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Aetna Student Health Plan Design and Benefits Summary OA Elect Choice EPO

# Loyola Law School

Policy Year: 2021–2022 Policy Number: 474945 www.aetnastudenthealth.com (800) 466-2912







Updated as of 10/25/21, refer to the notice at the end of this document

This is a brief description of the Student Health Plan. The Plan is available for Loyola Law School students. The Plan is underwritten by Aetna Life Insurance Company (Aetna). The exact provisions, including definitions, governing this insurance are contained in the Certificate of Coverage issued to you and may be viewed online at <u>www.aetnastudenthealth.com</u>. If there is a difference between this Benefit Summary and the Certificate of Coverage, the Certificate will control.

# **Coverage Periods**

**Students:** Coverage for all insured students enrolled for coverage in the Plan will become effective at 12:01 AM on the Coverage Start Date and will terminate at 11:59 PM on the Coverage End Date.

Coverage Period	Coverage Start Date	Coverage End Date	Enrollment/Waiver Deadline
Annual	08/01/2021	07/31/2022	08/31/2021
Fall	08/01/2021	12/31/2021	08/31/2021
Spring	01/01/2022	07/31/2022	01/31/2022
Summer	05/18/2022	07/31/2022	N/A

# Rates

The rates below reflect the premium for the Plan underwritten by Aetna Life Insurance Company (Aetna).

## Undergraduates and Graduate Students

	Annual	Fall	Spring	Summer
Student	\$2,561	\$1,073	\$1,488	\$527

# **Student Coverage**

## Eligibility

All registered Loyola Law School Students taking at least 4 credit hours are eligible to enroll in this insurance plan.

Participation in Loyola Law School Student Health Insurance Plan is required for eligible students, unless they are covered under another comparable plan. Proof of comparable coverage, in accordance with your school's requirements, must be completed and returned to Loyola Law School each academic year by the enrollment deadlines.

All students enrolled at the university taking 4 credit hours, and who actively attend classes for at least the first 31 days after the date when coverage becomes effective, are required to have insurance. Home study, correspondence, Internet classes, and television (TV) courses do not fulfill the eligibility requirement that the student actively attend classes. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

## Enrollment

Students are required to purchase the health insurance plan each policy year. Students may waive this plan if proof of comparable health insurance coverage that meets the school's waiver requirements is provided.

Loyola Law School students will be automatically enrolled and billed in the Student Health Insurance Plan unless a completed Waiver has been received by Loyola Law School along with proof of comparable health insurance coverage, by the specified enrollment deadline dates listed below.

Coverage Period	Waiver Deadline
Fall	08/31/2021
Spring	01/31/2022

# To Waive the Loyola Law School endorsed plan visit <u>https://apps.lls.edu/ship/ship-form.php</u>. In order to waive the Student Health Insurance Plan, complete the Online Waiver immediately but no later than 08/31/2021.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, upon written request received by Aetna within 90 days of withdrawal from school.

Waiver submissions may be audited by Loyola Law School, Aetna Student Health, and/or their contractors or representatives. You may be required to provide, upon request, any coverage documents and/or other records demonstrating that you meet the school's requirements for waiving the student health insurance plan. By submitting the waiver request, you agree that your current insurance plan may be contacted for confirmation that your coverage is in force for the applicable policy year and that it meets the school's waiver requirements.

## **Medicare Eligibility Notice**

You are not eligible to enroll in the student health plan if you have Medicare at the time of enrollment in this student plan. The plan does not provide coverage for people who have Medicare.

## Service area

Your plan generally pays for eligible health services only within a specific geographic area, called a service area. There are some exceptions, such as for emergency services, urgent care and transplants.

## Precertification

You do not need to obtain pre-certification for any services. However, your provider is required to obtain precertification for certain Preferred Care services. Refer to the Precertification provisions in the Coverage section of the Certificate of Coverage for a complete description of the precertification programs including the types of services, treatments, procedures, visits or supplies that require precertification. No penalty will be applied to you for a Preferred Care service that was not pre-certified.

## **Coordination of Benefits (COB)**

Some people have health coverage under more than one health plan. If you do, we will work together with your other plan(s) to decide how much each plan pays. This is called coordination of benefits (COB). A complete description of the Coordination of Benefits provision is contained in the certificate issued to you.

## **Description of Benefits**

The Plan excludes coverage for certain services and has limitations on the amounts it will pay. While this Plan Summary document will tell you about some of the important features of the Plan, other features that may be important to you are defined in the Certificate. To look at the full Plan description, which is contained in the Certificate issued to you, go to **www.aetnastudenthealth.com**.

	In-network coverage	Out-of-network coverage	
Policy year deductibles			
Student	\$500 per policy year	N/A	
Policy year deductible waiver			
The policy year deductible is waived for all of the following eligible health services:			

This Plan will pay benefits in accordance with any applicable California Insurance Law(s).

The policy year deductible is waived for all of the following eligible health services:

- In-Network Care for Preventive Care Expense benefits, Pediatric Dental Benefits, Physician or Specialist Office Visit Expense, Walk-In Clinic Visit Expense, Consultant Expense, Urgent Care, Outpatient Mental Health Treatment and Outpatient Substance Abuse Treatment, Pediatric Vision Benefits and Outpatient prescription drugs.
- Radiology referred from Radiology referred from SHS to Cedars-Sinai Marina del Rey Hospital instead a \$30 Copay will apply in place of the deductible

Maximum out-of-pocket limits		
	In-network coverage	Out-of-network coverage
Student	\$5,000 per policy year	N/A

Eligible health services	In-network coverage	Out-of-network coverage
Routine physical exams		
Performed at a physician's office	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Maximum age and visit limits per policy year through age 21	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures//Health Resources and Services Administration guidelines for children and adolescents.	
Covered persons age 22 and over: Maximum visits per policy year	1 visit	
Preventive care immunizations		
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered

Eligible health services	In-network coverage	Out-of-network coverage
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	
Routine gynecological exams (includ	ing Pap smears and cytology tests)	
Performed at a physician's, obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% (of the negotiated charge) per visit No copayment or policy year	Not Covered
	deductible applies	
Maximum visits per policy year		visit
Preventive screening and counseling		Not Covered
Preventive screening and counseling services for Obesity and/or healthy diet counseling, Misuse of alcohol & drugs, Tobacco Products, Depression Screening, Sexually transmitted	100% (of the negotiated charge) per visit No copayment or policy year deductible applies	Not Covered
infection counseling & Genetic risk counseling for breast and ovarian cancer		
Stress management counseling office visits	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Chronic condition counseling office visits	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Routine cancer screenings	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Maximum:	<ul> <li>Subject to any age; family history; and frequency guidelines as set forth in the most current:</li> <li>Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and</li> <li>The comprehensive guidelines supported by the Health Resources and Services Administration.</li> </ul>	
Lung cancer screening maximum	1 screening every 12 months*	

