deductible applies	
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a pharmacy	prescription or refill	
provide,	No copayment or policy year	
For each 30 day supply	deductible applies	
, ,,,		
Maximums:		ge, medical condition, family history, and ndations of the United States Preventive
	Services Task Force.	
Tobacco cessation	100% (of the negotiated charge per	Not Covered
prescription drugs and OTC	prescription or refill	
drugs filled at a pharmacy		
For each 20 day supply	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage is permitted for two 90-day tre	•
	Coverage will be subject to any sex, age, medical condition, family history, and	
	frequency guidelines in the recommendations of the United States Preventive Services Task Force.	

#### Outpatient prescription drugs exclusions

## The following are not covered under the outpatient prescription drugs benefit:

- Allergy sera and extracts administered via injection
- Any services related to the dispensing, injecting or application of a drug
- Biological sera unless specified on the preferred drug guide
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements including medical foods
- Drugs or medications
  - Administered or entirely consumed at the time and place it is prescribed or provided
  - Which do not, by federal or state law, require a prescription order i.e. over-the-counter (OTC) drugs), even if a prescription is written except as specifically provided above
  - That are therapeutically equivalent or therapeutically alternative to a covered prescription drug (unless a medical exception is approved)
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility

- Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee
- That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
- For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
- That are used to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
- That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
- That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Genetic care
  - Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects
- Immunizations related to travel or work
- Immunization or immunological agents except as specifically stated in the schedule of benefits or the certificate
- Implantable drugs and associated devices except as specifically provided above
- Infertility
  - Injectable prescription drugs used primarily for the treatment of infertility except where stated in the Eligible health services section
- Injectables
  - Any charges for the administration or injection of prescription drugs or injectable insulin and other injectable drugs covered by us.
  - Needles and syringes, except for those used for insulin administration.
  - Any drug which, due to its characteristics as determined by us, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - That are ordered by a dentist or prescribed by an oral surgeon in relation to the removal of teeth, or prescription drugs for the treatment of a dental condition.
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the preferred drug guide.
  - That are being used or abused in a manner that is determined to be furthering an addiction to a habit-forming substance, or drugs obtained for use by anyone other than the person identified on the ID card
- Replacement of lost or stolen prescriptions
- Test agents except diabetic test agents
- Tobacco cessation products unless recommended by the United States Preventive Services Task Force (USPSTF)

- We reserve the right to exclude:
  - A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the preferred drug guide
  - Any dosage or form of a drug when the same drug is available in a different dosage or form on our preferred drug guide

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

#### **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the Out-of-network level of benefits.

#### **General Exclusions**

#### Acupuncture

- Acupuncture
- Acupressure

#### Alternative health care

 Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

#### **Armed forces**

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium to the policyholder.

#### Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
  - Stay in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
  - School and/or education service including special education, remedial education, wilderness treatment programs, or any such related or similar programs
  - Services provided in conjunction with school, vocation, work or recreational activities
  - Transportation
  - Sexual deviations and disorders except for gender identity disorders
  - Tobacco use disorders except as described in the Eligible health services and exclusions Preventive care and wellness section

## Beyond legal authority

 Services and supplies provided by a health professional or other provider that is acting beyond the scope of its legal authority

#### Blood, blood plasma, synthetic blood, blood derivatives or substitutes

Examples of these are:

- The provision of blood to the hospital, other than blood derived clotting factors
- Any related services including processing, storage or replacement expenses
- The services of blood donors, apheresis or plasmapheresis
- For autologous blood donations, only administration and processing expenses are covered

#### Clinical trial therapies (experimental or investigational)

Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the
 Eligible health services and exclusions- Clinical trial therapies (experimental or investigational) section in the
 certificate

#### Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

## Cosmetic services and plastic surgery

 Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body except where described in the Eligible health services - Reconstructive surgery and supplies section.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible. (Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.)
- Coverage that may be provided under the *Eligible health services and exclusions Gender affirming treatment* section.
- The removal of breast implants due to an illness or injury

## Court-ordered services and supplies

 Court-ordered testing or care unless medically necessary. This exclusion does not apply to court-ordered FDAapproved prescription drugs for the treatment of substance use disorders and any associated counseling or wraparound services.

#### **Custodial care**

#### Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

#### Dental care for adults

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include treatment of accidental **injuries** to sound natural teeth and treatment for diseases of the teeth, removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.. This exclusion also does not include tooth extraction **surgery** in preparation for radiation treatment of neoplastic jaw or throat diseases.

#### **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the
   Eligible health services and exclusions— Diabetic services and supplies (including equipment and training) section
   in the certificate. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution)
  - Job training

- Job hardening programs
- Educational services, schooling or any such related or similar program, including therapeutic programs within a school setting.

## Elective treatment or elective surgery

• Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

#### **Examinations**

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

## **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions — Other services* section. Note that this exclusion will not impact your ability to obtain an external review of denial of coverage for a service or supply denied by us as **experimental or investigational**..

## **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

#### Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the Medical necessity and precertification requirements section.

#### Genetic care

Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the
expression of the body's genes except for the correction of congenital birth defects

## Growth/Height care

- A treatment, device, drug, service or supply with the primary purpose to increase or decrease height or alter the rate of growth This does not include growth hormone therapy.
- Surgical procedures, devices and growth hormones to stimulate growth

#### **Illegal Occupation**

Services and supplies that you receive as a result of an **injury** due to your commission of a felony to which the contributing cause was the engagement of an illegal occupation.