Eligible health services	In-network coverage	Out-of-network coverage
Prenatal and postpartum care services -Preventive care services only (includes participation in the	100% (of the negotiated charge) per visit	Not Covered
California Prenatal Screening Program)	No copayment or policy year deductible applies	
Lactation support and counseling services	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Breast pump supplies and accessories	100% (of the negotiated charge) per item	Not Covered
	No copayment or policy year deductible applies	
Family planning services – female co	ontraceptives	
Female contraceptive counseling services office visit	100% (of the negotiated charge) per visit	Not Covered
	No copayment or policy year deductible applies	
Female contraceptive prescription drugs and devices provided, administered, or removed, by a	100% (of the negotiated charge) per item	Not Covered
provider during an office visit	No copayment or policy year deductible applies	
For each 30 day supply or 12 month supply		
Female Voluntary sterilization- Inpatient & Outpatient provider	100% (of the negotiated charge)	Not Covered
services	No copayment or policy year deductible applies	

- Services provided as a result of complications resulting from a female voluntary sterilization procedure and related follow-up care
- Any contraceptive methods that are only "reviewed" by the FDA and not "approved" by the FDA
- Male contraceptive methods, sterilization procedures or devices

Eligible health services	In-network coverage	Out-of-network coverage	
Physicians and other health professi	onals		
Physician, specialist including Consultants Office visits (non- surgical/non-preventive care by a physician and specialist) (includes	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Not Covered	
telemedicine consultations)	No policy year deductible applies		
Allergy testing and treatment			
Allergy testing & Allergy injections treatment including Allergy sera and extracts administered via injection performed at a physician's or specialist's office	Covered according to the type of benefit and the place where the service is received.	Not Covered	
Physician and specialist surgical serv	ices		
Inpatient surgery performed during your stay in a hospital or birthing center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge)	Not Covered	
The following are not covered under	this benefit:	I	
<ul> <li>A stay in a hospital (Hospital other facility care section)</li> <li>Services of another physician</li> </ul>	visician who helps the operating physician stays are covered in the <i>Eligible health se</i>	tic	
Outpatient surgery performed at a physician's or specialist's office or outpatient department of a hospital or surgery center by a surgeon (includes anesthetist and surgical assistant expenses)	80% (of the negotiated charge) per visit	Not Covered	
<ul> <li>The following are not covered under this benefit:</li> <li>The services of any other physician who helps the operating physician</li> <li>A stay in a hospital (Hospital stays are covered in the <i>Eligible health services and exclusions – Hospital and other facility care</i> section)</li> <li>A separate facility charge for surgery performed in a physician's office</li> <li>Services of another physician for the administration of a local anesthetic</li> </ul> Alternatives to physician office visits			
Walk-in clinic visits	\$25 copayment then the plan pays	Not Covered	
(non-emergency visit)	100% (of the balance of the negotiated charge) per visit		
	No policy year deductible applies		

Eligible health services	In-network coverage	Out-of-network coverage
Hospital and other facility care		
Inpatient hospital (room and board) and other miscellaneous services and supplies)	80% (of the negotiated charge) per admission	Not Covered
Includes birthing center facility charges		
In-hospital non-surgical physician services	80% (of the negotiated charge) per visit	Not Covered
Alternatives to hospital stays		
Outpatient surgery (facility charges) performed in the outpatient department of a hospital or surgery center	80% (of the negotiated charge) per visit	Not Covered
The following are not covered unde	r this benefit:	•
<ul> <li>A stay in a hospital (See</li> <li>A separate facility charge</li> <li>Services of another physical</li> </ul>	r physician who helps the operating physi the <i>Hospital care – facility charges</i> benefit e for surgery performed in a physician's of ician for the administration of a local ane	t in this section) ffice sthetic
Home health Care	80% (of the negotiated charge) per visit	Not Covered
<ul> <li>The following are not covered under this benefit:</li> <li>Nursing and home health aide services or therapeutic support services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)</li> <li>Transportation</li> <li>Services or supplies provided to a minor or dependent adult when a family member or caregiver is not present</li> <li>Homemaker or housekeeper services</li> <li>Food or home delivered services</li> <li>Maintenance therapy</li> </ul>		
Outpatient private duty nursing	80% (of the negotiated charge) per visit	Not Covered
Hospice-Inpatient	80% (of the negotiated charge) per admission	Not Covered
Hospice-Outpatient	80% (of the negotiated charge) per visit	Not Covered
<ul> <li>The following are not covered under this benefit:</li> <li>Funeral arrangements</li> <li>Financial or legal counseling which includes estate planning and the drafting of a will</li> <li>Homemaker or caretaker services that are services which are not solely related to your care and may include: <ul> <li>Sitter or companion services for either you or other family members</li> <li>Transportation</li> <li>Maintenance of the house</li> </ul> </li> </ul>		

Eligible health services	In-network coverage	Out-of-network coverage
Skilled nursing facility-	80% (of the negotiated charge) per	Not Covered
Inpatient	admission	
Hospital emergency room	\$150 copayment then the plan pays 80% (of the balance of the negotiated charge) per visit	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered

## Important note:

- As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (copayment/coinsurance), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on the back of your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the ID card number is on the bill.
- A separate hospital emergency room copayment/coinsurance will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/coinsurance will be waived and your inpatient copayment/coinsurance will apply.
- Covered benefits that are applied to the hospital emergency room copayment/coinsurance cannot be applied to any other copayment/coinsurance under the plan. Likewise, a copayment/coinsurance that applies to other covered benefits under the plan cannot be applied to the hospital emergency room copayment/coinsurance.
- Separate copayment/coinsurance amounts may apply for certain services given to you in the hospital
  emergency room that are not part of the hospital emergency room benefit. These copayment/coinsurance
  amounts may be different from the hospital emergency room copayment/coinsurance. They are based on the
  specific service given to you.
- Services given to you in the hospital emergency room that are not part of the hospital emergency room benefit may be subject to copayment/coinsurance amounts.

## The following are not covered under this benefit:

• Non-emergency services in a hospital emergency room facility, freestanding emergency medical care facility or comparable emergency facility

Urgent care	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Not covered	
	No policy year deductible applies		
Non-urgent use of an urgent care provider	Not covered	Not covered	
The following is not covered under this benefit:			
<ul> <li>Non-urgent care in an urgent care facility (at a non-hospital freestanding facility)</li> </ul>			
Pediatric dental care (Limited to covered persons through the end of the month in which the person turns age 19.			
Type A services	100% (of the negotiated charge) per visit	Not covered	

Type A services	100% (of the negotiated charge) per visit	Not covered	
	No copayment or deductible applies		

Eligible health services	In-network coverage	Out-of-network coverage
Type B services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Type C services	100% (of the negotiated charge) per visit	Not covered
	No copayment or deductible applies	
Orthodontic services	100% (of the negotiated charge) per visit No copayment or deductible applies	Not covered
Dental emergency services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received.

# Pediatric dental care exclusions

## The following are not covered under this benefit:

- Asynchronous dental treatment
- **Cosmetic** services and supplies including plastic surgery, reconstructive surgery, **cosmetic surgery**, personalization or characterization of dentures or other services and supplies which improve alter or enhance appearance, augmentation and vestibuloplasty, and other substances to protect, clean, whiten bleach or alter the appearance of teeth; whether or not for psychological or emotional reasons. Facings on molar crowns and pontics will always be considered **cosmetic**.
- Crown, inlays, onlays, and veneers unless:
  - It is treatment for decay or traumatic injury and teeth cannot be restored with a filling material or
  - The tooth is an abutment to a covered partial denture or fixed bridge
- Dental implants (that are determined not to be **medically necessary** mouth guards, and other devices to protect, replace or reposition teeth
  - Dentures, crowns, inlays, onlays, bridges, or other appliances or services used:
  - For splinting
  - To alter vertical dimension
  - To restore occlusion
  - For correcting attrition, abrasion, abfraction or erosion
- Treatment of any **jaw joint disorder** and treatments to alter bite or the alignment or operation of the jaw, including **temporomandibular joint dysfunction** disorder (TMJ) and **craniomandibular joint dysfunction** disorder (CMJ) treatment, orthognathic **surgery**, and treatment of malocclusion or devices to alter bite or alignment, except as covered in the *Eligible health services and exclusions Specific conditions* section
- General anesthesia and intravenous sedation, unless specifically covered and only when done in connection with another eligible health service
- Mail order and at-home kits for orthodontic treatment
- Orthodontic treatment except as covered in this section
- Pontics, crowns, cast or processed restorations made with high noble metals (gold)
- Prescribed drugs
- Replacement of teeth beyond the normal complement of 32
- Services and supplies:
  - Done where there is no evidence of pathology, dysfunction, or disease other than covered preventive services

- Provided for your personal comfort or convenience or the convenience of another person, including a provider
- Provided in connection with treatment or care that is not covered under your policy
- Surgical removal of impacted wisdom teeth only for orthodontic reasons, except as medically necessary
- Treatment by other than a **dental provider**

Treatment by other than a details of the second secon	Treatment by other than a <b>dental provider</b>		
Eligible health services	In-network coverage	Out-of-network coverage	
Diabetic services and supplies	Covered according to the type of	Not covered	
(including equipment and training)	benefit and the place where the		
	service is received.		
Podiatric (foot care) treatment	Covered according to the type of	Not covered	
Physician and specialist non-	benefit and the place where the		
routine foot care treatment	service is received.		
The following are not covered under	this benefit:		
• Services and supplies for:			
- The treatment of calluses	s, bunions, toenails, flat feet, hammertoes	s, fallen arches	
- The treatment of weak fe	eet, chronic foot pain or conditions caused	d by routine activities, such as walking,	
running, working or wear	ring shoes		
<ul> <li>Supplies (including ortho</li> </ul>	pedic shoes), foot orthotics, arch support	s, shoe inserts, ankle braces, guards,	
protectors, creams, ointr	nents and other equipment, devices and s	supplies	
- Routine pedicure service	s, such as cutting of nails, corns and callus	ses when there is no illness or injury of	
the feet			
Impacted wisdom teeth	80% (of the negotiated charge)	Not covered	
Accidental injury to sound natural	80% (of the negotiated charge)	Not covered	
teeth			
The following are not covered under	this benefit:		
• The care, filling, removal or r	eplacement of teeth and treatment of dis	eases of the teeth	
<ul> <li>Dental services related to the</li> </ul>	e gums		
<ul> <li>Apicoectomy (dental root res</li> </ul>	section)		
Orthodontics			
Root canal treatment			
<ul> <li>Soft tissue impactions</li> </ul>			
<ul> <li>Bony impacted teeth</li> </ul>			
Alveolectomy			
-	plasty treatment of periodontal disease		
False teeth	,		
<ul> <li>Prosthetic restoration of den</li> </ul>	tal implants		
Dental implants			
Temporomandibular joint	Covered according to the type of	Not covered	
dysfunction (TMJ) and	benefit and the place where the		
craniomandibular joint dysfunction	service is received.		
(CMJ) treatment			
The following are not covered under	this benefit:	ı	
Dental implants			
Blood and body fluid	Covered according to the type of	Not covered	
exposure	benefit and the place where the		
	service is received.		
	I	<u> </u>	

Eligible health services	In-network coverage	Out-of-network coverage	
The following are not covered unde	r this benefit:		
• Services and supplies provided for the treatment of an illness that results from your clinical related injury as			
these are covered elsewhere in the student policy			
Clinical trial (routine patient	Covered according to the type of	Not covered	
costs)	benefit and the place where the		
	service is received.		
·	t services from in-network providers.		
Dermatological treatment	Covered according to the type of	Not covered	
	benefit and the place where the		
	service is received.		
The following are not covered unde			
Cosmetic treatment and pro			
Obesity bariatric Surgery and	Covered according to the type of	Not covered	
services	benefit and the place where the		
	service is received.		
Obesity surgery-travel and lodging			
Maximum benefit payable for	\$130	Not covered	
travel expenses for each round trip			
<ul> <li>three round trips covered (one</li> </ul>			
pre-surgical visit, the surgery and			
one follow-up visit)			
Maximum hanafit navahla far	\$130	Not covered	
Maximum benefit payable for travel expenses per companion for	\$130	Not covered	
each round trip – two round trips			
covered (the surgery and one			
follow-up visit)			
Maximum benefit payable for	\$100 per day up to four days	Not covered	
lodging expenses per patient and			
companion for the pre-surgical and			
follow-up visits			
Maximum benefit payable for	\$100 per day up to four days	Not covered	
lodging expenses per companion			
for surgery stay			

- Weight management treatment or drugs intended to decrease or increase body weight, control weight or treat obesity, including morbid obesity except as described above and in the *Eligible health services and exclusions – Preventive care and wellness* section, including preventive services for obesity screening and weight management interventions. This is regardless of the existence of other medical conditions. Examples of these are:
  - Drugs, stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food supplements, appetite suppressants and other medications
  - Hypnosis or other forms of therapy
  - Exercise programs, exercise equipment, membership to health or fitness clubs, recreational therapy or other forms of activity or activity enhancement

Eligible health services	In-network coverage	Out-of-network coverage
Maternity care that is not considered preventive care	Covered according to the type of benefit and the place where the	Not covered
(includes delivery and postpartum care services in a hospital or	service is received.	
birthing center)		
The following are not covered under	r this honofit.	