## **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

#### Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

## Mandatory no-fault laws

 Treatment for an injury to the extent benefits are payable under any state no-fault automobile coverage or first party medical benefits payable under any other mandatory no-fault law

#### Maintenance care

Care made up of services and supplies that maintain, rather than improve, a level of physical or mental
function, except for habilitation therapy services. See the *Eligible health services and exclusions* –
Habilitation therapy services section in the certificate

## Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Syringes
  - Blood or urine testing supplies
  - Other home test kits
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

#### Medicare

• Services and supplies available under Medicare, if you are entitled to premium-free Medicare Part A or enrolled in Medicare Part B, or if you are not entitled to premium-free Medicare Part A or enrolled in Medicare Part B because you refused it, dropped it, or did not make a proper request for it

## Non-medically necessary services and supplies

Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an
illness or injury or the restoration of physiological functions. This includes behavioral health services that
are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that
do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or
approved by your physician, dental provider, or vision care provider. This exception does not apply to
Preventive care and wellness benefits.

#### Non-U.S.citizen

• Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program

## Other primary payer

 Payment for a portion of the charge that Medicare or another party is responsible for as the primary payer

## Outpatient prescription or non-prescription drugs and medicines

- Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder
- Drugs that are included on the list of specialty prescription drugs as covered under your outpatient prescription drug plan

#### Personal care, comfort or convenience items

Any service or supply primarily for your convenience and personal comfort or that of a third party

#### Riot

• Services and supplies that you receive from providers as a result of an injury from your "participation in a riot". This means when you take part in a riot in any way such as inciting, or conspiring to incite, the riot. It does not include actions that you take in self-defense as long as they are not against people who are trying to restore law and order.

#### **Routine exams**

 Routine physical exams, routine eye exams, routine dental exams, routine hearing exams and other preventive services and supplies, except as specifically provided in the Eligible health services and exclusions section

#### School health services

- Services and supplies normally provided by the policyholder's:
  - School health services
  - Infirmary
  - Hospital
  - Pharmacy or

#### by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

the policyholder.

## Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

## Sexual dysfunction and enhancement

- Any treatment, prescription drug, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Surgery, prescription drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services
- Not eligible for coverage are prescription drugs in 60 day supplies

### Strength and performance

- Services, , devices and supplies such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

#### Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
  - Telephone calls
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

#### Therapies and tests

- Full body CT scans
- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

#### **Tobacco cessation**

- Any treatment, drug, service or supply to stop or reduce smoking or the use of other tobacco products
  or to treat or reduce nicotine addiction, dependence or cravings, including, medications, nicotine
  patches and gum unless recommended by the United States Preventive Services Task Force (USPSTF).
  This also includes:
  - Counseling, except as specifically provided in the *Eligible health services and exclusions Preventive care and wellness* section in the certificate
  - Hypnosis and other therapies
  - Medications, except as specifically provided in the Eligible health services and exclusions –
     Outpatient prescription drugs section in the certificate
  - Nicotine patches
  - Gum

## Treatment in a federal, state, or governmental entity

 Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

#### Vision care for adults

- Routine vision exam provided by an ophthalmologist or optometrist, including refraction and glaucoma testing
- Vision care services and supplies

## Wilderness treatment programs

See Educational services within this section

## Work related illness or injuries

- Coverage available to you under worker's compensation or under a similar program under local, state or federal law for any illness or injury related to employment or self-employment.
- A source of coverage or reimbursement will be considered available to you even if you waived your right to payment from that source. You may also be covered under a workers' compensation law or similar law. If you submit proof that you are not covered for a particular illness or injury under such law, then that illness or injury will be considered "non-occupational" regardless of cause.

The Augustana College Student Health Insurance Plan is underwritten by Aetna Life Insurance Company. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company and its applicable affiliated companies (Aetna).

#### **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <a href="http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx">http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</a>.

## **Assistive Technology**

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

## **Non-Discrimination**

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.

## Language accessibility statement

Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161** (TTY: **711**).

## Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161** (TTY: **711**).

#### አጣርኛ/Amharic

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161** (*መ*ስማት ለተሳናቸው: **711**).

## Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-480-877-1 (رقم الهاتف النصى: 711).

### Ɓàsɔʻò Wùdù/Bassa

Dè dε nìà kε dyéde gbo: Ͻ jǔ ke m̀ dyi Ɓàsɔʻɔ-wùdù-po-nyò jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛ́ m̀ gbo kpaʿa. Đaʿ **1-877-480-4161** (TTY: **711**).

## 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电1-877-480-4161(TTY:711)。

## Farsi/فارسي

توجه: اگر به زیان فارسی صحبت می کنید، خدمات زیانی رایگان به شما ارایه میگردد، با شماره 4161-480-487 (TTY: 711) تماس بگیرید.

## Français/French

Attention: Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161** (TTY: **711**).

## ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહ્યયતા સેવા તમનેનિ: શુલ્ક ઉપલબ્ધ છે. કૉલ કરો 1-877-480-4161 (TTY: 711).

## Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-480-4161 (TTY: 711).

## Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo 1-877-480-4161 (TTY: 711).

## 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

## Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161** (TTY: **711**). Estes serviços são oferecidos gratuitamente.

## Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161** (ТТҮ: **711**).

## **Tagalog**

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161** (TTY: **711**).

Urdu/اردو

توجه دیں: اگر آب اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711) 480-4161 پر کال کریں.

## Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161** (TTY: **711**).

#### Yorùbá/Yoruba

Àkíyèsí: Bío bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún o. Pe 1-877-480-4161 (TTY: 711).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).