• Any services and supplies related to births that take place in the home or in any other place not licensed to perform deliveries

Well newborn nursery	80% (of the negotiated charge)	Not covered	
care in a hospital or			
birthing center	No policy year deductible applies		
Family planning services – other			
Voluntary sterilization	80% (of the negotiated charge)	Not covered	
for males-surgical services			
Reversal of voluntary sterilization	80% (of the negotiated charge)	Not covered	
Abortion	80% (of the negotiated charge)	Not covered	
Gender affirming treatment			
Surgical, hormone replacement	Covered according to the Behavioral	Not covered	
therapy, and counseling treatment	health section		

All other cosmetic services and supplies not listed under eligible health services above are not covered under this benefit. This includes, but is not limited to the following:

- Rhinoplasty
- Face-lifting
- Lip enhancement
- Facial bone reduction
- Blepharoplasty
- Liposuction of the waist (body contouring)
- Hair removal (including electrolysis of face and neck)
- Voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which are • used in feminization
- Voice and communication therapy •
- Chest binders •
- Chin implants, nose implants, and lip reduction, which are used to assist masculinization, are considered • cosmetic

## Mental Health & Substance Abuse Treatment

Coverage provided under the same terms conditions as any other **illness** 

Coverage provided under the same to	coverage provided under the same terms, conditions as any other <b>inness</b> .		
Inpatient hospital	80% (of the negotiated charge) per	Not covered	
(room and board and other	admission		
miscellaneous hospital			
services and supplies)			
Outpatient office visits	\$25 copayment then the plan pays	Not covered	
(includes telemedicine	100% (of the balance of the		
consultations)	negotiated charge) per visit		
	No policy year deductible applies		

Eligible health services	In-network coverage	Out-of-network coverage
Other outpatient treatment (includes skilled behavioral health services in the home)	80% (of the negotiated charge) per visit	Not covered
Eligible health services	In-network coverage (IOE facility)*	Out-of-network coverage (Includes providers who are otherwise part of Aetna's network but are non- IOE providers)
Transplant services		
Inpatient and outpatient transplant facility services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Inpatient and outpatient transplant physician and specialist services	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Transplant services-travel and lodging	Covered	Covered
Lifetime Maximum payable for Travel and Lodging Expenses for any one transplant, including tandem transplants	\$10,000	\$10,000
Maximum payable for Lodging Expenses per IOE patient	\$50 per night	\$50 per night
Maximum payable for Lodging Expenses per companion The following are not covered under	\$50 per night	\$50 per night

• Services and supplies furnished to a donor when the recipient is not a covered person

- Harvesting and storage of organs, without intending to use them for immediate transplantation for your existing illness
- Harvesting and/or storage of bone marrow, hematopoietic stem cells, or other blood cells without intending to use them for transplantation within 12 months from harvesting, for an existing illness

Eligible health services	In-network coverage	Out-of-network coverage	
Treatment of infertility			
Basic infertility services Inpatient and outpatient care - basic infertility Fertility preservation services	Covered according to the type of benefit and the place where the service is received.	Not Covered	
Fertility preservation	Covered according to the type of benefit and the place where the service is received.	Not Covered	

## The following are not covered services under the infertility treatment benefit:

- Injectable **infertility** medication, including but not limited to menotropins, hCG, and GnRH agonists.
- All charges associated with:
  - Surrogacy for you or the surrogate. A surrogate is a female carrying her own genetically related child where the child is conceived with the intention of turning the child over to be raised by others, including the biological father
  - Thawing of cryopreserved (frozen) eggs, embryos or sperm

- The care of the donor in a donor egg cycle which includes, but is not limited to, any payments to the donor, donor screening fees, fees for lab tests, and any charges associated with care of the donor required for donor egg retrievals or transfers
- The use of a gestational carrier for the female acting as the gestational carrier. A gestational carrier is a female carrying an embryo to which the person is not genetically related
- Obtaining sperm from a person not covered under this plan for ART services
- Home ovulation prediction kits or home pregnancy tests

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- The purchase of donor embryos, donor oocytes, or donor sperm
- Reversal of voluntary sterilizations, including follow-up care
- Ovulation induction with menotropins, Intrauterine insemination and any related services, products or procedures
- In vitro fertilization (IVF), Zygote intrafallopian transfer (ZIFT), Gamete intrafallopian transfer (GIFT), Cryopreserved embryo transfers and any related services, products or procedures (such as Intracytoplasmic sperm injection (ICSI) or ovum microsurgery)
- ART services are not provided for out-of-network care

Eligible health services	In-network coverage	Out-of-network coverage
Specific therapies and tests		
Diagnostic complex imaging services performed in the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	Not Covered
Diagnostic lab work and radiological services performed in a physician's office, the outpatient department of a hospital or other facility	80% (of the negotiated charge) per visit	Not Covered
Outpatient Chemotherapy, Radiation & Respiratory Therapy	80% (of the negotiated charge) per visit	Not Covered
Outpatient infusion therapy performed in a covered person's home, physician's office, outpatient department of a hospital or other facility	Covered according to the type of benefit and the place where the service is received.	Not Covered
The following are not covered under this benefit: <ul> <li>Enteral nutrition</li> <li>Blood transfusions and blood products</li> </ul>		
Outpatient physical, occupational, speech, and cognitive therapies (including Cardiac and Pulmonary Therapy) Combined for short-term rehabilitation services and	80% (of the negotiated charge) per visit	Not Covered
habilitation therapy services		

Eligible health services	In-network coverage	Out-of-network coverage
Acupuncture therapy	80% (of the negotiated charge) per visit	Not Covered
he following are not covered under	this benefit:	
Acupressure		
Chiropractic services	80% (of the negotiated charge) per visit	Not Covered
Specialty prescription drugs ourchased and injected or infused by your provider in an outpatient setting	Covered according to the type of benefit or the place where the service is received.	Not Covered
Other services and supplies		
Emergency ground, air, and water ambulance (includes non- emergency ambulance)	80% (of the negotiated charge) per trip	Paid the same in-network coverage
Durable medical and surgical equipment	80% (of the negotiated charge) per item	Not Covered
<ul> <li>Portable whirlpool pumps</li> <li>Sauna baths</li> <li>Massage devices</li> </ul>		
<ul> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and convented equipment even if they are presented by the system of th</li></ul>	Covered according to the type of benefit or the place where the service	idifiers, hot tubs, or physical exercise Not Covered
<ul> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and convenied equipment even if they are prevent to a support</li> </ul>	rescribed by a physician Covered according to the type of benefit or the place where the service is received.	
<ul> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and convented equipment even if they are proversed by the systems</li> </ul> The following are not covered under <ul> <li>Any food item, including infar</li> </ul>	rescribed by a physician Covered according to the type of benefit or the place where the service is received.	Not Covered mins, plus prescription vitamins,
<ul> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and conveniequipment even if they are productional support</li> </ul> The following are not covered under <ul> <li>Any food item, including infarmedical foods and other nutr</li> </ul>	rescribed by a physician Covered according to the type of benefit or the place where the service is received. <b>this benefit:</b> nt formulas, nutritional supplements, vita itional items, even if it is the sole source	Not Covered mins, plus prescription vitamins,
<ul> <li>Sauna baths</li> <li>Massage devices</li> <li>Over bed tables</li> <li>Elevators</li> <li>Communication aids</li> <li>Vision aids</li> <li>Telephone alert systems</li> <li>Personal hygiene and convented equipment even if they are proversed by the systems</li> </ul> The following are not covered under <ul> <li>Any food item, including infar</li> </ul>	rescribed by a physician Covered according to the type of benefit or the place where the service is received. <b>this benefit:</b> nt formulas, nutritional supplements, vita itional items, even if it is the sole source of 80% (of the negotiated charge) per item	Not Covered mins, plus prescription vitamins, of nutrition

Eligible health services	In-network coverage	Out-of-network coverage	
Hearing Exams			
Hearing exam	\$25 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Not Covered	
	No policy year deductible applies		
Hearing exam maximum	One hearing exam every policy year	I	
<ul> <li>The following are not covered under</li> <li>Hearing exams given during a the overall hospital stay</li> </ul>	<ul> <li>The following are not covered under this benefit:</li> <li>Hearing exams given during a stay in a hospital or other facility, except those provided to newborns as part of</li> </ul>		
Pediatric vision care (Limited to cove	ered persons through the end of the mon	th in which the person turns age 19)	
Performed by a legally qualified ophthalmologist or optometrist (includes comprehensive low vision evaluations)	100% (of the negotiated charge) per visit	Not Covered	
Low vision Maximum	One comprehensive low visio	on evaluation every five years	
Fitting of contact Maximum	1 v	isit	
Pediatric vision care services & supplies-Eyeglass frames, prescription lenses or prescription contact lenses	100% (of the negotiated charge) per item	Not Covered	
Maximum number Per year:			
Eyeglass frames Prescription lenses Contact lenses (includes non- conventional prescription contact lenses & aphakic lenses prescribed after cataract surgery)	One set of eyeglass frames One pair of prescription lenses Daily disposables: up to 1 year supply Extended wear disposable: up to 1 year supply Non-disposable lenses: 1 year supply		
Optical devices	Covered according to the type of benefit and the place where the service is received.	Not Covered	
Maximum number of optical devices per policy year	One optical device		
supplies. As to coverage for prescript eyeglass frames or prescription conta		•	
The following are not covered under			
	ption lenses and non-prescription contac	t lenses that are for cosmetic purposes	
Adult vision care Limited to covered			
Adult routine vision exams (including refraction) Performed by a legally qualified ophthalmologist or therapeutic optometrist, or any	\$20 copayment then the plan pays 100% (of the balance of the negotiated charge) per visit	Not Covered	
other providers acting within the scope of their license Includes fitting of prescription contact lenses	No policy year deductible applies		

Maximum visits per policy year	1 visit

Adult vision care

- Office visits to an ophthalmologist, optometrist or optician related to the fitting of prescription contact lenses
- Eyeglass frames, non-prescription lenses and non-prescription contact lenses that are for cosmetic purposes

Adult vision care services and supplies

- Special supplies such as non-prescription sunglasses
- Special vision procedures, such as orthoptics or vision therapy
- Eye exams during your stay in a hospital or other facility for health care
- Eye exams for contact lenses or their fitting
- Eyeglasses or duplicate or spare eyeglasses or lenses or frames
- Replacement of lenses or frames that are lost or stolen or broken
- Acuity tests
- Eye surgery for the correction of vision, including radial keratotomy, LASIK and similar procedures
- Services to treat errors of refraction

Eligible health services	In-network coverage	Out-of-network coverage
Outpatient prescription drugs		
Policy year deductible and copayme	ent/coinsurance waiver for risk reducing	breast cancer
The policy year deductible and the p	per prescription copayment/coinsurance v	vill not apply to risk reducing breast
cancer prescription drugs when obta	ained at a retail in-network, pharmacy. Th	is means that such risk reducing breast
cancer prescription drugs are paid a	t 100%.	

Outpatient prescription drug policy year deductible and copayment waiver for tobacco cessation prescription and over-the-counter drugs

The prescription drug copayment will not apply to treatment regimens per policy year for tobacco cessation prescription drugs and OTC drugs when obtained at a in-network pharmacy. This means that such prescription drugs and OTC drugs are paid at 100%.

## Outpatient prescription drug copayment waiver for contraceptives

The outpatient prescription drug prescription drug copayment will not apply to female contraceptive methods when obtained at an in-network pharmacy.

This means that such contraceptive methods are paid at 100% for:

- All FDA approved contraceptive prescription drugs and devices, including over-the-counter (OTC) contraceptive prescription drugs and devices. Related services and supplies needed to administer covered devices will also be paid at 100%.
- A therapeutic equivalent prescription drug or device when a prescription drug or device is not available or is deemed medically inadvisable by your provider when you are granted a medical exception.

The certificate of coverage explains how to get a medical exception.

Eligible health services	In-network coverage	Out-of-network coverage
Preferred Generic prescription drugs	5	
For each fill up to a 30 day supply filled at a retail pharmacy	\$15 copayment per supply	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail	\$37.50 copayment per supply	Not Covered
order pharmacy	No policy year deductible applies	
Preferred Brand-Name prescription	÷	•
For each fill up to a 30 day supply	\$40 copayment per supply	Not Covered
filled at a retail pharmacy	No policy year deductible applies	
More than a 30 day supply but less	\$100 copayment per supply	Not Covered
than a 90 day supply filled at a mail	+	
order pharmacy	No policy year deductible applies	
Non-Preferred Generic prescription	drugs	
For each fill up to a 30 day supply filled at a retail pharmacy	\$80 copayment per supply	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail	\$200 copayment per supply	Not Covered
order pharmacy	No policy year deductible applies	
Non-Preferred Brand-Name prescrip	tion drugs	
For each fill up to a 30 day supply filled at a retail pharmacy	\$80 copayment per supply	Not Covered
	No policy year deductible applies	
More than a 30 day supply but less than a 90 day supply filled at a mail	\$200 copayment per supply	Not Covered
order pharmacy	No policy year deductible applies	
Specialty prescription drugs		
For each fill up to a 30 day supply filled at a retail pharmacy	\$100 copayment per supply	Not Covered
	No policy year deductible applies	
	1	
Orally administered anti-cancer prescription drugs- For each fill up to a 30 day supply filled at a retail pharmacy	100% (of the negotiated charge)	Not Covered
Preventive care drugs and	100% (of the negotiated charge per	Not Covered
supplements filled at a retail pharmacy	prescription or refill	
For each 30 day supply	No copayment or policy year deductible applies	

Eligible health services	In-network coverage	Out-of-network coverage
Risk reducing breast cancer	100% (of the negotiated charge) per	Not Covered
prescription drugs filled at a	prescription or refill	
pharmacy		
	No copayment or policy year	
For each 30 day supply	deductible applies	
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force.	
Tobacco cessation prescription and over-the-counter drugs (Preventive care)-Tobacco	100% (of the negotiated charge per prescription or refill	Not Covered
cessation prescription drugs and	No copayment or policy year	
OTC drugs filled at a pharmacy	deductible applies	
For each 30 day supply		
Maximums:	Coverage will be subject to any sex, age	
	and frequency guidelines in the recomm	mendations of the United States
	Preventive Services Task Force.	

## The following are not covered under the outpatient prescription drugs benefit:

- Biological sera
- Compounded prescriptions containing bulk chemicals not approved by the U.S. Food and Drug Administration (FDA) including compounded bioidentical hormones
- Cosmetic drugs including medications and preparations used for cosmetic purposes
- Devices, products and appliances, except those that are specially covered
- Dietary supplements
- Drugs or medications
  - Which do not, by federal or state law, require a **prescription** order i.e. over-the-counter (OTC) drugs), even if a **prescription** is written except as specifically provided above
  - Not approved by the FDA or not proven safe or effective
  - Provided under your medical plan while an inpatient of a healthcare facility
  - Recently approved by the U.S. Food and Drug Administration (FDA), but which have not yet been reviewed by our Pharmacy and Therapeutics Committee, unless we have approved a medical exception
  - That include vitamins and minerals unless recommended by the United States Preventive Services Task Force (USPSTF)
  - For which the cost is covered by a federal, state, or government agency (for example: Medicaid or Veterans Administration)
  - That are used to treat increase sexual desire, including drugs, implants, devices or preparations to correct or enhance erectile function, enhance sensitivity, or alter the shape or appearance of a sex organ
  - That are used for the purpose of weight gain or reduction, including but not limited to stimulants, preparations, foods or diet supplements, dietary regimens and supplements, food or food supplements, appetite suppressants or other medications
  - That are drugs or growth hormones used to stimulate growth and treat idiopathic short stature unless there is evidence that the covered person meets one or more clinical criteria detailed in our precertification and clinical policies
- Duplicative drug therapy (e.g. two antihistamine drugs)
- Immunizations related to travel or work
- Infertility

- Injectable prescription drugs used primarily for the treatment of infertility
- Injectables
  - Any charges for the administration or injection of **prescription drugs** or injectable insulin and other injectable drugs covered by us.
  - Needles and syringes, except for those used for self-administration of an injectable drug.
  - Any drug which, due to its characteristics, must typically be administered or supervised by a qualified provider or licensed certified health professional in an outpatient setting. This exception does not apply to Depo Provera and other injectable drugs used for contraception.
- Off-label drug use except for indications recognized through peer-reviewed medical literature
- Prescription drugs:
  - Filled prior to the effective date or after the termination date of coverage under this plan.
  - That are considered oral dental preparations and fluoride rinses, except pediatric fluoride tablets or drops as specified on the **preferred drug guide**.
  - That are not **medically necessary** or otherwise improper, and drugs obtained for use by anyone other than the person identified on the ID card.
- Refills dispensed more than one year from the date the latest **prescription** order was written
- Replacement of lost or stolen **prescriptions**
- Test agents except diabetic test agents
- A manufacturer's product when the same or similar drug (that is, a drug with the same active ingredient or same therapeutic effect), supply or equipment is on the **preferred drug guide**
- Any dosage or form of a drug when the same drug (that is, a drug with the same active ingredient or same therapeutic effect) is available in a different dosage or form on our **preferred drug guide**

A covered person, a covered person's designee or a covered person's prescriber may seek an expedited medical exception process to obtain coverage for non-covered drugs in exigent circumstances. An "exigent circumstance" exists when a covered person is suffering from a health condition that may seriously jeopardize a covered person's life, health, or ability to regain maximum function or when a covered person is undergoing a current course of treatment using a non-formulary drug. The request for an expedited review of an exigent circumstance may be submitted by contacting Aetna's *Pre-certification Department* at **1-855-240-0535**, faxing the request to **1-877-269-9916**, or submitting the request in writing to:

CVS Health ATTN: Aetna PA 1300 E Campbell Road Richardson, TX 75081

## **Out of Country claims**

Out of Country claims should be submitted with appropriate medical service and payment information from the provider of service. Covered services received outside the United States will be considered at the In-network level of benefits.

## **General Exclusions**

## Alternative health care

• Services and supplies given by a provider for alternative health care. This includes but is not limited to aromatherapy, naturopathic medicine, herbal remedies, homeopathy, energy medicine, Christian faithhealing medicine, Ayurvedic medicine, yoga, hypnotherapy, and traditional Chinese medicine.

## Armed forces

• Services and supplies received from a provider as a result of an injury sustained, or illness contracted, while in the service of the armed forces of any country. When you enter the armed forces of any country, we will refund any unearned pro-rata premium.

## **Behavioral health treatment**

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
  - **Stay** in a facility for treatment for dementias and amnesia without a behavioral disturbance that necessitates mental health treatment
  - Education service including wilderness treatment programs, or any such related or similar programs
  - Services provided in conjunction with school, vocation, work or recreational activities
  - Sexual deviations and disorders except for gender identity disorders
  - Tobacco use disorders except as described in the *Eligible health services and exclusions Preventive care and wellness* section
  - Pathological gambling, kleptomania, pyromania

## Breasts

• Services and supplies given by a **provider** for breast reduction or gynecomastia, except as **medically necessary**.

## Clinical trial therapies (experimental or investigational)

• Your plan does not cover clinical trial therapies (experimental or investigational), except as described in the *Eligible health services and exclusions- Clinical trial therapies (experimental or investigational)* section in the certificate

## Cornea or cartilage transplants

- Cornea (corneal graft with amniotic membrane)
- Cartilage (autologous chondrocyte implant or osteochondral allograft or autograft) transplants

## Cosmetic services and plastic surgery

• Any treatment, surgery (cosmetic or plastic), service or supply to alter, improve or enhance the shape or appearance of the body. Whether or not for psychological or emotional reasons. Injuries that occur during medical treatments are not considered accidental injuries even if unplanned or unexpected.

This exclusion does not apply to:

- Surgery after an accidental injury when performed as soon as medically feasible
- Coverage that may be provided under the Eligible health services under your plan Gender reassignment (sex change) treatment section.

## **Court-ordered services and supplies**

• This includes court-ordered services and supplies, or those required as a condition of parole, probation, release or as a result of any legal proceeding, unless they are a covered benefit under your plan

## **Custodial care**

Examples are:

- Routine patient care such as changing dressings, periodic turning and positioning in bed
- Administering oral medications
- Care of a stable tracheostomy (including intermittent suctioning)
- Care of a stable colostomy/ileostomy
- Care of stable gastrostomy/jejunostomy/nasogastric tube (intermittent or continuous) feedings
- Care of a bladder catheter (including emptying/changing containers and clamping tubing)
- Watching or protecting you
- Respite care except in connection with hospice care, adult (or child) day care, or convalescent care
- Institutional care. This includes room and board for rest cures, adult day care and convalescent care
- Help with walking, grooming, bathing, dressing, getting in or out of bed, toileting, eating or preparing foods
- Any other services that a person without medical or paramedical training could be trained to perform
- Any service that can be performed by a person without any medical or paramedical training

## Dental care for adults

- Dental services for adults including services related to:
  - The care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth
  - Dental services related to the gums
  - Apicoectomy (dental root resection)
  - Orthodontics
  - Root canal treatment
  - Soft tissue impactions
  - Alveolectomy
  - Augmentation and vestibuloplasty treatment of periodontal disease
  - False teeth
  - Prosthetic restoration of dental implants
  - Dental implants

This exception does not include removal of bony impacted teeth, bone fractures, removal of tumors, and odontogenic cysts.

## **Educational services**

Examples of these services are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services and exclusions Diabetic services and supplies (including equipment and training)* section. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a **residential treatment facility** or otherwise licensed institution)
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program

## Elective treatment or elective surgery

• Elective treatment or elective surgery except as specifically covered under the student policy and provided while the student policy is in effect

## Examinations

Any health or dental examinations needed:

- Because a third party requires the exam. Examples are, examinations to get or keep a job, or examinations required under a labor agreement or other contract
- Because a law requires it
- To buy insurance or to get or keep a license
- To travel
- To go to a school, camp, or sporting event, or to join in a sport or other recreational activity

## **Experimental or investigational**

• Experimental or investigational drugs, devices, treatments or procedures unless otherwise covered under clinical trial therapies (experimental or investigational) or covered under clinical trials (routine patient costs). See the *Eligible health services and exclusions – Other services* section in the certificate.

## **Facility charges**

For care, services or supplies provided in:

- Rest homes
- Assisted living facilities
- Similar institutions serving as a persons' main residence or providing mainly custodial or rest care
- Health resorts
- Spas or sanitariums
- Infirmaries at schools, colleges, or camps

## Felony

• Services and supplies that you receive as a result of an injury due to your commission of a felony

## Gene-based, cellular and other innovative therapies (GCIT)

The following are not eligible health services unless you receive prior written approval from us:

• All associated services when GCIT services are not covered. Examples include infusion, laboratory, radiology, anesthesia, and nursing services.

Please refer to the *Medical necessity* section.

#### Genetic care

• Any treatment, device, drug, service or supply to alter the body's genes, genetic make-up, or the expression of the body's genes except for the correction of congenital birth defects

## Growth/Height care

- A treatment, device, service or supply to increase or decrease height or alter the rate of growth
- Surgical procedures and devices to stimulate growth

## Hearing aids

Any tests, appliances and devices to:

- Improve your hearing
- Enhance other forms of communication to make up for hearing loss or devices that simulate speech]

#### **Incidental surgeries**

• Charges made by a physician for incidental surgeries. These are non-medically necessary surgeries performed during the same procedure as a medically necessary surgery.

#### Judgment or settlement

• Services and supplies for the treatment of an injury or illness to the extent that payment is made as a judgment or settlement by any person deemed responsible for the injury or illness (or their insurers)

#### Medical supplies – outpatient disposable

- Any outpatient disposable supply or device. Examples of these are:
  - Sheaths
  - Bags
  - Elastic garments
  - Support hose
  - Bandages
  - Bedpans
  - Splints
  - Neck braces
  - Compresses
  - Other devices not intended for reuse by another patient

#### Non-medically necessary services and supplies

Services and supplies which are not medically necessary for the diagnosis, care, or treatment of an illness or injury or the restoration of physiological functions. This includes behavioral health services that are not primarily aimed at the treatment of illness, injury, restoration of physiological functions or that do not have a physiological or organic basis. This applies even if they are prescribed, recommended, or approved by your physician, dental provider, or vision care provider. This exception does not apply to *Preventive care and wellness* benefits.

#### Non-U.S. citizen

Services and supplies received by a covered person (who is not a United States citizen) within the covered person's home country but only if the home country has a socialized medicine program, except as covered in the Eligible health services under your plan – Emergency services and urgent care section

#### Other primary payer

• Payment for a portion of the charge that Medicare or another party pays for as the primary payer

## Outpatient prescription or non-prescription drugs and medicines

• Outpatient prescription drugs or non-prescription drugs and medicines provided by the policyholder

## Personal care, comfort or convenience items

• Any service or supply primarily for your convenience and personal comfort or that of a third party

#### School health services

- Services and supplies normally provided without charge by the **policyholder's**:
  - School health services
  - Infirmary
  - Hospital

- Pharmacy or

## by health professionals who

- Are employed by
- Are Affiliated with
- Have an agreement or arrangement with, or
- Are otherwise designated by

## the **policyholder**.

## Services provided by a family member

• Services provided by a spouse, domestic partner, civil union partner parent, child, step-child, brother, sister, in-law or any household member

## Sexual dysfunction and enhancement

- Any treatment, service, or supply to treat sexual dysfunction, enhance sexual performance or increase sexual desire, including:
  - Implants, devices or preparations to correct or enhance erectile function or sensitivity
  - Sex therapy, sex counseling, marriage counseling, or other counseling or advisory services

## Sinus surgery

• Any services or supplies given by **providers** for non-**medically necessary** sinus surgery except for acute purulent sinusitis

## Strength and performance

- Services, devices and supplies that are not **medically necessary**, such as drugs or preparations designed primarily for enhancing your:
  - Strength
  - Physical condition
  - Endurance
  - Physical performance

## Students in mental health field

• Any services and supplies provided to a covered student who is specializing in the mental health care field and who receives treatment from a provider as part of their training in that field

## Telemedicine

- Services given when you are not present at the same time as the provider
- Services including:
  - Telemedicine kiosks
  - Electronic vital signs monitoring or exchanges, (e.g. Tele-ICU, Tele-stroke)

## Therapies and tests

- Hair analysis
- Hypnosis and hypnotherapy
- Massage therapy, except when used as a physical therapy modality
- Sensory or auditory integration therapy

## Treatment in a federal, state, or governmental entity

• Any care in a hospital or other facility owned or operated by any federal, state or other governmental entity, except to the extent coverage is required by applicable laws

## Wilderness treatment programs

See Educational services within this section

The Loyola Law School Student Health Insurance Plan is underwritten by Aetna Life Insurance Company Aetna Health and Life Insurance Company (Aetna). Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by Aetna Life Insurance Company Aetna Health and Life Insurance Company and its applicable affiliated companies (Aetna).

## **Sanctioned Countries**

If coverage provided by this policy violates or will violate any economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or a country under sanction by the United States, unless permitted under a written Office of Foreign Asset Control (OFAC) license. For more information, visit <u>http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx</u>.

## Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-877-480-4161.

#### **Smartphone or Tablet**

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

## Non-Discrimination

Aetna is committed to being an inclusive health care company. Aetna does not discriminate on the basis of ancestry, race, ethnicity, color, religion, sex/gender (including pregnancy), national origin, sexual orientation, gender identity or expression, physical or mental disability, medical condition, age, veteran status, military status, marital status, genetic information, citizenship status, unemployment status, political affiliation, or on any other basis or characteristic prohibited by applicable federal, state or local law.

Aetna provides free aids and services to people with disabilities and free language services to people whose primary language is not English.

These aids and services include:

- Qualified language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Qualified interpreters
- Information written in other languages

If you need these services, contact the number on your ID card. Not an Aetna member? Call us at 1-877-480-4161.

If you have questions about our nondiscrimination policy or have a discrimination-related concern that you would like to discuss, please call us at 1-877-480-4161.

*Please note, Aetna covers health services in compliance with applicable federal and state laws. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations, and conditions of coverage.* 

## Language accessibility statement

## Interpreter services are available for free.

Attention: If you speak English, language assistance service, free of charge, are available to you. Call **1-877-480-4161**(TTY: **711**).

## Español/Spanish

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-480-4161**(TTY: **711**).

## አማርኛ**/Amharic**

ልብ ይበሉ: ኣማርኛ ቋንቋ የሚናንሩ ከሆነ፥ የትርጉም ድጋፍ ሰጪ ድርጅቶች፣ ያለምንም ክፍያ እርስዎን ለማንልንል ተዘጋጅተዋል። የሚከተለው ቁጥር ላይ ይደውሉ **1-877-480-4161**(መስማት ለተሳናቸው: **711**).

## Arabic/العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 4161-877-480-(رقم الهاتف النصى: 711).

## ື Bàsວ່ວ່ Wù<mark>d</mark>ù/Bassa

Dè dɛ nìà kɛ dyeˈde gbo: J jǔ ke m dyi Bàsɔɔ̇-wùdù-po-nyɔ̀ jǔ ni, nìi à wudu kà kò dò po-poɔ̀ bɛˈ m gbo kpaa. Đa **1-877-480-4161**(TTY: **711**).

## 中文/Chinese

注意:如果您说中文,我们可为您提供免费的语言协助服务。请致电 1-877-480-4161(TTY: 711)。

## Farsi/فارسی

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توجه: اگر به زبان فارسی صحبت می کنید، خدمات زبانی رایگان به شما ارایه میگردد، با شماره TTY: 711)1-877-480-4161) تماس بگیرید.
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## Français/French

Attention : Si vous parlez français, vous pouvez disposer d'une assistance gratuite dans votre langue en composant le **1-877-480-4161**(TTY: **711**).

# ગુજરાતી/Gujarati

ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો ભાષાકીય સહ્રાયતા સેવા તમને નિઃશુલ્ક ઉપલબ્ધ છે. કૉલ કરો **1-877-480-4161** (TTY: **711**).

# Kreyòl Ayisyen/Haitian Creole

Atansyon: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-480-4161**(TTY: **711**).

## Igbo

Nrubama: O buru na i na asu Igbo, oru enyemaka asusu, n'efu, diiri gi. Kpoo **1-877-480-4161**(TTY: **711**).

## 한국어/Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스가 무료로 제공됩니다. **1-877-480-4161**(TTY: **711**)번으로 전화해 주십시오.

## Português/Portuguese

Atenção: a ajuda está disponível em português por meio do número **1-877-480-4161**(TTY: **711**). Estes serviços são oferecidos gratuitamente.

## Русский/Russian

Внимание: если вы говорите на русском языке, вам могут предоставить бесплатные услуги перевода. Звоните по телефону **1-877-480-4161**(TTY: **711**).

## Tagalog

Paunawa: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-480-4161**(TTY: **711**).

## Urdu/اردو

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توجه دیں: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت دستیاب ہیں ۔ (TTY: 711)1-487-480-4161 پر کال کریں.
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## Tiếng Việt/Vietnamese

Lưu ý: Nếu quý vị nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Gọi số **1-877-480-4161**(TTY: **711**).

## Yorùbá/Yoruba

Àkíyèsí: Bí o bá nsọ èdè Yorùbá, ìrànlówó lórí èdè, lófèé, wà fún ọ. Pe **1-877-480-4161**(TTY: **711**).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company, Coventry Health Care plans and their affiliates (Aetna).



The following changes have been made to the original plan design and benefits summary describing your plan.

Unless otherwise indicated, all changes listed below are retroactive to your plan's effective date.

Issue Date of this Update: 10/25/2021 Page Number: see below

## **Restated the Gender affirming treatment benefit on page 13 as follows:**

Gender affirming treatment		
Surgical, hormone replacement	Covered according to the Behavioral	Covered according to the Behavioral
therapy, and counseling treatment	health section	health section

# **Restated the Family planning services – female contraceptives benefit on page 6 as follows:**

	No copayment or policy year deductible applies	
Inpatient & Outpatient provider services	100% (of the negotiated charge) No copayment or policy year deductible applies	Not Covered

Restated the following plan exclusions on pages 22 and 23

## Behavioral health treatment

- Services for the following based on categories, conditions, diagnoses or equivalent terms as listed in the most recent version of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM) of the American Psychiatric Association:
  - Remedial education services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders
  - Services provided in conjunction with school, vocation, work or recreational activities that are not medically necessary to treat mental health disorders or substance use disorders
  - Sexual deviations and disorders except mental health disorders or substance use disorders listed in the most recent edition of the DSM and International Classification of Diseases (ICD)

# **Educational services**

Examples of these services that are non-medical and are not medically necessary to treat mental health disorders or substance use disorders are:

- Any service or supply for education, training or retraining services or testing, except where described in the *Eligible health services and exclusions Diabetic services and supplies (including equipment and training)* section. This includes:
  - Special education
  - Remedial education
  - Wilderness treatment programs (whether or not the program is part of a residential treatment facility or otherwise licensed institution). This exclusion does not include therapy by a licensed provider for behavioral health services if provided on an outpatient basis as part of a wilderness treatment program.
  - Job training
  - Job hardening programs
- Educational services, schooling or any such related or similar program